ABOUT OUR *FACILITIES*

You'll find a spacious reception area, a fancy toilet suite, two specialist studios, a seated communal area and a play area for our cherubs

Yes ladies I've created somewhere special to make friends learn some skills and get healthy at the same time!

Both studios are fully equipped with mirrors, club lighting and twinkle lights for the full experience!

The dance studio has 12 Stainless steel poles, There's Aerial hoops, silks and a centre stage, all my Ladies aka sxefit machines will encourage you when it's your turn to make the most of your inner exhibitionist!







JOIN OUR POLE DANCE & AERIAL CLASSES



JOIN OUR SXEFIT FITNESS CLASSES TODAY



JOIN OUR SXEFIT PERSONAL TRAINING





SXEFIT PRICES

SXEFIT PERSONAL TRAINING SINGLE: £45 BLOCK 6 £250 BLOCK 12 £400 18 £550

SXEFIT POLE /AERIAL DANCING SINGLE: £45 BLOCK 6 £220 BLOCK 12 £400

SXEFIT FITNESS CLASSES SINGLE :£6 BLOCK 6 £30

SXEFIT POLE DANCE AERIAL CLASSES: £11 BLOCK 6 £50

SXEFIT KIDS CLASSES £6 Block 6 £30

WHAT THEY SAY About our *Fitness club*

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100% cannot recommend anywhere better than Sxefit I have lost 3% body fat 7lbs and 7 inches with just 8 hours of training with Tiffany Her knowledge about keeping our bodies healthy is insane, I'm eating more than ever before The classes are so much fun and everyone who goes are so friendly kind and encouraging Thank you for everything Tiff you've help to change my life