

HERCULES **FITNESS**



L I V E Y O U N G

Scan the code
to download
a copy of this
catalogue.



herculesfitness.co.in

INDEX

PAGE NO.

TII 75 - THROWBACK PHOTO STORY	04
ABOUT MURUGAPPA GROUP	08
TREADMILLS	10
STRENGTH	44
ELLIPTICAL TRAINER	72
BIKES	84
MULTI GYM	106
BENCHES	112



TII 75 – THROWBACK PHOTO STORY



Raja of Travancore at the TI Cycles Factory. Mr. AMM Murugappa Chettiar and Mr. T Vishwanath, Works Manager explaining the product



Inauguration of Sir Ivan Stedford Hospital in 1966 named after the Chairman of Tube Investments, UK who brought TI to India

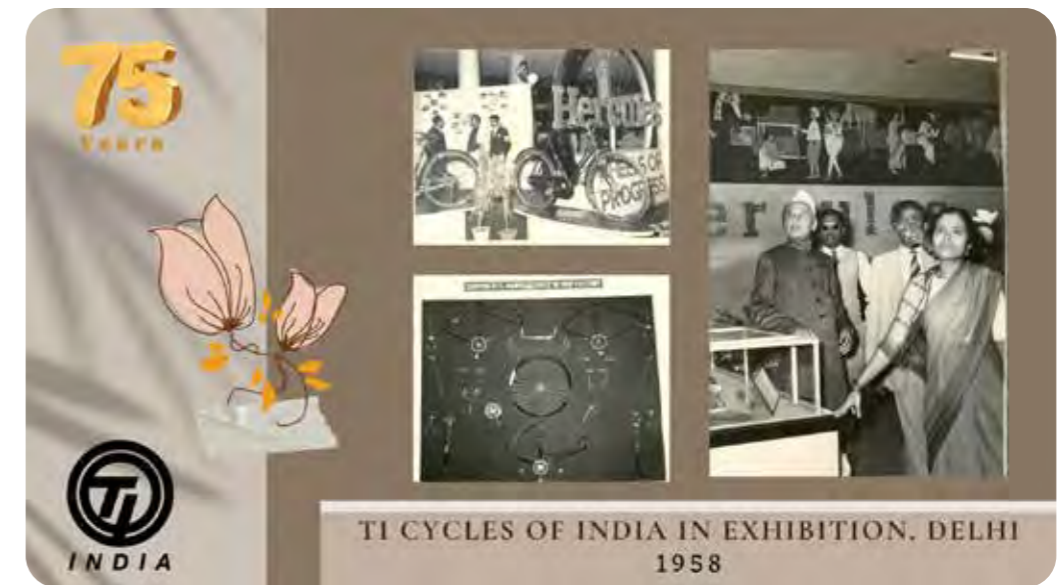


Mr. AMM Murugappa Chettiar, Mr. MS Rao & Mr. Turner posing with Nigerian VIPs during their visit to TI Cycles Factory

TII 75 – THROWBACK PHOTO STORY



His Excellency Rtd. Hon'ble Mr. Malem Medonald, High Commissioner United Kingdom visited the TI Cycles Plant



TI CYCLES OF INDIA IN EXHIBITION, DELHI 1958



Dr. Sarvepalli Radhakrishnan, Former President of India and the then Vice President of India visited TI Cycles Stall in the exhibition at Delhi, 1958

TII 75 – THROWBACK PHOTO STORY



Nikita Khrushchev, the then Premier & First Secretary of the Communist Party of USSR visited TICl Stall in the Indian Engineering Trade Fair at Delhi, 1958



Mr. AMM Arunachalam Chettiar at the Twin City TI Cycle Dealers Meet



MR. M V ARUNACHALAM WELCOMING MR. V V GIRI, THE THEN PRESIDENT OF INDIA TO TI MILLER

TII 75 – THROWBACK PHOTO STORY



His Highness Shri. Jayachamaraja Wadiyar - Maharaja of Mysore inaugurating Tube Products of India, 1955



Mr. AMM Murugappa Chettiar addressing the gathering at the inauguration of TI Cycles of India 'B' Factory, 1954 in the presence of His Highness Shri. Jayachamaraja Wadiyar - Maharaja of Mysore



TI CYCLES OF INDIA DEALERS VISIT AMBATTUR PLANT, 1958



Founded in 1900, the INR 547 Billion (INR 54,722 Crores) Murugappa Group is one of India's leading business conglomerate.

The Group has 29 businesses including ten listed Companies traded in NSE & BSE. Headquartered in Chennai, the major Companies of the Group include Carborundum Universal Ltd., CG Power and Industrial Solutions Ltd.,

Cholamandalam Financial Holdings Ltd., Cholamandalam Investment and Finance Company Ltd., Cholamandalam MS General Insurance Company Ltd., Coromandel International Ltd., Coromandel Engineering Company Ltd., E.I.D. Parry (India) Ltd., Parry Agro Industries Ltd., Shanthi Gears Ltd., Tube Investments of India Ltd., T.I Clean Mobility and Wendt (India) Ltd.

Renowned brands like BSA, Hercules, Montra, Mach City, Ballmaster, Ajax, Rhodius, Parry's, Chola, Gromor, Shanthi Gears and Paramfos are from the Murugappa stable. The Group fosters an environment of professionalism and has a workforce of over 59,000 employees.

For more details, [visit www.murugappa.com](http://www.murugappa.com)



The Man with the Rose!! Pandit Jawaharlal Nehru, Prime Minister of India visits the TI Cycles stall at the Trade Fair in Delhi

Standards

ISO 9001:2015, ISO 14001:2015 & BS OHSAS 18001:2007

Scope of certification

SELLING & MARKETING FITNESS EQUIPMENT



OUR VISION

BUILD A GLOBALLY ADMIRABLE INDIAN ENGINEERING COMPANY CREATING STAKEHOLDER DELIGHT

India's leading engineering company engaged in manufacturing of precision steel tubes and strips, automotive, industrial chains, car door frame and bicycle's.

TII is one of India's leading manufacturers of a wide range of precision engineered and metal formed products for major industries such as Automotive, Railway, Construction, Mining, Agriculture, etc. The Company is also a leading manufacturer of bicycles in India, with a range of iconic brands and a strong market presence. The acquisition of CG Power and Industrial Solutions Limited, a major manufacturer of Motors, Transformers, Switch Gears and Railway parts, marked a major step-up for the Company, amplifying its scale and scope of operations. During the year the Company forayed into the Electric Vehicle segment with its new subsidiary TI Clean Mobility Private Limited and the acquisition of Celestial E- Mobility Private Limited, a manufacturer of Electric Tractors.

In line with its strategy of growth acceleration and transforming into a globally admired Engineering Company, TII is enlarging its ambit of operations with adjacencies and acquisitions, expanding its global footprint with innovative product streams and exploring new frontiers in emerging technologies.

For more details: <https://tiindia.com/>

HERCULES FITNESS

A segment launched under the brand umbrella of Hercules to promote fitness. Hercules brand is synonym for masculine and ruggedness. Hercules fitness portrays wide range of home and semi-commercial fitness equipments and having served over 3 lac customers till now. Hercules fitness is now expanding it's offerings with commercial fitness equipment's also.

For more information <https://herculesfitness.co.in/>



TREADMILLS



HERCULES **FITNESS**

Treadmills provide a straightforward and efficient aerobic workout. For many, treadmills are a good choice to begin a new exercise routine because most individuals can take up walking regardless of fitness level and back condition. As strength and endurance develops, the treadmill can be used for jogging and/or for interval training.

*Product Disclaimer: Motor power mentioned is peak power.

ADLER TA700



KEY FEATURES

- MP3 Interface & Build-in Speaker
- USB / SD Card Reader
- Automatic Lubrication System
- Suspension Cushion System
- Anti-slip Side Rail
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

Machine Floor Size 88" x 40" x 63"
 Taiwanness Rhymebus Inverter
 4.5 HP / 9.0 HP AC Motor
 25 Km/hr. Max. Speed
 15 level power incline
 65" x 24" Extra Wide Running Area
 Maximum User Weight: 190 Kgs.
 Machine weight - 270 kgs
 Un-Foldable Structure
 Heart Rate Measurement

TMA 80



KEY FEATURES

- Large LED Display
- Heart Rate Measurement
- MP3/USB Player
- Body Fat Analyser
- Powerful Noiseless Motor
- Energy Saving Technology
- Anti-slip Side Rail
- UN Foldable Structure
- Transportation Wheel
- Emergency stop Button
- Air Purifier Fan system

TECHNICAL FEATURES

20% Automatic Motorized Incline
 25 Km/hr. Max. Speed
 Pre-set Workout Programs
 Hand Held Heart Rate Sensor
 Maximum User Weight: 250 Kgs.
 Machine Weight: 285 Kgs
 65" x 24" Extra wide running area
 Anti-Static Running Belt
Motor Power: 9.0 H.P A.C

ADLER TA350



KEY FEATURES

- MP3 Interface & Build-in Speaker
- USB / SD Card Reader
- Suspension Cushion System
- Anti-slip Side Rail
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

Machine Floor Size 83" x 36" x 56"
 4.0 HP / 8.0 HP AC Motor
 22 Km/hr. Max. Speed
 15 level power incline
 61" x 22" Extra Wide Running Area
 Maximum User Weight: 180 Kgs.
 Machine weight - 160 kgs
 Un-Foldable Structure
 Heart Rate Measurement

ADLER TA300



KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Body fat
- Bluetooth interface & build-in speaker
- Suspension Cushion System
- Anti-slip Side Rail
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

Machine Floor Size 82" x 39" x 63"
 3.5 HP / 7.0 HP AC Motor
 25 Km/hr. Max. Speed
 20 level power incline
 63" x 24" Extra Wide Running Area
 Maximum User Weight: 180 Kgs.
 Machine weight - 196 kgs
 Un-Foldable Structure
 Heart Rate Measurement

TMA 70



KEY FEATURES

- Large LED Display
- Heart Rate Measurement
- MP3/USB Player
- Body Fat Analyser
- Powerful Noiseless Motor
- Energy Saving Technology
- Anti-slip Side Rail
- UN Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

25% Automatic Motorized Incline
 25 Km/hr. Max. Speed
 Pre-set Workout Programs
 Handheld Heart Rate Sensor
 Machine Floor Size 2220*1015*1600mm
 Maximum User Weight: 250 Kgs.
 63" x 24" Extra wide running area
Motor Power: 8.0 H.P A.C

TMA71



TECHNICAL FEATURES

20 Km/hr. Max. Speed
 20% level auto Incline
 Product Size :2200 x 1020 x 1700 mm
 65" x 24" Extra wide running area
 Maximum User Weight: 200 Kgs
 Machine weight 280 kgs
 Mp3Player
 Un Foldable Structure
 Rubber Cushion – Accept the Shock
 & less impact on joints
 High-end hardware configuration

TMN11



KEY FEATURES

- Multi Window display: Time, Speed, Distance, Calorie and Pulse
- Extra Wide Running Area
- Anti Slip Side Rail
- Foldable Structure
- Transportation Wheel
- Flywheel Drive

TECHNICAL FEATURES

4 Functions: Treadmill, Twister, Push-up Bar and Stepper
 3 level manual Incline
 Machine Floor Size 1820*650*1480mm
 47" x 14" wide Running Area
 Maximum User Weight: 120 Kgs
 Machine weight 56 kgs
 Foldable Structure
 Heart Rate Measurement

ADLER TA270



KEY FEATURES

- MP3 Interface & Build-in Speaker
- USB / SD Card Reader
- Automatic Lubrication System
- Suspension Cushion System
- Anti-slip Side Rail
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

Machine Floor Size 81" x 35" x 63"
 3.5 HP / 7.0 HP AC Motor
 22 Km/hr. Max. Speed
 15 level power incline
 61" x 22" Extra Wide Running Area
 Maximum User Weight: 170 Kgs.
 Machine weight - 166 kgs
 Heart Rate Measurement

TMA 65



TECHNICAL FEATURES

- 20 Km/hr. Max. Speed
- 15% level auto Incline
- Product Size : 2280x940x1592 mm
- 64" x 21" Extra wide running area
- Maximum User Weight: 200 Kgs
- Machine weight 225 kgs
- Un Foldable Structure
- Rubber Cushion – Accept the shock & less impact on joints
- High-end hardware configuration

ADLER TA150



KEY FEATURES

- Display function - Plus Time, Speed, Distance, Calorie
- Elastomer Cushion
- Anti-slip Side Rail
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

- Machine Floor Size 78" x 37" x 60"
- 3.0 HP / 6.0 HP AC Motor
- 20 Km/hr. Max. Speed
- 20 level Incline
- 60" x 22" Extra Wide Running Area
- Maximum User Weight: 150 Kgs.
- Machine weight : 132kgs
- MP3&USB
- Un- Foldable Structure
- Heart Rate Measurement

TMC70



TECHNICAL FEATURES

- Speed Range : 0 - 20 Km
- Magnetic Resistance Adjustment
- Product Size : 2000x900x1530 mm
- 59" x 18" Extra wide running area
- Maximum User Weight : 180 Kgs
- Machine weight 170 kgs
- Un Foldable Structure
- Drive mode : Gravity
- High-end hardware configuration
- Aluminium Alloy Crawler Belt

ADLER TA100



KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Incline
- Elastomer Cushion
- Anti-slip Side Rail
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

- Machine Floor Size 78" x 35" x 57"
- 3.0 HP / 6.0 HP AC Motor
- 22 Km/hr. Max. Speed
- 15 level power incline
- 60" x 22" Extra Wide Running Area
- Maximum User Weight: 150 Kgs.
- Machine weight - 112kgs
- MP3 player
- Un-Foldable Structure
- Heart Rate Measurement

