



## Best Practices Collection- Germany

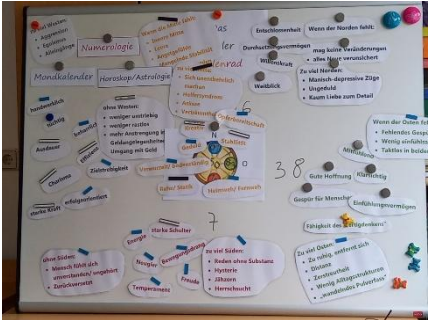



### 1.

<b>Title of the Practice</b>	<b>ASEEP (Active participation, sustainable networking, expanding skills, empowering parents, promoting resilience)</b>
<b>Organisation Name and Country</b>	Hildburghäuser Bildungszentrum e.V. Hildburghausen, Thüringen, Deutschland,
<b>Contact Person and Email</b>	<a href="http://www.hbz-hildburghausen.de">www.hbz-hildburghausen.de</a> <a href="mailto:info@hbz-hildburghausen.de">info@hbz-hildburghausen.de</a> Project contact: Julia Weigand, Simone Brehm
<b>Context and Target Group</b>	<ul style="list-style-type: none"> <li>✚ Persons with parental responsibility for children up to the age of 18 who have been unemployed for more than 12 months (receiving citizen's income)</li> <li>✚ Refugees and Migrants</li> <li>✚ People without income who have multiple personal and social problems</li> </ul>
<b>Objective of the Practice</b>	<ul style="list-style-type: none"> <li>✚ Improving personal and professional participation</li> <li>✚ Promotion of personal development</li> <li>✚ Improving employability and professional skills through practical training and work experience</li> <li>✚ Stabilisierung und Motivation der Teilnehmenden durch die Vermittlung von sozialen und persönlichen Alltagskompetenzen</li> <li>✚ Creating the conditions for a healthy lifestyle</li> <li>✚ Development of individual strategies to combat poverty in individual communities in need</li> <li>✚ Strengthening and consolidating parenting and family skills and establishing systematic contacts with family-related support services</li> <li>✚ Support in shaping family life with the involvement of children</li> <li>✚ Collaboration with child-related networks</li> <li>✚ Establishment/use of existing networks and support structures</li> <li>✚ Development of integrative everyday aids for families in need of support</li> <li>✚ Providing tailored support services and developing individual solution strategies for a wide range of problems</li> </ul>
<b>Duration and setting</b>	<ul style="list-style-type: none"> <li>✚ Assignment is made by the Jobcenter or Youth Welfare Office</li> <li>✚ Maximum duration 2 years</li> </ul>
<b>Methodology Used</b>	<ul style="list-style-type: none"> <li>✚ Case management (for the control and coordination of support services)</li> <li>✚ Ongoing, individual support and integration planning</li> <li>✚ Social group work in the form of various discussion groups</li> </ul>



	<ul style="list-style-type: none"> <li>✚ Needs-based individual case assistance</li> <li>✚ Motivational Interviewing</li> <li>✚ Client-centered communication</li> <li>✚ Outreach work as needed</li> <li>✚ Networking and social support</li> <li>✚ Crisis intervention</li> </ul>
<b>Steps of Implementation</b>	<ul style="list-style-type: none"> <li>✚ Preparation phase</li> <li>✚ Warm handover from specialist authority to provider</li> <li>✚ Anamnesis phase (intake interviews, instructions, participant contract, start of support planning, definition of areas of action)</li> <li>✚ Creation of database entry</li> <li>✚ Implementation phase</li> <li>✚ Individual one-on-one meetings with continuation of individual support plan</li> <li>✚ Application coaching</li> <li>✚ Group life according to a specified monthly plan</li> <li>✚ Discussion rounds with network partners in the region</li> <li>✚ Individual internship</li> <li>✚ Parent-child group</li> <li>✚ Holiday activities</li> <li>✚ Follow-up phase</li> <li>✚ Participant departure (participant certificate, warm handover back to the specialist authority)</li> <li>✚ Removal from the database</li> </ul>
<b>Resources Needed</b>	<ul style="list-style-type: none"> <li>✚ Materials for conducting group activities, vacations, and parent-child groups depending on current</li> <li>✚ Use of the expertise of our network partners for planned and conducted discussion rounds, such as</li> <li>✚ specialist lectures by the Sparkasse advisory service on specialist topics by a lawyer, such as “Financially fit through life,” “Powers of attorney and dispositions,”</li> <li>✚ family and parenting advice center on topics such as “Feelings,” “Children with behavioral problems,”</li> </ul>
<b>Outcomes and Impact</b>	<p>In general, every step, no matter how small, in the further development of our participants represents a success. It is important that this success can also be measured. In terms of content, this particularly involves: improving or restoring employability, acquiring key skills relevant to work, coping with everyday or financial challenges, and changing perspectives and living conditions. Upon leaving the project, participants are assessed according to defined criteria. The focus is on two central areas:</p> <ul style="list-style-type: none"> <li>• Professional and technical support needs</li> <li>• Personal and social support needs</li> </ul>



