



Fern Flower - Nature School  
Location: 3827 Charlton Dr, Qualicum Beach, BC V9K1Z3  
Phone Number: 250-299-2054  
E-mail: [fernfloweratureschool@gmail.com](mailto:fernfloweratureschool@gmail.com)

## Allergy or Dietary Concern Records

Child's Name: \_\_\_\_\_

Child's Birthday: \_\_\_\_\_

Caregiver #1: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Caregiver #2: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Allergy / Dietary Concerns: \_\_\_\_\_

Doctor's Name: \_\_\_\_\_

Doctor's Phone Number: \_\_\_\_\_



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Allergy/Dietary Details:

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Description of Allergy/Dietary Concerns:

- Triggers: \_\_\_\_\_
- Symptoms: \_\_\_\_\_
- Severity (Mild/Moderate/Severe): \_\_\_\_\_

Known Allergens or Dietary Restrictions:

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Emergency Response Plan:

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Medication (if applicable):

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Name of Medication: \_\_\_\_\_

Dosage: \_\_\_\_\_

Administration  
Instructions: \_\_\_\_\_

Preventive Measures: \_\_\_\_\_



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List of Foods/Items to Avoid:

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Preferred Alternatives:

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Signs of a Reaction:

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Emergency Response:

1. Immediate actions to take in case of an allergic reaction.
2. Contact information for emergency services.
3. Additional Notes: \_\_\_\_\_

This form is designed to keep all necessary information about your child's allergy or dietary concerns readily available at the Nature School, ensuring their safety and well-being. Please update this form as needed and communicate any changes to Nature School staff promptly. Your child's health and safety are our top priority.