TMA 60



KEY FEATURES

- Large LCD Display
- Pre-set Workout Programs
- Multiple Cushioning - Low impact
- Anti-slip Side Rail
- High-end Hardware configuration
- Transportation Wheel
- Hand Held Heart Rate Sensor

TECHNICAL FEATURES

20.0 Km/hr. Max. Speed
 15 Automatic Motorized Incline
 Machine Floor Size: 2140*825*1475mm
 Running area 580*1600 mm
 Maximum User Weight: 150 Kgs
 Machine weight 120 kgs
 Deck Thickness 25mm
 Tube Thickness 2.0mm
 MP3 and USB Player
 UN Foldable Structure
 Heart Rate Measurement
**Motor Power: 3 H.P Cont./6 H.P PEAK
 A.C motor**

TMA 50



KEY FEATURES

- Large LCD Display
- Heart Rate Measurement
- MP3/USB Player
- Oil Pressure shock reducing springs
- Auto Lubrication System
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

15% Automatic Motorized Incline
 20 Km/hr. Max. Speed
 Pre-set Workout Programs
 Handheld Heart Rate Sensor
 Machine Floor Size 2040*930*1480mm
 Maximum User Weight: 150 Kgs.
 60" x 23" Extra wide running area
Motor Power: 5.0 H.P A.C

TMA 51



KEY FEATURES

- Large LCD Display
- Heart Rate Measurement
- MP3/USB Player
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel

TECHNICAL FEATURES

20% Automatic Motorized Incline
 22 Km/hr. Max. Speed
 Pre-set Workout Programs
 Hand Held Heart Rate Sensor
 Machine floor size - 79" x 36" x 59"
 Maximum User Weight: 160 Kgs.
 60" x 22" Extra wide running area
Motor Power: 6.0 H.P A.C

TMA 41



KEY FEATURES

- Large LED Display
- Heart Rate Measurement
- MP3/USB Player
- Body Fat Analyser
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

4.0 HP AC Motor
 20% Automatic Motorized Incline
 18 Km/hr. Max. Speed
 Pre-set Workout Programs
 Machine Floor Size 2120*870*1420mm
 Handheld Heart Rate Sensor
 Maximum User Weight: 150 Kgs.
 60" x 20" Extra wide running area
Motor Power: 4.0 H.P A.C

TMA45



KEY FEATURES

- Large LCD Display
- Pre-set Workout Programs
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Hand Held Heart Rate Sensor
- Transportation Wheel

TECHNICAL FEATURES

20.0 Km/hr. Max. Speed
 15% Motorized Auto Incline
 Machine Floor Size 1840*760*1380mm
 Running area 510 * 1500 mm
 Maximum User Weight: 140Kgs
 Machine weight 95 kgs
 Deck Thickness 18mm
 TubeThickness 2.0mm
 MP3/ USB Player
 Foldable Structure
 Heart Rate Measurement
**Motor Power: 2.5 H.P Cont./5 H.P PEAK
 A.C motor**

TMA 22



KEY FEATURES

- Large LCD Display
- Heart Rate Measurement
- MP3/USB Player
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

15% Automatic Motorized Incline
 18 Km/hr. Max. Speed
 Pre-set Workout Programs
 Handheld Heart Rate Sensor
 Machine Floor Size - 1870*830*1430mm
 Maximum User Weight: 140 Kgs.
 60" x 20" Extra wide running area
Motor Power: 3.0 H.P A.C

TM90



KEY FEATURES

- Large LCD Display
- MP3/USB Player
- Body Fat Analyser
- Double Flex Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- High-end Hardware configuration
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

20% Automatic Motorized Incline
 22 Km/hr. Max. Speed
 Pre-set Workout Programs
 Handheld Heart Rate Sensor
 Maximum User Weight: 150 Kgs.
 60" x 21" Extra wide running area
**Motor Power: 3 H.P Cont./6H.P
 PEAK D.C motor**

TMA 21



KEY FEATURES

- Large LED Display
- Heart Rate Measurement
- MP3/USB Player
- Body Fat Analyser
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel
- Free Angle Adjustment of Display
- V Belt Drive

TECHNICAL FEATURES

3.0 HP AC Motor
 15% Automatic Motorized Incline
 16 Km/hr. Max. Speed
 Pre-set Workout Programs
 Machine Floor Size - 1781*840*1320mm
 Handheld Heart Rate Sensor
 Maximum User Weight: 130 Kgs.
 54" x 19" Extra wide running area
Motor Power: 3.0 H.P A.C

TMA25



KEY FEATURES

- Large LCD Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

TECHNICAL FEATURES

18.0 Km/hr. Max. Speed
 15% Motorized Auto Incline
 Machine Floor Size 1850*820*1520mm
 Running area 480 * 1400mm
 Maximum User Weight: 130 Kgs
 Machine weight 80.5kgs
 Deck Thickness 18mm
 TubeThickness 2.0mm
 MP3/USB Player
 Foldable Structure
 Heart Rate Measurement
Motor Power: 2.0 H.P Cont./4.0 H.P PEAK A.C motor

TMA201



KEY FEATURES

- Large LCD Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

TECHNICAL FEATURES

16 Km/hr. Max. Speed
 15 Level Auto Incline
 Machine Floor Size 1670*720*1320mm
 Running area 450*1260mm
 Maximum User Weight: 120 Kgs
 Machine weight 65 kgs
 Deck Thickness 15mm
 TubeThickness 1.5mm
 Mp3Player & USB
 Foldable Structure
 Heart Rate Measurement
Motor Power: 1.5 H.P Cont./3.0 H.P PEAK A.C motor

T5100



KEY FEATURES

- Large LCD Display
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor

TECHNICAL FEATURES

20.0 Km/hr. Max. Speed
 15% Motorized Auto Incline
 Machine Floor Size 1840*760*1380mm
 Running area 510 * 1500 mm
 Maximum User Weight: 140Kgs
 Machine weight 89 kgs
 Deck Thickness 18 mm
 TubeThickness 2.0mm
 MP3 / USB Player
 Foldable Structure
 Heart Rate Measurement
Motor Power: 3 H.P Cont./6.0 H.P PEAK A.C motor

ADLER TXI40



KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Body fat
- Elastomer Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

Machine Floor Size 62" x 29" x 50"
 1.75 HP / 3.5 HP DC Motor
 16 Km/hr. Max. Speed
 15 level auto incline
 52" x 18" Extra Wide Running Area
 Maximum User Weight: 120 Kgs.
 Machine weight - 59kgs
 Bluetooth Speaker
 Foldable Structure
 Heart Rate Measurement

TMA15



KEY FEATURES

- Large LCD Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

TECHNICAL FEATURES

16.0 Km/hr. Max. Speed
 15 Level Auto Incline
 Machine Floor Size 1690*745*1329mm
 Running area 450 * 1300 mm
 Maximum User Weight: 120 Kgs
 Machine weight 71 kgs
 Deck Thickness 18 mm
 Tube Thickness 2.0mm
 MP3/USB Player
 Foldable Structure
 Heart Rate Measurement
Motor Power: 1.5H.P Cont./3.0 H.P PEAK A.C motor

TM53



KEY FEATURES

- Large LED Display
- MP3/USB Player
- Bluetooth Compatible Music Player
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel
- High-end Hardware configuration
- V Belt Drive

TECHNICAL FEATURES

15% Automatic Motorized Incline
 16 Km/hr. Max. Speed
 Pre-set Workout Programs
 Handheld Heart Rate Sensor
 Machine Floor Size - 1780*805*1345mm
 Maximum User Weight: 125 Kgs.
 52" x 19" Extra wide Running Area
 Auto Lubrication system
Motor Power: 4.0 H.P D.C

T4100



KEY FEATURES

- Large LCD Display
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Pre-set Workout Programs
- Transportation Wheel
- Hand Held Heart Rate Sensor

TECHNICAL FEATURES

18.0 Km/hr. Max. Speed
 15% Motorized Auto Incline
 Machine Floor Size 1850* 820*1520mm
 Running area 480 * 1400 mm
 Maximum User Weight: 130 Kgs
 Machine weight 75 kgs
 Deck Thickness 18mm
 Tube Thickness 2.0mm
 MP3 / USB Player
 Foldable Structure
 Heart Rate Measurement
Motor Power: 2 H.P Cont./4 H.P PEAK D.C motor

TM39



KEY FEATURES

- Large LCD Display
- MP3 Player & USB
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- High-end Hardware configuration
- Transportation Wheel
- Free Angle Adjustment of Display
- V Belt Drive

TECHNICAL FEATURES

12% Automatic Motorized Incline
 14 Km/hr. Max. Speed
 Pre-set Workout Programs
 Handheld Heart Rate Sensor
 Machine Floor Size - 1780*760*1380mm
 Maximum User Weight: 120 Kgs.
 50" x 18" Extra Wide Running Area
Motor Power: 3.0 H.P D.C

TM42M



KEY FEATURES

- Large LCD Display
- Massager with Dumbbells
- Elastomer Cushion
- Operation Keys in Handlebar for convenience
- Anti-slip Side Rail
- Pre-set Workout Programs
- High-end Hardware configuration
- Transportation Wheel
- Hand Held Heart Rate Sensor

TECHNICAL FEATURES

16 Km/hr. Max. Speed
 3 Level Manual Incline
 Machine Floor Size 1740*700*1320mm
 Running area 450*1260mm
 Maximum User Weight: 120 Kgs
 Machine weight 61 kgs
 Deck Thickness 15mm
 Tube Thickness 1.5mm
 Mp3 Player & USB
 Soft Drop Foldable Structure
 Heart Rate Measurement
Motor Power: 1.75H.P Cont./3.5 H.P PEAK D.C motor

TM43



KEY FEATURES

- Large LCD Display
- MP3 Player & USB
- Elastomer Cushion
- Operation Keys in Handlebar for convenience
- Energy Saving Technology
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- High-end Hardware configuration
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

15% Automatic Motorized Incline
 16 Km/hr. Max. Speed
 Handheld Heart Rate Sensor
 Machine Floor Size - 1740*700*1320mm
 Pre-set Workout Programs
 Maximum User Weight: 120 Kgs.
 50" x 18" Extra Wide Running Area
Motor Power: 3.5 H.P D.C

TMA 20



KEY FEATURES

- Large LCD Display
- Heart Rate Measurement
- MP3/USB Player
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

3 Level Manual Incline
 16.0 Km/hr. Max. Speed
 Pre-set Workout Programs
 Handheld Heart Rate Sensor
 Machine Floor Size - 1670*720*1320mm
 Maximum User Weight: 120 Kgs.
 50" x 18" Extra wide running area
Motor Power: 3.0 H.P A.C

ADLER TXM22



KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Body fat
- Elastomer Cushion
- Anti-slip Side Rail
- Easy to Store
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

Machine Floor Size 60" x 31" x 45"
 1.5 HP / 3.0 HP DC Motor
 12 Km/hr. Max. Speed
 3 level Manual incline
 47" x 18" Extra Wide Running Area
 Maximum User Weight: 120 Kgs.
 Machine weight - 48 kgs
 Bluetooth Speaker
 Foldable Structure
 Heart Rate Measurement

T3600



KEY FEATURES

- Large LCD Display
- Hand Held Heart Rate Sensor
- Pre-set Workout Programs
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

TECHNICAL FEATURES

16.0 Km/hr. Max. Speed
 15 level auto Incline
 Machine Floor Size 1690*745*1320mm
 Running area 450 * 1300 mm
 Maximum User Weight: 120 Kgs
 Machine weight 68 kgs
 Deck Thickness 18mm
 Tube Thickness 1.85mm
 MP3/USB Player
 Foldable Structure
 Heart Rate Measurement
Motor Power: 1.75H.P Cont./3.5 H.P PEAK D C motor

ADLER T2650



KEY FEATURES

- Display function- Time, speed, distance, calorie, pulse, body fat
- Display function - Time, Speed, Distance, Calorie, Pulse, Body fat
- Elastomer Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

Machine Floor Size 62" x 31" x 52"
 2.0 HP / 4.0 HP BLDC Motor
 18 Km/hr. Max. Speed
 15 level power incline
 52" x 19" Extra Wide Running Area
 Maximum User Weight: 125 Kgs.
 Machine weight - 57 kgs
 Bluetooth Speaker
 Foldable Structure
 Heart Rate Measurement

ADLER TX120



KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Body fat
- Elastomer Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

Machine Floor Size 58" x 26" x 46"
 1.25 HP / 2.5 HP DC Motor
 14 Km/hr. Max. Speed
 12 level power incline
 47" x 17" Extra Wide Running Area
 Maximum User Weight: 110 Kgs.
 Machine weight - 47 kgs
 Bluetooth Speaker
 Foldable Structure
 Heart Rate Measurement

T2600



KEY FEATURES

- Large LED Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Multiple Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

TECHNICAL FEATURES

18.0 Km/hr. Max. Speed
 15 level auto Incline
 Machine Floor Size 1655*780*1450mm
 Running area 480 * 1250 mm
 Maximum User Weight: 125 Kgs
 Machine weight 59 kgs
 Deck Thickness 18mm
 Tube Thickness 2.0mm
 Bluetooth music Player
 Foldable structure
 Heart Rate Measurement
Motor Power: 2H.P Cont./4 H.P PEAK BLDC motor

TMA 10



KEY FEATURES

- Large LED Display
- Heart Rate Measurement
- MP3/USB Player
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

3 Level Manual Incline
 14.8 Km/hr. Max. Speed
 Pre-set Workout Programs
 Handheld Heart Rate Sensor
 Maximum User Weight: 110 Kgs.
 48" x 17" Extra wide running area
Motor Power: 2.0 H.P A.C

