

How God Turns Trials into Triumphs—*Redeem Your Suffering Through His Blessings*

Your Guide for Victory

Thank you for downloading and watching this free resource. Let's approach suffering through God's Word, which is always triumphant and victorious, and can always bring a deep love of His profound blessings.

Suffering is one of life's greatest challenges, yet the Torah reveals how God's Love uses it transformatively, if, if we are his children; וְאַל-תִּמָּאֵס וְאַל-תִּקְלָץ בְּתוֹכָהָּ; " ***My son, despise not the chastening of the Lord; neither be weary of his correction: for our good and His glory. Proverbs 3:11*** These blessings aren't meant to minimize pain but to highlight God's redemptive purpose—drawing us closer to Him, refining our character, and preparing us for eternal life.

Dive into these verses for encouragement, and remember: God's presence turns *trials into triumphs*.

1. Suffering Teaches Us to Rely on God's Word to Live

יְעֲנֶה וְיִרְעִיבֶךָ וַיֹּאכְלֶךָ אֶת-הַמָּן אֲשֶׁר לֹא-יָדַעְתָּ וְלֹא יָדָעוּ אֲבֹתֶיךָ
לִמְעַן הוֹדִיעֶךָ כִּי-לֹא עַל-הַלֶּחֶם לִבְדּוֹ יִחְיֶה הָאָדָם
כִּי עַל-כָּל-מוֹצֵא פִי-יְהוָה יִחְיֶה הָאָדָם:

*“And he humbled thee, and suffered thee to hunger, and fed thee with manna...that he might **make thee know** that man doth not live by bread only, but by **every word** that proceedeth out of the mouth of the Lord doth man **live**.” — Deuteronomy 8:3*

In hardship, we learn God's Word sustains us ultimately more than physical needs, building a foundation of trust within us for his eternal promises.

2. Suffering Deepens Consolation and Sparks Joy

וְתִהְיֶי עוֹד | נִחְמָתִי וְאַסְלָדָהּ בְּחִילָה לֹא יִחְמֹל כִּי-לֹא כִחְדָּתִי אֶמְרִי קְדוֹשׁ:

*“Then I would still have this **consolation**— my **joy** in unrelenting pain— that I had not denied the words of the Holy One.” — Job 6:10*

Even in unrelenting pain, holding fast to God's truth builds and brings a profound joy and unshakeable faithfulness.

3. Suffering Leads to Repentance and Renewal

טָרַם אֶעֱנֶה אֲנִי שִׁגְגָּה אֶעֱתָה אֶמְרָתְךָ שְׁמַרְתִּי:

*“Before I was afflicted I went astray: but now have I **kept/guarded** thy word.” — Psalm 119:67*

Affliction often humbles us, turning our hearts back to God and inspiring a renewed commitment to His word and ways.

4. Suffering Refines and Purifies Our Hearts

הִנֵּה צִרְפֹּתֶיךָ וְלֹא בַכֶּסֶף בְּתִרְתִּיךָ בְּכֹר עֲנִי:

*"See, I have refined you, but not as silver; I have **tested/chosen** you in the furnace of affliction."* — **Isaiah 48:10**

Like gold in a fire, suffering removes many impurities, shaping us into vessels fit for God's use.

5. Suffering Opens Our Ears to God's Voice

יִחְלֹץ עֲנִי בְעֲנִי וַיִּגַּל בְּלִחְץ אָזְנוֹ:

*"He delivereth the poor in his affliction, and **openeth** their ears through distress."* — **Job 36:15**

In tribulations and trials, God quiets the noise of life, helping us hear His guidance and experience His deliverance from oppression.

6. Suffering Draws God's Comfort and Presence Near

אֱלֹהִים לָנוּ מִחֻסָּה וְעֹז עֲזָרָה בְּצָרוֹת נִמְצָא מֵאֲדָ:

*"God is our refuge and strength, a **very present help/power** in trouble."* — **Psalms 46:2**

Suffering invites God's sacred intimate comfort, reminding us He's our unshakeable help and refuge in every storm and trouble.

