

Shifa Inter-Scholastic Tournament

SIST TIMES

26th, 27th & 28th September 2025



"AND HOLD FIRMLY TO THE
ROPE OF ALLAH

ALL TOGETHER AND DO NOT BECOME
DIVIDED." (3:103)

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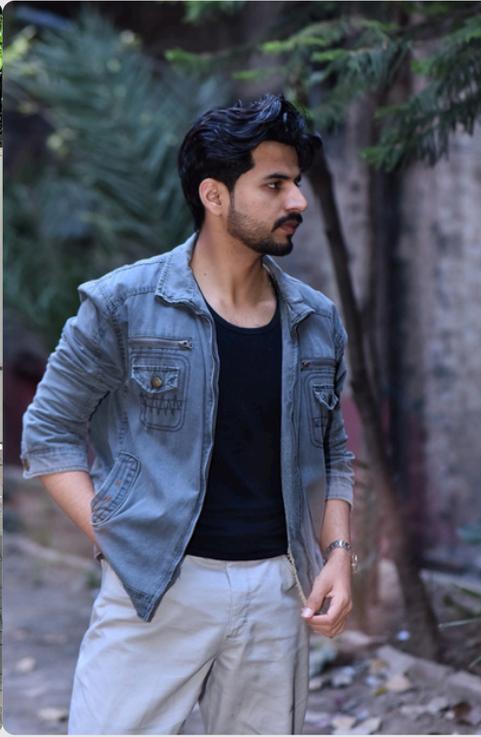
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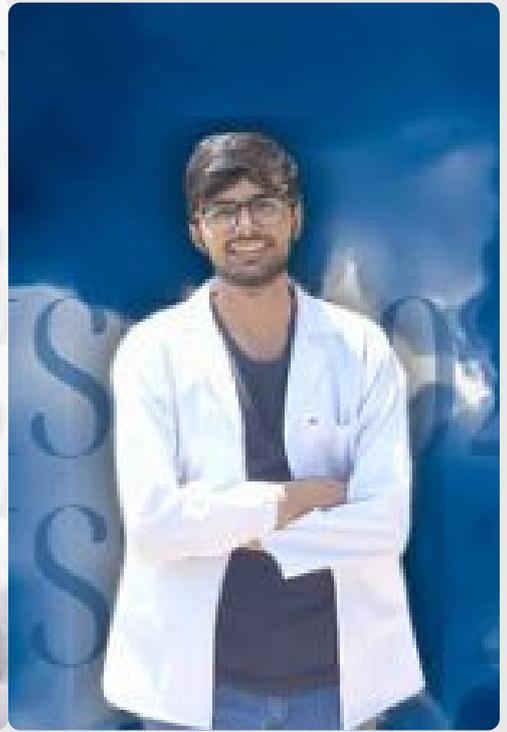
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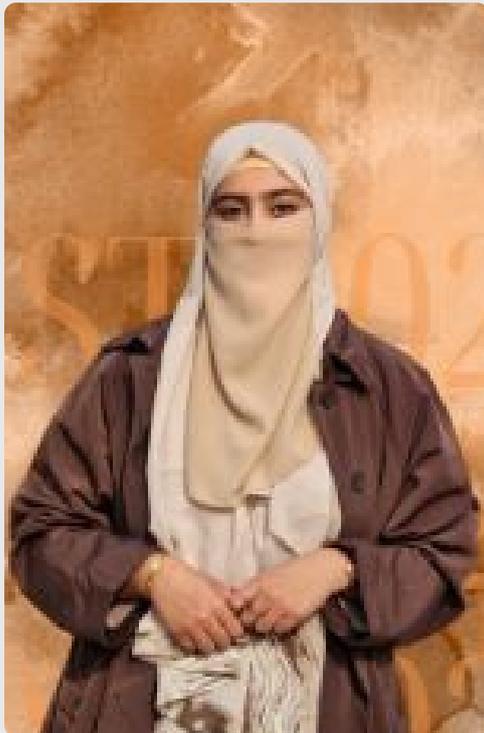


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S I S T 2 0 2 5

“AND HOLD FIRMLY TO THE ROPE OF ALLAH ALL TOGETHER AND DO NOT BECOME DIVIDED” (3:103)

This verse indicates the importance and beauty of our shared devotion, unity, and faith. It is a call from Allah to His believers to stand together, not just in physical presence but in hearts, intentions, and actions. Allah's reference to His rope gives us a strong image of the Qur'an and His guidance as something we must hold onto, especially during times of trial. This rope is not meant for one person; it is meant to bring the Ummah together, connecting people across cultures, backgrounds, and personal experiences.

It urges us to put aside barriers that separate us and come together under the banner of Allah. Whatever these barriers are, we remember that our unity as Muslims is greater than our differences. Through this unity, we grow stronger, resilient, and capable of fulfilling our purpose as believers.

This year at SIST, we aim to embrace this idea by gathering as one community. SIST is not just an event; it is a reminder that we are part of something much bigger than ourselves. Through every session, every interaction, and every shared moment, we aim to reflect the values of togetherness that Islam teaches.

Through our activities and Islamic talks, among other things, we commit to holding tightly to the rope of Allah. These talks are informative and transformative, helping us reconnect with revelation and deepen our understanding of the Deen. Our activities are designed to encourage cooperation, reflection, and spiritual growth, allowing us to move beyond passive listening into meaningful action.

Let this event remind us that by standing together, we grow stronger in our faith, and that strength will resonate through our lives and communities. When we unite for the sake of Allah, the effects last beyond the event; they make a lasting impact on our hearts, our relationships, and how we live as Muslims.

May this SIST be a source of light, connection, and renewal for all who attend.

OPENING CEREMONY

The opening ceremony of SIST 2025 at Shifa College of Medicine set the tone for three days of unity, reflection, and celebration. This year's theme, "And hold firmly to the rope of Allah all together and do not become divided," served as a reminder of the strength found in faith and togetherness.

Hosted by the Results and Competitions Department, the ceremony opened with a soulful recitation from the Holy Quran, followed by the national anthem. The atmosphere reflected reverence and excitement as students, faculty, guests and delegates gathered under one roof.

President Maryam Aamer addressed the audience with a heartfelt gratitude to the organizing team, and shared her thoughts on the theme. She spoke of unity as the cornerstone of progress, describing SIST as a space where departments and disciplines come together as one community. She also introduced the key sessions of the event, including a talk by Maulana Tariq Jameel on Day 2 and a panel discussion and closing ceremony on Day 3.

