

Acupressure Masterclass Certificate

Presented by Aumvedas Academy™

Course Creator: Dr. Catherine W. Dunne, Msc.D., RGN, M.H.I.T., RGMT

🌟 About the Course

Welcome to the Acupressure Certificate Course—a comprehensive and empowering journey into the world of Traditional Chinese Medicine (TCM)-based acupressure. This course is designed for seekers of holistic healing, whether for personal enrichment, therapeutic practice, or professional advancement.

Acupressure is a needle-free alternative to acupuncture. By applying steady, deliberate pressure to specific points on the body, one can stimulate the flow of Qi (life energy), rebalance the body's systems, and support its natural healing mechanisms.

This method is widely used to improve circulation, ease muscular pain, reduce stress, and harmonize body systems. With roots stretching back more than 5,000 years, acupressure is a healing modality grounded in ancient wisdom—yet incredibly relevant for modern living.

📖 What You'll Learn

Throughout this distance learning course, students will explore:

- The history and theory behind Acupressure and the Five Element system
- Acupressure point techniques for self-care and client application
- In-depth modules covering all 12 body systems including nervous, circulatory, endocrine, digestive, reproductive, and more
- The Meridian System and energy pathways of the body

- Hands-on protocols for a wide range of physical and emotional conditions
- How to structure a session, from first contact to closing
- Ethics, professionalism, and marketing guidance for launching your own holistic business
- Case study guidance to help build your confidence and clinical insight

Each module includes a 10-question quiz to reinforce learning and ensure comprehension.

Who Should Study This Course?

This course is ideal for:

- Curious beginners exploring Complementary and Alternative Medicine (CAM)
- Practitioners of holistic therapies looking to expand their toolkit
- Individuals seeking self-healing practices for everyday ailments
- Career changers seeking flexible, meaningful work in the healing arts

No prior qualifications or experience are needed. Just bring your interest, curiosity, and a willingness to learn.

How It Works

- Mode: 100% Online / Distance Learning
- Access: Study at your own pace, from the comfort of home
- Materials: Course Manual PDF + Case Study Guide + Certificate upon completion
- Assessment: Quizzes, 10 written case studies (1 per body system)

Certification & Accreditation

Upon completion of all modules, quizzes, and required case studies, students will receive an Internationally Recognized Certificate in Acupressure from Aumvedas Academy

Support & Contact

Got questions or need guidance?

 Email: aumvedasacademy1@gmail.com

 Website: www.aumvedas.com

Final Word from the Instructor

This course is more than education—it's a call to service. You are stepping into an ancient lineage of healing, reawakened for the modern age. With each point you press, you're inviting energy to flow, balance to return, and vitality to rise. Trust in your hands. Trust in the body's innate wisdom.

Now, go forth and press with purpose.

—Dr. Catherine W. Dunne

Aumvedas Academy Co-Founder & Teacher