

# New Moon in Pisces Ritual Guide

Theme: Healing Waters, Intuition, and  
Sacred Release

The New Moon in Pisces invites us into a quiet and reflective space. Pisces, the final sign of the zodiac, represents completion, surrender, compassion, and spiritual connection. This moon encourages us to soften our hearts, release emotional burdens, and reconnect with our intuition.



***"Believe in the magic of  
the season."***

@missdanaswisdom

## What You'll Need

Choose what resonates with you. Simplicity is perfectly sacred.

- A white or sea-blue candle
- A bowl of water
- A piece of paper and pen
- One crystal (optional):
  - Amethyst, Aquamarine, Moonstone, Labradorite, or Celestite
- Optional incense: lavender or sandalwood
- A quiet space where you can relax without interruption

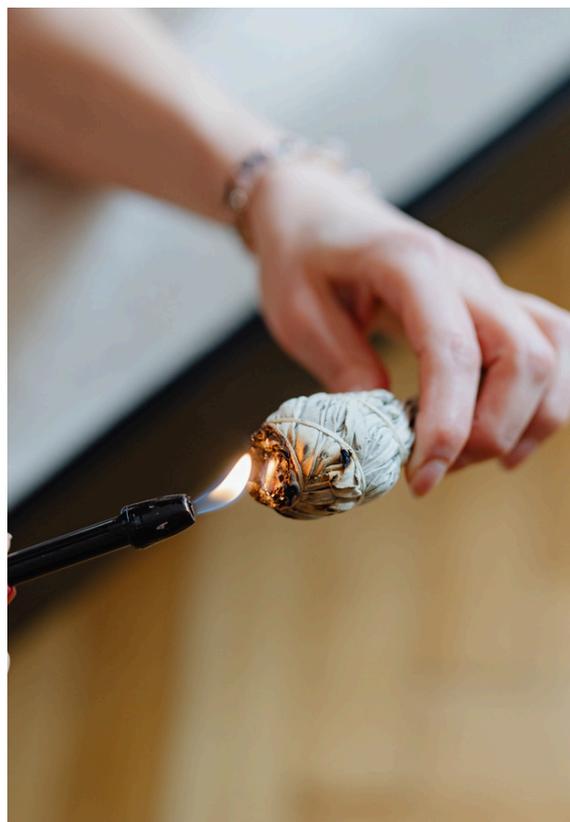


## Step 1: Prepare Your Space

Dim the lights and create a calm atmosphere. Light your candle and take several slow, grounding breaths.

Allow yourself to become present in the moment.

You may wish to say softly:  
"I welcome the healing waters of this Pisces moon.  
May clarity, compassion, and intuition guide me."



## Step 2: Reflect and Release

On your paper, write down something you are ready to release. This may be:

- A lingering emotional wound
- A fear or self-doubt
- A memory that still carries pain
- A belief that no longer supports you

Take your time and allow honesty to guide your writing.

When you are finished, hold the paper over the bowl of water and say:

