

Sweet Pea

Lathyrus odoratus

The Flower of Gentle Goodbyes and Gracious Hearts

Botanical Wisdom

Sweet Pea is a delicate climbing flower beloved for its soft fragrance and butterfly-shaped petals. Blooming in shades of pink, lavender, white, and coral, this enchanting plant twines gracefully along trellises and garden fences, reminding us that growth often happens through patience and quiet persistence.

Native to the Mediterranean region, Sweet Pea has long been treasured not only for its beauty but also for the emotional symbolism carried within its fragrant blossoms.



MAGICAL CORRESPONDENCES

Element: Air
Planet: Venus
Chakra: Heart

Deities

- Aphrodite
- Flora
- Brigid

Sabbats

- Ostara
- Beltane

Magical Themes

- Kindness
- Gratitude
- Emotional healing

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Magical Properties

Sweet Pea carries soft, heart-centered magic. Its energy supports compassion, peaceful endings, and emotional renewal.

This flower is especially helpful when navigating moments of transition. It encourages us to release the past with grace and to welcome new beginnings with an open heart.

Sweet Pea reminds us that endings are not always sorrowful — sometimes they are simply the doorway to something new.



Ways to Work with Sweet Pea

Gratitude Magic

Place Sweet Pea blossoms on your altar while reflecting on the people and experiences that have brought joy to your life.

Gentle Release Ritual

Write something you are ready to release on a small piece of paper. Wrap it with a Sweet Pea petal and bury it in soil to symbolize peaceful transformation.

Creativity Charm

Keep a small vase of Sweet Peas near your writing desk or creative space to invite inspiration and emotional flow.

Friendship Blessing

Sit among daisies in nature and focus on the warmth of the sun. Allow their bright energy to lift your spirit and quiet the mind.

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Kitchen & Garden Notes

While Sweet Peas are beloved garden flowers, ornamental Sweet Peas are toxic and should not be consumed. Their magic is best honored through fragrance, beauty, and ritual use rather than culinary preparations.

They grow beautifully along trellises and fences, bringing both charm and magical symbolism to garden spaces.



A Sweet Pea Blessing

Soft flower climbing toward the sky,

Carry my hopes as seasons pass by.

With kindness blooming where sorrow once

grew,

May gentle magic guide me through.