TMA11



KEY FEATURES

- LCD Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

TECHNICAL FEATURES

14.0 Km/hr. Max. Speed
 3 level manual Incline
 Machine Floor Size 1620*710*1330mm
 Running area 420 * 1200 mm
 Maximum User Weight: 100 Kgs
 Machine weight 50 kgs
 Deck Thickness 15mm
 TubeThickness 2.0mm
 MP3 / USB Player
 Foldable Structure
 Heart Rate Measurement
Motor Power: 1H.P Cont./2 H.P PEAK A.C motor

T3100



KEY FEATURES

- Large LCD Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

TECHNICAL FEATURES

16.0 Km/hr. Max. Speed
 3 level manual Incline
 Machine Floor Size 1690*745*1320mm
 Running area 450 * 1300 mm
 Maximum User Weight: 120 Kgs
 Machine weight 56 kgs
 Deck Thickness 18mm
 TubeThickness 2.0mm
 MP3/USB Player
 Foldable Structure
 Heart Rate Measurement
Motor Power: 1.75H.P Cont./3.5 H.P PEAK D C motor

TM42



KEY FEATURES

- Large LCD Display
- MP3 Player & USB
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- High-end Hardware configuration
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

3 Level Manual Incline
 16 Km/hr. Max. Speed
 Handheld Heart Rate Sensor
 Pre-set Workout Programs
 Machine Floor Size - 1740*700*1320mm
 Maximum User Weight: 120 Kgs.
 50" x 18" Extra Wide Running Area
Motor Power: 3.5 H.P D.C

TM25



KEY FEATURES

- Large LCD Display
- MP3 Player & USB
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

15% Automatic Motorized Incline
 14.8 Km/hr. Max. Speed
 Pre-set Workout Programs
 Handheld Heart Rate Sensor
 Machine Floor Size - 1560*700*1210 mm
 Maximum User Weight: 110 Kgs.
 48" x 17" Extra Wide Running Area
Motor Power: 2.75 H.P D.C

TM34



KEY FEATURES

- Large LCD Display
- MP3 Player
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

3 Level Manual Incline
 14 Km/hr. Max. Speed
 Handheld Heart Rate Sensor
 Maximum User Weight: 115 Kgs.
 49" x 18" Extra Wide Running Area
Motor Power: 3.0 H.P D.C

ADLER T2400



KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse
- Elastomer Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

Machine Floor Size 58" x 29" x 50"
 16 Km/hr. Max. Speed
 3 level Manual incline
 52" x 18" Extra Wide Running Area
 1.75 HP / 3.5 HP BLDC Motor
 Maximum User Weight: 120 Kgs.
 Machine weight - 50 kgs
 Bluetooth speaker
 Foldable Structure
 Heart Rate Measurement

ADLER T2250



KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Body fat
- Rubber Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

Machine Floor Size 64" x 29" x 53"
 1.5 HP / 3.0 HP BLDC Motor
 16 Km/hr. Max. Speed
 15 level auto incline
 48" x 18" Extra Wide Running Area
 Maximum User Weight: 110 Kgs.
 •Machine weight - 50 kgs
 MP3 player
 Foldable Structure
 Heart Rate Measurement

T1600



KEY FEATURES

- LCD Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

TECHNICAL FEATURES

14.0 Km/hr. Max. Speed
 15 level auto Incline
 Machine Floor Size 1620*710*1330mm
 Running area 420 * 1200 mm
 Maximum User Weight: 100 Kgs
 Machine weight 50 kgs
 Deck Thickness 15mm
 TubeThickness 2.0mm
 MP3/USB Player
 Foldable Structure
 Heart Rate Measurement
Motor Power: 1.25H.P Cont./2.5 H.P PEAK D.C motor

TM23E



KEY FEATURES

- Large LCD Display
- USB & MP3 Player
- Heart Rate Measurement
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

12% Automatic Motorized Incline
 12 Km/hr. Max. Speed
 12 Pre-set Workout Programs
 Handheld Heart Rate Sensor
 Machine Floor Size - 1530*685*1160mm
 Maximum User Weight: 100 Kgs.
 47" x 16" Extra Wide Running Area
Motor Power: 2.5 H.P D.C

TM29I



KEY FEATURES

- LCD Display - Time, Distance, Speed, Calorie & Pulse
- Preset - Workout programs with clear Chart
- Emergency Stop - Safety Key function
- Handle Button - Speed & Incline
- Energy Saving Technology - PWM Control board
- Anti-Static Running Belt
- Targets Upper and Lower Body
- Music System: MP3 Player
- Elastomer Cushion - For shock Absorption
- Anti-slip Side Rail
- High Strength steel frame & Ultra stable structure
- V Belt Drive for smooth function
- Transportation Wheel

TECHNICAL FEATURES

Motor Power: 1.5 H.P Cont./2.75 H.P PEAK D.C motor
 Speed Range: 1 - 12 Km/h
 Auto Incline: 0 - 12%
 Comfortable Running Area: 48" x 17"
 HDF Running Deck: 14 mm Thickness
 Hand Held Heart Rate Sensor
 Maximum User Weight - 110 Kgs
 Machine weight - 52 Kgs
 Machine floor size - 65" x 29" x 54"
 Soft-Drop Foldable Structure

TM24



KEY FEATURES

- Large LCD Display
- Heart Rate Measurement
- MP3 Player & USB
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

3 Level Manual Incline
 14.8 Km/hr. Max. Speed
 Pre-set Workout Programs
 Handheld Heart Rate Sensor
 Machine Floor Size - 1560*700*1210 mm
 Maximum User Weight: 110 Kgs.
 48" x 17" Extra Wide Running Area
Motor Power: 2.75 H.P D.C

TM29



KEY FEATURES

- Large LCD Display
- MP3 Player
- Elastomer Cushion
- Operation Keys in Handlebar for Convenience
- Anti-slip Side Rail
- Soft Drop Foldable Structure
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

3 Level Manual Incline
 12 Km/hr. Max. Speed
 Pre-set Workout Programs
 Handheld Heart Rate Sensor
 Machine Floor Size - 1610*720*1327mm
 Maximum User Weight: 110 Kgs.
 48" x 17" Extra Wide Running Area
Motor Power: 2.5 H.P D.C

ADLER T2200



KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Incline
- Elastomer Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

Machine Floor Size 64" x 29" x 53"
 1.5 HP / 3.0 HP BLDC Motor
 16 Km/hr. Max. Speed
 3 level manual incline
 48" x 18" Extra Wide Running Area
 Maximum User Weight: 110 Kgs.
 Machine weight - 50 kgs
 MP3 player
 Foldable Structure
 Heart Rate Measurement

T900



KEY FEATURES

- LED Display • Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Multiple Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

TECHNICAL FEATURES

12.0 Km/hr. Max. Speed
 3 level manual Incline
 Machine Floor Size 1360*680*1475mm
 Running area 400 * 1070 mm
 Maximum User Weight: 100 Kgs
 Machine weight 40 kgs
 Deck Thickness 15mm
 TubeThickness 2.0mm
 Bluetooth music Player
 Foldable Structure
 Heart Rate Measurement

T1100



KEY FEATURES

- LCD Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Elastomer Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

TECHNICAL FEATURES

14.0 Km/hr. Max. Speed
 3 level manual Incline
 Machine Floor Size 1620*710*1330mm
 Running area 420 * 1200 mm
 Maximum User Weight: 100 Kgs
 Machine weight 46 kgs
 Deck Thickness 15mm
 TubeThickness 2.0mm
 MP3/USB Player
 Foldable Structure
 Heart Rate Measurement
Motor Power: 1.25H.P Cont./2.5 H.P PEAK D.C motor

TM22E



KEY FEATURES

- Elastomer Cushion
- Anti-slip Side Rail
- Soft - Drop Foldable Structure
- Easy to Store
- Semi - Auto Lubrication
- MP3 Player & USB
- Operation Keys in Handlebar
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

14.8 Km/hr. Max. Speed
 3 Level Manual Incline
 Pre-set Workout Programs
 Machine Floor Size - 1530*685*1160mm
 Maximum User Weight: 100 Kgs.
 46" x 17" Extra Wide Running Area
 Handheld Heart Rate Sensor
Motor Power: 2.5 H.P D.C

ADLER TXM20



KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Body fat
- Elastomer Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

Machine Floor Size 58" x 26" x 46"
 1.25 HP / 2.5 HP DC Motor
 14 Km/hr. Max. Speed
 3 level Manual incline
 47" x 17" Extra Wide Running Area
 Maximum User Weight: 110 Kgs.
 Machine weight - 44 kgs
 Foldable Structure
 Heart Rate Measurement

T500



KEY FEATURES

- LED Display
- Pre-set Workout Programs
- Hand Held Heart Rate Sensor
- Multiple Cushion
- Energy Saving Technology
- Anti-slip Side Rail
- Transportation Wheel

TECHNICAL FEATURES

14.0 Km/hr. Max. Speed
 3% Motorized Manual Incline with Bluetooth
 Machine Floor Size 1500*680*1200mm
 Running area 400 * 1200 mm
 Maximum User Weight: 100 Kgs
 Machine weight 41 kgs
 Deck Thickness 15mm
 Tube Thickness 2.0mm
 Bluetooth music Player
 Foldable Structure
 Heart Rate Measurement
Motor Power: 1.25H.P Cont./2.5 H.P PEAK D C motor

ADLER TXM18



KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Body fat
- Elastomer Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

Machine Floor Size 58" x 26" x 46"
 12 Km/hr. Max. Speed
 1.25 HP / 2.5 HP DC Motor
 3 level Manual incline
 47" x 17" Extra Wide Running Area
 Maximum User Weight: 110 Kgs.
 Machine weight - 43 kgs
 Foldable Structure
 Heart Rate Measurement

ADLER TXM16



KEY FEATURES

- Display function - Plus Time, Speed, Distance, Calorie
- Rubber Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

Machine Floor Size 53" x 26" x 46"
 10 Km/hr. Max. Speed
 1.0 HP / 2.0 HP DC Motor
 43" x 17" Extra Wide Running Area
 Maximum User Weight: 100 Kgs.
 Machine weight : 37kgs
 Foldable Structure
 Heart Rate Measurement

ADLER TXM15



KEY FEATURES

- Display function - Time, Speed, Distance, Calorie, Pulse, Body fat
- Rubber Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

Machine Floor Size 54" x 26" x 48"
 12 Km/hr. Max. Speed
 1.0 HP / 2.0 HP DC Motor
 42" x 15" Extra Wide Running Area
 Maximum User Weight: 90 Kgs.
 Machine weight - 34 kgs
 Foldable Structure
 Heart Rate Measurement

TM21E



KEY FEATURES

- Elastomer Cushion
- Anti-slip Side Rail
- Foldable Structure
- Easy to Store
- Easy to Assemble
- MP3 Player
- Operation Keys in Handlebar
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

12 Km/hr. Max. Speed
 Pre-set Workout Programs
 Maximum User Weight: 90 Kgs.
 47" x 17" Extra Wide Running Area
 Handheld Heart Rate Sensor
 Walking Sensor Available
Motor Power: 2.0 H.P D.C

TM20E



KEY FEATURES

- Elastomer Cushion
- Anti-slip Side Rail
- Foldable Structure
- Easy to Store
- Easy to Assemble
- Transportation Wheel
- V Belt Drive

TECHNICAL FEATURES

12 Km/hr. Max. Speed
 Pre-set Workout Programs
 Maximum User Weight: 90 Kgs.
 47" x 17" Extra Wide Running Area
 Walking Sensor Available
Motor Power: 2.0 H.P D.C

ADLER WP300



KEY FEATURES

- Display function - Time, Speed, Distance, Calorie
- Rubber Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel

TECHNICAL FEATURES

Machine Floor Size 53" x 21" x 51"
 6 Km/hr. Max. Speed
 1.0 HP / 2.0 HP DC Motor
 44" x 17" Extra Wide Running Area
 Maximum User Weight: 100Kgs.
 Machine weight - 25kgs

ADLER TXM10



KEY FEATURES

- Display function - Time, Speed, Distance, Calorie
- Rubber Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel
- Pre-set Workout Programs

TECHNICAL FEATURES

Machine Floor Size 48" x 23" x 43"
 1.0 HP / 2.0 HP DC Motor
 12 Km/hr. Max. Speed
 2 Manual Incline
 40" x 17" Extra Wide Running Area
 Maximum User Weight: 90 Kgs.
 Machine weight - 25kgs
 Bluetooth Speaker
 Foldable Structure

ADLER TXM03



KEY FEATURES

- Display function - Time, Speed, Distance, Calorie
- Rubber Cushion
- Anti-slip Side Rail
- Easy to Assemble
- Transportation Wheel

TECHNICAL FEATURES

Machine Floor Size 47" x 22" x 41"
 10 Km/hr. Max. Speed
 0.75 HP / 1.5 HP DC Motor
 40" x 15" Extra Wide Running Area
 Maximum User Weight: 80 Kgs.
 Machine weight - 18 kgs
 Tube Thickness 1.5mm
 Bluetooth Speaker
 Foldable Structure



STRENGTH

HERCULES **FITNESS**

Strength machines will help you acclimate to safe strength training as the machine helps to regulate appropriate range of motion for a particular exercise. Strength machines are designed based on the industrial experience with innovation and customer feedback. Integrated Biangular Technology and the users can find the difference immediately resulting in their retention and loyalty.

