

## Chakra Tapping EFT Online Course

Welcome to the **Chakra Tapping EFT** online course! This transformative program is designed to guide you through the **three levels of chakra tapping**, helping you clear energetic blockages, balance your chakras, and connect deeply with your inner self and the universe. By combining **Emotional Freedom Technique (EFT)** with ancient chakra wisdom, you will unlock a profound pathway for healing and self-discovery.

---

### About This Course

The course is divided into **four progressive levels**:

1. **Core Chakra Tapping (Part 1):** Focuses on the **seven major chakras** and the **three external chakras** (Soul, Earth, and Truth), providing a foundational approach to emotional and energetic balance.
2. **The Five Elements (Part 2):** Explores the **Five Etheric Elements** (Water, Dust, Sky, Energy, Fire) and how they interact with your chakras. This module clears elemental blockages and restores harmony between your inner and outer worlds.
3. **Transcendent Chakras (Part 3):** Engages with **higher energy circuits** beyond the traditional chakras. This advanced section facilitates self-knowledge, self-love, and a deeper understanding of your connection to the **macrocosm** and **microcosm**.
4. **Calibration Chakras (Part 4):** Focuses on aligning and balancing the chakra system by recognizing the **movement** and **interaction** of the **Elements**. Chakras begin forming at conception, recording energetic impressions immediately, with physical sensations and sound following later in utero. By calibrating the chakras and easing resistance to elemental flow, we **restore energetic balance**, relieve blockages like elemental headaches, and create harmony within and around you.
5. Throughout this journey, you will:
  - Release limiting beliefs and emotional resistance.
  - Align with the natural flow of energy within your body and spirit.
  - Enhance personal empowerment, clarity, and spiritual connection.

---

### Course Structure

## **Part 1: Core Chakra Tapping**

- **Introduction to Chakra Tapping**
- **Understanding the Etheric Chakras**
- **Tapping Points & Techniques**
- **Chakra Modules:**
  - Root Chakra: Grounding & Stability
  - Sacral Chakra: Creativity & Emotional Flow
  - Solar Plexus Chakra: Personal Power
  - Heart Chakra: Love & Acceptance
  - Throat Chakra: Communication & Truth
  - Brow Chakra: Intuition & Awareness
  - Crown Chakra: Spiritual Unity
- **External Chakras:** Soul, Earth, Truth
- **Unified Chakra:** Integrating All Chakras

## **Part 2: The Five Elements**

- **Introduction to Elemental Energy**
- **Elemental Tapping Modules:**
  - Water: Flow, Cleansing, Transformation
  - Dust: Resistance, Completion, Grounding
  - Sky: Openness, Expansion, Clarity
  - Energy: Ignition, Radiance, Power
  - Fire: Burning, Consumption, Renewal

## **Part 3: The Transcendent Chakras**

- **Introduction to the Transcendent Chakras**
- **Macrocosm & Microcosm Connection**
- **Advanced Chakra Modules:**
  - Self-Knowledge: Knowing and Accepting the True Self
  - Self-Love: Cultivating Unconditional Love

- Self-Belief: Strengthening Inner Trust
- Self-Understanding: Embracing Inner Clarity
- Self-Projection: Expressing Your Authentic Truth
- Self-Trust: Giving & Receiving with Confidence
- Self-Protection: Maintaining Healthy Boundaries

#### Part 4: Chakras Calibration:

- **Energetic Impressions:** Recorded immediately at conception. This is why the emotional states of both parents during conception leave a lasting energetic imprint that influences your future experiences.
  - **Physical Sensation:** Begins recording from approximately three months in utero.
  - **Sound:** Is registered from around five months in utero.
- 

#### How to Use This Course

1. **Follow the Sequence:** Work through each part in order (Core Chakras → Five Elements → Transcendent → Calibration Chakras) for maximum benefit.
  2. **Create a Sacred Space:** Practice in a quiet, comfortable environment to enhance focus and energy flow.
  3. **Use the Tapping Scripts:** Follow the provided scripts and affirmations, tapping on the designated points.
  4. **Repeat as Needed:** Perform each tapping sequence **3-5 times** and revisit modules when needed for deeper clearing.
  5. **Track Your Progress:** Document emotional shifts, insights, and transformations as you journey through the course.
- 

#### Important Notes

- **Energetic Sensitivity:** You may experience emotional or physical shifts as you clear blockages—trust the process and be kind to yourself.
- **Integration Time:** Allow yourself time to absorb and integrate the energetic changes after each module.

- **Copyright Notice:** This course and its content are **copyrighted** and cannot be shared, copied, or reproduced without permission.
- 

## **Support & Community**

Email Catherine [HERE](#)

---

Thank you for exploring the **Chakra Tapping Course Parts 1-4** with us. May this work deepen your self-awareness, empower your soul's journey, and connect you more fully with the greater universal flow.

## **Course Materials & Certification**

With enrolment, you will receive:

- **PDF files Part 1-4**
- A **final assessment**: Journaling requirement.
- Upon successful completion, a **certificate** to validate your expertise in Chakra Tapping using EFT.

Join us on this transformative journey and unlock the secrets of the **Chakra Tapping**.

To Enroll follow the following link: [Aumvedas Academy](#)

Price for this course 1-4 €100 including the **Bonus**.

To receive your **Certificate of Completion**, you must:

1. Complete the whole course.
2.  **Email:** [aumvedasacademy1@gmail.com](mailto:aumvedasacademy1@gmail.com) for the Online Examination link

---

Thank you for embarking on this **Chakra Tapping EFT** journey. May you find empowerment, healing, and deep spiritual connection along the way!