Acknowledgments were given to the partners and sponsors who supported the event. Vice Chancellor Dr Muhammad Iqbal then addressed the gathering, appreciating the students' efforts and reflecting on how disintegration weakens societies. He spoke on the importance of social understanding, tolerance, and empathy, drawing lessons from the ongoing struggles in the world and the need for the Ummah to unite through faith and knowledge.

The ceremony concluded with the formal declaration of SIST 2025, marking the beginning of three days devoted to learning, creativity, and spiritual growth.





CRIME BUSTERS

THE CARNIVAL OF SHADOWS: HERE'S TO CRIME AND CHAOS

Event Head: Dua Haider

In a game where thrill met intellect and every clue led deeper into the darkness, participants at Crime Busters 2025 found themselves tracing the twisted legacy of a family cursed by their own power.

The game's plot centered around Rafael, heir to a wealthy lineage whose power was built on a sinister cult: a brotherhood steeped in occult rituals and unspeakable acts. Raised to rule, Rafael was the golden child destined to inherit everything until Anastasia, a woman untouched by the cult's corruption, entered Rafael's life. Love was his rebellion, and ultimately his undoing.

Myra, the cult's Seer and mother to a son murdered by the cult, waited in the dark for this moment, feeding her grief. As Rafael tried to abandon the cult, Rafael's rival, Izyan, fell for Anastasia, his sentiments curdling into obsession. Rafael and Anastasia's daughter, Alaya, born into a house divided by love and legacy, grew up neglected and a victim of Myra's manipulation; until one night, Alaya plunged a knife into her mother's heart. Rafael, believing the cult orchestrated the death, massacred its members, with Myra and Izyan being the sole survivors.

Five years later, Rafael returned, drawn to Myra's carnival - a macabre theatre of her vengeance with Izyan as its owner. Players, acting as detectives, uncovered dismembered victims, cursed relics, and chilling diary entries. As they pieced together the truth, the dark climax unfolded.

Rafael, desperate to bring Anastasia back, fell straight into Myra's trap. Deceived into believing Rafael was the killer, Izyan hunted him for vengeance. But when Myra revealed the truth—that Alaya had murdered her mother—the story turned to tragedy. Rafael found Alaya already dead, stitched into a puppet by Izyan, which in one final, haunting act, struck him down. *Oh, how ironic.*

The Carnival of Shadows had claimed its last heir. As the story's blood soaked curtain fell, it was Team Barood that pieced together the final part, with Team Dynamite a close runner up.

Under the masterful direction of Dua Haider, and with the seamless coordination of Deputy Directors Saad Tauheed, Rao Zoraiz, Laiba Ahsan, and Shaheer ud Din, the event unfolded like a living, breathing mystery novel- one that blurred the line between story and reality. Assistant Directors Furqan Ahmad Bashir and Ali Mirza ensured every shadowed clue and every flicker of light added to the immersive chaos of the hunt. It was an experience that the teams will be sure to remember.



SCAVENGER HUNT

Event Head: Fatima Ameer

With 18 dedicated organisers and 22 teams, Scavenger hunt began with a thrill on Saturday, 27th September.

Purity is Corruption

The event's dark and immersive narrative — built upon the haunting creed "Purity is Corruption." It followed the tale of four powerful entities who demanded sacrifices to preserve their dominion. These entities, concealed within the Chamber of Entities, had marked certain souls across the campus, manipulating their fates through trials of deceit, guilt, and fear. Clues and passwords were based on this storyline, with participants deciphering haunting riddles and uncovering motives behind it all to find their final destination.

Hall of Sacrifice and Chamber of Entities

The compelling performances of the actors brought the story to life at 2 stations during the hunt, The Hall of Sacrifices in DH and Chamber of Entities in Patho Lab. Participants particularly liked the jumpscares at the Hall of Sacrifices by two souls, a killer with the intent to survive and his victim, who lingered as eternal reminders of the curse's power, bound to the will of the entities.

The Chamber of Entities houses 4 entities: A Fallen Angel, the Angel of Death, the grieving lover, and the abandoned child; each symbolizing the corruption of innocence and the fragility of morality. Their performances turned every clue and location into a living story, making players feel like participants in a ritual rather than a game.



As the final act unfolded, participants realized that the entire hunt had been their trial, a ritual conducted by these four entities to expose the corruption within human purity. The encounter was more than a test of intellect — it was a psychological duel. The entities twisted truths and emotions, forcing players to question what was real and what was corrupted. The actors' haunting performances heightened the tension, turning the Chamber into a place of both revelation and dread.

The Final Challenge:

It demanded courage and clarity: to seek out the Curse-Breaker buried in the ground, the only being capable of shattering the bond forged by the entities and ending the nightmare once and for all.

Team Shaheen played exceptionally well and won the game, followed by the runner ups Team Dream Weavers.

Results:

The event was an overwhelming success; a masterful blend of fear, creativity, and storytelling that left participants enthralled. Every moment, from the eerie halls to the climactic confrontation, carried the essence of *Purity is Corruption*. It was more than a scavenger hunt; it was an experience, a living tale of sacrifice, suspense, and the corruption that lies within purity itself.



SQUID GAME

Event Head: Maryam Burhan

SIST 2025 turned into a thrilling arena as the iconic Squid Games returned, mixing strategy, suspense, and laughter. Players received numbered wristbands at registration and dove into five intense levels; testing wit, teamwork, and control.

Level 1: Red Light, Green Light

At the SCM Ground, participants advanced to music and froze when it stopped. Organizers added splashes, jokes, and jump scares, making even the slightest twitch risky. Laughter and tension set the perfect tone for the event.

Level 2: Mingle

In Lecture Hall 1, players moved in a circle, then rushed into one of four corner boxes when the music stopped. With only four spots per box; chaos, friendly betrayal, and spinning players kept everyone entertained, making this round the highlight of the day.



Level 3: Marathon — A Race Against Time

Next came Marathon, a team-based race that tested both skill and coordination. Two groups of four participants competed head-to-head, racing through four mini-challenges: Ddakji (Red-Blue Envelopes), Flying Stones, Ping-Pong Tips, and Roll the Dice. Each challenge demanded quick thinking and seamless teamwork as players passed the baton from one level to the next. With a start line, four stops, and a finish line, it was a thrilling dash of energy, focus, and strategy.

Level 4: Stepping Stones - The Game of Suspense

Inspired by one of the most iconic Squid Game rounds, Stepping Stones brought a wave of tension and excitement. Instead of glass, the organizers used thermocol sheets to create a safe but equally suspenseful setup. Each player had to choose their steps wisely — one wrong move, and they were out.

