

Patient * Reliable * Practical Bold * Stubborn



GROUND INTO YOUR WORTH CULTIVATE ABUNDANCE BLOOM WITH INTENTION

Welcome to the grounding and fertile energy of the New Moon in Taurus. This lunation is your opportunity to slow down, align with your values, and plant intentions that will blossom over time. Taurus invites us to nurture our connection with the Earth, our bodies, and the comforts that bring peace and security. Use this guide to anchor your dreams into reality.

THEMES OF THE TAURUS NEW MOON:

- Grounding & stability
- Self-worth & abundance
- Sensuality & body wisdom
- Financial security & long-term vision
- Creating beauty and harmony in your space

JOURNAL PROMPTS:

- 1. What helps me feel safe, supported, and rooted in the present moment?
- 2. Where in my life do I crave more stability or structure?
- 3. What is my relationship with money and self-worth? How can I shift it into alignment with abundance?
- 4. How do I tend to my body, my home, and my senses with love and intention?
- 5. What seeds am I ready to plant that will grow slowly but powerfully over time?



TAURUS MOON AFFIRMATIONS

- I am worthy of abundance, love, and peace.
- I trust the process of growth and honor the pace of nature.
- I nourish my dreams with steady intention and grounded action.
- I create a life that is rooted in beauty, stability, and self-worth.
- I am safe, supported, and deeply connected to the Earth beneath me.

CRYSTAL GUIDANCE

- **Green Aventurine** For abundance, opportunity & heart-centered growth
- Rose Quartz To invite in love, self-worth & soft grounding
- Pyrite For financial confidence, power & protection
- Moss Agate To root you in nature, patience & steady evolution

JOURNAL PROMPTS:

• WHAT HELPS ME FEEL SAFE, SUPPORTED, AND ROOTED IN THE PRESENT MOMENT?

• WHERE IN MY LIFE DO I CRAVE MORE STABILITY OR STRUCTURE?

• WHAT IS MY RELATIONSHIP WITH MONEY AND SELF-WORTH?

HOW CAN I SHIFT IT INTO ALIGNMENT WITH ABUNDANCE?

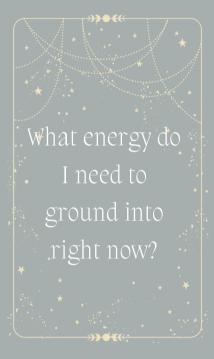
• HOW DO I TEND TO MY BODY, MY HOME, AND MY SENSES

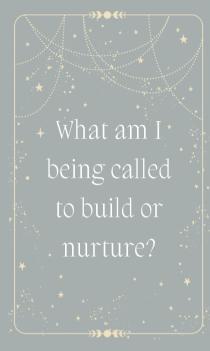
WITH LOVE AND INTENTION?

• WHAT SEEDS AM I READY TO PLANT THAT WILL GROW SLOWLY BUT POWERFULLY OVER TIME?

TAROT SPREAD: ** ROOTED INTENTIONS

Use your favorite tarot or oracle deck and pull one card for each question:











Let this Taurus New Moon remind you that small steps, taken with care and clarity, create the most lasting transformation.

Trust the soil. Trust your soul.