7. Suffering Builds Spiritual Stability and Endurance

הַשְׁלֵךְ עַל־יְהוָה | יְהִבְךָ יְהוָה וְיִסְמְךָ לֹא־יִתֵּן לְעוֹלָם מוֹט לְצַדִּיק:

*"Cast thy burden upon the Lord, and he shall **sustain** thee: he shall never suffer the righteous to be moved."* — **Psalms 55:23**

By casting our cares on Him, we gain lasting stability, as God can uphold us through every trial.

8. Suffering Develops Character and Inner Strength

הִתְרַפִּיתָ בְּיוֹם צָרָה צָר כְּחֻמָּה:

*"If thou faint in the day of adversity, thy **strength is small/pain**."* — **Proverbs 24:10**

Adversity tests and strengthens our resolve, turning weakness into strength and perseverance that honors God.

9. Suffering Prepares Us for Greater Purpose for Life

וְאַתֶּם חֲשַׁבְתֶּם עָלַי רָעָה אֱלֹהִים חֲשַׁבָה לְטוֹבָה לְמַעַן עֲשֶׂה בַּיּוֹם הַזֶּה לְהַחְיֶת עַם־רַב:

*"But as for you, ye thought evil against me; but God meant it unto good, to bring to pass, as it is this day, to **save much people alive**."* — **Genesis 50:20**

What others intend for harm, God transforms into good, positioning us to save and bless others and fulfill His plans.

10. Suffering Brings Us Closer to God's Unfailing Presence

כִּי־תַעֲבֹר בַּמַּיִם אֶת־אֱלֹהֵי וּבְנָהָרוֹת לֹא יִשְׁטָפוּךָ כִּי־תֵלֵךְ בְּמוֹ־אֵשׁ לֹא תִכָּהֵן וְלֹהֲבָה לֹא תִבְעַר־בָּךְ:

*“When thou passest through the waters, **I will be with thee**; and through the rivers, they shall not overflow thee: when thou walkest through the fire, thou shalt **not be burned**; neither shall the **flame** kindle upon thee.”— Isaiah 43:2*

Through the deepest trials of water or fire, God's presence protects and draws us nearer, assuring us of His constant companionship.

There are many more blessings in suffering, more than 100 verses testify to God's love, transforming temporary suffering and pain (in this life) into eternal blessings and victory.

Discover More Blessings!

How to Walk through these Verses to Maximize Blessings

Simple Ways to Reflect, Grow, and Share

1. Personal Reflection

- **Read Slowly:** Pause after each blessing and scripture. Let the words sink in.
- **Pause & Pray:** Talk to God about ways this truth connects with your struggles.
- **Journaling Prompt:** Write a brief response:

What is God showing me through this? How does this apply to my life today?

2. Small Group or Family Sharing

- **Read Together:** Share one blessing with your group or family.
- **Discussion Question:**

Which blessing stood out most, and why?

- **Prayer Time:** Pray for one another, asking God for strength in life's hard seasons.

3. Ongoing Growth

- **Take Action:** Choose one blessing each week to put into practice.
- **Return Often:** Revisit this guide whenever you need encouragement.
- **Share the Hope:** Gift a printed copy or link to someone needing support.

Discover More Blessings !

Use the space below (or your own journal) to record thoughts, prayers, and moments where you see God at work through difficult times.

Discover More Blessings!

This is just a glimpse—unlock the full “*Claim YHVH God's Plan Before Satan Steals It!*” and “**100+ Blessings of Suffering**” guide for deeper insights, prayers, and applications. Get it here [{paymentbutton}](#) [links to: universityoftorah.org/100+blessings or scan the QR code below.

Share this with someone in need today!

[QR CODE PLACEHOLDER]

All Scriptures from the King James Version of the Bible and rjbz. For more peace, encouragement, and free biblical resources, visit universityoftorah.org