



THE SEVEN MITZVOT COMMANDS OF TRUTH

7 Commands and 7 Prayers for Truth

1.) MITZVAH - SPEAK TRUTH TO MAN

The ninth Commandment: **לֹא תַעֲשֵׂה בְּרָעָה עַד שְׁקָר** “Thou shalt not bear **false witness** against thy neighbor...” in **Exodus 20:16** and to speak truth to others; **אֱלֹהֶה הַדְבָּרִים אֲשֶׁר תַּעֲשֶׂה תַּעֲשֵׂה זְבָרָה** “These are the things that ye shall do; **Speak ye every man the truth to his neighbor...**” **Zechariah 8:16**. These establish the command to speak Truth.

2.) MITZVAH - TRUTH IS TO BE OBEYED

“Ye did run well; who did hinder you that ye should not obey the truth?” Galatians 5:7. Obedience is the engine of breakthrough.

3.) MITZVAH - TRUTH IS BE WALKED

I have no greater joy than to hear that my children walk in truth.” 3 John 1:4; Truth isn’t a theory for the classroom; it’s the ground beneath your feet.

4.) MITZVAH - THE TRUTH MUST BE TAUGHT

וְשִׁנְנַתֶּם לִבְנֵיכֶם וְדִבְרָתֶם בְּשְׁבָתָר בְּבִיטָח וּבְלִכְבָּד וּבְקִימָה “You shall **teach them diligently** to your children, and shall talk of them when you sit in your house, and when you walk by the way, and when you lie down, and when you rise.” **Deuteronomy 6:7** The Mitzvah command is to instruct and teach future generations in God’s truth to be a conduit of light to those following behind.

5.) MITZVAH - TRUTH IN worshippers

πνεῦμα ὁ θεός, καὶ τοὺς προσκυνοῦντας αὐτὸν ἐν πνεύματι καὶ ἀληθείᾳ δεῖ προσκυνεῖν: “God is spirit, and those who worship him must worship in spirit and truth.” John 4:24 Yeshua mandates truth as essential for real worship. This is where the divine connection is made.

6.) MITZVAH - LOVE THE TRUTH or to receive and love it

For woe to those who love its opposite - lies; “And with all deceivableness of unrighteousness in them that perish; because they received not the love of the truth, that they might be saved.” 2 Thess 2:10.

salvation depends on your passion for it. Love truth more than you love comfort and the world.

7.) MITZVAH - GIRD SELF with THE TRUTH

Truth is foundational spiritual armor; **“Stand therefore, having your loins girt about with truth...” Ephesians 6:14.** This is your core. This is the foundational armor that protects you from the onslaught of deception that defines our age. Without it, you will fall.

In summary, Truth has seven mitzvot (commands) which are imperative to:

- 1. *Speak to All in Truth***
- 2. *Obey Truth***
- 3. *Walk in Truth***
- 4. *Teach Truth***
- 5. *Worship in Truth***
- 6. *Love Truth***
- 7. *Gird Yourself with Truth***

YESHUA IS TRUTH PERSONIFIED AND ACTUALIZED/FULFILLED

Yeshua is Truth and lived truth in all his actions. The world offers you complexity and lies.

The Torah offer you seven simple, powerful, life-altering commands of the way, the truth and the life.