

# AUMVEDAS ACADEMY

## READ ME

### Crystal Healing for Animals

#### Welcome

Welcome to **Crystal Healing for Animals**, a course offered through **Aumvedas Academy**.

This course explores the use of crystals, chakra awareness, and gentle energetic practices as **supportive, complementary approaches** when working with animals. It has been carefully revised to reflect modern ethical standards, animal-led practice, and a respectful understanding of how animals experience energy differently from humans.

#### Purpose of This Course

This course is designed to help you:

- understand animal chakra systems, including species-specific differences
- learn how crystals may be used *gently and supportively* with animals
- develop observational skills rather than forceful techniques
- work in a way that respects animal consent, comfort, and wellbeing

This is **not** a medical course, and it does not train you to diagnose, treat, or cure illness.

#### Important Scope & Safety Information

- Crystal healing for animals is a **complementary practice only**
- It does **not replace veterinary diagnosis, treatment, or care**
- Animals must always be under appropriate veterinary supervision when unwell

If an animal shows signs of illness, injury, pain, or behavioural distress, a **qualified veterinarian must be consulted**.

#### Animal-Led Practice

Animals are highly sensitive and perceptive beings.

They determine whether, how, and for how long any energetic or crystal-based work takes place.

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Throughout this course you will be encouraged to:

- observe rather than impose
- work gently and briefly
- stop immediately if an animal disengages
- respect avoidance as communication

A successful session is one where the animal remains calm and at ease — not one where a technique is completed.

## About Techniques and Images

The techniques taught in this course are **illustrative and educational**.

- Images are provided to support understanding, not to dictate exact placement
- Crystal layouts should always be adapted to the animal's position and comfort
- Fewer stones and shorter sessions are often more effective

Stillness, presence, and regulation are more important than complexity.

## Crystal Elixirs

This course includes educational material on crystal elixirs.

Please note:

- Only **safe, indirect preparation methods** are discussed
- Elixirs are not intended to diagnose or treat illness
- Animals may respond subtly, and results are not guaranteed
- Elixirs should be used conservatively and discontinued if the animal shows discomfort

Crystal elixirs should never replace veterinary treatment or prescribed medication.

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## **Ethics and Professional Responsibility**

Ethical practice is a core principle of Aumvedas Academy.

As a student or practitioner, you are expected to:

- work within your level of training
- maintain professional boundaries
- act in the best interest of the animal at all times
- avoid exaggerated claims or guarantees

The **Aumvedas Academy Code of Ethics** forms part of this course and must be adhered to.

## **How to Use This Course**

- Read each section slowly and thoughtfully
- Revisit material as your understanding develops
- Practise observation before application
- Keep notes or reflections if helpful

This course may be completed at your own pace. Integration is more valuable than speed.

## **Now you may be asking yourself: Is This Course Right for Me?**

### **Crystal Healing for Animals – Self-Reflection Quiz**

This short quiz is designed to help you reflect on whether **Crystal Healing for Animals** aligns with your values, expectations, and approach to working with animals.

There are no right or wrong answers.

Simply notice which responses resonate most strongly with you.

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## **1 When working with animals, which statement feels most true to you?**

- A. I want to fix problems and see results quickly
- B. I believe animals need strong energetic intervention
- C. I value observation, patience, and gentle support
- D. I prefer highly structured, step-by-step protocols

## **2 How do you feel about animal consent in healing work?**

- A. Animals should comply once a session begins
- B. Resistance means the practitioner needs to work harder
- C. Animals communicate through behaviour and choice
- D. Consent matters, but techniques matter more

## **3 Which best describes your view of healing?**

- A. Healing is something we do to an animal
- B. Healing requires activating or opening energy centres
- C. Healing arises when safety and balance are supported
- D. Healing should always feel dramatic or visible

## **4 How comfortable are you with subtle, non-dramatic work?**

- A. I prefer obvious energetic sensations and results
- B. I like clear markers of success
- C. I'm comfortable with subtle shifts and quiet change
- D. I feel unsure unless something "happens"

## **5 What is your attitude toward veterinary care?**

- A. Complementary therapies should replace veterinary medicine
- B. Energetic work can cure physical illness
- C. Veterinary care and complementary work can coexist
- D. I avoid conventional medicine where possible

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## **6 When an animal moves away during a session, what feels right?**

- A. Continue — the work still needs to be done
- B. Gently reposition the animal
- C. Pause or stop and respect the animal's choice
- D. Increase focus or intention

## **7 How do you relate to crystals?**

- A. Crystals should be used frequently and intensively
- B. More stones mean stronger healing
- C. Crystals are supportive tools, not the main agent
- D. Crystals should always be placed directly on the body

## **8 Which statement best reflects your learning style?**

- A. I want techniques I can apply immediately
- B. I want clear formulas and recipes
- C. I want understanding, ethics, and discernment
- D. I want advanced or esoteric material

## **9 What draws you to animal energy work?**

- A. The desire to heal or help
- B. Spiritual curiosity
- C. Respect for animals as sentient beings
- D. A wish to develop professional skills

## **10 Finally, how does this sentence land with you?**

*“Animals do not need to be fixed. They respond to safety, calm presence, and respectful interaction.”*

- A. I disagree
- B. I'm unsure
- C. I agree
- D. This deeply resonates

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## Interpreting Your Responses

### ✨ Mostly C or D answers

This course is likely a **strong fit** for you.

You value ethics, observation, and animal-led practice — which is the foundation of this training.

### ⚖️ A mix of answers

You may still benefit from the course, especially if you are open to shifting from technique-driven work to a more subtle, respectful approach.

### 🚦 Mostly A or B answers

This course may not meet your expectations at this time.

It does not focus on forceful techniques, dramatic intervention, or replacing veterinary care.