

# Parent Quick Start Guide

## Supporting Your Child's Growth and Independence

### Step 1: Celebrate Small Wins 🎉

Recognize and celebrate every step your child takes toward growth. Small achievements lead to big milestones!

### Step 2: Establish a Consistent Routine 🕒

Children thrive on predictable schedules. Create a daily routine for therapy activities, learning, play, and relaxation.

### Step 3: Create a Supportive Environment 🏠

Make your home a safe, encouraging space for learning and skill development. Positive reinforcement goes a long way!

### Step 4: Stay Patient and Positive ❤️

Progress may take time. Focus on encouragement, patience, and celebrating effort, not just outcomes.

### Step 5: Partner with Your Child's Therapy Team 🤝

Stay connected with your child's therapist. Share observations, ask questions, and follow recommended strategies at home.

### You Are Not Alone!

Every step you take makes a difference. Your love, commitment, and advocacy help unlock your child's full potential. ✨

**Harmony Therapy & Learning Centre Ltd**

*"Empowering Every Child to Reach Their Full Potential"*