

The Leadership Fix 4-Week Sprint

Leadership shouldn't feel like firefighting every day. But right now, it does. If you're like most leaders I work with, you're quietly dealing with:

- A team that won't speak up—or won't stop clashing
- Trust that's slowly leaking out of your culture
- Leaders who avoid hard conversations
- Endless change, but no alignment
- The pressure to fix everything... without support

You're tired of generic leadership tips. You want clarity. And results.

Introducing: The Leadership Fix 4-Week Sprint

Our **leadership coaching programme** is designed to help you identify the real problem, break through blocks, and lead with more clarity, calm, and control.

Over 4 weeks, we'll work together to:

- ✓ Diagnose what's really holding you and your team back
- ✓ Shift key behaviours creating conflict or mistrust
- ✓ Improve communication, quickly
- ✓ Rebuild alignment and psychological safety
- ✓ Give you practical tools you'll *actually* use

The Leadership Fix 4-Week Sprint: Session Structure

This 4-week 1:1 coaching sprint is designed to give **clarity + tools + behavioural change** in under a month.

WEEK 1: Diagnose & Prioritise

Goal	Surface the real problem underneath the noise
Activities	Leadership audit: team dynamics, personal style, friction points What's costing you the most time, energy and credibility? Identify 1-2 key areas to fix first
Tools	"What's not being said?" worksheet Culture health radar
Outcome	✓ Clear diagnosis + goal for the sprint

WEEK 2: Disrupt & Realign

Goal	Shift behaviours and beliefs that are holding things back
Activities	Explore executive habits, ego triggers, and default reactions Unpack leadership models: reactive vs. responsive Identify 1 toxic pattern or cultural blocker
Tools	Pattern Breaker Framework Tough Conversation Script Template
Outcome	✓ A clear plan to shift how you show up & influence others

WEEK 3: Communicate with Clarity

Goal	Improve how you connect, align, and influence
Activities	Redesign how you deliver clarity to your team Handle conflict or disagreement with structure Build trust through transparency
Tools	Communication Cadence Map The 3R Messaging Framework (Repeat, Reflect, Reinforce)
Outcome	✓ Stronger presence + better communication rhythm

WEEK 4: Embed and Sustain

Goal	Make your progress sustainable
Activities	Build habits into team rituals, meetings, check-ins Define “non-negotiables” in your new leadership style Create a 30-day after-plan for momentum
Tools	30-Day Habit Loop Template Reflection Guide: “What I Now Know About My Leadership”
Outcome	✓ Momentum plan + confidence to lead without firefighting

What's Included

- 4 x 60-minute 1:1 coaching sessions (via Zoom)
- Custom Leadership Game Plan based on your challenges
- Private check-ins & support via email or voice call
- Access to **The Leadership Fix Playbook** with tool and checklists

Your Investment

£1,000 GBP or 2 x £525 instalments

Spots are limited each month to ensure deep, personalised support.

👉 [Apply Now](#) or [Book a Discovery Call](#)

Testimonials

"Within 2 weeks, I went from dreading team meetings to actually looking forward to them."

— Director, Financial Services

"I really appreciated this time with Suhel. It was concise and productive and I felt incredibly supported. With Suhel's help, I was able to narrow down issues that have been difficult and address how I might take steps to find solutions. Fantastic experience."

— Deputy Manager, Technical Services

Who This Is For

This is ideal for you if:

- You lead a team or division and feel stuck
- You're losing time to friction, miscommunication, or ego issues
- You're facing change and need your people aligned fast
- You want support from someone who gets real-world leadership, not just theory

Let's fix the leadership mess—and make your job 10x easier.

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