

# HANAMORI F. SKOBLOW, Ph.D.

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## EDUCATION

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- 2024      **Ph.D. Human Environmental Sciences**, University of Missouri  
Emphasis in Human Development and Family Science  
**Graduate Certificate** in Quantitative Research
- 2021      **M.S. Human Development and Family Science**, University of Missouri
- 2014      **B.A. Psychology**, Beloit College  
*Magna cum laude*, Honor graduate, Spanish minor, Semester abroad in Spain

## PROFESSIONAL EXPERIENCE

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- 2024–      **Postdoctoral Fellow**, Center for Family Policy and Research, University of Missouri

## EXTERNAL GRANT SUBMISSIONS

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### Pending

*For Better or For Worse: Examining the Longitudinal Interplay Between Insomnia Symptoms and Cognitive Function in Older Couples—A Pathway to Understanding Alzheimer’s Disease Progression.* Grant submitted to the National Institutes of Aging (R01; PI: Eunjin Tracy; ~\$330,000 direct costs requested). **Role: Co-Investigator.**

## PUBLICATIONS

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- Skoblow, H. F.** & Gilligan, M. (accepted). Stressors and resources among adult child caregivers in the presence or absence of siblings. *The Gerontologist*.
- Skoblow, H. F.** & Proulx, C. M. (accepted). Self-perceptions of aging and health behaviors: Associations among middle-aged and older couples. *The Gerontologist*.
- Skoblow, H. F.**, Proulx, C. M., Akpolat, R., & Palermo, F. (2024). Early-life socioeconomic position and later-life cognitive functioning: A meta-analysis. *Social Science & Medicine*, 359, 117267. <https://doi.org/10.1016/j.socscimed.2024.117267>

Bonifay, W., Winter, S., **Skoblow, H. F.**, & Watts, A. (2024). Good fit is weak evidence of replication: Increasing rigor through prior predictive similarity checking. *Assessment*. Advance online publication. <https://doi.org/10.1177/10731911241234118>

**Skoblow, H. F.**, Proulx, C. M., & Palermo, F. (2024). Childhood socioeconomic positioning and late-life cognitive functioning in the U.S.: A critical review. *Developmental Review, 71*, 101104. <https://doi.org/10.1016/j.dr.2023.101104>

**Skoblow, H. F.**, Drewelies, J., & Proulx, C. M. (2023). Sexual activity and satisfaction in older dyads: The role of perceptions of aging. *The Gerontologist, 63*(2), 251–260. <https://doi.org/10.1093/geront/gnac099>

**Skoblow, H. F.**, & Proulx, C. M. (2022). Subjective aging, C-reactive protein, and incident cardiovascular disease: A mediation model. *The Journals of Gerontology, Series B: Psychological Sciences and Social Sciences, 77*(9), 1654–1658. <https://doi.org/10.1093/geronb/gbac051>

### **Book Reviews**

**Skoblow, H. F.**, & Proulx, C. M. (2021). Review of the book *Living Apart Together: Legal Protections for a New Form of Family*, by Cynthia Grant Bowman. *Journal of Family Theory and Review, 13*, 566-572. <https://doi.org/10.1111/jftr.12430>

### **PRESENTATIONS (JURIED)**

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\* denotes shared first authorship

**Skoblow, H. F.\***, Tracy, L. E.\*, Kim, E., Meinertz, N. R., Nyang'au, G. K., & Gilligan, M. (2024, November). *Social jet lag: Sociodemographic determinants and health implications in middle-aged and older adults*. Paper presented at the annual meeting of the Gerontological Society of America, Seattle, WA.

Proulx, C. M., **Skoblow, H. F.**, & Rauer, A. (2024, July). Loneliness among spousal and non-spousal caregivers. In A. Rauer & K. Fiori (Chairs), *Social isolation and loneliness in later life*. Paper symposium presented at the annual meeting of the International Association for Relationship Research, Boston, MA.

Bonifay, W., Winter, S. D., & **Skoblow, H. F.** (2024, April). *Comprehensive statistical model evaluation: Traditional, Bayesian, and information theoretic methods and user-friendly software*. Pre-conference workshop presented at the annual meeting of the National Council on Measurement in Education, Philadelphia, PA.

**Skoblow, H.F.**, Palermo, F., & Proulx, C. M. (2023, November). *Early-life socioeconomic position and later-life cognitive functioning: A meta-analysis*. Paper presented at the annual meeting of the Gerontological Society of America, Tampa, FL.

