

PERSONALITY AND SUCCESS

OUTCOMES AND TRAITS

**Supriya Bhalerao, TechSphere Insights,
February 2025, Volume 1, Issue 2, pp. 42–46.**

The relationship between personality and success is very complex, but both are interlinked or interconnected. All the successful people have a Great personalities. Great personality and success go together. Your pleasing or impressive personality can attract the success you want, and success can lead to an attractive personality. Our personality plays very crucial role in our life; whether we get success or not, how our relationship is or how it will be and much more.

Basically, personality is a bunch of qualities that makes everyone unique and different, as shown anyone behaves. So, personality is a special combination of qualities which reflects in your behavior. And success is achieving the results wanted or hoped for. So, here we can say, that personality is what you are and success is what you want. If you know what you are now and you know about all your traits, you can easily achieve success by using your traits.

There is a very strong relationship between personality and success. Some personality traits can bring success in various aspects of life. Conscientiousness, hard work, dependability etc. can make anyone more likely to set goals and achieve them. Our intelligence, skills and hard work are essential personality traits can bring success in different aspects of life.

The big five personality traits

Psychological research states five broad traits or aspects of personality, known as OCEAN (Openness, Conscientiousness, Extraversion, Agreeableness and Neuroticism) or big five. Each trait has some different characteristics, strengths, and weaknesses.

- **Openness:** The word itself says about the quality. The person who is open-minded to all the possibilities, imaginative, and adaptable, is more tent to get success. The more openness makes you more creative and more curious. If you openly check the possibilities, the great and fast option you will get for achieving success. Their willingness to try new things and curiosity can make them excel and separate from others. They can get more experience and in different aspects also. They can easily adapt to new things or skills which is required to get success.
- **Conscientiousness:** Many people think that conscientiousness is a key trait, that brings success. It includes responsibility, organization, and self-discipline. Consistent and reliable persons are more likely to achieve success in academic and professional and many other aspects.
- **Extraversion:** Extroverted people are more social, outgoing, and assertive in nature. They are good in leadership and Stronge in social interaction. They can build strong networks through their effective communication and can pursue well. Your communication, manners and etiquette can make their personality more attractive. These qualities can give you success in professional life as well as other aspects of your life.
- **Agreeableness:** The person with a cooperative nature, empathetic, and kind heart can easily attach with the person. And can build strong relationship. They can resolve conflict nicely and can good in team management. They can achieve success in personal and career aspect also.
- **Neuroticism:** this personality trait is about emotional stability. The persons who are emotionally stable can good at stress management. They are more resilient and can get success in personal as well as professional life.

But, here some more key points for measuring success. The success is depending on your specific career path or area of life. Personality is important for success, but some other thing like skills, education, environment, and opportunity can also affect success.

PERSONALITY DEVELOPMENT

These personality traits can unlock success for you in many different aspects. Your personality traits can be developed and polished. You want to develop your personality for different types of success. Here are some areas you can develop:

- **Self-Awareness:** To know yourself is the first step. You should know about your strengths, weaknesses, values and ideas of success or happiness in different areas of life. You may know about your skill in which you are good at. You should clear about yourself and about your goals in different areas of life. Get motivated for making good decision. This clarity is foundation step in achieving goals. This can more helpful for you in achieving success.

- **Personal Growth:** When you know about yourself and your goal deeply and clearly, you can easily build your personality for success. You may develop your skills, focus on your personal growth. You can learn new skills and improve yourself. You can enhance your personality in all the ways you want for achieve success in different areas of life.
- **Emotional Intelligence:** Emotional intelligence is related to emotional quotient, emotional awareness, and social skills. You can develop your emotional awareness by enhancing sympathy and empathy. By improving social skills, you can build strong relationships and can create your network. This trait can give you personal and professional success. The person with strong interpersonal skill and relationship management can handle situations gracefully.
- **Resilience and Adaptability:** This personality trait is also about mindset. You can shift your attitude to positivity. You can learn lessons from your failures. You can recognize your challenges and you should build your own strategies to overcome those challenges. The person who can adjust himself in changing situations, and bounce back from setback can achieve success in different areas of life.

This can help you to develop a success-oriented personality. In this way you can enhance your personality traits. But success can be obtained in different areas of life. Thus, success can have various types depending on areas of life. There are 8 types of success depending on various goals.

- **Inner Success or Spiritual Success:** Inner success is what you want from inside. Finding inner peace may be your inner success. This may vary by base of religion. Connecting with spiritual life or spiritual guide may be your spiritual success. Finding good place before die, may be someone's goal. This good place may be the physical, or living legacy behind may be someone goal.
- **Physical Success:** Physical success is about health and body. Being healthy, and staying fit is everyone's goal. It makes people to have the desire to be healthy and live longer.
- **Family Success:** family is more important thing in life. To get happy and loving family can be anyone's goal.
- **Career Success or Professional Success:** This can be achieving your dream job or position in career. Are you happy in your profession? Is the key point here.

- Economic (Financial) Success or Material Success: Financial or economic success is most popular. People measure the success in terms of money you gain and goods or materials buy. Financial security is crucial point for today's lifestyle. It has no end how much money you want? The desire is uncompleted every time.
- Community Success or Contribution Success: The people need to feel connected, psychologically, and physically. How people are involved in their community and what they contribute to their community is a key point. They have the need for their whole community, that they live in to be happy.
- Intellectual Success: what you learn from your challenges, and how you feel about that? can your intellectual success.
- Social Success: being happy and satisfied with your relationship, friends and colleagues is the definition of success here.

Impact success (your empowerment and serving to others), Adventure success (traveling and exploring the world) etc. are also types of success, according to other points of view. Success is an ever-evolving journey. All the dimension of success is crucial to create a fulfilled life.

We are saying constantly, that personality can bring success, but sometimes some personality traits can be a challenge in success. Excessive self-confidence or overconfidence, impulsivity, difficulty with collaboration due to excessive control, being over-critical, lack of adaptability, poor communication, inability to handle criticism, extreme introversion, inability to delegate tasks etc. may negatively impact on your success.

- Overconfidence: believing in someone is strongly, or over-depending on anything can affect badly on success.
- Impulsivity: reacting without thinking can be hazardous for your success.
- Excessive Control: knowing your team rightly, and delegating tasks accordingly is also included in leadership qualities. Excessive control or no control can affect on work and success badly.
- Low Agreeableness: not good relationship within your team, can affect badly on your work. Teamwork and collaboration matter more.
- Lack of Adaptability: rigidity, not adapting with new skills or new trends can break your career.
- Poor Communication Skills: if you cannot connect to the people nicely, you can not express your ideas or thoughts, it may create conflict or misunderstanding.

- High Neuroticism: if you are not emotionally stable, you may lead to anxiety, and cannot concentrate properly. And it may affect on your success.
- Introversion: if you are an introverted person, and you do not have network, your career may stop.
- Inability to Handle Criticism: constructive criticism from colleagues and mentors may gain insights into your behavior.

These are some challenges in your success. They can vary by the different person. There are many real-life example of personality traits that contribute success. The first example is Mr. Rata Tata, his visionary leadership, integrity, and ethics (openness and agreeableness), social responsibility, innovation and risk-taking, long-term focus and adaptability, and strong decision-making qualities can lead to the successful growth and diversification of Tata Group. Thus, we can say personality plays an important role in the path of success. But at the same time, personality can be one factor that brings success. Success is a multi-angled concept that has many types and can be achieved in different areas of life, in different ways. By developing our personality in different ways, we can achieve success in all areas of life.