



FULL MOON IN ARIES RITUAL GUIDE

The Hunter's Moon



The Full Moon in Aries ignites our inner fire and awakens the sacred hunter within.

Aries, ruled by Mars, is bold, brave, and instinct-driven — a cosmic call to action.

The Hunter's Moon is the first full moon after the Harvest Moon and was traditionally used for nighttime tracking and preparation before winter. Spiritually, it's a time to hunt down your truth, release fear, and step into the next version of yourself.

This guide is your invitation to awaken your courage, realign with your sacred will, and honor your primal instincts under the light of this fiery full moon.



MISS DANA'S WISDOM

A MYSTICAL STUDIES LIBRARY PRINTABLE





FULL MOON IN ARIES RITUAL GUIDE

Ritual Tools for Your Altar

Crystals:

- **Carnelian** – Confidence, vitality, courage
- **Red Jasper** – Grounded action, personal power
- **Clear Quartz** – Amplifies intention and fire

Herbs:

- **Cinnamon** or **Ginger** – Add fiery energy to your ritual
- **Rosemary** – For mental clarity and cleansing

Other Tools:

- **Red** or **Orange** Candle – To represent the Aries flame
- **Paper & Pen** – For journaling and setting intentions
- **Bowl of Water** – To cool and balance the fire

Safe burning dish or cauldron – For fire release
Set your altar facing east to align with Aries' directional energy.

MISS DANA'S WISDOM
A MYSTICAL STUDIES LIBRARY PRINTABLE





FULL MOON IN ARIES RITUAL GUIDE

Full Moon in Aries Ritual Steps



1. Cleanse Your Space

Use rosemary smoke or incense to clear your energy and environment. Light your candle and call in Aries energy.

2. Activate the Fire Within

Place your hands on your solar plexus and breathe deeply. Imagine a flame growing stronger with each inhale.

3. Journal with Intention

Answer the prompts on the next page. Allow your inner warrior to speak.



MISS DANA'S WISDOM

A MYSTICAL STUDIES LIBRARY PRINTABLE





FULL MOON IN ARIES RITUAL GUIDE

Full Moon in Aries Ritual Steps



4. Fire Release Ceremony

Write down one fear, outdated belief, or limiting story you're ready to burn. Safely light the paper in your cauldron and say:

"With this flame, I release what dims my light. I rise anew."

5. Power Declaration

Now write a bold declaration of who you are becoming and what you will pursue next. Keep it on your altar as a sacred reminder.

6. Close with Gratitude

Give thanks to the fire element and to your ancestors and guides. Blow out the candle with intention.



MISS DANA'S WISDOM

A MYSTICAL STUDIES LIBRARY PRINTABLE





FULL MOON IN ARIES RITUAL GUIDE

Journal Prompts



- What am I ready to stop apologizing for?
- Where have I been holding back, and why?
- What part of my wild, instinctive self needs to be reclaimed?
- What bold action will move me forward, even if it scares me?



MISS DANA'S WISDOM

A MYSTICAL STUDIES LIBRARY PRINTABLE





FULL MOON IN ARIES RITUAL GUIDE

Affirmations for the Hunter's Moon



- I honor my instincts and trust my sacred fire.
- I am brave enough to become who I truly am.
- I let go of fear and reclaim my power.
- My voice, my will, and my desires are divine.
- I am the hunter of my own truth.



MISS DANA'S WISDOM

A MYSTICAL STUDIES LIBRARY PRINTABLE





FULL MOON IN ARIES RITUAL GUIDE

The Hunter's Moon



This Aries Full Moon is a celestial battle cry — not against others, but for the soul.

It reminds us that sacred rage and radical self-trust are not destructive — they are necessary tools of rebirth.

Light a fire.

Dance under the moon. Let your breath come from your belly. Feel the pulse of something ancient returning to you. The Hunt is not just for survival... it's for the truth of who you are becoming.



MISS DANA'S WISDOM

A MYSTICAL STUDIES LIBRARY PRINTABLE