- Proulx, C. M., **Skoblow, H. F.**, & Rauer, A. (2023, November). Sleep and sexuality among caregivers and their partners. In J. B. Yorgason & S. J. Wilson (Chairs), *Contextual factors that shape experiences of sexual intimacy among later life couples*. Paper symposium presented at the annual meeting of the Gerontological Society of America, Tampa, FL.
- Bonifay, W., Winter, S. D., & **Skoblow, H. F.** (2023, April). Comprehensive statistical model evaluation in the education sciences. In W. Bonifay (Chair), *Better decisions through comprehensive statistical model evaluation*. Paper symposium presented at the annual meeting of the National Council on Measurement in Education, Chicago, IL.
- Skoblow, H. F.**, Drewelies, J., & Proulx, C. M. (2022, November). *Sexual health in older dyads: The role of perceptions of aging*. Paper presented at the annual meeting of the National Council on Family Relations, Minneapolis, MN.
- Skoblow, H. F.**, Azer, L., Llaneza, D. H., Flores, E. S., & D'Antonio, P. (2022, November). The intersections of aging beliefs and policy. In P. D'Antonio, (Chair), *Public health policy: Experience of 2022 GSA summer policy interns*. Paper symposium presented at the Gerontological Society of America, Indianapolis, IN.
- Azer, L., **Skoblow, H. F.**, Flores, E., Llaneza, D. H., Zhang, W., & D'Antonio, P. (2022, November). Chronic pain's painful impact on cognitive functioning. In P. D'Antonio, (Chair), *Public health policy: Experience of 2022 GSA summer policy interns*. Paper symposium presented at the Gerontological Society of America, Indianapolis, IN.
- Skoblow, H. F.**, & Proulx, C. M. (2022, November). *Childhood socioeconomic positioning and late-life cognitive functioning: A critical review*. Poster presented at the annual meeting of the Gerontological Society of America, Indianapolis, IN.
- Skoblow, H. F.**, & Proulx, C. M. (2021, November). *C-reactive protein mediates the association between subjective aging and incident heart disease*. Poster presented virtually at the annual meeting of the Gerontological Society of America.
- Skoblow, H. F.**, & Proulx, C. M. (2020, November). *Social relationships and self-perceptions of aging in older adults*. Poster presented virtually at the annual meeting of the Gerontological Society of America.
- Proulx, C. M., **Skoblow, H. F.**, & Han, S. H. (2020, November). Marital quality and mental health in caregiving dyads. In S. Wang & K. Kim (Chairs), *Does the sharing of resources impact health among married couples? New findings from dyadic models*. Paper symposium presented virtually at the annual meeting of the Gerontological Society of America.
- Proulx, C. M., **Skoblow, H. F.**, & Rauer, A. J. (2020, November). Sexual activity and relationship satisfaction among spousal and non-spousal caregivers. In J. B. Yorgason (Chair), *Cognitive, physical, and relationship transitions: Exploring common experiences*

*in later life that influence changes in sexual intimacy.* Paper symposium presented virtually at the annual meeting of the National Council on Family Relations.

## INVITED PRESENTATIONS

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**Skoblow, H. F.** (2024, October). *Evidence-based strategies to reduce caregiver stress and promote resilience.* Invite speaker for the Community Caregiver Conference hosted by the Alzheimer's Association and AARP Missouri, Columbia, MO.

**Skoblow, H. F.** (2024, June). *Reflections from a P.E.O. Scholar Award recipient.* Invited speaker for the annual Missouri P.E.O. Convention, Columbia, MO.

**Skoblow, H. F.** (2023, January). *How and why to apply for GSA's summer policy internship: A conversation with 2022's policy interns.* Invited panelist for webinar presented virtually through the Gerontological Society of America.

**Skoblow, H. F.** (2022, November). *GSA's summer policy internship.* Invited panelist for an Informal Chat presented at the annual meeting of the Gerontological Society of America, Indianapolis, IN.

**Skoblow, H. F.** (2020, October). *Social relationships and self-perceptions of aging.* Presented virtually through Relevate.

## PRESENTATIONS (INTERNAL)

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**Skoblow, H.F.,** Palermo, F., & Proulx, C. M. (2023, April). *Socioeconomic position in childhood and cognitive functioning in older adulthood: A meta-analysis.* Poster presented at the HDFS Student Research Symposium, University of Missouri.

**\*\*Earned 1<sup>st</sup> place for best presentation.**

**Skoblow, H. F.,** Drewelies, J., & Proulx, C. M. (2022, April). *Sexual health in older dyads: The role of perceptions of aging.* Poster presented at the HDFS Student Research Symposium, University of Missouri.

