

## THE WAY OF TRUTH

### UNLOCK THE ANCIENT CODE: *The Seven Mitzvot of Truth that Define Reality*

The world runs on lies. But you were built for something more. You were built for **Truth**. This isn't a philosophy. It's an **operating system for the soul**. The Torah and Yeshua didn't just suggest these principles, they commanded them. These are the **Seven Mitzvot of Truth**, the non-negotiable directives for a life of power, purpose, and authenticity.

אָמַר לוֹ יֵשׁוּעַ - אֲנִי הַדֶּרֶךְ וְהָאֱמֶת וְהַחַיִּים; לֹא אִישׁ יָבֹא אֶל הָאָב בְּלִתִּי עַל־יָדִי. **Yohanan/John 14:6**  
*Yeshua Ha'mashiah* Jesus Christ is "**the Truth**." "*Yeshua saith unto him, I am the way, **the truth**, and the life: no man cometh unto the Father, but by me.*" **John 14:6**. Everything, everything **Yeshua Hamashiah** Christ spoke and did with his body was also designed to teach typological truth.

The Torah commands us to literally buy and acquire Truth; דְּבָרֵי אֱמֶת קְנוּ וְאַל תִּמְכְּרוּ: "Words of **the truth**, **Buy**, and do **not** sell **Truth** and wisdom, or instruction and understanding." **Proverbs 23:23**

### COUNT THE COST

Every genuine good bears a price-tag, and so does Truth. Be ready, joyfully, to lay down finances, strength, emotion, hours, and brain-power. In every area of our lives, Truth demands payment; gladly pay it.

Only then is the purchase and the purchaser fully committed and the purchase which is **קָנוּ Kanu**, as *in Kinyan, the acquisition* completely acquired.

We could ask what we stand to gain by "counting the cost"? (If you'd like to learn more about related topics, click here [Dying to the Self](#), and here [The 30 Divine Honors that God Gives Us](#) (links coming soon.)

We see Yeshua counting the cost from his earliest years; καὶ ἐγένετο μετὰ ἡμέρας τρεῖς εὗρον αὐτὸν ἐν τῷ ἱερῷ καθηζόμενον ἐν μέσῳ τῶν διδασκάλων καὶ ἀκούοντα αὐτῶν καὶ ἐπερωτῶντα αὐτούς: "ἐν τῷ ἱερῷ": *hieron, not naos*. Refers to when he was in the larger temple complex "**ἐπερωτῶντα**": participial form of *eperōtaō*, "**to ask intensive questions**," the ESV translates "...sitting among the teachers...", "...sitting in the midst of the doctors/scholars..." NIV: *listening to them and asking questions.*" **Luke 2:46**

The Rabbinic literature gives us an educational training method as in **Mishnah Avoth 5:21, Chag. 3b**, which outlines an ideal Hebrew education ladder starting as early as age five, and going up to the ages of 12 or 13 for Tanakh, Midrash, and Mishnah learning. It is reasonable to presume Yeshua had this basic grounding but not the later rabbinic "*leaven*" (ie: the Talmudic

## THE WAY OF TRUTH

methodology<sup>1</sup>) he warns about that historically was and even now still is taught to talented boys 13 years of age.

### THE TRUTH SPEAKER

We should take great comfort in these trying times from Yah's glorious Torah which promises an abiding comforting spirit in you - for those who '*speak truth to their hearts.*' מְזֻמֹּר "A song of David, YHVH LORD, who shall abide in thy tabernacle? Who shall dwell in thy holy mountain? הוֹלֵךְ תָּמִים וּפָעַל צֶדֶק וְדִבֵּר אֱמֶת בְּלִבּוֹ: *He that walketh uprightly, and worketh righteousness, and speaketh the truth in his heart.* Psalm 15:1-2

Conversely we should abhor its opposite; כִּי־תִאֲמַת יְהוָה חֲכִי וְתוֹעֵבַת שִׁפְתַּיִם רָשָׁעָה: "For my mouth shall speak **truth**, and wickedness [i.e. lies] is an abomination to my lips. Proverbs 8:7.

Additionally, YHVH does not and will not hear prayers that are not truth. קָרֹב יְהוָה לְכָל־ "The LORD is nigh [close] unto all them that call upon him, to **all that call upon him in truth.**" Psalm 145:18 This strongly implies exclusion of those who call to God in self deception or in lies. Those people are brothers to evil and unrighteousness.

