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# PRODUCTIVITY THAT STICKS

Maximize performance, minimize burnout

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Most productivity solutions fail because they take a one-size-fits-all approach - forcing people into rigid systems that don't match how they actually work.

This workshop flips the script. Participants learn practical frameworks to cut distractions and sharpen focus, but more importantly, they adapt those tools to their own strengths and team dynamics. The result: productivity strategies that don't just sound good in theory, but actually stick in real life.

## OBJECTIVES

- Spot and eliminate hidden drains on time and energy.
- Identify individual and team working styles to unlock true productivity.
- Create accountability systems that fit how your team naturally communicates.
- Walk away with a tailored plan designed for your style, role, and workload.

## KEY TOPICS

- **The Productivity Audit:** Identify where time and energy leaks occur.
- **Identify Your Working Style:** Discover how you (and your team) best tap into productivity.
- **Accountability That Fits:** Design tracking and check-ins that align with your team's communication style.
- **Action Plan:** Build a productivity plan tailored to your style, role, and goals.

## DETAILS

**Duration:** Half-day (90-minute available)

**Format:** Interactive workshop

**Audience:** Leaders, teams, individuals

**Delivery:** In-person / virtual

## TAKEAWAYS

- Completed productivity audit showing exactly where ROI is leaking.
- Prioritization toolkit that translates into efficiency gains.
- Custom system that ensures higher output without longer hours.

