



Thank You & Start Here

Your Mom Reset journey begins here.

Welcome

Thank you for purchasing the Mom Reset Bundle –
Full Digital Self-Care Kit.

You've just given yourself the gift of pause, reflection, and
renewal 🇺🇸❤️

What's Inside

📖 Mom Reset Guide (PDF) ←

📅 Weekly Reset Journal (PDF)

📄 Mini Reset Starter Kit (PDF)

🌸 Sticker Pack (PNG + PDF)

🌟 Start Here

(Open the Mom Reset
Guide first and
follow along at your own
pace.)

🌸 Friendly Tips

- Print at home or use digitally on your tablet/iPad.
- No “right speed”—take it one day at a time.
- Revisit pages whenever you need a reset.

- 🇺🇸❤️ This bundle is a safe space created by a mom, for moms.
- Every page is here to remind you: you matter too.
Rooting for your next step,

Sherl DigiCrafts ✨

Questions? Email me here: sherldigicrafts@gmail.com