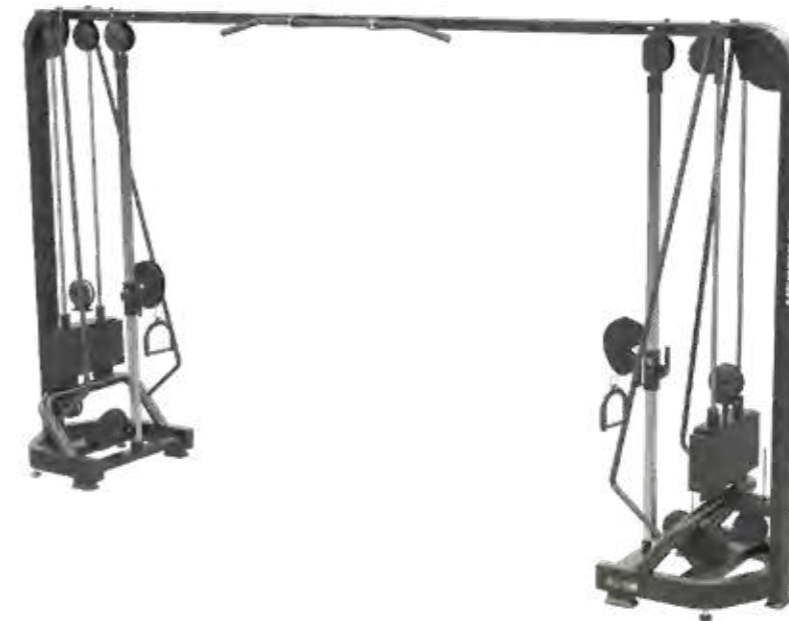
SMITH & FUNCTIONAL TRAINER



TECHNICAL FEATURES

Tube Size - 50*80*2.5T
 Product Size (L*W*H):
 2244mm*1184mm*2242
 Steel Cable strength : ϕ 5.8
 Max Load 1400KGF
 Shroud: High Quality Iron Material
 Pulley: High Quality Nylon material
 Guide Rail: Alloy Steel
 Weight Plate: Cast Steel
 PVC Handle Bar

ADJUSTABLE CABLE CROSS OVER



TECHNICAL FEATURES

Tube Size - 50*100*2.5T, ϕ 89*2.5T
 Product Size (L*W*H) :
 3900*680*2210
 Maximum User weight : 130 Kg
 Steel Cable strength : ϕ 5.8,
 Max Load 1400 KGF
 Pulley: High Quality Nylon material
 Guide Rail: Alloy Steel
 Weight Plate: Cast Steel
 PVC Handle Bar

FUNCTIONAL TRAINER



TECHNICAL FEATURES

Tube Size - 50*100*3.0T, ϕ 89*3T
 Product Size (L*W*H) :
 1670*1120*2330mm
 Steel Cable strength : ϕ 5.8
 Max Load 1400KGF
 Shroud: High Quality Acrylic or Iron Material
 Pulley: High Quality Nylon material
 Guide Rail: Alloy Steel
 Weight Plate: Cast Steel
 PVC Handle Bar

LEG PRESS



TECHNICAL FEATURES

Tube Size:
 Weight Tower: D75*130*2.5T
 Main Frame: PT50*100*2.5T
 Arm: Round Tube with Diamter 60mm
 Product Size (L*W*H) :
 1344*1455*1617mm
 Net Weight/KG: 186
 Max User Weight/KG : 150
 Weight Stack : 100kgs
 Seat adjustment mode : reduction sleeve
 Seat adjustment range : Gear
 Adjustable amplitude or gear : 6 holes
 Steel Cable : ϕ 5, Max Load 1400KGF

ADDUCTOR & ABDUCTOR



TECHNICAL FEATURES

Tube Size:
 Weight Tower: D75*130*2.5T
 Main Frame: PT50*100*2.5T
 Arm: Round Tube with Diameter 60mm
 Product Size(L*W*H):
 1542*1370*1617mm
 Net Weight/KG : 206 Kgs
 Max User Weight/KG : 150Kgs
 Weight Stack : 100kg
 Muscles Training : Gluteus maximus,
 VastusLateralis, Thigh Lateralis
 Steel Cable : ϕ 5, Max Load 1400KGF

LAT PULL DOWN & MID ROW



TECHNICAL FEATURES

Tube Size:
 Weight Tower: D75*130*2.5T
 Main Frame: PT50*100*2.5T
 Product Size (L*W*H) :
 1860*1220*1930mm
 Maximum User weight : 180 Kg
 Steel Cable strength : ϕ 5.8
 Max Load 1400KGF
 Weight Stack : 100 Kg
 Shroud: High Quality ABS materials
 Pulley: High Quality Nylon material
 Guide Rail: Alloy Steel
 Weight Plate: Cast Steel
 PVC Handle Bar

MULTI PRESS



TECHNICAL FEATURES

Tube Size:
 Weight Tower: D75*130*2.5T
 Main Frame: PT50*100*2.5T
 Product Size (L*W*H) :
 1680*1350*1630mm
 Maximum User weight : 170 Kg
 Steel Cable strength : ϕ 5.8
 Max Load 1400KGF
 Weight Stack : 100 Kg
 Seat adjustment mode available
 Shroud: High Quality ABS materials
 Pulley: High Quality Nylon material
 Guide Rail: Alloy Steel
 Weight Plate: Cast Steel
 PVC Handle Bar

LEG CURL & LEG EXTENSION



TECHNICAL FEATURES

Tube Size:
 Weight Tower: D75*130*2.5T
 Main Frame: PT50*100*2.5T
 Product Size (L*W*H) :
 1385*1336*1617mm
 Maximum User weight : 180 Kg
 Steel Cable strength : ϕ 5.8
 Max Load 1400KGF
 Weight Stack : 100 Kg
 Seat adjustment mode available
 Shroud: High Quality ABS materials
 Pulley: High Quality Nylon material
 Guide Rail: Alloy Steel
 Weight Plate: Cast Steel
 PVC Handle Bar

WEIGHT ASSISTED CHIN AND DIP



TECHNICAL FEATURES

Tube Size - Weight Tower:
D75*130*2.5T
Main Frame: PT50*100*2.5T
Product Size (L*W*H):
1707*1304*2290mm
Maximum User weight : 170 Kg
Steel Cable strength : ϕ 5.8
Max Load 1400KGF
Weight Stack : 80 Kg
Seat adjustment mode available
Shroud: High Quality ABS materials
Pulley: High Quality Nylon material
Guide Rail: Alloy Steel
Weight Plate: Cast Steel
PVC Handle Bar

BICEPS & TRICEPS



TECHNICAL FEATURES

Tube Size - Weight Tower:
D75*130*2.5T
Main Frame: PT50*100*2.5T
Product Size (L*W*H) :
1536x1243x1615mm
Maximum User weight : 170 Kg
Steel Cable strength : ϕ 5.8
Max Load 1400KGF
Seat adjustment mode available
Shroud: High Quality ABS materials
Pulley: High Quality Nylon material
Guide Rail: Alloy Steel
Weight Plate: Cast Steel
PVC Handle Bar

LEG CURL



TECHNICAL FEATURES

Tube Size:
Weight Tower: D75*130*2.5T
Main Frame: PT50*100*2.5T
Product Size (L*W*H) :
1657*1215*1617mm
Maximum User weight : 180 Kg
Steel Cable strength : ϕ 5.8
Max Load 1400KGF
Weight Stack : 100 Kg
Shroud: High Quality ABS materials
Pulley: High Quality Nylon material
Guide Rail: Alloy Steel
Weight Plate: Cast Steel
PVC Handle Bar

LEG EXTENSION



TECHNICAL FEATURES

Tube Size:
Weight Tower: D75*130*2.5T
Main Frame: PT50*100*2.5T
Product Size (L*W*H) :
1441*1335*1617mm
Maximum User weight : 170 Kg
Steel Cable strength : ϕ 5.8
Max Load 1400KGF
Weight Stack : 100 Kg
Shroud: High Quality ABS materials
Seat adjustment mode available
Pulley: High Quality Nylon material
Guide Rail: Alloy Steel
Weight Plate: Cast Steel
PVC Handle Bar

PEC FLY & REAR DELT



TECHNICAL FEATURES

Tube Size:
 Weight Tower: D75*130*2.5T
 Main Frame: PT50*100*2.5T
 Product Size (L*W*H) :
 1688*1065*1994mm
 Maximum User weight : 170 Kg
 Steel Cable strength : ϕ 5.8
 Max Load 1400KGF
 Weight Stack : 100 Kg
 Seat adjustment mode available
 Shroud: High Quality ABS materials
 Pulley: High Quality Nylon material
 Guide Rail: Alloy Steel
 Weight Plate: Cast Steel
 PVC Handle Bar

LATERAL RAISE



TECHNICAL FEATURES

Tube Size :
 Weight Tower: D75*130*2.5T
 Main Frame: PT50*100*2.5T
 Arm: Round Tube with Diameter
 60mm
 Product Size(L*W*H):
 1245*1255*1617mm
 Net Weight/KG : 189Kgs
 Max User Weight/KG : 150Kgs
 Weight Stack : 100kg
 Seat adjustment mode : Reduction
 sleeve
 Muscles Training : Levator scapularis,
 trapezius
 Adjustable amplitude or gear : 6
 Holes
 Steel Cable : ϕ 5, Max Load 1400KGF

SHOULDER PRESS



TECHNICAL FEATURES

Tube Size - ϕ 89 Moving Arms, ϕ 89
 Round Tube, ϕ 50*110 Main Frame,
 ϕ 50*110 rectangular tube
 Product Size (L*W*H) :
 1317*1390*1695
 Maximum User weight : 170 Kg
 Tooth Shape Manuel Adjustment
 mode available
 •Moving Arm: 125 kg

TRICEPS PRESS



TECHNICAL FEATURES

Tube Size :
 Weight Tower: D75*130*2.5T
 Main Frame: PT50*100*2.5T
 Product Size(L*W*H):
 1462*1289*1617mm
 Net Weight/KG : 181Kgs
 Max User Weight/KG : 150Kgs
 Weight Stack : 100kg
 Seat adjustment mode : Reduction
 sleeve
 Muscles Training : Triceps, pectoralis
 major, serratus anterior, deltoid
 Adjustable amplitude or gear : 7
 Holes
 Steel Cable : ϕ 5, Max Load 1400KGF

BICEPS CURL



TECHNICAL FEATURES

Tube Size :
 Weight Tower: D75*130*2.5T
 Main Frame: PT50*100*2.5T
 Product
 Size(L*W*H):1344*1253*1617mm
 Net Weight/KG : 200Kgs
 Max User Weight/KG : 150Kgs
 Weight Stack : 100kgs
 Seat adjustment mode : Reduction sleeve
 Muscles Training : Arm Muscles, mainly biceps
 Adjustable amplitude or gear : 7 Holes
 Steel Cable : ϕ 5, Max Load 1400KGF

HAND WRIST CURL



TECHNICAL FEATURES

Technical Features:
 Tube Size -50*100*2.5T
 Product Size (L*W*H) : 840*600*910
 Cushion: Made of PU
 Weight Plate: Cast Steel
 Weight Stack : 80Kg

POWER CAGE WITH SMITH MACHINE



TECHNICAL FEATURES

Tube Size - ϕ 50*100*2.5T
 Main Frame, ϕ 50**2.5T rectangular tube
 Product Size (L*W*H) : 2230*2100*2180
 Guide Rail: Stainless Steel

SMITH MACHINE



TECHNICAL FEATURES

Tube Size - ϕ 50*100*2.5T
 Main Frame, ϕ 50**2.5T rectangular tube
 Product Size (L*W*H) : 2220*1600*1250
 Guide Rail: Stainless Steel

LEG PRESS & HACK SQUAT



TECHNICAL FEATURES

Tube Size - $\phi 50 \times 100 \times 2.5T$
 Main Frame, $\phi 50 \times 2.5T$ rectangular tube
 Product Size (L*W*H) : 2400*1850*1500
 Maximum User weight : 180 Kg
 Seat adjustment mode available
 Guide Rail: Stainless Steel
 Cushion: Made of PU

LEG PRESS



TECHNICAL FEATURES

Tube Size - $\phi 50 \times 100 \times 2.5T$
 Main Frame, $\phi 50 \times 2.5T$ rectangular tube
 Product Size (L*W*H) : 2390*1620*1450
 Maximum User weight : 150 Kg
 Seat adjustment mode available
 Guide Rail: Stainless Steel
 Cushion: Made of PU

ABDOMINAL MACHINE



TECHNICAL FEATURES

Tube Size :
 Weight Tower: D75*130*2.5T
 Main Frame: PT50*100*2.5T
 Product Size(L*W*H):
 1291*1205*1617mm
 Net Weight/KG : 201Kgs
 Max User Weight/KG : 150Kgs
 Weight Stack : 100kgs
 Seat adjustment mode : Reduction sleeve
 Muscles Training : Abdominal Muscle Groups
 Adjustable amplitude or gear : 4 Holes
 Steel Cable : $\phi 5$, Max Load 1400KGF

SUPER SQUAT



TECHNICAL FEATURES

Tube Size - $\phi 50 \times 100 \times 2.5T$
 Main Frame, $\phi 50 \times 2.5T$ rectangular tube
 Product Size (L*W*H) : 2220*1600*1250
 Maximum User weight : 130 Kg
 Guide Rail: Stainless Steel
 Cushion: Made of PU

CHEST PRESS



TECHNICAL FEATURES

Tube Size - Weight Tower: D75*130*2.5T
 Main Frame: PT50*100*2.5T
 Product Size (L*W*H) :
 1688*1065*1994mm
 Maximum User weight : 170 Kg
 Steel Cable strength : ϕ 5.8
 Max Load 1400KGF
 Weight Stack : 100 Kg
 Seat adjustment mode available
 Shroud: High Quality ABS materials
 Pulley: High Quality Nylon material
 Guide Rail: Alloy Steel
 Weight Plate: Cast Steel
 PVC Handle Bar

