

# Pink Moon Ritual Guide

FULL MOON IN LIBRA - APRIL 1, 2026

*A RITUAL FOR BALANCE, HARMONY, AND HEART HEALING*



MISS DANA'S WISDOM

A MYSTICAL STUDIES LIBRARY PRINTABLE

# Pink Moon Ritual Guide

The Full Moon in Libra, known as the Pink Moon, arrives during the blossoming energy of spring. Named for the delicate pink phlox flowers that blanket the earth at this time of year, this moon symbolizes renewal, balance, and the gentle return of beauty after winter's quiet.



Libra, ruled by Venus, is the sign of relationships, harmony, fairness, and peace. Under this moon, we are invited to restore balance within ourselves and our connections with others.

This ritual is designed to help you release emotional tension, invite harmony into your relationships, and reconnect with the beauty of your own heart.

*“Like the moon, I honor my phases of growth,  
rest, and renewal.”*

*Miss Dana's Wisdom*

# Altar Tools for the Pink Moon

Create a sacred space that reflects Libra's peaceful and Venusian energy.

Suggested items:

**Rose Quartz** - unconditional love and emotional healing

**Green Aventurine** - harmony and heart balance

**Clear Quartz** - amplifying intention

**Pink or White Candle** - love, peace, and clarity

**Fresh Flowers** - especially pink blossoms if available

**Small Bowl of Water** - emotional cleansing

**Feather or incense** - representing the air element of Libra

**Journal and Pen**

Optional additions:

- A small mirror to reflect self-love
- A symbol of partnership or unity



# Pink Moon Ritual

## 1. Cleanse the Space

Begin by clearing the energy of your space with incense, smoke, or sound.

As you do, say:

"I welcome harmony, peace, and clarity into this sacred space."

Light your candle and take three slow, grounding breaths.

## 2. Call in Balance

Place your hands over your heart and visualize a gentle pink light surrounding you.

Say quietly:

*"Under the light of the Pink Moon,  
I invite balance into my heart,  
peace into my relationships,  
and harmony into my life."*

## 3. Reflect and Write

Open your journal and explore the prompts below. Let your thoughts flow freely without judgment.

# Journal Prompts

- *Where in my life do I feel out of balance?*
  - *What relationship in my life needs healing or clarity?*
  - *Am I honoring my needs while respecting others?*
  - *What am I ready to forgive or release?*
  - *How can I create more peace and beauty in my daily life?*



A series of horizontal dotted lines for journaling. On the right side of the top section, there is a decorative illustration of a crescent moon with a floral wreath. On the left side of the bottom section, there is a similar decorative illustration of a crescent moon with a floral wreath.

# Affirm Your Harmony



I welcome  
balance  
into my  
heart and  
mind.



My  
relationships  
are rooted in  
respect and  
love.



I honor both  
my needs and  
the needs of  
others.



With  
moonlight  
and harmony



★ LIBRA

"I release  
what no longer  
supports  
harmony in my  
life."



Harmony blows  
through my life  
with ease.

balance is  
not  
perfection



I release  
conflict  
and choose  
peace.



# Closing the Ritual

Sit quietly for a few moments and imagine yourself standing in a field of soft pink blossoms beneath the full moon.

Feel the calm and gentle beauty of Libra surrounding you. When ready, thank the Moon and gently blow out your candle.

Pour the water outside or down the drain with gratitude.



# Final Reflection

The Pink Moon reminds us that balance is not perfection—it is a living rhythm that we return to again and again.

Just like the flowers of spring, harmony grows when we nurture it with patience, kindness, and love. May this moon bring peace to your heart and beauty to your path.

With moonlight and gratitude,  
Miss Dana

