

ADVANCE INFORMATION MEDIA SHEET

BUILD YOUR TABLE BEVERLY VANTERPOOL

Genres: **Non-Fiction, Careers, Professional Development, Self-Help** | Publication date: **(eBook & Hardcover) Sep 25 2025**
(Paperback) Jan 2026 | Availability: **International, PB, EB** | ISBN: **eBook 978-1-918074-00-0 Hardcover (Amazon): 978-1-918074-01-7 Hardcover (Other) ISBN: 978-1-918074-02-4** | Publisher: **Career Sistas Publishing** | Page count: **266** | Media folder & enquiries: **bit.ly/BuildYourTableBook | info@literallypr.com** | Career Sistas online: **careersistas.com | linkedin.com/company/career-sistas | careersistas.com** | Author online: **linkedin.com/in/beverlyvanterpool | www.beverlyvanterpool.com**



They said the key was to get a seat at the table. But what if the table was never built for you?

In **Build Your Table** (Book 1 in the **Build Your Power** series) Beverly Vanterpool shares her journey over the past 20 years from ambitious immigrant from the Caribbean to a people leader & change maker in large global corporations. Drawing from her journey as a Black woman, an introvert and an immigrant climbing the corporate ladder, Beverly shares what it takes to succeed when you are navigating systems not in your favour. From building networks to making bold career moves, this book helps you thrive where you are—and decide when it is time to pivot, and how to choose more.

With clarity, candour, and practical tools, she explores how to gain sponsors, build your network, speak up, show up, and move up in your career—without losing yourself in the process.

But this is not just a book about climbing the ladder. It is about knowing where the ladder ends—and when and how to build something of your own.

“Because the system wasn’t built for everyone — this book shows you how to succeed anyway.”



Beverly Vanterpool is a changemaker, author, and founder of Career Sistas — a platform created to empower women who’ve ever felt like outsiders in traditional career spaces. With over two decades of experience in senior roles across multinational corporations, Beverly combines lived experience with leadership. She has spearheaded women’s networks in male-dominated industries and championed diversity from the inside out.

Originally from the British Virgin Islands, Beverly has spent the last 20 years navigating—and succeeding within—the UK corporate landscape as a Black immigrant woman. Her story is one of resilience, reinvention, and rising through the ranks while staying true to her values. She holds an honours bachelor’s degree in economics, finance and management from Barry University (Miami, Florida), a UK accountancy qualification (ACCA), and an MBA from the University of Cambridge.

Through her podcast Stories by Career Sistas and her upcoming suite of services, Beverly continues to mentor and advocate for women building careers on their own terms.

MEDIA FOLDER & ENQUIRIES: [BIT.LY/BUILDYOURTABLEBOOK](https://bit.ly/BuildYourTableBook) | [INFO@LITERALLYPR.COM](mailto:info@literallypr.com)
AUTHOR ONLINE: [WWW.BEVERLYVANTERPOOL.COM](https://www.beverlyvanterpool.com)