Level 5: Rock-Paper-Scissors Minus One — The Self-Destruction Showdown

The grand finale, Rock-Paper-Scissors Minus One, was the perfect conclusion to the high-stakes event. Players played rock-paper-scissors with both hands, and when “Minus One” was called, they had to remove one — leaving the final move up to fate. The losing player then faced two toy guns placed in front of them and had to pick one to “shoot” themselves, symbolizing their elimination. Hamza from Team Shehzad FC was crowned the winner on day 1, and Iqra from Team Al Nasr won on the 2nd day.



ACTION

CHARADES

Event Head: Aiman Qadir



The air was filled with anticipation when 25 teams; each full of enthusiasm and passion were ready to play the game on SIST Day 1. The game consisted of three categories; movies, celebrities and everyone's favourite - famous movie dialogues.

Round one began with five teams competing at a time. Five teams, five words - but 75 seconds. The rules of the game were simple, one person acts while the rest of the team guesses. Five final teams were shortlisted for the final round.

The final round was predictably chaotic, but also so fun. Every participant was full of energy and zeal, and all the teams played wonderfully. It was indeed a game of immense brilliance. The game finally concluded with Dream Weavers winning the game, followed by the runner ups Bunyan ul Marsoos.



ESCAPE ROOM

Event Head: Maryam Saba

On day 3 of SIST 2025, Escape Room fascinated participants with its challenges, consisting of 3 rounds - each filled with an adventure of its own. The game had a total of 35 teams, with each team having 2-5 members.

The Puzzle Piece: Each team was guided to find a suspicious puzzle piece which must be taken to room 3 in order to escape that miserable room. The teams were given codes which they ingeniously cracked and made their way to the puzzle.

Flip the Cup: Room 2 had its own labour. In this room, the teams were asked to arrange the cups and then flip them to find a code which had to be decoded to find the second puzzle. The teams showed immense enthusiasm and mastery to complete this task.





Jump to Survive:

Room 3 was the most captivating of all the rooms. The puzzle pieces had to be assembled in this room to find the final code. This code helped them jump over the squares which were actually lava. But the thing that made this round the hardest was that all the participants were blindfolded. After successfully jumping over the lava, the players received a map and an antidote. Without the antidote, the players would eventually turn into monsters and stay jammed in the room forever.

Twenty minutes which felt like a decade to the players finally passed, and the team that survived first was Team Candi Biscoot.



JEOPARDY

Event Head: Bilal

Jeopardy at SIST was the perfect mix of pressure, excitement, and a little bit of chaos — the good kind. With 18 teams registered, the competition kept everyone on edge through five matches, each with three rounds that only got tougher as the day went on. From the Jeopardy board to the buzzer round and the nail-biting finals, every stage demanded not just quick answers, but sharp teamwork and steady nerves.

The first round had teams picking questions for points, but by the buzzer round, things got serious — one wrong answer and the scores could flip instantly. The final Jeopardy round brought out the real strategists, with teams betting their hard-earned points on a single question that could make or break their game.

After a streak of clever calls and some seriously close moments, Team O/IIMC came out on top, claiming the Jeopardy title for this year.

STATION ROTATION

Event Head: Saman

Station Rotation was easily one of the most fast-paced and entertaining events at SIST. With 5 stations and 2 activities at each, teams barely had time to catch their breath before moving to the next challenge. Every station had something new - from quick games to trivia questions - and each round lasted just 4 minutes before the teams rotated clockwise.

The setup made sure there was never a dull moment. You could hear laughter, confusion, and a bit of panic echoing through the room as teams tried to grab as many points as possible in their 25-30 minute run. In total, 22 teams took part, completing five full rounds throughout the day.

It only took one judge to keep the scores (and the chaos) in check, and by the end, Team Mominat came out on top with the highest total points. The whole thing was quick, fun, and full of energy — exactly the kind of event that makes SIST what it is.

SCATTERGORIES

Event Head: Samaa Nadeem

The Scattergories event brought a fresh twist to campus game culture. Inspired by the classic "name, place, thing" format, it challenged students to think on their feet and stretch their imagination. Each round began with a chosen alphabet and participants had to answer every question using only words starting with that letter.



The tension built with each timer tick while the room buzzed with laughter, whispered debates and the occasional triumphant shout as someone hit on the perfect answer.



What made Scattergories so enjoyable was its mix of speed, creativity and fun competition. It gave quieter students a chance to shine and rewarded quick thinking over rote knowledge. By the end of the event everyone was laughing, comparing answers and suggesting even tougher rounds for next time.



With such a warm response from participants and spectators alike, Scattergories is shaping up to be a crowd favourite and is likely to return even bigger in future editions of our campus events calendar.

SHORT MOVIES

Event Head: Rana Tosiq

This year's Short Movies Competition took a refreshing turn, breaking away from a set theme and allowing participants full creative freedom to explore any subject of their choice. The result was a showcase of originality and storytelling flair.

The event took place on Day 1 in the Sir Syed Auditorium, where the atmosphere buzzed with anticipation as the audience settled in for the screenings. A total of three teams submitted their short films, each capturing unique perspectives through thoughtful direction and cinematography.

The judging panel featured the renowned Amaad Gul and Saad Sultan, who evaluated the films on aspects such as composition, idea presentation, camera angles, and narrative strength. The average runtime of the films fell between three to five minutes, giving the audience concise yet compelling stories to enjoy.

Each team submitted their entries on USB drives, which were played directly via the auditorium's projector system—creating a true mini-cinema experience.

The winning short film of SIST'25 was "Na-Tammam" by Shehryar, a piece that stood out for its concept and execution, earning well-deserved praise from both the judges and the audience.



DRAMATICS

Event Head: Rana Tosiq and Hunaina Anjum

The lights dimmed, the chatter faded, and the dramatics competition began; transforming the Sir Syed Auditorium into a world of stories, emotions, and stagecraft. Taking place right after the short films, this event drew a buzzing crowd ready to witness raw talent unfold under the spotlight.

This year, participants were free to let their imaginations run wild with no specific theme to follow. They could choose between performing a monologue, a one person theatrical act demanding complete command over expression and voice, or a group performance, where teamwork and chemistry took the lead.

In total, five teams participated, bringing together around twenty five performers. The stage saw three powerful monologues and two group performances, each offering a unique blend of intensity, emotion, and humor.

From characters caught in quiet reflection to groups locked in dramatic conflict, the performances showcased an impressive range of creativity and passion which the audience will be sure to remember.



Judging the competition were Saad Sultan and Amaad Gul, whose keen eyes assessed every nuance of acting - from dialogue delivery and body language to facial expressions, script strength, storytelling, and that elusive quality of stage charisma.

There was no strict time limit, but most performances gracefully wrapped up around the half hour mark, each leaving its own impression on the audience.

