

A watercolor illustration in shades of blue and yellow. It depicts a woman with long, wavy hair and a young child. The woman is on the left, looking down at the child. The child is on the right, looking up at the woman. Both have their hands clasped in prayer. The background is a soft, yellowish watercolor wash. The text is overlaid on the illustration.

# How to Make Time for Prayer & Devotion for Moms

25 practical ways busy moms  
can make time to pray and  
read the Bible every day

# Prayer of Longing for God

Psalm 63:1-8

1 You, God, are my God, earnestly I seek you;  
I thirst for you, my whole being longs for you,  
in a dry and parched land where there is no water.

2 I have seen you in the sanctuary and beheld your  
power and your glory.

3 Because your love is better than life, my lips will  
glorify you.

4 I will praise you as long as I live, and in your name I  
will lift up my hands.

5 I will be fully satisfied as with the richest of foods;  
with singing lips my mouth will praise you.

6 On my bed I remember you; I think of you through  
the watches of the night.

7 Because you are my help, I sing in the shadow of  
your wings.

8 I cling to you; your right hand upholds me.

# How to Make Time for Prayer & Devotion for Moms

1. Wake up 10 minutes earlier to pray
2. Pray before getting out of bed
3. Keep a Bible by your bedside
4. Read the Bible during breakfast
5. Listen to the Bible in the car
6. Pray while driving
7. Play Scripture or worship songs while driving
8. Pray while waiting
9. Pray while doing chores
10. Write Scripture on sticky notes
11. Memorize one verse a week
12. Pray while exercising
13. Combine quiet time with kids' nap time
14. Include Your Kids: Read the Bible together
15. Include devotion in your curriculum (if homeschooling)
16. Pray with your children
17. Do a family devotion
18. Sing worship songs together as a family
19. Talk about God throughout the day
20. End your day with prayer
21. Keep a prayer journal
22. Read one Psalm before bed
23. Mindset & Grace: God is not done with us yet
24. Let go of perfection
25. Create a simple routine