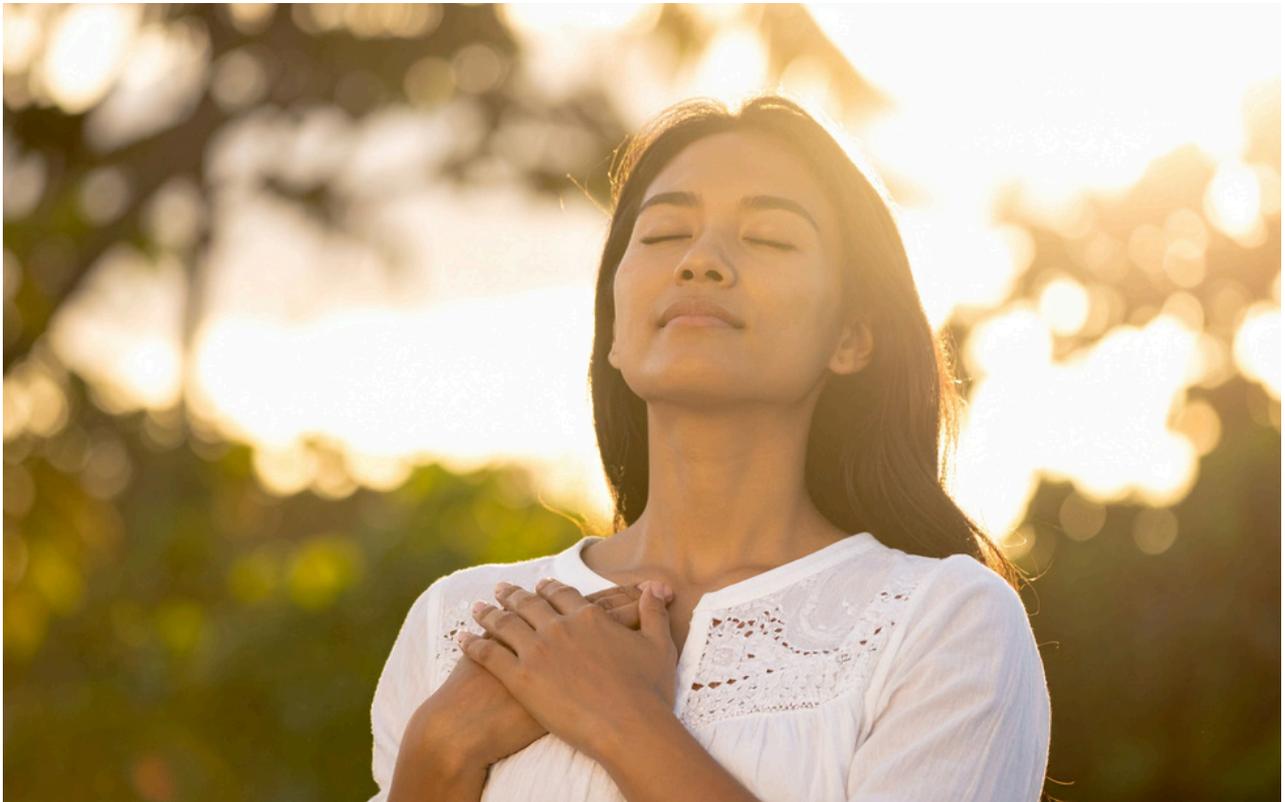
**"Like the tide returning to the ocean,  
I release what no longer belongs to me."**

Slowly tear the paper into small pieces and place them into the water.

Imagine the water dissolving the weight you have been carrying.



## STEP 3: CONNECT WITH INTUITION



Hold your chosen crystal in your hands and close your eyes for a few moments.

Allow your breathing to slow.

Ask yourself quietly:

- What message is my intuition trying to share with me?
- What dream or inner calling have I been ignoring?
- What does my soul truly need right now?

Trust whatever thoughts or feelings arise.

# PISCES MOON AFFIRMATIONS

*Repeat one or more of these affirmations aloud or silently:*

*I trust the  
wisdom of my  
intuition.*



*I release the  
past with  
compassion  
and grace.*



*Peace flows  
through me  
like gentle  
water.*



*My dreams  
and inner  
guidance are  
sacred.*



*I allow  
healing to  
unfold  
naturally.*



# CLOSING THE RITUAL



Place your hands over your heart and thank yourself for showing up with honesty and compassion.

Say softly:

*“I trust the flow of life and the wisdom within me.  
With this New Moon, I release the past and welcome gentle  
renewal.”*

Blow out the candle slowly.

You may pour the bowl of water outside, returning it to the earth with gratitude.

# FINAL REFLECTIONS

*The New Moon in Pisces is a sacred moment to slow down and listen. Not every new beginning begins with action – some begin with stillness, reflection, and trust in the unseen.*

*This moon reminds us that the soul speaks softly. It speaks through dreams, emotions, creativity, and intuition. When we quiet the world around us, we finally hear the guidance that has been waiting within. Allow this New Moon to cleanse the heart like gentle ocean waves, washing away what is heavy and leaving space for new inspiration to rise.*

*Soon, Aries season will ignite new beginnings – but for now, Pisces invites you to rest in the sacred waters of renewal.*

