



10 WAYS GOD TURNS SUFFERING INTO BLESSING

**REDEEM YOUR SUFFERING
YOUR GUIDE FOR VICTORY**

UNIVERSITY OF TORAH

THIS BOOKLET IS NOT TO BE SOLD.

It is a free educational service in the public interest
for the expansion of the Kingdom of God.

Published by University of Torah.

2023, 2025 University Of Torah

All Rights Reserved.

Printed in the United States of America.

Scriptures in this publication are quoted from the King
James Version and the Biblia Hebraica Stuttgartensia,
unless otherwise noted.

A misty mountain landscape with a winding road through a valley. The mountains are covered in snow and partially obscured by a light fog. The valley below is lush with green grass and dense evergreen forests. A paved road winds through the valley, curving from the bottom left towards the right. The overall atmosphere is serene and somewhat somber due to the mist.

Does my suffering make any difference?

*Why do you, God, still hide your
face from me when I cry out daily?*

*Is redemption still possible after everything
I held dear has been stripped?*

Have you forgotten the covenant promises to bless me?



Thank you for downloading this free resource from University of Torah.

Let's approach suffering through God's Word, which is always triumphant and victorious, and always brings a deep love of His profound blessings.

Dive into these Scriptures for encouragement, and remember: God's presence turns trials into triumphs.

Please note:

You can find more valuable free transformative information, comprehensive courses, and personalized resources such as coaching, workshops, guides, plus webinars at our main site universityoftorah.org.

1. Suffering Teaches Us to Rely on God's Word

"And he humbled thee, and suffered thee to hunger, and fed thee with manna... that he might make thee know that man doth not live by bread only, but by every word that proceedeth out of the mouth of the Lord doth man live."

— Deuteronomy 8:3

In hardship, we learn that God's Word sustains us ultimately more than physical needs, building a foundation of trust within is for his eternal promises.

2. Suffering Deepens Faithfulness and Sparks Joy

"Then I would still have this consolation — my joy in unrelenting pain — that I had not denied the words of the Holy One."

— Job 6:10

Even in unrelenting pain, holding fast to God's truth builds and brings a profound joy and unshakeable faithfulness.

3. Suffering Leads to Repentance and Renewal

"Before I was afflicted I went astray: but now have I kept thy word."

— Psalm 119:67

Affliction often humbles us, turning our hearts back to God and inspiring a renewed commitment to His word and ways.

4. Suffering Refines and Purifies Our Hearts

"See, I have refined you, but not as silver; I have tested you in the furnace of affliction."

— Isaiah 48:10

Like gold in a fire, suffering removes many impurities, shaping us into vessels fit for God's use.

5. Suffering Opens Our Ears to God's Voice

"He delivereth the poor in his affliction, and openeth their ears in oppression."

— Job 36:15

In tribulations and trials, God quiets the noise of life, helping us hear His guidance and experience, His deliverance from oppression.

6. Suffering Draws God's Comfort and Presence Near

"God is our refuge and strength, a very present help in trouble."

— Psalm 46:1

Suffering invites God's sacred intimate comfort, reminding us He's our unshakeable help and refuge in every storm and trouble.

7. Suffering Builds Spiritual Stability and Endurance

"Cast thy burden upon the Lord, and he shall sustain thee: he shall never suffer the righteous to be moved."

— Psalm 55:22

By casting our cares on Him, we gain lasting stability, as God can uphold us through every trial.

8. Suffering Develops Character and Inner Strength

"If thou faint in the day of adversity, thy strength is small."

— Proverbs 24:10

Adversity tests and strengthens our resolve, turning weakness into strength and perseverance that honors God.

9. Suffering Prepares Us for Greater Purpose

"But as for you, ye thought evil against me; but God meant it unto good, to bring to pass, as it is this day, to save much people alive."

— Genesis 50:20

What others intend for harm, God transforms into good, positioning us to save and bless others and fulfill His plans.

10. Suffering Brings Us Closer to God's Unfailing Presence

"When thou passest through the waters, I will be with thee; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt not be burned; neither shall the flame kindle upon thee."

— Isaiah 43:2

Through the deepest trials, God's presence protects and draws us nearer, assuring us of His constant companionship.

God has many more blessings to redeem your suffering!

Want to see the 100+ Scripture verses testifying to God's love that transforms the temporary trials and pains of this life into eternal triumph and victory? Interested in learning more about how to increase your blessings? Get the "100+ Blessings From Suffering" resource at universityoftorah.org.

BONUS GUIDE

How to Walk through these Verses to Maximize Blessings

Simple Ways to Reflect, Grow, and Share

1. Personal Reflection

Read Slowly: Pause after each Scripture blessing. Let the words sink in.

Pause & Pray: Talk to God about ways this truth connects with your struggles.

Journaling Prompt: Write a brief response:

What is God showing me through this? How does this apply to my life today?

2. Small Group or Family Sharing

Read Together: Share one blessing with your group or family.

Prayer Time: Pray for one another, asking God for strength in life's hard seasons.

Discussion Question:

Which blessing stood out most, and why?

3. Ongoing Growth

Take Action: Choose one blessing each week to put into practice.

Return Often: Revisit this guide whenever you need encouragement.

Share the Hope: Gift a copy to someone needing support by visiting universityoftorah.org/freeresources.

Discover More Great Blessings!

This booklet and bonus guide is only a glimpse of God's manifold blessings. Unlock the full "100+ Blessings of Suffering" at universityoftorah.org.

Also available for download soon "Claim Yahweh's Plan and Destiny for You Before Satan Steals It!" for much greater blessings, prayers, and practical applications.

Share this free resource with someone in need today.

For more Torah discovery, encouragement, and free biblical resources, visit universityoftorah.org.