LOW ROW



TECHNICAL FEATURES

Tube Size - ϕ 89 Moving Arms, ϕ 89 Round Tube, ϕ 50*110 Main Frame, ϕ 50*110 rectangular tube
 Product Size (L*W*H) : 1571*1387*1322
 Maximum User weight : 140 Kg
 Tooth Shape Manuel Adjustment mode available
 Moving Arm: 125 kg

SHOULDER PRESS



TECHNICAL FEATURES

Tube Size :
 Weight Tower: D75*130*2.5T
 Main Frame: PT50*100*2.5T
 Arm: Round Tube with Diameter 60mm
 Product Size(L*W*H):
 1245*1255*1617mm
 Net Weight/KG : 189Kgs
 Max User Weight/KG : 150Kgs
 Weight Stack : 100kgs
 Seat adjustment mode : Reduction sleeve
 Muscles Training : Levator scapularis, trapezius
 Adjustable amplitude or gear : 6 Holes
 Steel Cable : ϕ 5, Max Load 1400KGF

ROW



TECHNICAL FEATURES

Tube Size - ϕ 89 Moving Arms, ϕ 89 Round Tube, ϕ 50*110 Main Frame, ϕ 50*110 rectangular tube
 Product Size (L*W*H) :1558*1532*1510
 Maximum User weight: 160 Kg
 Tooth Shape Manuel Adjustment model available
 Moving Arm: 125 kg

MULTI FUNCTION BELT SQUAD



TECHNICAL FEATURES

Product Size (L*W*H) in mm:
1707*1042*1560
Tube Size - $\phi 50*100*2.5T$
Main Frame, $\phi 50**2.5T$ rectangular tube
Net Weight/KG : 145 Kgs
Max User Weight/KG : 170Kgs

BELT SQUAD



TECHNICAL FEATURES

Product Size(L*W*H): 1600*950*1150
Tube Size - $\phi 50*100*2.5T$
Main Frame, $\phi 50**2.5T$ rectangular tube
Net Weight/KG : 73Kgs
Max User Weight/KG : 150Kgs

PLATE LOADED



TECHNICAL FEATURES

Tube Size : 50*100*2.5T
Product Size(L*W*H) in mm :
1151*1086*1592
Net Weight/KG : 115
Max User Weight/KG : 150
Seat adjustment mode : Pin
Seat adjustment range : Gear
Seat Cushion Colour : Black

OLLYMPIC FID BENCH



TECHNICAL FEATURES

Product Size (L*W*H) in mm:
2300*1620*1500
Tube Size - 50*100*2.5T
Maximum User weight : 150 Kg
Net Weight/KG : 103Kgs
Cushion: Made of PU

OLYMPIC INCLINE BENCH



TECHNICAL FEATURES

Tube Size - 50*100*2.5T
Product Size (L*W*H) : 1848*1530*1400
Maximum User weight : 150 Kg
Cushion: Made of PU

OLYMPIC FLAT BENCH



TECHNICAL FEATURES

Tube Size - 50*100*2.5T
Product Size (L*W*H) : 1635*1530*1194
Maximum User weight : 150 Kg
Cushion: Made of PU

OLYMPIC DECLINE BENCH



TECHNICAL FEATURES

Tube Size - 50*100*2.5T
Product Size (L*W*H) : 1996*1530*1194
Maximum User weight : 150 Kg
Cushion: Made of PU

DUMBBELL RACK 3 STACK



TECHNICAL FEATURES

Tube Size : 50*100*2.5T
Product Size (L*W*H) in mm :
2090*810*826
Net Weight/KG : 67

ROWING MACHINE



TECHNICAL FEATURES

- LCD Display
- Heavy duty fly wheel
- Precise Bearing for smooth function
- High Strength steel frame & Ultra stable structure
- Super Quiet Poly V belt Drive for smooth function
- Maximum User Weight: 130 Kgs.
- Product Size : 2300x500x650 mm

MULTI ADJUSTABLE WEB BOARD



TECHNICAL FEATURES

- Tube Size : 50*100*2.5T
- Product Size (L*W*H) in mm : 1848*726*941
- Net Weight/KG : 50
- Seat adjustment mode : Pin
- Seat adjustment range : Gear
- Seat Cushion Colour : Black

AC 60



TECHNICAL FEATURES

- Product Size (L*W*H) in mm: 660*1900*1430
- Alloy Steel
- Net Weight/KG : 67Kgs
- Max User Weight/KG : 130Kgs
- High quality cushion and Foam-covered hand grips
- Large Bearing Capacity

T-ARM MACHINE



TECHNICAL FEATURES

- Tube Size : 50*100*2.5T
- Product Size (L*W*H) in mm : 1970*783*755
- Net Weight/KG : 60
- Max User Weight/KG : 150

SEATED CALF RAISE



TECHNICAL FEATURES

Tube Size -50*100*2.5T
Product Size (L*W*H): 1203*695*866
Maximum User weight: 140 Kg
Cushion: Made of PU

MULTI ADJUSTABLE BENCH



TECHNICAL FEATURES

Tube Size - 50*100*2.5T
Product Size (L*W*H) : 1757*726*474
Cushion: Made of PU
Maximum User weight : 140 Kg

VERTICAL KNEE RAISE



TECHNICAL FEATURES

Tube Size - 50*100*2.5T
Product Size (L*W*H) : 1118*1472*2297
Maximum User weight: 150 Kg
Cushion: Made of PU

HYPER EXTENSION



TECHNICAL FEATURES

Tube Size - 50*100*2.5T
Product Size (L*W*H) : 1203*695*866
Maximum User weight: 140 Kg
Cushion: Made of PU

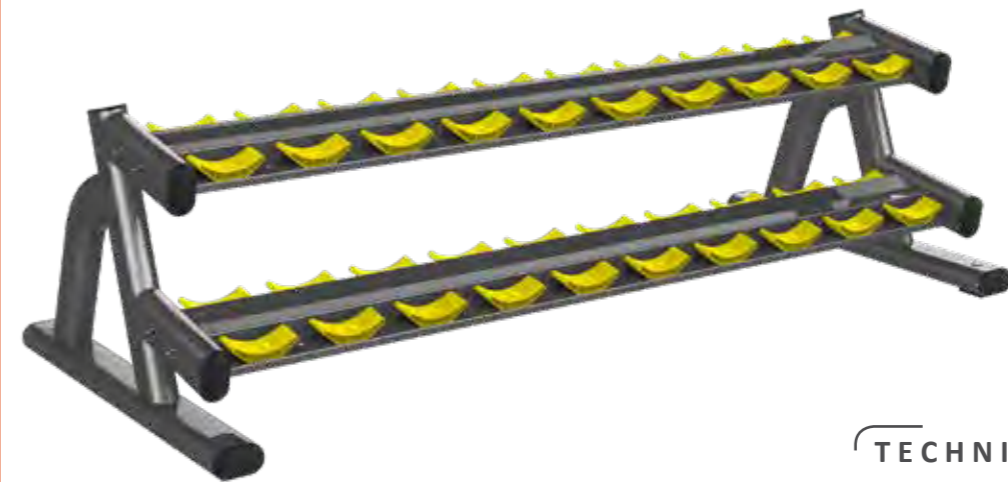
PREACHER CURL



TECHNICAL FEATURES

Tube Size - 50*100*2.5T
Product Size (L*W*H) : 971*706*1005
Maximum User weight : 150 Kg
Cushion: Made of PU

DUMBBELL RACK



TECHNICAL FEATURES

Tube Size - 50*100*2.5T
Product Size (L*W*H): 2345*663*780

BARBELL RACK



TECHNICAL FEATURES

Tube Size - 50*100*2.5T
Product Size (L*W*H): 1120*797*1405
Cushion: Made of PU

UTILITY BENCH



TECHNICAL FEATURES

Tube Size - 50*100*2.5T
Product Size (L*W*H) : 1079*526*900
Maximum User weight : 140 Kg
Cushion: Made of PU

FLAT BENCH

TECHNICAL FEATURES

Tube Size - 50*100*2.5T
Product Size (L*W*H) : 1400*650*420
Maximum User weight : 150 Kg
Cushion: Made of PU



PLATE TREE

TECHNICAL FEATURES

Tube Size - 50*100*2.5T
Product Size (L*W*H):786*520*1045



HACK SQUAT

TECHNICAL FEATURES

Tube Size - ϕ 50*100*2.5T
Main Frame, ϕ 50**2.5T rectangular tube
Product Size (L*W*H) : 2390*1620*1450
Maximum User weight : 180 Kg
Seat adjustment mode available
Guide Rail: Stainless Steel
Cushion: Made of PU



HERCULES
FITNESS

Elliptical trainers offer a non-impact cardiovascular workout that can vary from light to high intensity based on the speed of the exercise and the resistance preference set by the user.



ELLIPTICAL TRAINER

ELS 65



TECHNICAL FEATURES

Product Size (L*W*H):
1970*600*1680mm
Self Generator System
Stride Length 21 Inches
High Strength steel frame & Ultra stable structure
Hand Held Heart Rate Sensor
18 Kgs. Fly wheel
Computer Function:
Speed/time/distance/pulse/calories/
user program/
Watt/H.R.C/recovery/body fat/speaker/
USB charging
EMS Generating System 32 Levels
resistance
Net Weight/KG: 135kg
Max User Weight: 180Kgs

ADLER EX60



KEY FEATURES

- Single Window Display - Time, Distance, Speed, ODO , Scan , Calorie & Pulse
- Fixed & Movable Handle Bar
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel

TECHNICAL FEATURES

Machine floor size - 67" x 27" x 69"
16 level Auto Electro Magnetic Resistance Control
Fly Wheel - 14 Kgs
Crank Design - Heavy Duty Centre Axle
Hand Held Heart Rate Sensor
Maximum User Weight - 130 Kgs
Machine weight - 69 Kgs
Stride length - 19"

ELP70



KEY FEATURES

- Targets Upper and Lower Body
- Fixed and Movable Handlebars
- Large Anti-skid Pedal
- Precise Bearing for smooth function
- Transportation Wheel
- Cushion Pedal for Better comfort
- Watter Bottle Holder

TECHNICAL FEATURES

Upper and Lower Body
Auto Electro Magnetic Resistance Control
16 Kgs. Fly Wheel
Single Window Display - Time, Distance, Speed, Calorie, RPM,Pulse & Body Fat Stride Length - 21 Inches
Machine floor size - 88" x 31" x 71"
Hand Held Heart Rate Sensor
Maximum User Weight: 170 Kgs.
Drive: Electro Magnetic System

ELP 65



KEY FEATURES

- Targets Upper and Lower Body
- USB Port - Charger
- Fixed and Movable Handlebars
- Large Anti-skid Pedal
- Precise Bearing for smooth function
- Transportation Wheel

TECHNICAL FEATURES

Upper and Lower Body
Auto Electro Magnetic Resistance Control
14 Kgs. Fly Wheel
Single Window Display – Time, Distance, Speed, Calorie & Pulse
Stride Length - 19 Inches
Machine floor size - 65" x 27" x 71"
Hand Held Heart Rate Sensor
Maximum User Weight: 150 Kgs.
Drive: Electro Magnetic System

ADLER EX30



KEY FEATURES

- Single Window Display - Time, Distance, Calorie & Pulse
- Fixed & Movable Handle Bar
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel

TECHNICAL FEATURES

Machine floor size - 57" x 26" x 67"
 8 level Manual Magnetic Resistance Control
 Fly Wheel - 11 Kgs
 Crank Design - Heavy Duty Centre Axle
 Hand Held Heart Rate Sensor
 Maximum User Weight - 120 Kgs
 Machine weight - 44 Kgs
 Stride length - 19"

ELP 60



KEY FEATURES

- Targets Upper and Lower Body
- USB Port - Charger
- Fixed and Movable Handlebars
- Large Anti-skid Pedal
- Precise Bearing for smooth function
- Transportation Wheel

TECHNICAL FEATURES

Upper and Lower Body
 Auto Electro Magnetic Resistance Control
 12 Kgs. Fly Wheel
 Single Window Display – Time, Distance, Speed, Calorie & Pulse
 Stride Length - 17 Inches
 Machine floor size - 60" x 26" x 61"
 Hand Held Heart Rate Sensor
 Maximum User Weight: 140 Kgs.
Drive: Electro Magnetic System

EL 60



TECHNICAL FEATURES

Dual Function - Cycling & Elliptical
 8 Level Manual Resistance Control
 Belt Drive & Magnetic Resistance
 Display - Time, Distance, Speed, Calorie & Pulse
 9.0 Kgs. Fly wheel
 Hand Held Heart Rate Sensor
 Maximum User Weight: 140 Kgs.

ADLER EX27



KEY FEATURES

- Single Window Display - Time, Distance, Speed, ODO , Scan , Calorie & Pulse
- Fixed & Movable Handle Bar
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel

TECHNICAL FEATURES

Machine floor size - 65" x 27" x 66"
 8 level Manual Magnetic Resistance Control
 Fly Wheel - 7 Kgs
 Crank Design - Heavy Duty Centre Axle
 Hand Held Heart Rate Sensor
 Maximum User Weight - 110 Kgs
 Machine weight - 57 Kgs
 Stride length - 18"

ADLER EX17



KEY FEATURES

- Single window display - Scan, Speed, Calorie, ODO, Distance, Pulse
- Fixed & Movable Handle Bar
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel

TECHNICAL FEATURES

Machine floor size - 59" x 26" x 69"
 8 level Auto Electro Magnetic Resistance Control
 Fly Wheel - 7 Kgs
 Crank Design - Heavy Duty Centre Axle
 Hand Held Heart Rate Sensor
 Maximum User Weight - 110 Kgs
 Machine weight - 47 Kgs
 Stride length - 17"

EL22



TECHNICAL FEATURES

Dual Function – Cycling & Elliptical
 8 Level Manual Resistance Control
 Belt Drive & Magnetic Resistance
 Display - Time, Distance, Speed, Calorie & Pulse
 7.0 Kgs. Fly wheel
 Hand Held Heart Rate Sensor
 Maximum User Weight: 100 Kgs.