בנביאי ירושלם ראיתי תועבה נאף **והלך בשקר** וחזקו ידי **מרעים** ולא־ישבו איש מרעתו הי־ולי כלם כסדום וישבי: "I have seen also in the prophets of Jerusalem an horrible thing: they commit adultery, and **walk in lies ba-sheqer**: they strengthen also the hands of evildoers, **rā'im**, that none doth return from his wickedness; they are all of them unto me as Sodom, and the inhabitants thereof as Gomorrah. Jeremiah 23:14

The prophet is alluding to the way of lies: דֶּרֶךְ שֶׁקֶר וּמֵאֲסָה אֱמֶת מְבִיאָה רָעָה-- מְרַע מַאֲזִין שִׁפְתֵי־שֶׁקֶר וּבֵעַל כָּזָב אֶזֶן רְמִיָּה *The way of lies and the despises of truth leads to evil: "A wicked doer (rā') giveth heed to false lips śefathē šeqer; and a liar, man of falsehood giveth ear to a crooked/deceitful tongue."* Proverbs 17:4 They love and heed lies and encourage and support crookedness.

This engagement in lies as "a way" is an iniquitous pattern that also includes the refusal to hear truth. מִסִּיר אָזְנוֹ מִשְׁמֹעַ תּוֹרָה גַּם תִּפְלֹתוֹ תוֹעֵבָה: *He that turneth away his ear from hearing*

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The intricate system of legal and homiletical reasoning (the "leaven") developed by the rabbis over centuries keeps expanding, starting from Hillel's 7 Principles, then expanded 13 Principles of Rabbi Ishmael, and further expanded to the 32 Principles of Rabbi Eliezer ben Yose HaGelili. These principles include: 1.) the *Kal V'Chomer* קל וחומר - Argument A Fortiori, **Bavli, Sotah 3a**; 2.) the *Gezerah Shavah* גזירה שוה - Verbal Analogy, **Bavli, Berakhot 7a**; and, 3.) *Machloket and Psak* מחלוקת פסוק - Dispute followed by Legal Decision, **Bavli, Berakhot 2a**. This dialectical, multi-vocal and text-based approach has become the engine of present day Jewish Law and theology. Historically, such rabbinic expansions add an additional 48 Ways in **Pirkei Avot 6:6** of ideal virtues and right practices to study Torah.

(If you'd like to learn more about this topic, please click here [PESHER - Twenty Commands How To Study Yahweh's Words](#) (links coming soon.)

## THE WAY OF TRUTH

**the teaching/truth/law**, [notice what is Hessed, mercy, avodah belev] even his prayer [is] abomination. **Proverbs 28**. Again, lies and unrighteousness are close brothers.

דמים נגאלו ואצבעותיכם עלו; שפתיכם **דברו שקר** לשונכם תהגו רמיה. אין קורא בצדק ואין דין אמת; בטחו  
"For your hands are defiled with blood, and your fingers with iniquity; your lips have **spoken lies**, your tongue hath muttered perverseness. None calleth for justice, nor any pleaders [justice] for truth: they trust in vanity, and speak lies; they conceive mischief, and bring forth iniquity." **Isaiah 59:3–4** Only truth can stand in Yah's presence and must be a constant of words as truth in one's heart.

### THE TRUTH

**אֱמֶת** "Truth" occurs 235 times in 222 verses in the KJV. In the Hebrew: **אֱמֶת emeth Strong's H571**; carries the core meaning of *firmness, reliability, stability, faithfulness, trustworthiness, constancy and certainty*. This means the actual state of affairs, in other words, reality. As Opposed to falsehood **שֶׁקֶר sheqer - Strong's H8267**, lies, deception, or instability. In the Greek: Truth is **ἀλήθεια aletheia - Strong's G225**: This word carries the core meaning of *unhidden, uncovered, revealed, reality* - as opposed to mere appearance or falsehood. Truth is the genuine and the actual state of affairs.

