



# Begin your Spiritual Journey with Dattatreya Shakti Jagran Sadhna



## Online Webinar by “Avdhoot Anand”

5 hour Workshop to learn the  
Yantra Poojan & Mantra Sadhna



### FREE PERKS

- Ebook & Session Recording
- 1 Month What'sApp Support

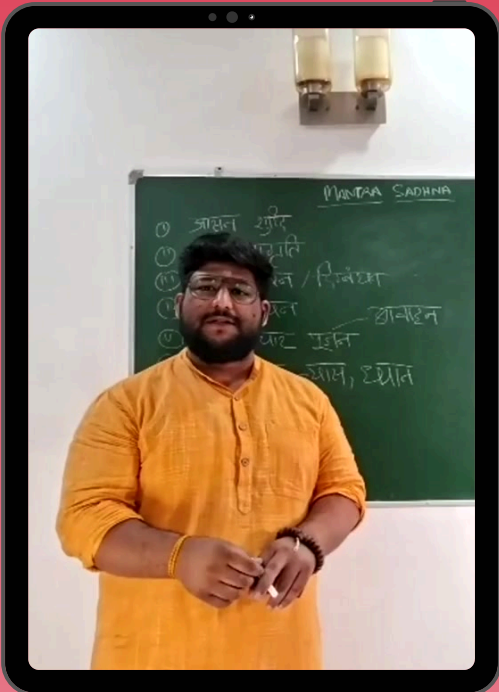
 The Avdhoot Anand





# Dattatreya Shakti Jagran Sadhna- Webinar

By- The Avdhoot Anand



**5 Hours of LIVE  
Practical Learning**

**Continuous support by  
Team Avdhoot on What'sApp  
group for 1 month**

## Course Syllabus

- Different forms of Guru Datta & their symbolism
- Understand the concept of Mantra Sadhna
- Dattatreya yantra preparation & it's awakening process
- Dattatreya mantra- It's meaning & correct way to chant it
- Do's & Don'ts for the sadhak/sadhika during sadhna period
- Mantra healing technique to handle real life problems
- Next steps/levels of Dattatreya Sadhna

**Fees: INR 2101**

**Get Free PDF Ebook & Session Recording**

**For more details: Contact Team Avdhoot**



**+91 7291890033**







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## Ritualistic Items / Sadhna Samgri

ॐ Items required during sadhna (for 11 days)

- Tamra patra/ Bhoj Patra
- Ashta Ganddh
- Dry stem or wood from Pomegranate or Basil plant
- Ghee Deepak
- Dhoop
- Itra (Attar/Fragrance) (non alcoholic)
- Chandan/kumkum
- Flowers
- Naivedya (sweet/bhog)
- Loban
- Guggal
- Camphor / Kapoor
- New red cloth for yantra aasan
- Wooden table for poojan /chouki/chaurang
- Cow dung cake (Upla)
- Lobhan Deepak (for burning lobhan)
- Rudraksh or Sphatik Mala for chanting
- Aasan (On which you will sit during sadhna)

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