

ISPYLICE GUIDE



★ CAN I USE OVER THE COUNTER PRODUCTS?

Its highly not recommended. Lice have developed resistance to NIX and RID. These OTC products have harmful chemicals that can cause hair breakage, irritation to the skin and even cancer!

★ HOW DID I GET LICE?

Lice spread only through head to head contact. Sharing personal items such as hats, combs, brushes, and helmets. Lice can not jump or fly. They crawl from one head to another and it can only take a second.

★ DO I NEED TO TREAT MY HOME?

Yes, but only bedsheets and any personal items that may have been infected in the past 48hrs. Washing doesn't kill lice, drying for 30mins on high heat can. Items that cannot go into the dryer can be bagged up for 48 HRS. Lice cannot live without a host passed 2 days.

★ HOW CAN I CHECK FOR LICE AT HOME?

Use a thin comb and part your hair down the middle. Start with one side of your hair and carefully use your comb to go through it in very small sections. Take your time! Nits (eggs) are very hard to find. Focus on the front of your hair, back of the ears, and back of your neck. PRO TIP* Use a head lamp, flash light, or find an area in your house with really good lighting. This will help you spot those nits out!

★ MY CHILD HAS LICE. DO I NEED TO BE CHECKED?

NO, YOU NEED TO BE TREATED! It is very important for everyone in the house hold to be TREATED if one family member has nits. Checking the hair will not be enough to detect lice if it's an early case. Lice spreads quickly and is very difficult to maintain if its not treated with precaution and can quickly become an infestation.

★ HOW LONG HAS MY CHILD HAD LICE?

If your child has been itchy, that means your child has had lice for about 4-6 weeks. To get a more accurate estimate, consult with a professional lice technician.

★ DO LICE LIKE DIRTY HAIR OR CLEAN HAIR?

Lice do not discriminate. They will go onto any type of hair! They do however, prefer clean soft hair as it's easier for them to burrow in and scent your blood.

★ HOW DO I GET RID OF LICE?

There are many ways to treat for lice. Getting treated can be very expensive! The best most cost affective way is to use olive oil! Saturate your hair with olive oil and use a Nit Terminator Comb and comb out the hair thoroughly and wipe it on a paper towel. Repeat process until you don't see any nits on the paper towel. Leave the oil in over night. Do this for a certain amount of days, and you'll be LICE FREE!

STILL CURIOUS ABOUT LICE? CONTACT A PROFESSIONAL LICE TECHNICIAN! TEXT: (347) 653-4951

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★ WHY CAN'T I GET RID OF LICE? I'VE TRIED EVERYTHING!

You didn't finish the treatment. You have chosen the right treatment option for you but because you didn't see any live bugs or nits you stopped the Protocol. All treatments require follow ups!
You used over the counter products. The DIY option you've chosen for your self is not effective. Lice is resistant to OTC.
You used the wrong technique. It's important to remove all of the live nits. This includes using the Nit Terminator Comb and nit-picking. Going through the whole entire head. It's time consuming but necessary. Patience is key.
You didn't check and treat all the family members.

★ HOW TO PREVENT HEAD LICE?

Avoid sharing head touching items. Educate your kids on minimizing head to head contact. If you have long hair, use gel and hair spray to put your hair up in a tight bun. You can spray tea tree oil to reduce the chances. Don't forget to check regularly. Atleast once a week.

★ DO I NEED TO CLEAN MY CAR?

Yes. You should lint roll or vaccum the areas where the head resides. Remember lice cant live off the head past 48 Hours. If you're home for the weekend and have not used your car, you are safe.

★ CAN HAIR DYE KILL LICE?

Nothing about dyed hair prevents lice from attaching to the hair shafts and getting to their food source.

★ CAN MY DOG OR CAT GET LICE?

No. Lice feeds on human blood.

★ HOW LONG DOES IT TAKE FOR LICE TO SHOW UP IN MY HIAR?

It usually takes about 1-2 weeks to start seeing nits on your hair from the time you were exposed.

★ MY CHILD HAS A BUZZCUT. CAN THEY GET LICE?

Yes they can! Lice lay their eggs about 1/4th of a inch from the scalpel of your head.

★ CAN CHLORINE KILL LICE?

Research shows that lice can survive pool water that has chlorine. After lice have been exposed to chlorine, they are temporarily immobilized. They fully recover in less than a minute after being taken out of the water. Lice can hold their breath for at least 8 Hours!

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