### YHVH — GOD OF TRUTH AND ITS GUARANTOR

Centrally, YHVH and the Holy Spirit of power is also **אֱמֶת, truth**; הצור תמים פועלו כי כל דרכיו **אֱמֶת**, **truth**; **He is the Rock, his work is perfect: for all his ways are just: a God of truth and without iniquity, just and right is he.** **Deut. 32:4**: And also **בְּיָדָאֵפְקִיד רוּחִי** **O Yhvh LORD God of truth...** **Psalm 31:5**: and most importantly the truth guarantor is Him alone who guards "truth for ever": **אֲשֶׁרִי נֶאֱמַר יַעֲקֹב בְּעֶזְרוֹ שָׁשׂוֹן מִבְּטִיחִיהוּ**: **Happy is he that hath the God of Jacob for his help, whose hope is in the Lord his God; which made heaven and earth, the sea and all that therein is, and guards [keepeth] truth for ever.** **Psalm 146:5–6**

### YAH'S WORD IS TRUTH SANCTIFIED

YAH's very word is truth; ראש־דְּבָרָךְ אֱמֶת וְלִעֲוָלָם כָּל־מִשְׁפַּט צִדִּיקָךְ **"Thy word is true from the beginning: and every one of thy righteous judgments endureth for ever."** **Psalm 119:160**

Furthermore, because it's been purified extensively;

**כִּי דְבַר־יְהוָה צִרְפָּה נִסָּף צִרְוֶה בְּעִלְיָא לְאָרֶץ מִזְקָה שִׁבְעַתָּיִם** **"The words of the LORD are pure words as silver tried in a furnace of earth, purified seven times."** **Psalm 12:6**

Therefore it has supernatural power to cleanse and make sacred as we find Yeshua praying:

**"Sanctify them through thy truth: for thy word is truth."** **John 17:17**

## THE WAY OF TRUTH

### YAH'S TRUTH IS ALSO HIS LAW, COMMANDMENTS, STATUES AND TESTIMONIES

צִדְקָתְךָ צִדֵּק לְעוֹלָם וְתוֹרָתְךָ אֱמֶת — “*Thy righteousness is an everlasting righteousness, and thy law/teaching is the truth.*” Psalm 119:142: Additionally, His **Mitzvot** and Commandments are also truth; קְרֹב אַתָּה יְהוָה וְכָל־מִצְוֹתֶיךָ אֱמֶת — “*Thou art near, O LORD; and all thy commandments are truth.*” Psalm 119:151: Additionally, his Statues are forsaken by the liars; יְשׁוּעָה רְחֹק מִרְשָׁעִים וְיִשׁוּעָה כִּי־חֹקֶיךָ לֹא דִרְשׁוּ: Salvation/Yeshua is far from the wicked, for they do not seek [turned to Your]your statutes [laws]. Additionally they, the liars do not find salvation or sanctification.

וְהִתְקַדְּשִׁיתֶם וְהִיִּיתֶם קְדוֹשִׁים כִּי אֲנִי יְהוָה אֱלֹהֵיכֶם וְיִשְׁמְרֶתֶם אֶת־חֻקֹּתַי וְעָשִׂיתֶם אֹתָם אֲנִי יְהוָה מְקַדְּשְׁכֶם: “*Sanctify yourselves therefore, and be ye holy: for I am the LORD your God. And ye shall keep my statutes, and do them: I am the LORD which sanctify you.*” Leviticus 20:7–8. This includes truth for and to his **testimonies**;

וְתִשְׁרָנָה בִּי שִׁפְכִי לֹא־סִירִי דַל וְאֶחָיָה עֲמוּדִי בּוֹ וְהִיִּתָּה לָהֶם אֱמֶת וְאֱמוּנָתִי “*Thy testimonies that thou hast commanded are righteous and True and faithful.*” Psalm 119:138 Ultimately, Truth will prevail out of Yah’s covenant and mercy in the end;

אַתָּה תִּתֵּן אֱמֶת לְיַעֲקֹב חֶסֶד לְאַבְרָהָם אֲשֶׁר נִשְׁבַּעְתָּ לְאַבְתֵּינוּ מִיְמֵי קֶדֶם: Thou wilt **give the truth** to Jacob, and the mercy to Abraham, which thou hast sworn unto our fathers from the days of old.