ADLER EB30



KEY FEATURES

- Single window display - Scan, Speed, Calorie, ODO, Distance, Pulse
- Fixed & Movable Handle Bar
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel

TECHNICAL FEATURES

Machine floor size - 56" x 26" x 66"
 8 level Auto Electro Magnetic Resistance Control
 Fly Wheel - 9Kgs
 Crank Design - Heavy Duty Centre Axle
 Hand Held Heart Rate Sensor
 Maximum User Weight - 120 Kgs
 Machine weight - 53Kgs
 Stride length - 17"

ADLER EB25



KEY FEATURES

- Single window display - Scan, Speed, Calorie, ODO, Distance, Pulse
- Fixed & Movable Handle Bar
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel

TECHNICAL FEATURES

Machine floor size - 61" x 27" x 66"
 8 level Auto Electro Magnetic Resistance Control
 Fly Wheel - 8Kgs
 Crank Design - Heavy Duty Centre Axle
 Hand Held Heart Rate Sensor
 Maximum User Weight - 120 Kgs
 Machine weight - 51Kgs
 Stride length - 16"

ADLER EB15



KEY FEATURES

- Single window display - Scan, Speed, Calorie, ODO, Distance, Pulse
- Fixed & Movable Handle Bar
- Vertical & Horizontal saddle adjustment
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel

TECHNICAL FEATURES

Machine floor size - 52" x 25" x 62"
 8 level Auto Electro Magnetic Resistance Control
 Fly Wheel - 6Kgs
 Crank Design - Heavy Duty Centre Axle
 Hand Held Heart Rate Sensor
 Maximum User Weight - 110 Kgs
 Machine weight - 41Kgs
 Stride length - 15"

ADLER EB03



KEY FEATURES

- Single window display - Scan, Speed, Calorie, ODO, Distance, Pulse
- Fixed & Movable Handle Bar
- Vertical & Horizontal saddle adjustment
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel

TECHNICAL FEATURES

Machine floor size - 42" x 25" x 64"
 8 level Auto Electro Magnetic Resistance Control
 Fly Wheel - 3Kgs
 Uni Crank Design
 Hand Held Heart Rate Sensor
 Maximum User Weight - 90 Kgs
 Machine weight - 30Kgs
 Stride length - 13"

EL10



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Targets Upper and Lower Body
- Large Anti-skid Pedal
- Body Fat Analyser
- Pulse Recovery Measurement
- Transportation Wheel

TECHNICAL FEATURES

Dual Function: Elliptical & Cycling
 8 Level Manual Magnetic Resistance Control
 6 Kgs. Fly Wheel
 Single Window Display - Time, Distance, Speed, Calorie & Pulse
 Machine floor size 132*68*162
 Handheld Heart Rate Sensor
 Uni - Crank Design
 Maximum User Weight: 100 Kgs.
Drive: Magnetic Belt Drive

ADLER EB01

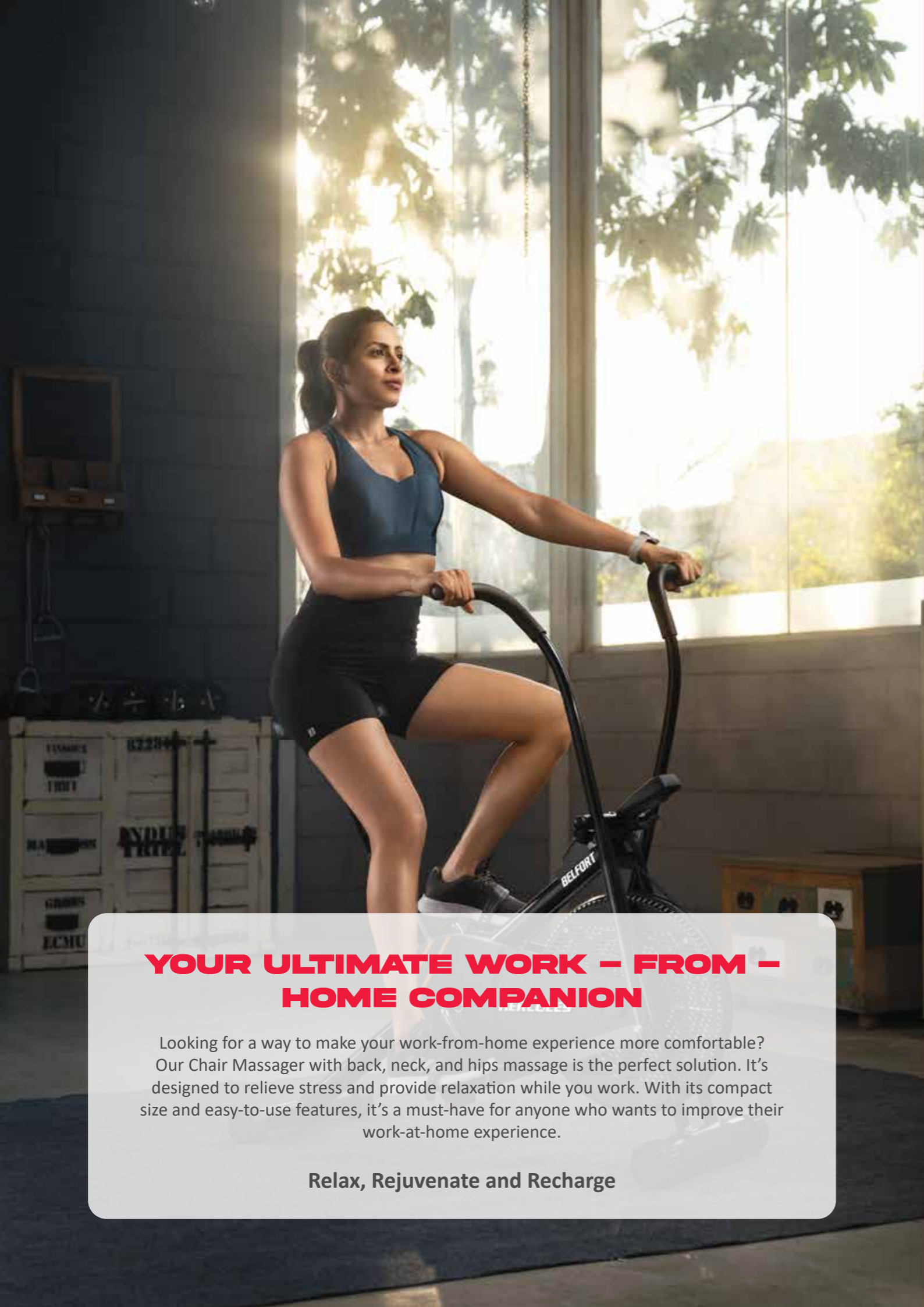


KEY FEATURES

- Single window display - Scan, Speed, Calorie, ODO, Distance, Pulse
- Fixed & Movable Handle Bar
- Vertical & Horizontal saddle adjustment
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Belt Drive
- Transportation Wheel"

TECHNICAL FEATURES

Machine floor size - 44" x 25" x 62"
 8 level Auto Electro Magnetic Resistance Control
 Fly Wheel - 3Kgs
 Uni Crank Design
 Hand Held Heart Rate Sensor
 Maximum User Weight - 90 Kgs
 Machine weight - 25Kgs
 Stride length - 12"



YOUR ULTIMATE WORK – FROM – HOME COMPANION

Looking for a way to make your work-from-home experience more comfortable? Our Chair Massager with back, neck, and hips massage is the perfect solution. It's designed to relieve stress and provide relaxation while you work. With its compact size and easy-to-use features, it's a must-have for anyone who wants to improve their work-at-home experience.

Relax, Rejuvenate and Recharge

ADLER MC50



TECHNICAL FEATURES

Full Body Massage Chair For Home And Office With Luxury 3D Space Saving Design.

Wide Roller Coverage

Compact & Handy Remote With Full Customization.

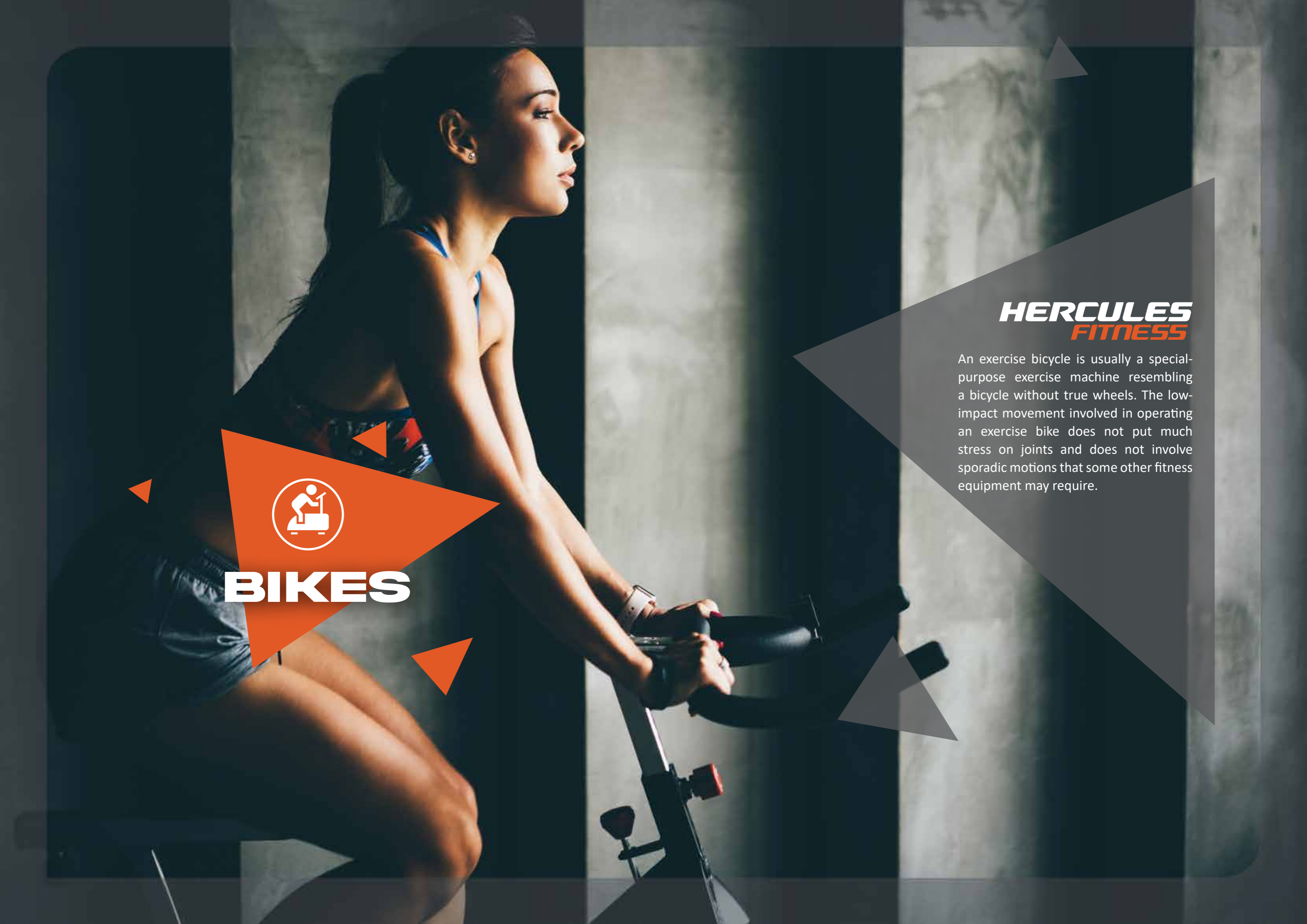
Option To Target Specific Zones On Your Back With Any Massaging Mode.

Expert Stretching Massage For Back And Leg

Can Adjust To Any User Height

Functions:

- Kneading
- Tapping
- Knock
- Air Squeeze



BIKES

HERCULES **FITNESS**

An exercise bicycle is usually a special-purpose exercise machine resembling a bicycle without true wheels. The low-impact movement involved in operating an exercise bike does not put much stress on joints and does not involve sporadic motions that some other fitness equipment may require.