**\*\*Earned 1<sup>st</sup> place for best presentation.**

**Skoblow, H. F.,** Drewelies, J., & Proulx, C. M. (2022, April). *Associations between perceptions of aging and sexual health in older dyads.* Paper presented at the Graduate Professional Council Research and Creative Activities Forum, University of Missouri.

**\*\*Earned 1<sup>st</sup> place for best presentation in Quantitative Social Sciences category.**

## HONORS & AWARDS

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2023–2024 **P.E.O. Scholar Award**, P.E.O. International (Nominated by Chapter AZ; \$20,000)

2023–2024 **Elizabeth Vemer Memorial Scholarship**, University of Missouri (\$1,666)

- 2023–2024 **Marilyn Coleman Outstanding Human Development and Family Science Graduate Student Scholarship**, University of Missouri (\$700)
- 2023 **Graduate Student Leader of the Year Award**, University of Missouri
- 2022 **Behavioral and Social Sciences Student Travel Award**, Gerontological Society of America (\$96)
- 2022 **Carol A. Schultz Travel Award**, Gerontological Society of America (\$184)
- 2022–2023 **Lawrence Ganong Graduate Student Fellowship**, University of Missouri (\$2,500)
- 2022 **Graduate Professional Council Conference Presentation Travel Award**, University of Missouri (\$500)
- 2021 **Marilyn Coleman Outstanding Human Development and Family Science Graduate Student Scholarship**, University of Missouri (\$700)
- 2021 **Behavioral and Social Sciences Student Travel Award**, Gerontological Society of America (\$184)
- 2020 **Behavioral and Social Sciences Student Travel Award**, Gerontological Society of America (\$184)
- 2014 **Departmental Honors in Psychology**, Beloit College
- 2014 **Honors Thesis in Psychology**, Beloit College
- 2014 **Walter Van Dyke Bingham Fellowship in Psychology**, Beloit College
- 2013 **Delta Gamma / Kathryn C. Goodwin Memorial Prize**, Beloit College
- 2012 **Guy Allen Tawney Prize in Psychology**, Beloit College
- 2010–2014 **Presidential Scholarship**, Beloit College (\$68,000)

## RESEARCH EXPERIENCE

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- 2022–2024 **University of Missouri, *CoSME Lab in Statistics, Measurement, and Evaluation in Education Program***  
 Graduate Research Assistant | *PI: Dr. Wes Bonifay*
- Co-authored manuscripts related to developments in quantitative methods, namely statistical model evaluation, psychometrics, and philosophy of science.
- 2019–2024 **University of Vermont (2022–2024) and University of Missouri (2019–2022) *Department of Human Development and Family Science***  
 Graduate Research Assistant | *PI: Dr. Christine M. Proulx*
- Conduct longitudinal analyses of large secondary datasets and co-author manuscripts on the physical, cognitive, and sexual health of adults ages 50+.
- 2015 **Southern Illinois University-Edwardsville, *Department of Psychology***  
 Research Assistant | *PI: Dr. Elizabeth Meinz*
- Managed meta-analysis comprehensive database searches on *need for cognition*, per inclusion/exclusion criteria.

- 2013–2014 **Beloit College, Department of Psychology**  
Undergraduate Honors Thesis | *Supervisor: Dr. Gregory Buchanan*
- Analyzed prevalence and perceptions of use and misuse of prescription stimulants on college campuses; Designed survey; Recruited participants.

## **POLICY EXPERIENCE**

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- 2022 **Gerontological Society of America**  
Summer Policy Intern
- Researched and analyzed legislation that impacts older adults; Crafted *Public Policy & Aging Report* issue briefs for Congressional staff; Represented GSA in meetings with national coalitions, regulatory agencies, and stakeholders.

## **TEACHING EXPERIENCE**

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- 2023 **Graduate Instructor, University of Missouri**  
HDFS 4620: Family Interaction
- Online summer term (12 junior and senior undergraduates).
  - Designed intensive 8-week curriculum, presented video lectures, created and assessed assignments robust to generative AI completion.
- 2020–2022 **Teaching Assistant Coordinator, University of Missouri**  
HDFS 2400W: Principles of Human Development Writing Intensive
- Coordinated 8-10 Graduate TAs and development of weekly lab instruction.
  - Supervised lab organization and assessment for ~200 undergraduate students.
- 2019–2020 **Graduate Teaching Assistant, University of Missouri**  
HDFS 2400W: Principles of Human Development Writing Intensive
- Face-to-face (24 sophomore and junior undergraduates).
  - Assessed 20+ pages (6600+ words) per student.
  - Course evaluations range: 4.73-4.93/5.