<p><b>Lessons Learned / Recommendations</b></p>	<p>The <b>ASEEP</b> project has been very well received by participants. The majority of participants have demonstrated significant personal and professional development.</p> <p>In many cases, the need for support—both in professional and personal/social areas—was noticeably reduced.</p> <p>This progress is primarily due to the close cooperation between the social education worker and the instructor. A key element in this is the joint organization of group life.</p> <p>Regular participation in group sessions, one-on-one meetings, and other activities helped establish a stable daily routine. In addition, everyday work routines—such as arriving on time, taking breaks, and working on a project in a focused and organized manner—were tested in a realistic setting.</p> <p>The overarching goal of preparing participants for employment was also actively supported by targeted job application training.</p>
<p><b>Photos or Testimonials:</b></p>	   

## 2.

<p><b>Title of the Practice</b></p>	<p><b>New Kupferhof short-term care facility for children and adolescents with severe care needs in Hamburg</b></p>
<p><b>Organisation Name and Country</b></p>	<p><a href="https://www.aktion-mensch.de/">https://www.aktion-mensch.de/</a> Association „Hände für Kinder“</p>



<b>Contact Person and Email</b>	<a href="mailto:info@haendefuerkinder.de">info@haendefuerkinder.de</a> Contact person: Philip Julius
<b>Context and Target Group</b>	<ul style="list-style-type: none"> <li>Families with severely disabled children who urgently need a break from the often very stressful daily routine of caregiving. Kupferhof offers targeted short-term care and relief for the whole family.</li> <li>Children and young people up to around 27 years of age with severe disabilities and their families (parents and siblings); specific services also available for single parents.</li> </ul>
<b>Objective of the Practice</b>	Professional care and support for severely disabled children, while their families take a relaxing break, recharge their batteries, and gather new energy for everyday life.
<b>Duration and setting</b>	Stays of up to four weeks are possible. The facility is idyllically located in the countryside north of Hamburg and offers barrier-free single rooms, family rooms, a conservatory, common rooms, and a spacious park-like garden.
<b>Methodology Used</b>	A combination of non-profit financing (e.g., integration assistance, short-term and respite care, donations) and professional, comprehensive care provided by qualified specialists in a therapeutically supportive environment. Additional support structures are available for certain target groups (e.g., single parents).
<b>Steps of Implementation</b>	<ul style="list-style-type: none"> <li>Purchase of the building and conversion/renovation into a barrier-free house (from around 2012)</li> <li>Establishment of short-term care places and opening in spring/May 2013</li> <li>Continuous financing through public funds, donations (e.g., Aktion Mensch, Kroschke Kinderstiftung, etc.) and promotion of special offers such as stays for single parents</li> </ul>
<b>Resources Needed</b>	<ul style="list-style-type: none"> <li>The renovated house with barrier-free single and family rooms, conservatory, and common areas</li> <li>Specialists for nursing, care, and educational support</li> <li>Financing via integration assistance, respite care, donations (e.g., €110,000 from Aktion Mensch for renovation; funding from the Kroschke Children's Foundation for special time off, etc.)</li> </ul>
<b>Outcomes and Impact</b>	Since opening, the facility has been successfully used as a unique short-term care center in Germany for severely disabled children. It allows families (including single parents) to take a break from their daily care routine and strengthens the entire family. A wide range of funding shows broad support and recognition of the project's impact.
<b>Lessons Learned / Recommendations</b>	Such models work when commitment, expertise, and funding (public and private) come together.