RBP70



KEY FEATURES

- Stress Free Saddle Slide Movement
- USB & MP3 Player
- Water Bottle Holder
- Handle Button - Tension adjust
- Super Quiet Poly V belt Drive for smooth function
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Auto Magnetic Resistance Control
 16 Kgs. Fly Wheel
 Single Window Display - Time, Distance, Speed, Calorie, RPM, Pulse & Body Fat
 Hand Held Heart Rate Sensor
 Machine floor size - 60" x 26" x 52"
 High Strength steel frame & Ultra stable structure
 Maximum User Weight: 170 Kgs.
Motor Power: Electro Magnetic System

RBP60



KEY FEATURES

- Easy Saddle Slide Movement
- Super Quiet Poly V belt Drive for smooth function
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Auto Magnetic Resistance Control
 12 Kgs. Fly Wheel
 Single Window Display - Time, Distance, Speed, Calorie & Pulse
 Hand Held Heart Rate Sensor
 Machine floor size - 64" x 28" x 43"
 High Strength steel frame & Ultra stable structure
 Maximum User Weight: 150 Kgs.
Motor Power: Electro Magnetic System

RB30



KEY FEATURES

- Stress Free Saddle Slide Movement
- USB & MP3 Player
- Water Bottle Holder
- Handle Button - Tension adjust
- Super Quiet Poly V belt Drive for smooth function
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Display - Time, Scan, Distance, Speed & Calories, ODO, Pulse
 Horizontal Saddle Adjustment
 Adjustable Handlebar Angle
 Targets Lower Body
 Transportation Wheel

RB20



TECHNICAL FEATURES

Machine floor size 53" x 27" x 46"
 8 Level Manual Magnetic Resistance Control
 Crank Design 1 Pcs
 Fly Wheel 3 Kgs.
 Machine weight - 28 kgs
 Maximum User Weight: 110 Kgs.
 Hand Held Heart Rate Sensor
 Stride length -12"
 Display - Time, Scan, Distance, Speed & Calories, ODO, Pulse
 Horizontal Saddle Adjustment
 Adjustable Handlebar Angle

RB22



KEY FEATURES

- Hand Rail Seat Adjustment
- Belt Drive
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

MANUAL Magnetic Resistance Control
 4 Kgs. Fly Wheel
 Single Window Display - Time, Distance, Speed, Calorie & Pulse
 Machine floor size - 53" x 25" x 42"
 Hand Held Heart Rate Sensor
 Uni Crank Design
 Maximum User Weight: 100 Kgs.
Drive: Magnetic Tension

RB15



KEY FEATURES

- Display - Time, Scan, Distance, Speed & Calories, ODO, Pulse
- Horizontal Saddle Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Machine floor size 61" x 26" x 53"
 8 Level Manual Magnetic Resistance Control
 3PCS Crank Design
 Fly Wheel 3 Kgs.
 Machine weight - 29 kgs
 Maximum User Weight: 110 Kgs.
 Hand Held Heart Rate Sensor
 Stride length - 7"

SB41



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Brush Brake Resistance Control
 20 Kgs. Fly Wheel
 Single Window Display - Time, Distance, Speed & Calorie
 Machine floor size - 1320*535*1100 mm
 Heavy Duty 3 Pcs. Crank Design
 Maximum User Weight: 150 Kgs.
Drive: Belt Drive

ADLER SB40



KEY FEATURES

- Single Window Display - Time, Distance, Speed, Calorie, Scan
- Vertical and Horizontal Saddle Adjustment
- Adjustable/ Fixed Handle Bar
- Ergonomically Positioned Pedal with Strip
- V Belt Drive for smooth function
- Transportation Wheel

TECHNICAL FEATURES

Machine floor size - 61" x 27" x 66"
 8 level Auto Electro Magnetic Resistance Control
 Fly Wheel - 8Kgs
 Crank Design - Heavy Duty Centre Axle
 Hand Held Heart Rate Sensor
 Maximum User Weight - 120 Kgs
 Machine weight - 51Kgs
 Stride length - 16"

SB35



TECHNICAL FEATURES

- Brush Brake Resistance Control
- Belt Drive
- Heavy duty 3 piece Crank
- Precise Bearing for smooth function
- High Strength steel frame & Ultra stable structure
- Super Quiet Poly V belt Drive for smooth function
- 23 Kgs. Fly wheel
- Maximum User Weight: 150 Kgs.
- Product Size: 1150*540*1130 mm

ADLER SB10



KEY FEATURES

- Handle Press Brake System
- Vertical and Horizontal Saddle Adjustment
- Adjustable/ Fixed Handle Bar
- Ergonomically Positioned Pedal with Strip
- V Belt Drive for smooth function
- Transportation Wheel

TECHNICAL FEATURES

- Machine Floor Size - 48" x 22" x 46"
- Fly Wheel - 9 Kgs
- 3 Pcs. Crank Design
- Maximum User Weight - 120Kgs
- Machine weight - 34 Kgs

SB20



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

- Brush Brake Resistance Control
- 13 Kgs. Fly Wheel
- Single Window Display – Time, Distance, Speed, Calorie
- Machine floor size - 44" x 21" x 32"
- Heavy Duty 3 Pcs. Crank Design
- Maximum User Weight: 110 Kgs.
- Drive: Belt Drive

ADLER SB05



KEY FEATURES

- Vertical and Horizontal Saddle Adjustment
- Adjustable / Fixed Handle Bar
- Ergonomically Positioned Pedal with Strip
- V Belt Drive for smooth function
- Transportation Wheel

TECHNICAL FEATURES

- Machine Floor Size - 46" x 20" x 46"
- Fly Wheel - 8 Kgs
- 3 Pcs. Crank Design
- Maximum User Weight - 120Kgs
- Machine weight - 30 Kgs

UBP70



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Touch Screen Display
- Water Bottle Holder
- Handle Button - Tension adjust
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Auto Magnetic Resistance Control
 16 Kgs. Fly Wheel
 Single Window Display - Time, Distance, Speed, Calorie, RPM, Pulse & Body Fat
 Machine floor size - 52" x 25" x 54"
 Hand Held Heart Rate Sensor
 High Strength steel frame & Ultra stable structure
 Maximum User Weight: 170 Kgs.
Drive: Electro Magnetic System

UBP60



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Auto Magnetic Resistance Control
 12 Kgs. Fly Wheel
 Single Window Display - Time, Distance, Speed, Calorie & Pulse
 Machine floor size - 40" x 21" x 58"
 Hand Held Heart Rate Sensor
 High Strength steel frame & Ultra stable structure
 Maximum User Weight: 150 Kgs.
Drive: Electro Magnetic System

ADLER MB40



KEY FEATURES

- Display - Time, Scan, Distance, Speed, & Calories, ODO, Pulse
- Vertical and Horizontal Saddle Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Machine floor size 44" x 21" x 56"
 8 Level Manual Magnetic Resistance Control
 Crank Design Heavy Duty Centre Axle
 Fly Wheel 7 Kgs.
 Machine weight-36kgs
 Maximum User Weight: 130 Kgs.
 Hand Held Heart Rate Sensor
 Stride length - 7"

ADLER MB30



KEY FEATURES

- Display - Time, Scan, Distance, Speed & Calories, ODO, Pulse
- Vertical and Horizontal Saddle Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Machine floor size - 43" x 22" x 57"
 8 Level Manual Magnetic Resistance Control
 3PCS Crank Design
 Fly Wheel 6 Kgs.
 Machine weight-30 kgs
 Maximum User Weight: 120 Kgs.
 Hand Held Heart Rate Sensor
 Stride length - 7"

UB30



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

8 Level Manual Magnetic Resistance Control
 6 Kgs. Fly Wheel
 Single Window Display – Time, Distance, Speed, Calorie & Pulse
 Machine floor size - 40" x 20" x 55"
 Hand Held Heart Rate Sensor
 3 Pcs. Crank Design
 Maximum User Weight: 120 Kgs.
Drive: Magnetic Tension

ADLER MB20



KEY FEATURES

- Display - Time, Scan, Distance, Speed & Calories, ODO, Pulse
- Vertical and Horizontal Saddle Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Machine floor size - 39" x 22" x 51"
 8 Level Manual Magnetic Resistance Control
 Uni Crank Design
 Fly Wheel 4 Kgs.
 Machine weight - 29 kgs
 Maximum User Weight: 110 Kgs.
 Hand Held Heart Rate Sensor
 Stride length - 7"

UB21



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

8 Level Manual Magnetic Resistance Control
 5 Kgs. Fly Wheel
 Single Window Display - Time, Distance, Speed, Calorie & Pulse
 Machine floor size - 782*470*1310
 Handheld Heart Rate Sensor
 3 Pcs. Crank Design
 Maximum User Weight: 110 Kgs.
Drive: Magnetic Belt Drive

UB11



KEY FEATURES

- Vertical Seat Adjustment
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

8 Level Manual Magnetic Resistance Control
 3.5 Kgs. Fly Wheel with 2 Way Bearing
 Single Window Display - Time, Distance, Speed, Calorie & Pulse
 Handheld Heart Rate Sensor
 Uni - Crank Design
 Maximum User Weight: 90 Kgs.
Drive: Magnetic Belt Drive

UB15



KEY FEATURES

- Vertical Seat Adjustment
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

8 Level Manual Magnetic Resistance Control
 3.0 Kgs. Fly Wheel with 2 Way Bearing
 Machine floor size - 890*500*1180 mm
 Single Window Display - Time, Distance, Speed, Calorie & Pulse
 Handheld Heart Rate Sensor
 Uni - Crank Design
 Maximum User Weight: 90 Kgs.
Drive: Magnetic Belt Drive

ADLER MB10



KEY FEATURES

- Display - Time, Scan, Distance, Speed & Calories, ODO, Pulse
- Vertical and Horizontal Saddle Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Machine floor size 34" x 21" x 50"
 8 Level Manual Magnetic Resistance Control
 Uni Crank Design
 Fly Wheel 3 Kgs.
 Machine weight-20kgs
 Maximum User Weight: 100 Kgs.
 Hand Held Heart Rate Sensor
 Stride length - 6"

ADLER MB05



KEY FEATURES

- Display - Time, Scan, Distance, Speed, & Calories, ODO, Pulse
- Vertical and Horizontal Saddle Adjustment
- Adjustable Handlebar Angle
- Targets Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Machine floor size 37" x 19" x 51"
 8 Level Manual Magnetic Resistance Control
 Uni Crank Design
 Fly Wheel 2.5 Kgs.
 Machine weight-18kgs
 Maximum User Weight: 90 Kgs.
 Hand Held Heart Rate Sensor
 Stride length - 6"

AB 60



KEY FEATURES

- Product Size : 1350*1200*650 m
- Belt & Chain Drive
- Heavy duty 3 piece Crank
- Precise Bearing for smooth function
- High Strength steel frame & Ultra stable structure
- Super Quiet Poly V belt Drive for smooth function
- LED Display
- Adjustable Saddle
- Maximum User Weight: 150 Kgs.

AB 10



KEY FEATURES

- Display - Time, Scan, Distance, Speed, ODO & Calories
- Vertical Seat Adjustment
- Targets Lower and Upper Body
- Ergonomically Positioned Pedal

TECHNICAL FEATURES

Machine floor size - 40" x 26" x 65"
 Air resistance control
 Uni-Crank Design
 Maximum User Weight - 110 Kgs
 Machine weight - 27.5 Kgs
 Stride length - 6"

DC30



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Non-skid Pedal
- Targets Upper and Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Dual Function - Cycling & Elliptical
 Manual Resistance Control
 Single Window Display - Time, Distance, Speed & Calorie
 Machine floor size - 840*650*1530 mm
 Uni - Crank Design
 Steel Fly Wheel
 Handheld Heart Rate Sensor
 Maximum User Weight: 90 Kgs.
Drive: Chain Drive

DB30



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Non-skid Pedal
- Targets Upper and Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Dual Function - Cycling & Elliptical
 Manual Resistance Control
 Single Window Display - Time, Distance, Speed & Calorie
 Machine floor size - 850 x 670 x 1550mm
 Uni - Crank Design
 Steel Fly Wheel
 Handheld Heart Rate Sensor
 Maximum User Weight: 100 Kgs.
Drive: Chain Drive

DB22



KEY FEATURES

- Vertical Seat Adjustment
- Non-skid Pedal
- Targets Upper and Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Multi Function - Cycling, Elliptical, Twister, Push-up, Band & Dumbbells
 Manual Resistance Control
 Single Window Display - Time, Distance, Speed & Calorie
 Uni - Crank Design
 Handheld Heart Rate Sensor
 Maximum User Weight: 90 Kgs.
Drive: Chain Drive

DB20



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Non-skid Pedal
- Targets Upper and Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Dual Function - Cycling & Elliptical
 Manual Resistance Control
 Single Window Display - Time, Distance, Speed & Calorie
 Machine floor size - 895*665*1425mm
 Uni - Crank Design
 Handheld Heart Rate Sensor
 Maximum User Weight: 90 Kgs.
Drive: Chain Drive

DB10



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Non-skid Pedal
- Targets Upper and Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Dual Function - Cycling & Elliptical
 Manual Resistance Control
 Single Window Display - Time, Distance, Speed & Calorie
 Machine floor size - 895*665*1425mm
 Uni - Crank Design
 Maximum User Weight: 90 Kgs.
Drive: Chain Drive

DB21



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Non-skid Pedal
- Targets Upper and Lower Body
- Transportation Wheel

TECHNICAL FEATURES

Dual Function - Cycling & Elliptical
 Manual Resistance Control
 Single Window Display - Time, Distance, Speed & Calorie
 Machine floor size - 1100*500*1550 mm
 Uni - Crank Design
 Handheld Heart Rate Sensor
 Maximum User Weight: 90 Kgs.
Drive: Chain Drive

UB07



KEY FEATURES

- Vertical and Horizontal Seat Adjustment
- Easy to Use
- Targets Lower Body

TECHNICAL FEATURES

Single Function – Lower Body
 Manual Belt Resistance Control
 Single Window Display – Time, Distance, Speed, Calorie
 Machine floor size - 40" x 19" x 48"
 Uni-Crank Design
 Maximum User Weight: 100 Kgs.
Drive: Belt Drive

UB08



KEY FEATURES

- Back Rest Support
- Vertical and Horizontal Seat Adjustment
- Easy to Use
- Targets Lower Body