## **INVITED GUEST LECTURES**

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### **The University of Missouri – Human Development & Family Science (Columbia, Missouri)**

- 2024 HDFS 8220: Family Theories (“Life Course Developmental Theories”)  
2022 HDFS 3440: Adulthood and Aging (“Death, Dying, and Grief”).  
2022 HDFS 3440: Adulthood and Aging (“Ageism and Perceptions of Aging”).  
2022 HDFS 4700: Children and Families in Poverty (“Poverty, Aging, and Health”).  
2021 HDFS 2400W: Principles of Human Development (“Socioemotional Development in Late Adulthood”).  
2021–2024 HDFS 2450: Human Sexuality Across the Life Span (“Sexual Activity and Intimacy in Older Adulthood”).  
(2x/year)  
2020 HDFS 2400W: Principles of Human Development (“Busting Myths About Late Adulthood”).

## Columbia College – Psychology (Columbia, Missouri)

2020 PSYC 175: Introduction to Theory-Based Research and Writing (“Graduate School Life, Writing, and Research”).

## SERVICE

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### Professional

2023–2024 Task Force Member, *Emerging Scholar and Professional Organization Writing Group, Gerontological Society of America*

2022–2023 Co-Chair, *Issues in Aging Focus Group, National Council on Family Relations*

2022 Member, *Emerging Scholar and Professional Organization Awards Review Panel, Gerontological Society of America*

2022–2023 Conference Proposal Reviewer, *National Council on Family Relations*

2021–2024 Conference Proposal Reviewer, *Gerontological Society of America*

2021 Podcast Co-host & Development Volunteer, *GSA Science and Storytelling: A GSA 75<sup>th</sup> Anniversary Podcast on Aging*

2020 Manuscript Reviewer, *Students and New Professionals Writing Group, National Council on Family Relations*

### University & Departmental

2024 Member, *HDFS Graduate Research Methods Curriculum Committee*

2023 Panelist, *Taking Advantage of Summer Opportunities, HDFS Graduate Student Association*

2022–2024 Member, *HDFS Coleman-Ganong Endowed Professor Search Committee*

2022–2023 Faculty Liaison, *HDFS Graduate Student Association*

2022–2023 Member, *HDFS Graduate Committee*

2022 Panelist, *Navigating the Master’s Thesis, HDFS Graduate Student Association*

2021–2024 Member, *HDFS Millsap Endowed Professor Search Committee*

2021–2023 Founder and Facilitator, *HDFS Graduate Student Brown Bag Research Seminars*

2021–2022 Abstract Evaluator, *MU Undergraduate Research & Creative Achievements Forum*

2020–2021 Secretary, *HDFS Graduate Student Association*

2020–2021 Secretary, *MU Council on Family Relations*

2020–2021 Peer Mentor, *HDFS Grad2Grad Program*

### Ad hoc Reviewer

*The Gerontologist, Archives of Gerontology and Geriatrics, Journal of Social and Personal Relationships, Family Relations, European Journal of Ageing, BMC Geriatrics, American Journal of Preventive Medicine*

## PROFESSIONAL AFFILIATIONS

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2024–Present International Association for Relationship Research  
2020–Present Gerontological Society of America (GSA)  
2020–2024 National Council on Family Relations (NCFR)

## WORKSHOPS & ADVANCED TRAINING

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*\* denotes competitive selection*

Nov. 2024 **New Medicaid Home and Community-Based Data in the Health and Retirement Study: HRS-TAF Linked Files** (4-hour workshop)  
Sept. 2024 **Social Network Analysis** (2-day workshop on complete networks)  
July 2024 \* **Meta-analysis Training Institute** (1-week workshop on advanced meta-analyses in R, systematic reviews, project management, and grant writing)  
July 2024 \* **Advancing Workforce Analysis and Research for Dementia (AWARD) Network Summer Training Institute** (1-week training on research methods, grant writing, public policy, and leadership development)  
April 2024 **Data Cleaning for Data Sharing Using R** (4-hour workshop)

## COMMUNITY ENGAGEMENT

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2023 **Volunteer**, Missouri State Senior Games  
2022 **Caring Calls Volunteer** (later-life social connection program), DOROT

## ADDITIONAL SKILLS

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**Spanish Language:** Full professional proficiency in reading, writing, and speaking

**Software:** R, Mplus, SPSS, Comprehensive Meta-Analysis Software (CMA), Qualtrics