



Yin



Yang



What is a Yin-Yang Reading?

- This reading explores the dual aspects of your life: the "Light" and the "Shadow," & the balance.

- **Light** : Focuses on positive traits, strengths, opportunities, and areas of growth. It highlights what's working well in your life and how to enhance these aspects.
- **Shadow**: Addresses challenges, fears, and hidden aspects that may be holding you back. It provides insights into areas of conflict or difficulty and helps you understand and address these underlying issues.