

THE SEVEN REWARDS OF HUMILITY

A War Briefing for the Heavenly Kingdom's Army

PRAYER OF SURRENDER

O Lord Abba, Father, I surrender. I am not the master of this day. I am a servant. Break my arrogance. Teach me the fear of the Lord. I want the path of humility, even if it costs me everything. In the mighty name of Yeshua, who humbled Himself to death for me. Amen.

THE CRISIS OF PRIDE

Pride is not a weakness. It is war against God.

Every proud thought is a declaration of independence from the King.

And the King does not negotiate with rebels. He resists them. He opposes them. He sets Himself against them.

אִם-לִלְצִים הוּא יִלְיָץ וְלַעֲנֻיִם יִתְּוֶהוּ — BHS, **Proverbs 3:34**;

NA28, κύριος ὑπερηφάνους ἀντιτάσσεται —

God resisteth the proud, but giveth grace unto the humble. **James 4:6, 1 Peter 5:5**; KJV:

Humility is not piety for the weak. It is the only sane response to the reality of who God is and who we are. It is laying down your arms before the throne. The rewards that follow are not spiritual platitudes. They are several tangible realities, leading to life, blessing, and honor. They are the spoils of surrender into the kingdom of heaven. Humility is not thinking less of yourself. It is thinking of yourself less. It is not denying your gifts. It is acknowledging their Source. It is not letting others walk over you. It is walking under God so that you can stand against the world.

THE SEVEN BLESSINGS

1. **Favor and Grace from YHVH**- The primary reward of humility is divine favor.

God does not merely tolerate the humble. He runs to them. He lifts them. He gives them grace, not as a wage but as a gift.

י כה אָמַר רַם וְנִשְׂא שִׁכְן עַד וְקָדוֹשׁ שְׁמוֹ מְרוֹם וְקָדוֹשׁ אֲשֶׁכּוֹן וְאֶת־דָּכָא וּשְׁפַל־רוּחַ לְהִתְיוֹת רוּחַ
שְׁפָלִים וּלְהִתְיוֹת לֵב גְּדָפָאִים BHS

*“For thus saith the high and lofty One that inhabiteth eternity, whose name is Holy; I dwell in the high and holy place, **with him** also that is of a contrite and humble spirit, to revive the spirit of the humble, and to revive the heart of the contrite ones.” — Isaiah 57:15; KJV*

This grace is the enabling power of God to revive life and the spirit to live a godly life. Humility opens the conduit for His strength to flow into our weakness.

Confrontation: Who are you performing for? Whose approval do you need? If you cannot name a single person whose opinion you would sacrifice for God’s favor, you are not humble. You are calculating.

2. Wisdom and Guidance

A humble heart is a teachable heart. Pride assumes it knows; humility acknowledges its need to learn. The fool is wise in his own eyes, but the lowly receive light.

בְּאִזְדוּן וַיָּבֵא קִלּוֹן וְאֶת־צְנוּעִים חִכְמָה BHS
*“When pride cometh, then cometh shame: but with the lowly is **wisdom**.” — Proverbs 11:2; KJV*

וַיְדַרְךָ עֲנוּיִם בְּמִשְׁפָּט וַיִּלְמַד עֲנוּיִם דַּרְכּוֹ — BHS
*“The meek will he **guide** in judgment: and the meek will he **teach** his way.”, Psalm 25:9; KJV*

Humility allows us to receive correction, learn from others, and be guided by the Holy Spirit. It saves us from the foolishness and shame pride inevitably brings.

Confrontation: Do you want to know God’s will? When was the last time you changed your mind because someone corrected you? If you cannot remember, you are not teachable. And where wisdom dwells, peace follows. This is our third reward.

3. Peace and Rest for the Soul - Pride is a relentless taskmaster. It drives us to prove ourselves, defend our ego, and measure our worth against others. It is exhausting.

Humility, by accepting our dependence on Christ, brings profound rest.

“Come unto me, all ye that labour and are heavy laden, and I will give you **rest**. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and ye shall **find rest** unto your souls.” δεῦτε πρός με πάντες οἱ κοπιῶντες — **NA28, Matthew 11:28-30; KJV**

The “yoke” of Christ’s humility is easy and light compared to the crushing burden of pride. A yoke is not a suggestion. It is a harness. It connects you to another. When you take Christ’s yoke, you are yoked to Him. He pulls the weight. You walk beside Him. Pride says, ‘I can pull my own plow.’ Humility says, ‘I cannot pull anything without Him.’ Which yoke are you wearing?.

Confrontation: Do you want rest for your soul? Then identify the pride that is exhausting you. What reputation are you protecting that God is not asking you to protect? From rest comes the strength to seek healing. This is our fourth reward.