	<ul style="list-style-type: none"> <li>Targeted support for particularly vulnerable groups is also important—e.g., single parents, who are very often stretched to their limits.</li> <li>Visibility and networking (with doctors, early intervention centers, etc.) are crucial to raising awareness of such services.</li> </ul>
<b>Photos or Testimonials:</b>	

### 3.

<b>Title of the Practice</b>	<b>„Lernen Fördern“ (Promoting Learning) – school social work &amp; student club at the support center Suhl</b>
<b>Organisation Name and Country</b>	Dombergschule Suhl - State regional support center Suhl, Deutschland (Thuringia) Supported by the association “LERNEN FÖRDERN” (Promoting Learning) Regional Association Suhl e. V.
<b>Contact Person and Email</b>	Contact person: Gabriele Zapke E-Mail: <a href="mailto:lernen-foerdern@gmx.de">lernen-foerdern@gmx.de</a>
<b>Context and Target Group</b>	<ul style="list-style-type: none"> <li>Students with special educational needs at the Suhl special school; integration of school support with extracurricular activities to promote social skills and life skills.</li> <li>Children and young people at the Domberg School—especially those from challenging life situations—and their families.</li> </ul>
<b>Objective of the Practice</b>	<ul style="list-style-type: none"> <li>Strengthening social, emotional, and everyday practical skills through supplementary school social work and recreational educational activities.</li> <li>Support with school-related (e.g., homework), social, or family problems.</li> <li>Promoting career orientation and everyday structure through low-threshold services.</li> </ul>
<b>Duration and setting</b>	Continuously throughout the school year, with fixed activities taking place both in classrooms and in the student club—as well as in affiliated club facilities (sports clubs, etc.).
<b>Methodology Used</b>	<ul style="list-style-type: none"> <li>Open, low-threshold youth work combined with school social work and recreational education.</li> <li>Individual support, group activities, and creative projects (e.g., crafts, homework help, sports activities).</li> <li>Cooperation with external partners to supplement school structures.</li> </ul>



<b>Steps of Implementation</b>	<ul style="list-style-type: none"> <li>✚ Founding of the association “Lernen fördern” (Promoting Learning) as a sponsor of school social work (since 1994, active youth work since 2010).</li> <li>✚ Establishment of the student club with a wide range of activities: homework help, games, creative workshops, sports, excursions, job application support.</li> <li>✚ Cooperation with schools and external partners (e.g., social work, career choice preparation through Bildungscenter Südthüringen e. V.).</li> <li>✚ Regular operation with structured opening hours, project offerings, and low-threshold contact.</li> </ul>
<b>Resources Needed</b>	<ul style="list-style-type: none"> <li>✚ Premises: Student club in the support center, sports clubhouse, etc.</li> <li>✚ Support staff: Club team, school social workers, volunteers, integration assistants if necessary.</li> <li>✚ Equipment for leisure activities, materials, budget for excursions and support projects.</li> </ul>
<b>Outcomes and Impact</b>	<ul style="list-style-type: none"> <li>✚ Students receive individual and group-oriented support outside of class.</li> <li>✚ Building stability, motivation, and social skills.</li> <li>✚ Relieving teaching staff and families through external support in problem cases.</li> <li>✚ Promoting career guidance and everyday coping skills through practical offerings.</li> </ul>
<b>Lessons Learned / Recommendations</b>	<ul style="list-style-type: none"> <li>✚ Long-term availability of open offers promotes trust and willingness to participate.</li> <li>✚ Good coordination between schools and clubs strengthens the offer and its impact.</li> <li>✚ Flexibility and low thresholds also reach young people who tend to distance themselves from regular school life.</li> <li>✚ Diverse collaborations (e.g., career preparation, school social work, leisure activities) create complementary spaces for development.</li> </ul>
<b>Photos or Testimonials:</b>	