



# CAPRICORN NEW MOON PRINTABLE GUIDE

You do not need to rush to prove anything. What matters is consistency, honesty, and devotion to your path.

This is the moon to choose what matters most—and begin, quietly and steadily, to build it.

# NEW MOON IN CAPRICORN

## RITUAL GUIDE

The New Moon in Capricorn teaches us that there is deep magic in patience. You do not need to rush to prove anything. What matters is consistency, honesty, and devotion to your path.

This is the moon to choose what matters most—and begin, quietly and steadily, to build it.

Brick by brick.

Day by day.

With wisdom guiding your hands.

# NEW MOON IN CAPRICORN

## RITUAL TOOLS FOR YOUR ALTAR

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This ritual focuses on planting realistic, sustainable intentions.

- A black, brown, or dark green candle
- Paper and pen
- One grounding crystal
- Optional: incense such as cedar, sandalwood, or patchouli

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### Crystals for Capricorn Energy

These stones support grounding, resilience, and focused manifestation:

- **Garnet** – Commitment, endurance, and steady passion
- **Black Tourmaline** – Protection and grounding
- **Smoky Quartz** – Releasing doubt and fear
- **Hematite** – Focus, discipline, and stability
- **Clear Quartz** – Clarity and intention amplification

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## RITUAL TOOLS FOR YOUR ALTAR

### Steps:

- Light your candle and take several deep breaths.
- Write down three intentions you want to build over time (not quick wins).
- Under each intention, write one practical action you can take this month.
- Hold your crystal and say aloud:  
“I commit to what is steady, honest, and true. I build my future with care.”
- Sit quietly for a few moments, visualizing your intentions taking shape slowly but surely.
- Close the ritual by thanking yourself for showing up with clarity and commitment.
- Keep your intentions somewhere visible and revisit them weekly.

# JOURNAL PROMPTS FOR THE CAPRICORN MOON

Take your time with these. Capricorn rewards honesty and clarity.

1. What goals feel truly aligned with who I am becoming?
2. Where in my life do I need stronger structure or boundaries?
3. What responsibilities am I ready to accept without resentment?
4. What habits will support my long-term success and well-being?
5. How can I define success on my own terms this year?

# TAROT GUIDANCE FOR THE CAPRICORN NEW MOON

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- **The Devil** – Releasing unhealthy attachments and self-limiting beliefs
- **The Emperor** – Structure, authority, and leadership
- **3 of Pentacles** – Long-term collaboration and skill-building
- **8 of Pentacles** – Dedication and mastery
- **The World** – Completion and lasting success

Ask your cards:

- What foundation am I building now?
- What discipline will serve me most?
- What must I release to step fully into responsibility?

# AFFIRMATIONS FOR THE NEW MOON IN CAPRICORN

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“I BUILD MY LIFE WITH INTENTION, PATIENCE, AND INTEGRITY.”

*Miss Dana's Wisdom*



“MY DISCIPLINE IS AN ACT OF SELF-RESPECT.”

*Miss Dana's Wisdom*



“I trust the slow and steady path.”

*Miss Dana's Wisdom*



“I am capable of creating lasting success.”

*Miss Dana's Wisdom*



“Each step I take is aligned with my long-term vision.”

*Miss Dana's Wisdom*

MISS DANA'S WISDOM

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# NEW MOON IN CAPRICORN

## RITUAL GUIDE

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The New Moon in Capricorn arrives on January 18, offering a quiet yet powerful moment to pause, reflect, and set intentions that are meant to last. This is not the energy of rushing or forcing change. Instead, Capricorn reminds us that true growth comes from commitment, clarity, and steady devotion to what matters most.

MISS DANA'S WISDOM

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