

SIXTY WAYS IN 60 DAYS SERIES

PROGRESS TRACKER for WEEK # _____

REFLECTIONS...

MON ☆☆☆☆☆

Affirmation: _____

Best Moment: _____

To Improve: _____

TUE ☆☆☆☆☆

Affirmation: _____

Best Moment: _____

To Improve: _____

WED ☆☆☆☆☆

Affirmation: _____

Best Moment: _____

To Improve: _____

THU ☆☆☆☆☆

Affirmation: _____

Best Moment: _____

To Improve: _____

FRI ☆☆☆☆☆

Affirmation: _____

Best Moment: _____

To Improve: _____

SAT ☆☆☆☆☆

Baby Step: _____

Proudest Moment: _____

Goal reminder: _____

SUN ☆☆☆☆☆

Baby Step: _____

Weekly Plan: _____

Prep Step: _____