



# NALA SPA

## Menu

### WELCOME TO YOUR OASIS OF TRANQUILITY

Indulge in the ultimate relaxation and rejuvenation at Nala Spa, Ukulhas Island's premier wellness sanctuary. Our treatments, combining traditional Thai and Indonesian techniques, are meticulously curated to provide a blissful escape, soothing your body, mind, and soul.

## SIGNATURE TREATMENTS

### Cream Massage

Experience the gentle caress of our cream massage, designed to nourish your skin while melting away muscle tension. Perfect for unwinding after a day in the sun, this treatment leaves you feeling relaxed and refreshed.

**60 minutes - \$60 | 90 minutes - \$80**

### Aloe Vera Gel Massage

Soothe and hydrate your skin with the healing power of aloe vera. This refreshing massage is ideal for soothing sunburnt skin, revitalizing your body, and leaving you feeling renewed.

**60 minutes - \$65 | 90 minutes - \$85**

### Aromatherapy Massage

Indulge in the calming scents of our aromatherapy massage. Tailored to your needs, this massage uses essential oils to promote relaxation and well-being, creating a truly serene experience.

**60 minutes - \$60 | 90 minutes - \$80**

#### Open Hours:

Sunday - Saturday: 11 AM - 9 PM



Ukulhas, 09030, Alif Alif  
Atoll, Maldives



#### Phone:

+960 914-0088



#### Email:

info@nalavelimaldives.com



#### Website:

www.nalavelimaldives.com

## SIGNATURE TREATMENTS

### Coconut Massage

Immerse yourself in the tropical essence of coconut oil. Known for its deep moisturizing properties, this massage relaxes and rejuvenates, offering a perfect blend of relaxation and hydration.

**60 minutes - \$60 | 90 minutes - \$80**

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### Hot Oil Massage

Warm oil is gently applied to your body, easing muscle aches and promoting deep relaxation. This luxurious treatment hydrates your skin and melts away stress.

**60 minutes - \$60 | 90 minutes - \$80**

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### Hot Stone Massage

Melt away stress with our hot stone therapy. Smooth, heated stones are placed on key points of your body, combining the benefits of heat and massage to deeply relax your muscles and improve circulation.

**60 minutes - \$75 | 90 minutes - \$100**

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### Thai Herbal Ball Compress

Experience the ancient healing of Thai herbal compresses. Steamed herbal balls are pressed onto your body, relieving muscle stiffness and improving circulation, making it a perfect blend of relaxation and therapeutic benefits.

**60 minutes - \$75 | 90 minutes - \$100**

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## SIGNATURE SPA EXPERIENCE

Discover our signature treatments, each designed to offer a unique and transformative experience. From the soothing Aloe Vera Gel Massage to the luxurious Hot Oil Massage, our treatments are crafted to meet your individual needs and preferences.



## SIGNATURE TREATMENTS

### Oil Ball Herbal Compress

Combine the benefits of herbal compresses with the moisturizing effects of oil. This treatment is designed for deep relaxation and skin nourishment, offering a unique wellness experience.


**60 minutes - \$80 | 90 minutes - \$110**

### Couple Massage

Share a moment of bliss with your loved one. Our couple massage allows you to enjoy a relaxing experience side by side, creating unforgettable memories together.

**60 minutes - \$120 | 90 minutes - \$150**

*"The massage at Nala Spa was outstanding. The staff are very professional and friendly, and the treatments are designed to melt away stress. I had the Thai Herbal Ball Compress, and it was perfect for relieving my muscle tension. Highly recommend this spa!"*

Ninković 

*"Amazing spa experience at Nala Veli. The staff were very nice and attentive, ensuring that every detail of my massage was perfect. The Aromatherapy Massage was just what I needed to unwind and de-stress. A truly wonderful experience!"*

Tatiana 



## WHAT OUR GUESTS SAY

*Hear from our delighted guests about their experiences at Nala Spa. Their testimonials reflect our commitment to providing exceptional service and a serene escape.*



## TIMELESS MASSAGE TECHNIQUES

Experience the best of traditional massage therapies with our classic massage offerings. Each technique is tailored to enhance your well-being, relieve stress, and rejuvenate your body.