4. Healing and Restoration - Humility is the condition for receiving God’s healing. It is the attitude that invites His restoring power.

וַיִּכְנְעוּ עַמִּי אֲשֶׁר נִקְרָא-שְׁמִי עֲלֵיהֶם וַיִּתְפַּלְלוּ וַיִּבְקְשׂוּ פָנַי וַיִּשְׁבוּ מִדַּרְכֵיהֶם הָרָעִים וְאֲנִי אֶשְׁמַע מִן-הַשָּׁמַיִם וְאֶסְלַח לְחַטָּאתָם וְאָרְפָא אֶת-אֲרָצָם

“If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and **turn from their wicked ways**; then will I hear from heaven, and will forgive their sin, and will heal their land.” וַיִּכְנְעוּ עַמִּי — **BHS, 2 Chronicles 7:14; KJV**

The Hebrew word for ‘humble themselves’ here is **וַיִּכְנְעוּ (v’yikkan’u)**, from the root כָּנַע (kana), meaning to be subdued, to be brought low, to be conquered. This is not a polite request. It is the posture of a defeated army laying down its weapons before the victorious King. God is not asking for your opinion. He is demanding **your surrender**. When we humble ourselves in repentance and dependence, we position ourselves for national and personal restoration. God heals what we turn from and when we submit to Him. He cannot and will not heal what we hold in pride.

Confrontation: What wound are you hiding behind a mask of self-sufficiency? Bring it into the light. When was the last time you admitted you were wrong — publicly, to someone you respect? If you cannot remember, you are not walking in humility. You are walking in pride dressed up as politeness. Find that person today and confess. Humble yourself. Let God heal. And on that journey, humility preserves you from stumbling. This is our fifth reward.”

5. Preservation from Stumbling - When we walk in humility, we are less likely to fall into major sin. Pride goes before destruction, but humility cultivates a cautious and dependent walk. Humility does not make you weak. It makes you dangerous. The humble man cannot be flattered, cannot be threatened, and cannot be distracted. He knows who he is and Whose he is.”

לְפָנַי־שָׁבַר גָּאוֹן וְלִפְנֵי כְשָׁלוֹן גְּבוּהַ רוּחַ

(שְׁלוֹם רַב לְאַהֲבֵי תוֹרָתְךָ) — BHS,

“Pride goeth before destruction, and an haughty spirit before a fall.”— BHS, Proverbs 16:18; KJV

“Great peace have they which love thy law: and nothing shall offend them.” Psalm 119:165; KJV

The steps of a good man are ordered by the LORD: and he delighteth in his way. Though he fall, he shall not be utterly cast down: for the LORD upholdeth him with his hand.

Psalm 37:23-24

Loving God’s law requires humility. The humble heart is preserved from the many pitfalls that ensnare the proud.

Confrontation: Are you flirting with sin? It is because you trust your own strength. You cannot outrun the enemy. Only humility will keep you standing. And standing firm, you are positioned for exaltation. This is our sixth reward.

6. Exaltation and Honor - Contrary to the world’s view, the path to true honor is not self-promotion but acceptance even if humiliation under God’s mighty hand. The world says, *“Make a name for yourself.”* God says, accept your place but work in humility forward. That he may exalt you in due time. **1 Peter 5:6; KJV**

יִרְאַת יְהוָה מוֹסֵר חֻכְמָה וְלִפְנֵי כְבוֹד עֲנֻוָה — BHS,

*“The fear of the LORD is the instruction of wisdom; and before honour is **humility**.”*

Proverbs 15:33; KJV

καὶ ὅστις ὑψώσει ἑαυτὸν ταπεινωθήσεται — NA28,

*“And whosoever shall exalt himself shall be abased; and he that shall humble himself shall be **exalted**.”*

Matthew 23:12; KJV

This exaltation is a position of true honor in God’s kingdom—a life of influence, answered prayer, and spiritual authority that comes from being under His authority.

Confrontation: Do you want to be lifted up? Then stop trying to lift yourself. Let God do it. His timing is better than your pushing. And the pattern for all of this is Christ Himself. This is our seventh and final reward.

7. The Ultimate Model: The Exaltation of Christ

The supreme example of this principle is the Lord Yeshua Christ Himself. His seven step humility was not a loss but an trust and faith investment that yielded the highest possible return.

