### **7 Smart Online Safety Steps for Parents**

**🛡️ 1. Secure Devices First**   💡 Set strong passcodes or biometric locks on all devices your kids use  
   🔧 Enable automatic updates to protect against vulnerabilities

**🛡️ 2. Know What They Use**   💡 Learn which platforms your child is active on, such as TikTok, Instagram, Discord, Snapchat, and Roblox.  
   🔧 Understand how each app works and review its privacy settings

**🛡️ 3. Create Family Rules**   💡 Set limits for screen time and approved apps  
   🔧 Discuss what’s okay to share online — names, photos, school info, etc.

**🛡️ 4. Use Parental Controls**   💡 Turn on device-level controls for phones, tablets, and gaming consoles  
   🔧 Use app-specific settings to filter content and monitor use

**🛡️ 5. Talk About Online Safety Often**   💡 Keep open, judgment-free communication with your child  
   🔧 Use real-life examples of scams or online risks to start conversations

**🛡️ 6. Watch for Warning Signs**   💡 Look for mood changes, secrecy, or deleted messages  
   🔧 Trust your instincts, you don’t have to be tech-savvy to know when something’s wrong

**🛡️ 7. Stay Updated, Stay Empowered**   💡 The internet evolves quickly — stay informed  
   🔧 Sign up for weekly safety tips at [CybersecurityCoachOnline.com](https://cybersecuritycoachonline.com)

**You’re not alone. You’ve got this, and we’ve got your back.**