## CLASSIC MASSAGES

### Balinese Massage

A traditional Balinese technique that combines gentle stretches, acupressure, and aromatherapy to enhance circulation and bring a sense of well-being.

**\$55**

60 minutes

**\$75**

90 minutes

### YinYang Massage

Balance your body's energy with this unique massage that blends both soothing and stimulating techniques, leaving you harmonized and refreshed.

**\$65**

60 minutes

**\$85**

90 minutes

### Deep Tissue Massage

Target deep layers of muscle and connective tissue with our deep tissue massage, ideal for chronic aches and pain relief.

**\$70**

60 minutes

**\$95**

90 minutes

### Thai Massage

An energizing and rigorous massage that uses stretching and pressure points to improve flexibility and energy flow.

**\$65**

60 minutes

**\$85**

90 minutes

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## CLASSIC MASSAGES

### Back & Shoulder Massage

Focused on relieving tension in the back and shoulders, this massage is perfect for quick relaxation and stress relief.

**\$35**

30 minutes

**\$60**

60 minutes

### Tired Foot & Leg Massage

Revitalize tired feet and legs with a massage that improves circulation and alleviates fatigue.

**\$30**

30 minutes

**\$55**

60 minutes

### Prenatal Massage

Specially designed for expectant mothers, this gentle massage promotes relaxation and eases pregnancy-related discomforts.

**\$50**

60 minutes

## ESCAPE TO SERENITY

Visit Nala Spa at Nala Veli Maldives and let our expert therapists guide you on a journey of relaxation and rejuvenation. Book your treatment today and discover the essence of tranquility.

## GUEST FEEDBACKS

*"The spa at Nala Veli is fantastic. It's close to the beach, making it easy to enjoy a relaxing massage before or after some time by the sea. The rooms are comfortable, and the therapists are very nice and skilled. I loved the Coconut Massage and felt so pampered!"*