By the end of the evening, the auditorium echoed with applause and admiration. Adeel Nawaz's team claimed the award for Best Group Performance, while Khushbakht from Al Nasr won Best Monologue, both leaving the audience deeply moved and the judges thoroughly impressed.

It was a night where the stories were not just told but felt, reminding everyone that the art of performance still thrives in the hearts of those bold enough to take the stage.

PHOTOGRAPHY ON SPOT

Event Head: Hunaina Anjum

Spanning three days of SIST, Photography on Spot challenged participants to capture "Stories Untold." Photographers explored everyday sights, putting creativity and perspective to the test.

Day 1: Registrations and briefings took place in the Pathology Lab. By 10:45 AM, participants began capturing photos at SCM and Sylvan Park using DSLRs or mobile phones. Final submissions were due by 11:00 PM via email.

Day 2: Contestants printed their photographs and prepared materials like chart paper, markers, and props for the final presentation.

Day 3: In the Art Gallery at Sir Syed Memorial, participants presented one-page portfolios with short write-ups to complement their photos. Judges Aliza Zakir and Areeba Ahmad Saleemi evaluated entries on storytelling, composition, symmetry, lighting, props, saturation, editing, and overall presentation.

Results: Winners were Anas Ahmed and Maham Farhan (Team Candi Biscoot). Runners-up were The Quran Lovers (Dr. Ayesha Tahir and Aliya Saeed) and NSHS (Hania Ashfaq).



ART ON SPOT

Event Head: Noor Ul Emaan

Day 3 of SIST brought the Sir Syed Auditorium to life with color and creativity during the Art on Spot competition. Centered on the theme "One Day, I am Gonna Grow Wings," participants explored ideas of freedom, growth, and transformation through their own artistic perspectives.

Despite a few withdrawals from the originally registered eleven teams due to schedule overlaps, the remaining participants, competing solo or in pairs, worked from 10 AM to 1 PM to produce a single final artwork. The Sir Syed Auditorium art gallery maintained a calm, focused energy as creativity quietly unfolded.

After time concluded, participants presented their pieces to judge Rehana Kousar, who evaluated them based on originality, relevance to the theme, expression and visual impact, and time management.

By the end, the space was filled with artworks reflecting imagination and hope. The winning piece was created by Hareema Tabassum of Team Med Heads, whose work captured the theme with clarity and vision.



CALLIGRAPHY

ON SPOT

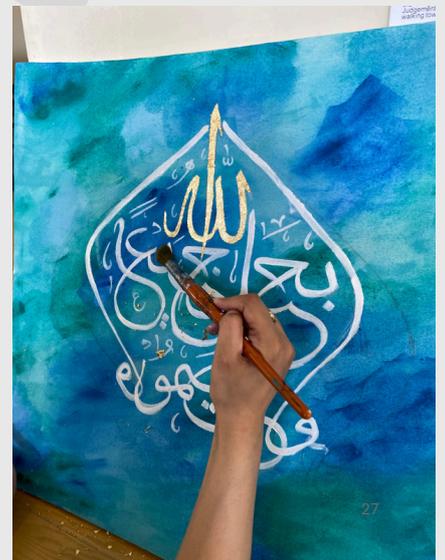
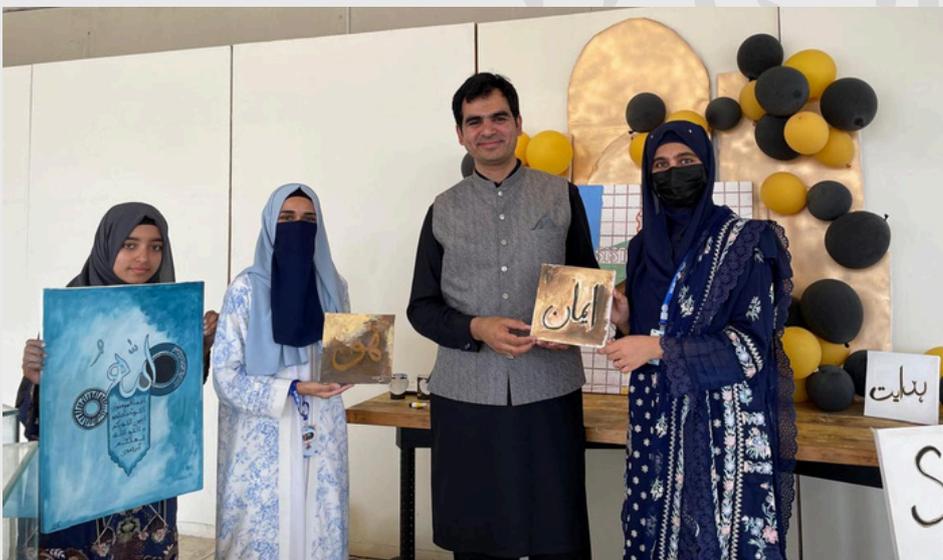
Event Head: Neha Gul

The Calligraphy on Spot competition happened on day 3, revolved around the same inspiring theme as SIST 2025. Participants were encouraged to let their creativity take flight, transforming words into expressive visual art.

Out of seven registered participants, only two competed on the day of the event. Starting at 10 AM and extending slightly beyond the original 1 PM deadline, the artists poured their hearts into their pieces, each brushstroke reflecting emotion and individuality.

The event took place in the Art Gallery at Sir Syed Auditorium and was judged by Wasil Shahid, a renowned professional artist whose keen eye for detail and appreciation for artistic expression elevated the experience.

In the end, Amna Khattak from Team Quran Lovers claimed the top spot. Though small in scale, Calligraphy on Spot radiated passion, creativity, and a deep love for the art itself.





DEBATES

Event Head: Minahil Fatima

The intellectual fervor of SIST 2025 reached a peak with the much-awaited Debates event, a platform that brought together some of the sharpest minds across universities. This year, the event was split into English and Urdu debates, each showcasing brilliant oratory, incisive arguments, and passion that electrified the atmosphere.

The debates event was a well-orchestrated affair, carefully scheduled to ensure smooth proceedings despite overlaps with other events. The topics, thoughtfully curated, were revealed to participants the night before, giving them a chance to prepare and deliver powerful arguments. For the finals, however, a twist awaited — topics were disclosed just an hour prior, adding an edge of spontaneity and testing the adaptability of the teams.

The English debate topics challenged participants to explore critical global and national issues, such as:

1. This house believes climate and natural disasters demand more legislative urgency than political rivalries.
2. This house believes that Pakistan's airspace closure in 2025 was a legitimate defensive measure, not an escalation.
3. This house believes that cancel culture has become a tool of social control rather than accountability.