TECHNICAL FEATURES

Single Function - Lower Body
 Manual Belt Resistance Control
 Single Window Display - Time, Distance, Speed, Calorie
 Machine floor size - 40" x 19" x 60"
 Uni-Crank Design
 Maximum User Weight: 100 Kgs.
Drive: Belt Drive

UB10 I



KEY FEATURES

- Display - Time, Distance, Speed & Calories
- Fixed Handlebar
- Vertical And Horizontal Seat Adjustment
- Targets Lower Body
- Ergonomically Positioned Pedal
- Transportation Wheel

TECHNICAL FEATURES

Manual Resistance Control - Tension Belt
 Uni-Crank Design
 Backrest & Twister Available
 Maximum User Weight - 100 Kgs
 Machine weight - 21 Kgs
 Machine floor size - 60" x 19" x 60"
 Stride length - 6"
Drive: Belt Drive

UB09



KEY FEATURES

- Display - Time, Distance, Speed & Calories
- Fixed Handlebar
- Vertical Seat Adjustment
- Targets Lower Body
- Ergonomically Positioned Pedal
- Belt Drive system
- Transportation Wheel

TECHNICAL FEATURES

Manual Resistance Control - Tension Belt
 Uni-Crank Design
 Twister Available
 Maximum User Weight - 100 Kgs
 Machine weight - 19 Kgs
 Machine floor size - 60" x 19" x 48"
 Stride length - 6"
Drive: Belt Drive

BELFORT



KEY FEATURES

- Horizontal & Vertical Seat Adjustment
- Movable Handlebar
- Targets Upper and Lower Body

TECHNICAL FEATURES

Dual Function - Upper and Lower Body
 Manual Belt Resistance Control
 Single Window Display - Time, Distance, Speed, Calorie
 Machine floor size - 40" x 19" x 48"
 Uni-Crank Design
 Maximum User Weight: 100 Kgs.
Drive: Belt Drive

UB13



KEY FEATURES

- Back Rest Support
- Horizontal & Vertical Seat Adjustment
- Movable Handlebar
- Targets Upper and Lower Body

TECHNICAL FEATURES

Dual Function - Upper and Lower Body
 Manual Belt Resistance Control
 Single Window Display - Time, Distance, Speed, Calorie
 Machine floor size - 40" x 19" x 60"
 Uni-Crank Design
 Maximum User Weight: 100 Kgs.
Drive: Belt Drive

UB16



KEY FEATURES

- Display - Time, Distance, Speed & Calories
- Fixed and Movable Handlebars
- Vertical Seat Adjustment
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Transportation Wheel

TECHNICAL FEATURES

Manual Resistance Control – Tension Belt
 Uni-Crank Design
 Backrest Support & Twister Available
 Maximum User Weight - 100 Kgs
 Machine weight - 24 Kgs
 Machine floor size - 60" x 19" x 60"
 Stride length - 6"
Drive: Belt Drive

UB14



KEY FEATURES

- Display - Time, Distance, Speed & Calories
- Fixed and Movable Handlebars
- Horizontal And Vertical Seat Adjustment
- Targets Upper and Lower Body
- Ergonomically Positioned Pedal
- Transportation Wheel

TECHNICAL FEATURES

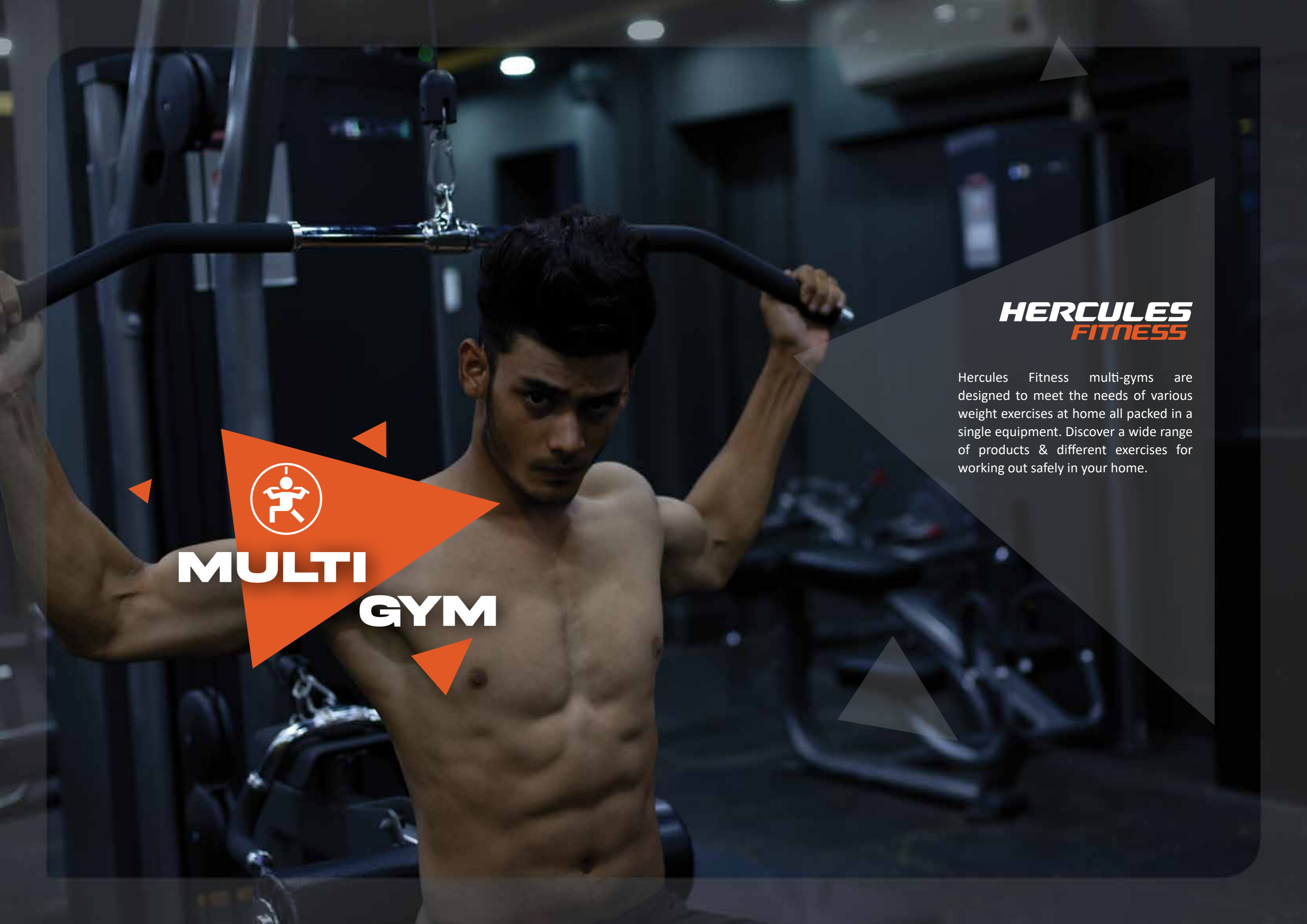
Manual Resistance Control – Tension Belt
 Uni-Crank Design
 Twister Available
 Maximum User Weight - 100 Kgs
 Machine weight - 22 Kgs
 Machine floor size - 60" x 19" x 48"
 Stride length - 6"
Drive: Belt Drive

UB18



TECHNICAL FEATURES

Dual Function - Upper and Lower Body
 Brake Resistance Control
 Single Window Display - Time, Distance, Speed, Calorie
 Uni-Crank Design
 Maximum User Weight: 100 Kgs.
 Display - Time, Distance, Speed & Calories
 Fixed and Movable Handlebars
 Vertical And Horizontal Seat Adjustment
 Targets Upper and Lower Body
 Ergonomically Positioned Pedal
 Transportation Wheel
Drive: Belt Drive



HERCULES **FITNESS**

Hercules Fitness multi-gyms are designed to meet the needs of various weight exercises at home all packed in a single equipment. Discover a wide range of products & different exercises for working out safely in your home.



MULTI
GYM

SM508



TECHNICAL FEATURES

- 390 Lbs Metal Weight Stack
- Highly Flexible Oil Containing Cable
- Key Functions:
- Tricep Extension
- 2000 Lbs Tensile Strength Cable
- Lat
- Pec Deck
- Bench Press
- Chest Press
- Seated Row
- Leg Extension
- Preacher Curl
- Abductor & Adductor Seated Row
- Knee Raise
- Single Bar
- Bench Press
- Machine floor size - 82" x 64" x 45"
- Maximum user Weight: 170 Kgs.
- Function: **Single Station**

KEY FEATURES

- Biomechanical Design
- Deep Padded Seat and Backrest
- Controlled Angular movement
- Steel Metal Cage for safety
- 2 Weight Stack/5 Station
- FID Bench is an Additional Option

SM208



TECHNICAL FEATURES

- 160 Lbs Weight Stack
- 2000 Lbs Tensile Strength Cables
- Key Functions:
- Tricep Extension
- Lat
- Pec Deck
- Bench Press
- Chest Press
- Seated Row
- Leg Extension
- Preacher Curl
- Abductor & Adductor Seated Row
- Punching Bag
- Single Bar
- Bench Press
- Machine floor size - 1760*2000*2220 mm
- Maximum User Weight: 150 Kgs.
- Function: **Multi Station**

KEY FEATURES

- Biomechanical Design
- Deep Padded Seat and Backrest
- Controlled Angular Movement
- Steel Metal Cage for Safety

SM112



KEY FEATURES

- Biomechanical Design
- Deep Padded Seat and Backrest
- Controlled Angular Movement
- Steel Metal Cage for Safety

TECHNICAL FEATURES

160 Lbs Weight Stack
 2000 Lbs Tensile Strength Cables
Key Functions:
 Tricep Extension
 Lat
 Pec Deck
 Bench Press
 Chest Press
 Seated Row
 Leg Extension
 Preacher Curl
 Abductor & Adductor
 Machine floor size - 1760*1750*2120mm
 Maximum User Weight: 150 Kgs.
Function: Single Station

SM110



KEY FEATURES

- Biomechanical Design
- Deep Padded Seat and Backrest
- Controlled Angular Movement
- Steel Metal Cage for Safety

TECHNICAL FEATURES

150 Lbs Weight Stack
 2000 Lbs Tensile Strength Cables
Key Functions:
 Tricep Extension
 Lat
 Pec Deck
 Bench Press
 Chest Press
 Seated Row
 Leg Extension
 Preacher Curl
 Leg Press
 Abductor & Adductor
 Maximum User Weight: 150 Kgs.
Function: Single Station

SM105



KEY FEATURES

- Biomechanical Design
- Deep Padded Seat and Backrest
- Controlled Angular movement

TECHNICAL FEATURES

100 Lbs Weight Stack
 2000 Lbs Tensile Strength Cables
Key Functions:
 Tricep Extension
 Lat
 Pec Deck
 Bench Press
 Chest Press
 Seated Row
 Leg Extension
 Preacher Curl
 Abductor & Adductor
 Machine floor size - 2040*1610*1000mm
 Maximum User Weight: 120 Kgs.
Function: Single Station



HERCULES **FITNESS**

Hercules Fitness benches are designed for multipurpose workouts using weights, dumbbells, barbells & pre-fitted accessories for abdominal & weight lifting workouts. Benches are a perfect addition to your home for if you enjoy working out in the comfort of your home.



BENCHES

MP200

KEY FEATURES

- Cushion Seat / Better comfort
- Body Shape workout
- Ab Crunch
- Easy Installation

TECHNICAL FEATURES

Multi-Purpose Fitness Bench
 Thick padding for superior support
 Weight Lifting Support Frame
 Machine floor size - 68" x 35" x 48"
 Adjustable Flat Incline Decline Weight
 Lifting Exercise



PRO ABS

KEY FEATURES

- Cushion Seat / Better comfort
- Body Shape workout
- Ab Crunch
- Yoga Exercise
- Easy Installation

TECHNICAL FEATURES

Abdominal Fitness Bench
 Fully adjustable sturdy frame, thick
 padding for superior support
 Machine floor size - 45" x 19" x 51"
 Rolling wheel action that allows for a
 smooth consistent motion



MP100

KEY FEATURES

- Cushion Seat / Better comfort
- Body Shape workout
- Ab Crunch
- Easy Installation

TECHNICAL FEATURES

Abdominal Fitness Bench
 Thick padding for superior support
 Weight Training
 Machine floor size - 53" x 20" x 48"
 Adjustable Flat Incline Decline Weight
 Lifting Exercise



AB BENCH

KEY FEATURES

- Cushion Seat / Better comfort
- Body Shape workout
- Ab Crunch
- Yoga Exercise
- Easy Installation

TECHNICAL FEATURES

Abdominal Fitness Bench
 Thick padding for superior support
 Machine floor size - 59" x 13" x 27"
 Weight Training



HERCULES FITNESS

LIVE YOUNG



murugappa

Registered office:

Corporate:

Tube Investments of India Ltd.

'Dare House', No.234, N S C Bose Road, Chennai - 600 001, Tamil Nadu, India.

Phone: +91 44 42177770-5

Email: info@tii.murugappa.com | info@tii.murugappa.com

Factory: TI Cycles of India (A unit of Tube Investments of India Ltd.,)

Post Bag No. 5, MTH Road, Ambattur, Chennai - 600053

<https://herculesfitness.co.in> | customercare@bsahercules.com | Toll-free no.: 1800 102 2324

Contact our Zonal Head for Enquiries:

North: +91 8299066007 | East: +91 9475118117 | West: +91 8308834408 | South: +91 9789033476

Disclaimer: Innovation is a continuous process at TI Cycles of India. Specifications, features, colors and prices are likely to change without prior notice. Accessories shown in the pictures may or may not be part of the standard equipment.

Dealer Address & Stamp: