



Beverly Vanterpool Set to Launch Empowering Career Guide, "Build Your Table," at BVI LitFest

THEY SAID THE KEY WAS TO GET A SEAT AT THE TABLE.
BUT WHAT IF THE TABLE WAS NEVER BUILT FOR YOU?

In *Build Your Table* Beverly shares her journey over the past twenty years from ambitious immigrant from the Caribbean to a people leader in large global corporations. Drawing from her journey as a Black woman, an introvert and an immigrant climbing the corporate ladder, Beverly shares what it really takes to succeed when you are navigating systems not built with you in mind. From building networks to making bold career moves, this book helps you thrive where you are—and decide when it is time to pivot and choose more.

With clarity, candour, and practical tools, she explores how to gain sponsors, build your network, speak up, show up, and move up in your career—without losing yourself in the process.

But this is not just a book about climbing the ladder. It is about knowing when the ladder ends—and when and how to build something of your own. If you are ambitious, underestimated, or ready for more, *Build Your Table* will show you how to lead on your terms.

Ready to build your own table?

Join our growing community for career insights, resources, and inspiration. Sign up for the Career Sistas mailing list, follow us on social media and find out more at: www.careersistas.com

BEVERLY VANTERPOOL

is a first-time author, leadership strategist, and founder of Career Sistas, a platform dedicated to empowering women—especially those who've ever felt like outsiders in traditional career spaces. With over two decades of experience in international corporate roles, Beverly brings a wealth of insight into career development, leadership, and inclusion. Originally from the British Virgin Islands and now based in the UK, she holds an MBA from Cambridge and has transitioned from accounting into broader leadership roles.

BUILD YOUR TABLE

BEVERLY VANTERPOOL

*Find Career Clarity, Make Bold Pivots, and Thrive
— Even When the System Isn't Built for You.*

• BUILD YOUR POWER •

BUILD YOUR TABLE



BEVERLY VANTERPOOL

This event is open to individuals regardless of age, gender, race, or religion.

Road Town, British Virgin Islands – November 5, 2025 — Accomplished business leader and diversity advocate Beverly Vanterpool will launch her inspiring new career guide, *Build Your Table: Find Career Clarity, Make Bold Pivots, and Thrive—Even When the System Isn't Built for You*, at the BVI LitFest, hosted by H. Lavity Stoutt Community College on Wednesday, November 5th.

Part memoir, part practical guide, *Build Your Table* shares Beverly's journey from a shy Caribbean teenager to a senior director at global corporations in London. Drawing on two decades working in the UK for companies including Accenture, Hewlett Packard,

American Express, and Visa, Beverly offers unfiltered insight into the challenges—and the possibilities—of building a thriving career as a woman, immigrant, and professional of colour navigating systems not initially designed to include them.

“This is the guidance I wish I had at the start of my career,” says Beverly. “My hope is that anyone who has felt like an outsider—especially introverts, women, people of colour and immigrants—will find real tools, inspiration, and practical strategies to create their own opportunities and thrive on their own terms.”

The book addresses:

- Overcoming obstacles as a woman of colour in corporate life
- Building professional networks, and the value of sponsors and role models
- Making bold career pivots and handling transitions
- Managing redundancy and personal reinvention
- Embracing leadership, resilience, and personal growth in the face of systemic barriers

Throughout, Beverly combines personal storytelling with practical exercises to help readers reflect, strategize, and take action—no matter where they are in their journey.

Book Launch Event:



- **Date & Time:** Wednesday, November 5th, 5pm
- **Venue:** H. Lavity Stoutt Community College, British Virgin Islands
- **Event:** Caribbean Launch of Build Your Table at BVI LitFest
- **Details:** The event features a discussion of the book's themes and Beverly's journey from the BVI to London, and opportunities for networking and Q&A.

About the Author:

Beverly Vanterpool is a Caribbean (BVI) native who has lived in the UK for the past 20 years, building her career with leading international companies. A former senior director at a large multinational company, she is also the founder of Career Sistas, a platform dedicated to empowering and supporting underrepresented professionals. Passionate about mentorship and inclusion, Beverly has helped create communities and support systems for women of colour across industries.

Media inquiries, interview requests, or further information: info@careersistas.com

Notes to the editor:

Build Your Table by Beverly Vanterpool is available now to purchase now on Amazon, Waterstones.com, Nook BVI and more. Available currently in both e-book and hardcover formats.

London Loves Business Article highlighting key messages in the book and the four pillars or legs of the table that the table metaphor in the book is built on. [The four pillars every career needs: Knowledge, community, opportunity, visibility - London Business News | Londonlovesbusiness.com](#)

A conversation with Beverly Vanterpool in the Table Read. [A Conversation With Beverly Vanterpool, Author Of Build Your Table - The Table Read Magazine](#)

Podcast episode: Build Your Table: Finding Your Voice – Beverly's Tips for Thriving in the Workplace now live on Stories by Career Sistas:

<https://storiesbycareersistas.podbean.com/e/build-your-table-finding-your-voice-beverlys-tips-for-thriving-in-the-workplace/>

www.beverlyvanterpool.com

www.careersistas.com

[Beverly Vanterpool | LinkedIn](#)

About the Publisher and Book

Career Sistas is the platform founded by Beverly Vanterpool that brings together her work as an author, community builder, and podcaster. Career Sistas publishes Build Your Table, produces the Stories by Career Sistas podcast, and hosts events that connect and empower women, particularly from diverse backgrounds, in their professional journeys.

Build Your Table speaks directly to:

- Professionals from underrepresented groups looking to pivot or rebuild after redundancy.
- Women of colour, particularly Black women navigating career systems not built with them in mind.
- Young professionals and graduates seeking advice and inspiration.
- Advocates of diversity, equity, and inclusion in the workplace.