The Urdu debates tackled equally thought-provoking topics, including:

-یہ ایوان یقین رکھتا ہے کہ قانون و امن آزادی سے زیادہ اہم ہے۔

Judges brought their expertise and impartiality to the fore, evaluating participants on content, speech, analysis, and presentation. For the English debates, the panel consisted of Yashfeen Awan, Ahmed Sardar, and Minahil Fatima, while Mutahir took charge of judging the Urdu debates.

One of the most inspiring aspects of the debates was witnessing every participant's unwavering passion, regardless of whether it was their first time on stage or not. It was a pleasure to watch teams embrace constructive criticism and incorporate it in subsequent rounds.

The English final was particularly unforgettable, with a full room of eager spectators - a testament to the event's appeal and the skill of the debaters.

Although scheduling clashes with other events posed a minor challenge, the organizing team managed it with finesse, ensuring smooth continuity.

The competition concluded with resounding victories:

- English Debates: Team "Nah We'll Lose" - comprising members from PMC, PIEAS, and GIKI - emerged as champions, with Team IIMC as the runner-up.
- Urdu Debates: Team "Candy Biscoot" took the crown, impressing both judges and audience alike.





ESSAY WRITING

Event Head: Sajeeha Waqar

The competition brought together three participating teams; two competing in Urdu and one in English (with two members per team). Each participant was tasked with crafting an essay on one of a diverse set of provocative topics ranging from governance and economy to social justice and environmental sustainability.

Among the 24 thought-provoking topics were debates on whether "The voting age in Pakistan should be lowered back to 16," "Pakistan's blasphemy laws should be repealed," and "University education should be free for all students in Pakistan." Others touched on contemporary issues such as "Artificial intelligence as a bigger threat than opportunity," "CPEC's unfulfilled promises," and "The dominance of foreign streaming platforms over Pakistani media."

The participants were evaluated by a panel of faculty judges based on writing style, grammar, content depth and persuasiveness, flow, originality, time management, and overall impact. The event fostered lively intellectual engagement as teams defended diverse viewpoints with utter conviction.

After an intense round of competition, Team Candi Biscoot emerged as the winner, impressing the judges with their compelling argumentation, refined prose, and wonderful presentation.



TALES, TAGS & TWISTS

Event Head: Fatima Nasir

Tales, Tags, Twists was a whirlwind of creativity where stories leapt off the page and imagination knew no limits.

This dynamic two-part competition fused the art of storytelling with visual expression, challenging participants to both re-write a book blurb and design a matching bookmark.

From classic literature to fantasy, mystery, and horror; each team reimagined their chosen tale with originality and flair, only to face thrilling surprise twists, like turning *The Hobbit* into a thriller or *Sherlock Holmes* into a romantic comedy.

The room buzzed with excitement as pens scribbled, colors flowed, and stories transformed into art. With every bookmark crafted and every blurb reinvented, participants showcased their talent, creativity, and love for literature.

Judged on originality, presentation, and thematic connection; Tales, Tags, Twists became a celebration of how words and visuals can unite to breathe new life into the stories we cherish.

EPILOGUE ESCAPE

Event Head: Rohma Shah

This event transported participants into a world of mystery, poetry, and intellect. Nine daring teams stepped into a specially designed escape room filled with hidden clues, symbolic objects, and literary riddles inspired by some of the world's greatest authors and poets.

Each team of two to three participants raced against the clock, given only five minutes to decode interconnected clues and uncover the ultimate secret - the key to escape.

The atmosphere buzzed with excitement as teams pieced together verses, quotes, and symbols, relying on quick thinking, creativity, and teamwork to triumph. Only one team entered per round, ensuring a fair and immersive experience where every second truly mattered.

The winning teams impressed the judges not only with their speed but also with their insightful literary interpretations. From tense moments of discovery to triumphant breakthroughs, the Epilogue Escape proved that sometimes, the greatest adventures are written between the lines.





MOODBOARD

CHALLENGE

Event Head: Qurat Ul Ain

Mood Board was a vibrant and imaginative event that transformed storytelling into art, inviting participants to visually capture the soul of a beloved fictional character. Drawing inspiration from genres like fantasy, science fiction, fairy tales, detective fiction, mystery, and horror, each participant brought their chosen character to life through a carefully curated mood board, a collage of images, textures, colors, and words that spoke louder than names.

From shimmering sequins for fairy-tale magic to dark fur and eerie tones for villains, every detail symbolized the essence of the character. The twist? Participants couldn't reveal who their character was, it was up to the judges to guess, guided only by the visual story told through the board.

Armed with art supplies, printouts, and creative flair, participants had 30 minutes to assemble their masterpieces, followed by a reflective 40-minute session analyzing their character's personality, story arc, and values.

The room buzzed with artistic energy as imagination met interpretation, making Mood Board a spellbinding fusion of literature, creativity, and visual storytelling - where characters stepped out of books and came alive through art.

QIRAT COMPETITION

Event Head: Taha Jehangir

Qirat Competition added a serene and spiritual touch to the day's events. The theme for this segment was gold and black, adorned with stars and lanterns, creating a tranquil, reverent ambiance.

The competition consisted of two rounds, judged by two esteemed Islamic teachers who brought deep insight and appreciation for the art of recitation. Participants were given the freedom to choose a Surah of their own choice to recite, allowing them to express their devotion and mastery in a personal and heartfelt manner.

The soothing recitations echoed through the venue, captivating the audience and reminding everyone of the beauty, rhythm, and depth of the Holy Qur'an. Both events together made Day 1 of SIST 2025 a memorable blend of knowledge, reflection, and spirituality, setting a beautiful tone for the days to follow

DIVINE DECRYPT

Event Head: Filzah Ambreen

The day began with Divine Decrypt, a purple-and-silver themed Islamic guessing game featuring four teams across three buzzer-based rounds.

Round 1 - Guess the Event: Team leaders described famous Islamic events without using forbidden words, guiding their team to guess each event within five minutes.

Round 2 - Yes or No Scrolls: Team members held scrolls with Islamic concepts, while leaders asked yes-or-no questions. Each team had three minutes to guess six scrolls.

Round 3 - Ayah Guessing Game: Teams identified blurred Qur'anic Ayahs within two minutes, testing knowledge, memory, and familiarity with the verses.



KNOW YOUR DEEN

Event Head: Muhammad Islam

The theme for this year's competition was sunflowers and daisies, beautifully represented through a color palette of green, white, yellow, and brown; which gave the venue a warm, vibrant, and welcoming feel. The event took place in the SCIL Lab, which was buzzing with excitement and filled to capacity with eager observers.

Four enthusiastic teams competed head-to-head in a series of intellectually stimulating rounds designed to test their knowledge, reflexes, and ability to think on their feet.