Τοῦτο φρονεῖτε ἐν ὑμῖν ὃ καὶ ἐν Χριστῷ Ἰησοῦ, ὃς ἐν μορφῇ θεοῦ ὑπάρχων οὐχ ἀρπαγμὸν ἠγήσατο τὸ εἶναι ἴσα θεῷ, ἀλλὰ ἑαυτὸν ἐκένωσεν μορφὴν δούλου λαβὼν, ἐν ὁμοιώματι ἀνθρώπων γενόμενος· καὶ σχήματι εὐρεθεὶς ὡς ἄνθρωπος ἐταπείνωσεν ἑαυτὸν γενόμενος ὑπήκοος μέχρι θανάτου, θανάτου δὲ σταυροῦ. διὸ καὶ ὁ θεὸς αὐτὸν ὑπερύψωσεν καὶ ἐχαρίσατο αὐτῷ τὸ ὄνομα τὸ ὑπὲρ πᾶν ὄνομα.

*“Let this **mind** be in you, which was also in Christ Jesus: Who, being in the form of God, thought it not robbery to be equal with God: But made himself of no reputation, and took upon him the form of a servant, and was made in the likeness of men: And being found in fashion as a man, he humbled himself, and became obedient unto death, even the death of the cross. Wherefore God also hath highly exalted him, and given him a name which is above every name.”* ὃς ἐν μορφῇ θεοῦ ὑπάρχων — **NA28, Philippians 2:5-11; KJV**

Every step of humility you take is a step deeper into the pattern of Christ. He descended from glory to the womb, from the womb to the manger, from the manger to the cross, from the cross to the grave, and from the grave to the right hand of the Father. The path of humility is not downward forever. It is the path that goes down in order to go up. You are walking the same road He walked. And it ends in the same place. humility is the broader biblical theme of suffering producing character **Romans 5:3-5, James 1:2-4, 1 Peter 4:12-19**).

<u>Reward</u>	<u>Fulfilled in Christ</u>
Favor and Grace	He is the beloved Son, in whom the Father is well pleased
Wisdom	He is the Wisdom of God
Peace and Rest	He is our peace
Healing	By His stripes we are healed
Preservation	He is the Good Shepherd who keeps His sheep

Exaltation	He is seated at the right hand of God
Ultimate Model	He is the pattern for all who follow

Humility is not comfortable. It was not comfortable for Christ. He learned obedience through suffering. **Hebrews 5:8**. If you walk the path of humility, you will suffer. You will be overlooked. You will be misunderstood. You will be passed over. This is not a sign that you are wrong. It is a sign that you are on the right road. It is the path that goes down in order to go up.

WALKING IN HUMILITY: SIX PRACTICAL APPLICATIONS

FOR INDIVIDUALS

Knowing the path is not enough. You must walk it. Here are concrete steps to apply humility today:

1. Ask your spouse or closest friend: “Where do you see pride in my life?” Then listen without defending yourself.
2. Practice the discipline of silence. Pride speaks constantly. Humility listens. Learn to hold your tongue when your ego wants to speak.
3. Fasting regularly from food and water as you are able humbles the soul and flesh.
4. Take the lowest place. Literally. In every room you enter, if there is a less comfortable seat, take it. Train your flesh.
5. Confess your sins to a trusted brother or sister. Hidden sin feeds pride. Exposure starves it. (ἐξομολογεῖσθε οὖν ἀλλήλοις τὰς ἁμαρτίας — NA28, James 5:16; KJV)
6. Begin each day by saying: *“I am not the master of this day. I am a servant in my Father’s house.”*

FOR Family: Lead your family in a weekly confession of pride. Gather your household. Ask each member: ‘Where have I been proud this week? Where have I failed to serve you?’ Model humility before your children.

FOR Church: Find one brother or sister in your congregation and ask them to hold you accountable for pride. Give them permission to confront you. This is how the body protects itself.

POST PRAYER

“Heavenly Abba, Father, have heard the briefing. Now send me out. Let me not be a hearer only, but a doer. When the world calls me to climb, give me the strength to kneel.

When the flesh screams for recognition, quiet me with Your presence. I want the path of humility. I want the reward of Christ. In His name, who went low so that I could be lifted high, through Yeshua, Amen.”. Amen.”

YOUR COMMISSIONING: GO NOW

Go now.

The world will tell you to promote yourself.

The flesh will move and demand for recognition.

The Way up, is Down.

The enemy will tempt you to defend your reputation.

You have seen the way of life.

Choose it.

Humble yourselves therefore under the mighty hand of God, that he may exalt you in due time. 1 Peter 5:6, KJV

Not in your time. In His. But He will lift you up.

The Seven Rewards of Humility: A War Briefing for the King’s Army. The path is narrow. The gate is low. You must stoop to enter. But on the other side is everything. Humble yourself. The King is waiting.

Amen. AMEN.

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