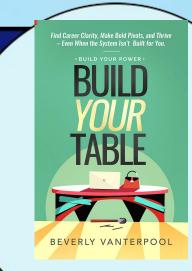
Please note we will be recording this event and using clips or videos for social media, etc. Hence if you don't want to risk being seen then feel free to remain off camera

# Welcome to Intentional Careers



The Online Launch Event for Career Sistas and Build Your Table Oct 2025



www.beverlyvanterpool.com

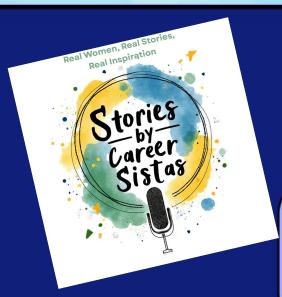
www.careersistas.com







While we wait to get started,
Where Are You Calling In From?
Put Your Answers In The Chat



# Today's Panel and Guests







Beverly Vanterpool
Author of Build Your
Table, Founder of Career
Sistas, Host of podcast,
Stories by Career Sistas

#### Host



Ronke Lawal
PR and Communications
Consultant and personal
Branding Coach

#### **Panellists**



Deepti Akkali
Senior Vice President at
Planet, a leading
payments solutions
company



**Dr. Veline L'Esperance**Family Medicine Physician and Clinician Scientist



## About Career Sistas



At Career Sistas we operate under our core values of:



**Role Models** 



**Empowerment** 



**Amplify** 





Go to Mentimeter.com or use the QR code and use the code 4103 6362



## Stories by Career Sistas The Podcast That Get's Real About Work, Passion & Purpose

**PODCAST** 

**Stories by Career Sistas** is the podcast that amplifies the voices of women making bold moves in their careers, whether as entrepreneurs, business leaders, or changemakers in fields like medicine, law, technology, finance, and beyond.

Audience: Professional women navigating career growth and transitions.

Listeners seek inspiration, practical advice, and community through authentic storytelling.

### **Guests Include:**

- Jo Wong: Founder of Black Female Founders • Nima Sharma: Professional in Public Service with a portfolio career
- Pearl Oguchi: Entrepreneur (Qube Catalyst), Quality Assurance Lead



**Development Specialist, Jo Wong** 

In **Build Your Table**, Beverly Vanterpool shares her journey from ambitious immigrant from the Caribbean to a people leader.

From building networks to making bold **career moves**, this book helps you thrive where you
are—and decide when it is
time to pivot, and how to choose more.

Drawing from her journey as a Black woman, an introvert and an immigrant Beverly shares what it takes to succeed when you are navigating systems not in your favour.

"Because the system was not built for everyone — this book shows you how to succeed any way."

## **BOOK**

#### THEY SAID THE KEY WAS TO GET A SEAT AT THE TABLE. BUT WHAT IF THE TABLE WAS NEVER BUILT FOR YOU?

In *Build Your Table* Beverly shares her journey over the past twenty years from ambitious immigrant from the Caribbean to a people leader in large global corporations. Drawing from her journey as a Black woman, an introvert and an immigrant climbing the corporate ladder, Beverly shares what it really takes to succeed when you are navigating systems not built with you in mind. From building networks to making bold career moves, this book helps you thrive where you are—and decide when it is time to pivot and choose more.

With clarity, candour, and practical tools, she explores how to gain sponsors ouild your network, speak up, show up, and move up in your career—withou osing yourself in the process.

But this is not just a book about climbing the ladder. It is about knowing when the ladder ends—and when and how to build something of your own. If you are ambitious, underestimated, or ready for more, *Build Your Table* will show you how to lead on your terms.

Ready to build your own table?

Join our growing community for career insights, resources, and inspiration. Signl up for the Career Sistas mailing list, follow us on social media and find out more at: www.careersistas.com



Find Career Clarity, Make Bold Pivots, and Thrive
– Even When the System Isn't Built for You.

• BUILD YOUR POWER •

# BUILD YOUR TABLE



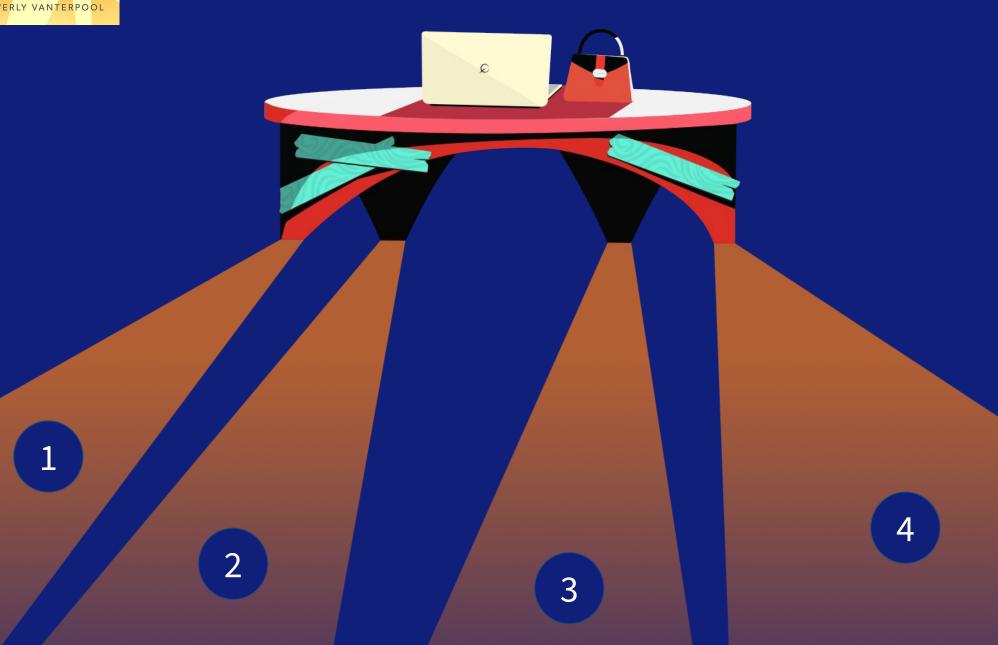


## FRAMEWORK BEHIND THE BOOK



**Knowledge & Experience** 

Community (including your network)



**Opportunity** (including mentorship and sponsorship)

Visibility (including seeing your identity as a strength and managing your personal brand)

Go to Mentimeter.com or use the QR code and use the code 4103 6362



## What's Next For Career Sistas?

- → LONDON: Black Business Show Saturday, October 18th

  We're thrilled to be part of the Black Business Show on October 18, 2025, at the London Excel and we want YOU to join us! Come find us at Stand F30 for an unforgettable experience
- → SOUTH WEST ENGLAND: Meet us in the South West (Salisbury) Sunday October 26th

  Join us on Sunday, October 26th at 12 noon at Salisbury Methodist Church for a discussion with Beverly Vanterpool, author of Build Your Table and founder of Career Sistas.
- → CARIBBEAN (BVI): Meet Beverly in the BVI! November 5th

  Join us for the official Build Your Table Caribbean launch event with Beverly in the British Virgin Islands on Wednesday November 5th. We will be at the community college (HLSCC) that evening at 5pm. Save the date!

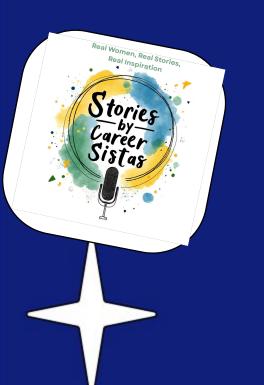


#### #BuildYourTable #BuildYourPower #CareerSistas

# How to get involved



- Follow the podcast
- □ Follow us on social media (like and comment)



#### **Active Participant**

- □ Buy Build Your Table
- Share with a friend
- Attend one of our upcoming events if we are near you
- Join our mailing list

#### **Career Sistas Promotor**

- Sign up to be a Career Sistas Early Access Champion and help by testing our online platform before it launches
- □ Share a picture on social media with you and the book! Tag us!
- □ Share a review on Amazon or goodreads (book), Do a review on Apple (podcast)



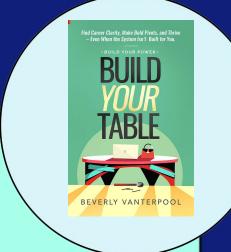
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**THANK** YOU FOR JOINING US **TODAY**