Round 1 - Rapid Fire MCQs

The competition kicked off with a rapid fire MCQ round, where each team had two minutes to answer as many questions as possible. This round not only tested their knowledge of Deen but also their speed and accuracy under pressure, setting the tone for the rest of the event.

Round 2 - Buzzer Round

Next came the buzzer round, where quick reflexes were key. Teams had to press the buzzer first and answer correctly to secure points. The energy in the room soared as participants raced to buzz in first, creating a thrilling atmosphere for both players and the audience.

Round 3 - Another Rapid Fire

The intensity continued with a second rapid fire round, pushing teams to think fast and recall information swiftly. Every correct answer brought cheers from the crowd, further fueling the competitive spirit.

Round 4 - Surprise Talks Round

The final round introduced an exciting twist — a surprise "Talks" round. The remaining teams were handed folders containing selected Ayats, and were given five minutes to prepare a short talk based on them.



KASOTI

Event Head: Aleesha Muskan

The second event of the day was Kasoti, carrying a jungle theme that added a playful and adventurous touch to the atmosphere. This competition revolved around guessing famous Islamic personalities, and was conducted between two teams at a time.

Round 1 – Who Am I?

Each team secretly selected a famous Islamic personality. Teams then took turns asking yes-or-no questions to figure out the personality chosen by the opposing team. The team that guessed the personality first emerged as the winner of that round.

Round 2 – Picture Charades

In this creative twist, teams were shown pictures of Islamic events related to Prophets. First, the team collectively guessed the event. Then, without showing the picture, they had to make their leader guess through descriptive clues and gestures. This round sparked both laughter and intense concentration as teams tried to communicate effectively under pressure.

Round 3 – Personality Riddles

The final round challenged teams to solve riddles about famous Islamic personalities. Quick recall, historical knowledge, and logical thinking were essential to succeed in this fast-paced round.

RACE to Jannah

Event Head: Inshal Zahra

The 3rd day of SIST featured Race to Jannah, a spiritually themed event glowing in blue and gold. The competition symbolized the journey toward Jannah through teamwork, knowledge, and good deeds. Teams faced three creative rounds:

Round 1 – Puzzle Relay: A fast-paced relay where teams solved puzzles at multiple stations, testing coordination and speed.

Round 2 – Spin the Wheel (Ayah Completion): Teams spun a wheel to complete selected Qur'anic verses, showcasing memory and precision.

Round 3 – Escape the Maze of Deeds: A symbolic maze challenge where teams collected white cups (good deeds) and avoided black ones (sins) within 20 minutes, representing life's moral journey.

The event blended competition with reflection, inspiring participants to strive for Jannah through unity and righteous action.



BADMINTON

Event Heads: Syed Afsar & Zunaira Khalid

The badminton tournament adopted a classic knockout format, ensuring high intensity and narrow margins throughout. A total of 21 boys' teams - 14 in singles and 7 in doubles - competed in matches played to 11 points, each game a showcase of precision, speed, and composure.

In the Boys' Singles, Mutahir Hussain from Team The Extraction Squad claimed the championship title after a series of hard-fought rounds, winning by just 2 points. Shaheen Rawan from Team ANMC followed closely as runner-up, displaying remarkable skill and determination. The Boys' Doubles added further excitement as Team ANMC's Shaheen Rawan and Shehryar Sher emerged victorious with a strong, coordinated performance. Team Candi Biscoot's Muhammad Awais and Muhammad Anas secured the runner-up position in a closely contested final.

The Girls' Badminton category, led by Event Head Zunaira Khalid, featured 8 singles and 3 doubles teams, all competing in 11-point single-set matches. The finals combined grit and grace, drawing cheers from an enthusiastic crowd. In Doubles, the unstoppable duo Amna and Saliha triumphed over Ayesha and Kulsoom in a thrilling match. In Singles, Amna Waheed (ANMC) once again proved her dominance, securing the title with agility and control, while Maha Khan finished as a strong runner-up.



FUTSAL

Event Head: Syed Ali Turab Shah

The Boys' Futsal Tournament kicked off at Westminster, H-8, bringing fast-paced action, crunching tackles and a display of the best athleticism. Four teams competed in a knockout format, two semifinals and a final, all held on the same day, making it a thrilling display of stamina and skill.

Each side featured eight players, with six on the pitch and two substitutes, keeping the intensity high throughout. After two closely fought semifinals, the final match saw ASMC face Gol Gappay FC in a gripping showdown.

ASMC dominated with sharp teamwork and composure, claiming the championship title, while Gol Gappay FC secured the runner-up spot.

A day of relentless energy and sportsmanship, the event perfectly captured the spirit of competitive futsal.



BASKETBALL

Event Head: Abdul Wassiq & Maheen Fatima

The court at Westminster, H-8, came alive with the echo of sneakers squeaking and the thump of the basketball hitting hardwood. It was the start of a day packed with competition, teamwork, and pure adrenaline. Three teams took the court, each ready to dominate the table. Every win meant three points, and every point pushed them closer to the ultimate goal: the finals.

After some gritty round matches, two teams rose above the rest: ANMC Boys and Gol Gappay All Stars. The final was nothing short of electric, filled with quick passes, tight defense, and shots that had the crowd holding their breath. Both sides left everything on the floor, but ANMC Boys found their rhythm when it mattered most, sinking crucial baskets and locking in their lead.

When the final whistle blew, ANMC Boys stood tall as champions, while Gol Gappay All Stars claimed the runner-up spot after an incredible fight. From fast breaks to roaring cheers, it was basketball at its best—raw, fast, and unforgettable.

VOLLEYBALL

Event Head: M. Shayan & Saman Basharat

This year's volleyball tournament turned the campus into a hub of excitement and friendly rivalry. Over three days, Necromancers, Gol Gappay All Stars, Team IIMC, and ANMC Boys battled it out, with the crowd cheering every serve, block, and spike.

In the final, ANMC Boys played with discipline, crisp serves, and smart placements. Despite strong opposition, they stayed composed and pulled ahead, winning the tournament. Players from both sides celebrated together, ending the event with smiles and camaraderie.

TABLE TENNIS

Event Heads: M. Saad Naeem & Hamna Rao

The Table Tennis Tournament spanned three thrilling days of skill, spirit, and sportsmanship.

Boys' Singles:

31 players competed in 52 matches. Mahd Anees dominated, defeating Muhammad Kashan Khan to reach the finals, while Muhammad bin Shahbaz climbed from the losers' bracket. Mahd Anees claimed the Singles Champion title; Muhammad bin Shahbaz was runner-up.