Unaez 

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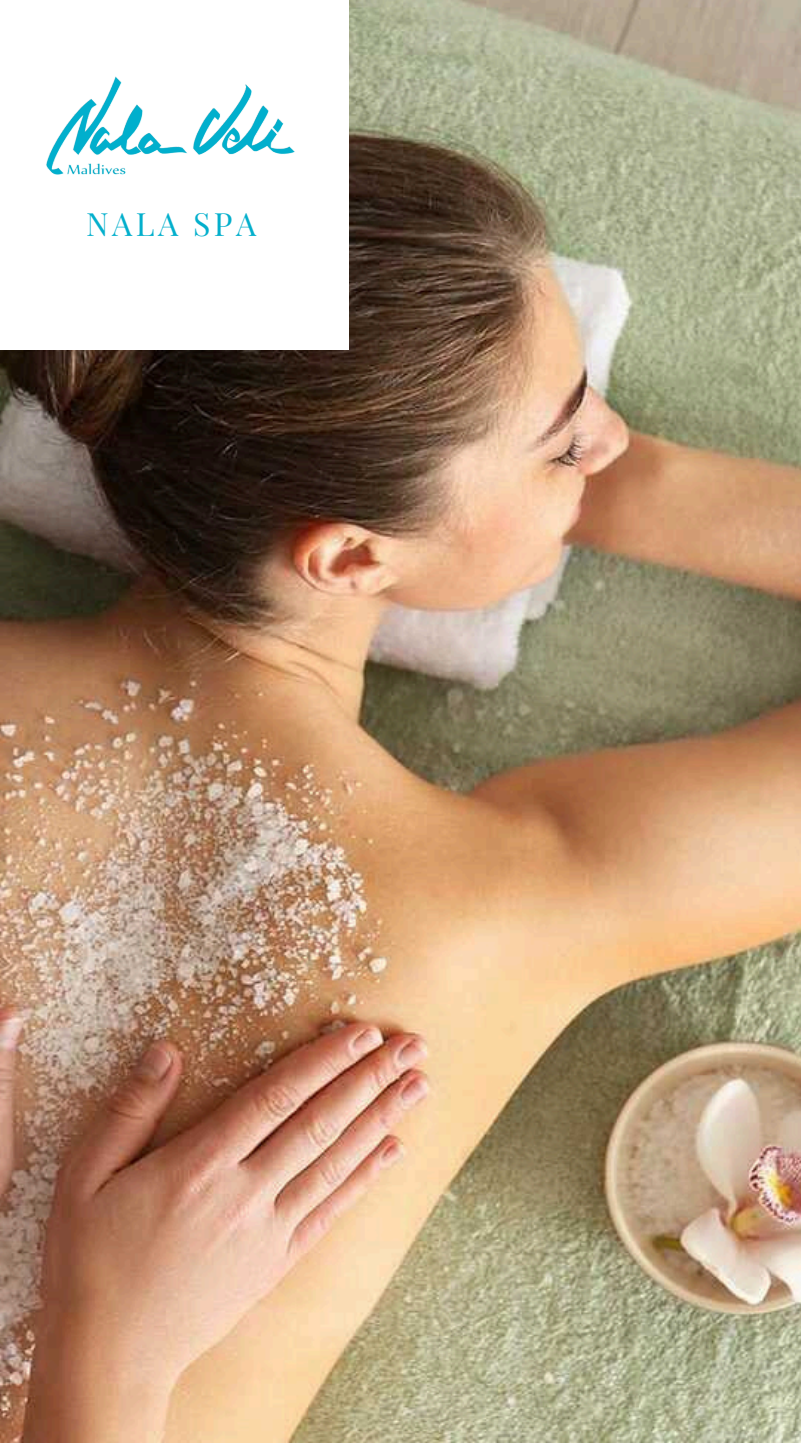
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NALA SPA



## FACE AND BODY TREATMENTS

### Face & Head Massage

Relieve stress and enhance circulation with a relaxing face and head massage, perfect for a quick rejuvenation.

**30 minutes - \$30**

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### Facial Treatment

Refresh your skin with our rejuvenating facial treatment. Using natural ingredients, this facial cleanses, exfoliates, and nourishes your skin, leaving it glowing and revitalized.

**45 minutes - \$50**

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### Body Scrubs

- Sugar & Cream: Exfoliate and nourish your skin with this luxurious scrub, perfect for achieving smooth, radiant skin.
- Salt & Tamarind: A revitalizing scrub that refreshes and renews your skin, leaving it soft and supple

**45 minutes - \$50**

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## REVITALIZING FACE AND BODY TREATMENTS

Refresh and renew with our comprehensive range of face and body treatments. Using natural ingredients, our treatments cleanse, exfoliate, and nourish your skin, leaving you glowing and revitalized.

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## EXCLUSIVE SPA PACKAGES

Indulge in our thoughtfully curated spa packages, designed to provide the ultimate relaxation experience. Combine various treatments for a holistic wellness journey that rejuvenates your body and soul.

*Please make a booking at our hotel reception.*

## SPA PACKAGES

### Blissful Renewal

#### Body Scrub + Relaxing Massage

Combine the exfoliating benefits of a body scrub with a full-body relaxing massage for ultimate indulgence.

**\$100**

90 minutes

### Pure Indulgence

#### Body Scrub + Facial Treatment

Treat yourself to a comprehensive spa experience with a body scrub followed by a refreshing facial treatment.

**\$100**

90 minutes

### Total Tranquility

#### Body Scrub + Relaxing Massage + Facial Treatment

Experience the full spa journey with this all-inclusive package, combining a body scrub, relaxing massage, and facial treatment.

**\$145**

120 minutes

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