Micah 7:20

### YAH DESIRES ALL TO BE IN THE WAY OF TRUTH

*Who will have all men to be saved, and to come unto the knowledge of the truth.*

**1 Timothy 2:4** καὶ τὸ πνεῦμα τῆς ἀληθείας ὃ παρὰ τοῦ πατρὸς ἐκπορεύεται ἐκεῖνος μαρτυρήσει περὶ ἑμοῦ·

*"But when the Comforter is come, whom I will send unto you from the Father, even the Spirit of truth, which proceedeth from the Father; He shall testify of me."* John 15:26

כֹּה־אָמַר יְהוָה צְבָאוֹת צוֹם הָרְבִיעִי וְצוֹם הַחֲמִישִׁי וְצוֹם הַשְּׁבִיעִי וְצוֹם הָעֲשִׂירִי יִהְיוּ לְבֵית־יְהוּדָה לְשִׂשׂוֹן וְלִשְׂמֵחָה לְמוֹעֲדִים טוֹבִים וְאַהֲבוּ אֱמֶת וְשָׁלוֹם “*Thus saith the LORD of hosts; The fast of the fourth month, and the fast of the fifth, and the fast of the seventh, and the fast of the tenth, shall be to the house of Judah joy and gladness, and cheerful feasts; therefore love the truth and peace.*” Zechariah 8:19

To emphasize that Truth transcends time, Yahweh commands Judah to “*love truth.*” וְאַהֲבוּ אֱמֶת וְשָׁלוֹם Verse 20-23 adds: “*Many people and strong nations shall come to seek... in Jerusalem... ten men shall take hold... saying, we will go with you: for we have heard God is with you*”—implying a future universal recognition of Yahweh’s truth even long after the reality of time comes to an end.

## THE WAY OF TRUTH

### **THE SEVEN MITZVOT (COMMANDS) OF TRUTH**

1.) The ninth Commandment: לא־תִעֲנֶה בְרֵעֶךָ עַד נֶשְׁקָר *"Thou shalt not bear **false** witness against thy neighbor..."* in **Exodus 20:16** and to speak truth to others; אֵלֶּה הַדְּבָרִים אֲשֶׁר תַּעֲשֶׂה וְדִבַּרְתָּ אֱמֶת *"These are the things that ye shall do; **Speak ye every man the truth to his neighbor...**"* **Zechariah 8:16**. These establish the command to speak Truth.

2.) Truth is something to be **obeyed**: *"Ye did run well; who did hinder you that ye should not **obey the truth?**"* **Galatians 5:7**. Obedience is the engine of breakthrough.

3.) Truth is also to be walked in; *"I have no greater joy than to hear that my children **walk in truth.**"* **3 John 1:4**; Truth isn't a theory for the classroom; it's the ground beneath your feet.

4.) Truth must be **taught**; וְשִׁנַּנְתָּם לְבָנֶיךָ וְלְדִבְרֶתְךָ בָּם בְּשִׁבְתְּךָ בְּבֵיתְךָ וּבִלְכֹתְךָ בַּדֶּרֶךְ וּבְנִשְׁכָּבְךָ וּבְקוּמְךָ *"You shall teach them diligently to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise."* **Deuteronomy 6:7** The Mitzvah command is to instruct and teach future generations in God's truth to be a conduit of light to those following behind.

5.) Mitzvah requires truth in **worship**; πνεῦμα ὁ θεός, καὶ τοὺς προσκυνοῦντας αὐτὸν ἐν πνεύματι καὶ ἀληθείᾳ δεῖ προσκυνεῖν: *"God is spirit, and those who worship him **must worship in spirit and truth.**"* **John 4:24** Yeshua mandates truth as essential for real worship. This is where the divine connection is made.

6.) Truth is to love truth or to receive and **love it**; *For woe to those who love its opposite - lies; "And with all deceivableness of unrighteousness in them that perish; because they **received not the love of the truth,** that they might be saved."* **2 Thess 2:10**. salvation depends on your passion for it. Love truth more than you love comfort and the world.

7.) **Gird with Truth**, because Truth is foundational spiritual armor; *"Stand therefore, having your loins girt about **with truth...**"* **Ephesians 6:14**. This is your core. This is the foundational armor that protects you from the onslaught of deception that defines our age. Without it, you will fall.

In summary, Truth has seven mitzvot (commands) which are imperative:

1. *Speak to All in truth*
2. *To Obey Truth*
3. *To Walk in Truth*
4. *To Teach Truth*
5. *Worship in Truth*
6. *To Love Truth*
7. *Gird hence living righteously in Truth*

## **THE WAY OF TRUTH**

### **YESHUA IS TRUTH PERSONIFIED AND ACTUALIZED/FULFILLED**

Yeshua is Truth and lived truth in all his actions. The world offers you complexity and lies.

The Torah offer you seven simple, powerful, life-altering commands of the way, the truth and the life.