Boys' Doubles:

10 teams battled across two days. Gol Gappay Allstars (Mahd Anees & Abdullah Faisal) made a stunning comeback from the losers' bracket to defeat Team ASMC (Farhaan Ulhaq & Muhammad bin Shahbaz) in the finals, claiming the Doubles Champion title.

Girls' Tournament:

In singles, Maria won first place, followed by Aeliya and Zainab. The doubles round-robin was won by Team Extraction Squad (Zainab & Saman), with Aeliya & Rida second and Maria & Iraj third.



GRAND TURISMO

Event Head: Abdullah Butt

The Grand Turismo event at SCPS delivered adrenaline-fueled action with fifteen participants competing over thirty intense rounds on the virtual Tokyo Expressway. Drivers raced the classic Honda Beat 1991, aiming to master corners, push limits, and clock the best distance.

Each participant had two timed laps, with the winner covering the most distance in about five minutes per round. After thirty rounds, Team Shaheen dominated: Shayan Sharif claimed first place with 5.04 miles, teammate M. Hamza Zahid followed with 5.02 miles, and Qasim from Team Necromancers secured third with 4.97 miles.

The event tested reflexes, strategy, and focus, proving that speed is as much about rhythm and precision as it is about acceleration.



PUBG

Event Head: Abdullah Butt

Want to test your survival instincts and tactical wit? That's exactly what the PUBG Tournament, headed by M. Saad Shah, delivered!



With more than 20 players ready to drop in, loot up, and fight till the last man standing, the event became one of SIST's most adrenaline-filled e-gaming spectacles.

The event followed a squad-based TPP mode on Erangel and Miramar, with three rounds determining the finalists. Points were awarded for both kills and placement, rewarding balanced playstyles. The final round was a winner-takes-all showdown.

FIFA

Event Head: Faizan Sadi

The FIFA Tournament brought high energy and fierce competition to SIST Day 1, with 26 participants battling it out in the e-gaming arena.



Players from various disciplines showcased skill, sportsmanship, and competitive spirit throughout the event.

Matches followed a 1v1 knockout format, with two halves of six minutes each and penalty shootouts to decide ties. The final was played as a best-of-three series, delivering an intense finish.

The event celebrated not just gaming skill, but passion, camaraderie, and the excitement of football in its digital form.

CLASH ROYALE

Event Head: Ahmed Ali

The Clash Royale event blended tower defense with strategy, bringing together over 25 skilled participants. Players tested reflexes, adaptability, and tactical thinking in fast-paced matches filled with comebacks and clutch plays.

The tournament followed a 1v1 elimination format, with each match played as a best-of-three. To encourage creativity, players used different decks each round, adding depth and strategic variety.

The event showcased the mental intensity of e-gaming, proving that success depended as much on planning and timing as on quick reactions.

TEKKEN

Event Head: Filza Shahid

The Tekken Tournament drew a lively crowd as 24 participants competed in intense 1v1 battles. Matches followed a best-of-three format, pushing players to display precision, timing, and composure.

Played in Tekken 8 Versus Mode, competitors used default characters with standard 99-second rounds. Each match was first to two wins, leading to a high-energy elimination bracket.

The finalists impressed with both skill and sportsmanship, capturing the spirit of friendly rivalry that defines SIST's gaming culture.



CHESS

Event Head: Rehab Fatima

The Chess Tournament offered a calm yet intense test of strategy, drawing over 40 participants. As one of the most intellectually demanding events, it emphasized focus, discipline, and composure.

Matches followed a Blitz format with five minutes per player and no increments. Draws were decided by a three-minute tiebreaker, and the tournament ran on a double elimination bracket.

The quiet tension of ticking clocks and decisive moves defined the atmosphere, culminating in final rounds that showcased exceptional intellect and sportsmanship.



SIST TALKS

Hamza Sheikh Sabherwal

SIST Talks, the hallmark of this annual event, took place in Sir Syed Auditorium on 27th and 28th of September, 2025. On SIST Day Two, Hamza Sheikh Sabherwal took the stage and immediately brought the hall to life. His start was lively and confident, the kind that makes you sit up without even realizing it. There was warmth in his words and a spark in the way he spoke, mixing faith with everyday reality, humor with sincerity. You could tell he understood how to connect with a young audience, keeping things light but meaningful at the same time.

He opened with a gentle recitation of the Quran, letting the words of Allah echo softly yet powerfully through the hall. He reminded the young audience that the Quran is not just to be heard, but to be lived. When he cited verses about mercy, forgiveness, and returning to Allah his voice held a quiet intensity.

He shared a personal note about the loss of his father, how in moments of grief and loss he found himself face-to-face with life's bigger questions. From that loss he drew strength, saying even in our hardest trials Allah's mercy remains open. He spoke to students directly: when you feel alone, when you feel your mistakes are too many, remember the Creator who never counts them in the way we do. Hamza's words resonated in the hall long after he had left the stage.



SIST TALKS

Maulana Tariq Jameel

The Sir Syed Auditorium was packed long before Maulana Tariq Jameel arrived on SIST Day 2, after the energizing talk by Hamza Sheikh. A soft hum of anticipation filled the air, the kind that settles over a crowd when hearts are eager to listen. As soon as he began speaking, the entire hall fell silent. His voice, calm yet commanding, carried through every corner of the room and immediately drew everyone in.

He spoke about the life and character of the Prophet Muhammad ﷺ, his kindness, humility, and the way he treated people with respect and compassion, regardless of who they were. He reminded the youth that the Seerat un Nabi is not just a story from the past, it is a living example and a guide for how to carry ourselves in the chaos of modern life. He spoke about staying truthful, keeping the heart clean from jealousy and deceit, and never letting go of our prayers no matter how fast life moves.





At moments, you could feel the emotion in the room. Many nodded quietly, others wiped away tears when he spoke about parents, repentance, and the mercy of Allah. He reminded everyone that no sin is too great, that even if our mistakes reached the skies, Allah’s mercy would still be greater, and that it is never too late to return to Him.

The entire atmosphere felt deeply spiritual, peaceful, grounding, and full of warmth. It was not just a lecture, it was a gentle reminder of how the Prophet ﷺ’s example still lights the way for us today.

As Maulana Tariq Jameel ended with a heartfelt dua, the hall remained still. No one rushed to leave. It felt like every heart had found a moment of quiet reflection, a renewed connection to faith, and a soft reminder of hope.





PANEL DISCUSSION

As the sun dipped below the horizon on the final evening of SIST 2025, the atmosphere in the auditorium was charged with anticipation. Students, faculty, and guests gathered eagerly for one of the most awaited sessions of the event — the panel discussion, moderated by the distinguished Sabookh Syed. The discussion revolved around the pressing issue of sectarianism, its impact on society and the youth, and how unity could once again be restored within the Muslim Ummah.

Before initiating the dialogue, Sir Sabookh opened the session by drawing attention to the ongoing genocide in Palestine, condemning the humanitarian crisis and reminding the audience of the responsibility every Muslim bears toward their brothers and sisters in faith. His heartfelt words set the tone for an evening of deep reflection and meaningful discourse centered on unity, empathy, and collective responsibility.



The discussion began with the first question directed to Dr. Qibla Ayaz, addressing the concept of *Ummat-e-Wahida* — a united community and the roots of sectarian divisions. Dr. Ayaz reflected that Islam, at its core, calls for togetherness under the banner of faith, yet over time, divisions have emerged due to differences of interpretation and lack of mutual respect. Drawing upon history, he referenced Imam Abu Hanifa (RA) and the Hanafi school of thought, explaining how reasoning (qiyas) and scholarly interpretation were introduced not to divide, but to enrich Islamic understanding. These intellectual differences, he noted, symbolized Islam’s flexibility and depth — a mark of intellectual strength, not a cause of *firqawariyat* (sectarianism).



The next question was posed to Raja Zia ul Haq, focusing on the influence of molvis on the youth and whether blind following could lead to extremism. Raja Zia observed that Generation Z no longer relies solely on traditional clerics; instead, they actively research and question. However, he pointed out a growing trend of individualism among the youth, influenced by Western ideologies, which has weakened the collective identity of the Ummah. He emphasized that this detachment from shared values is among the key contributors to sectarian fragmentation today.

Continuing the discussion, Saith Usama Chitralli was asked why, despite having the perfect example of Prophet Muhammad (PBUH), Muslims still suffer from sectarianism. He stressed that unity can only be achieved through mutual respect and analytical thinking, encouraging society to discuss differences constructively rather than with hostility. “Differences of opinion,” he said, “are not a weakness but a strength; provided we listen, learn, and respect each other.” He urged the youth to engage in research while remaining grounded in scholarly wisdom and the guidance of the Qur’an and Sunnah.

When asked about the Prophet's (PBUH) example in overcoming disunity, Waseem Saleem highlighted that diversity of thought is a part of human nature, created by Allah to promote reflection and progress. However, he lamented that today's divisions whether political or sectarian have distanced Muslims from their true identity. Citing examples of Sunni-Shia conflicts and political polarization, he reminded the audience that Muslim civilizations thrived when united and declined when fragmented.



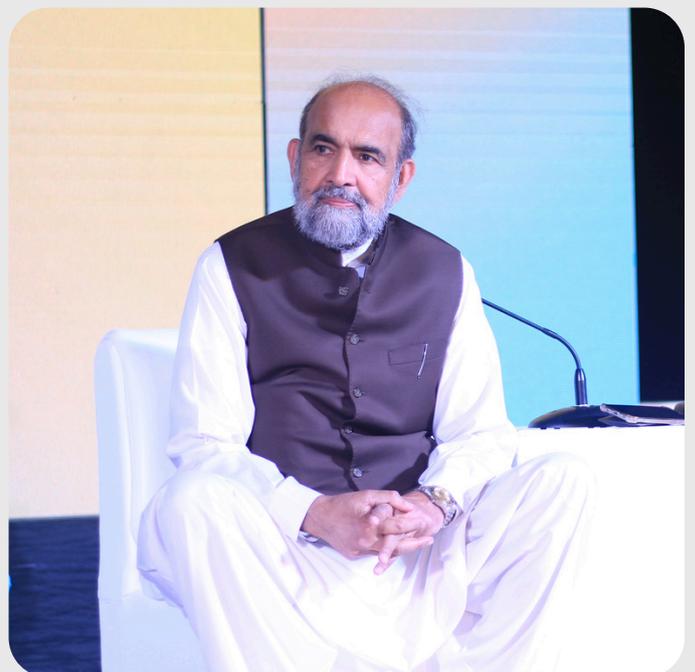
The conversation circled back to Dr. Qibla Ayaz, who elaborated on practical ways to overcome sectarianism. He emphasized the government's positive role in fostering harmony, citing the example of Muharram, where effective management and preventive measures have led to peace and cooperation between sects. "When the state, scholars, and citizens align on the principles of respect and restraint," he said, "unity naturally follows."

Further into the session, Raja Zia ul Haq discussed the role of social media, calling it a double-edged sword. While it can spread awareness, it often amplifies hate and misinformation. He advised the audience to be cautious consumers of online content and to always evaluate opinions through the lens of the Qur'an and Sunnah.



Lastly, Usama Chitrali shed light on the need for Islamic role models to inspire the younger generation. He stressed that true change begins at an individual level through introspection, knowledge, and moral conduct and that institutions must take steps to preserve Islamic culture and identity. "Our youth," he remarked, "must rediscover pride in their deen, not merely in borrowed ideals or foreign influences."

The evening ended with a sense of reflection and renewed commitment. The audience left with the realization that overcoming firqawariyat requires more than debate, it demands sincerity, empathy, and the courage to unite beyond differences, as the Qur'an commands: "And hold firmly together to the rope of Allah and do not be divided."





CLOSING CEREMONY

The Shifa Interscholastic Tournament (SIST) 2025 concluded with a memorable closing ceremony, celebrating three days of spirited competitions, insightful discussions, and vibrant experiences. Organized by the Results and Competitions Department, the event honored the dedication of the organizers, faculty, and participants whose combined efforts made SIST 2025 a remarkable success.

The ceremony revisited SIST's wide array of events from thrilling sports like football, volleyball, and cricket, to intellectually engaging competitions such as debates, quizzes, and Qur'an Club sessions, alongside creative expressions in arts, dramatics, and literature. Excitement filled the hall as the moment everyone had been waiting for arrived, the announcement of the top three positions.





With thunderous applause, Qur'an Lovers proudly claimed 1st place, followed by Candi Biscoot in 2nd place, and Azan e Bilal securing a well-deserved 3rd place, marking the culmination of an event that truly embodied teamwork, talent, and spirit.

Awards were presented by Vice Chancellor Dr. M. Iqbal Khan and Dean Dr. Muhammad Amir, accompanied by other esteemed faculty members, recognizing directors, event heads, top performers, and standout ambassadors for their exceptional contributions.

The evening concluded with heartfelt appreciation by President Maryam Aamer for the Shifa Student Society's relentless efforts and the faculty's guidance, setting yet another inspiring benchmark for future editions of SIST. All in all, SIST 2025 was an unforgettable event that audience, participants and organisers alike will be sure to remember for years to come.



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SEE YOU ALL NEXT YEAR!