



The Gingerbread Man

A lively gingerbread man jumps right out of the oven and goes on a wild run! Kwesi and his friends must practice self-control and choose kindness over a sweet treat.

- Kwesi wanted to eat all the cookies himself at first. When you have a treat or a toy you love, is it ever hard for you to share it with others?
- Instead of eating the gingerbread man, Kwesi decided to help save him from the fox and make a new friend. How does it feel when we choose to be kind instead of just getting what we want?
- Fairy Ashley mentioned that the sweetness of kindness is better than the sweets we eat. What are some ways we can "be sweet" to our friends today?

Adventure Activity

Play a "Freeze Dance" game to practice self-control! Put on your favorite upbeat music to dance around like the running gingerbread man, and practice stopping the very moment the music pauses.



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