



RITUAL OF THE THREE THREADS

Miss Dana's Wisdom

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RITUAL OF THE THREE THREADS

- Light the candle and hold the white thread.

“Clotho, spinner of beginnings, bless what is forming.”

- Hold the red thread.

“Lachesis, measurer of time, guide my choices wisely.”

- Hold the black thread.

“Atropos, keeper of endings, help me release what must be cut.”

- Tie the threads together, acknowledging that life is all three at once.
- Cut only what you are truly ready to let go.



RITUAL OF THE THREE THREADS

The Fates are powerful allies for:

- Shadow work
- Acceptance and release
- Life transitions
- Ancestral healing
- Understanding cycles

They are best honored during waning moons, eclipses, or moments of deep reflection.

YOU'LL NEED:

- Three threads (white, red, black)
- A candle
- Scissors
- A quiet space

