

# ACCESSIBLE TRAVEL GUIDE – AUSTRALIA

At WanderAble, we believe travel should be accessible to everyone. Whether you're planning a weekend away or a long-awaited holiday, the right preparation makes all the difference. Here's a streamlined guide to help you travel with confidence across Australia.

#### **HEALTH PREPARATIONS**

Before setting off, speak with your healthcare provider about any travelrelated health needs. This might include vaccinations, updated prescriptions, or advice on managing existing conditions. Planning ahead helps ensure a smoother, stress-free experience.

TRAVEL WITHOUT LIMITS

#### MANAGING MEDICATIONS

Using a medication management system like Webster-paks can make travelling much easier. These pre-packed organisers help you keep track of doses and avoid confusion—especially helpful on longer or multi-stop trips.

WEBSTERCARE

### **ACCESSIBLE AIR TRAVEL**

Most major airlines offer mobility assistance, priority boarding, and tailored support services. It's important to check each airline's accessibility policy before you book to make sure it aligns with your needs.

**TRAVELPULSE** 

# DISCREET AIRPORT SUPPORT

If you live with a non-visible disability, the Hidden Disabilities Sunflower Program is a great way to get discreet help in airports. Wearing a sunflower lanyard signals to trained staff that you may need extra time or support—no need to explain.

SUNFLOWER PROGRAM

### KNOW YOUR TRAVEL RIGHTS

Australia's accessibility laws protect your right to access public services, facilities, and venues. Knowing these rights helps you advocate for the support and inclusion you deserve—whether in accommodation, transit, or tourist spaces.

TOURISM AUSTRALIA

# FINDING ACCESSIBLE ACCOMMODATION & TRANSPORT

There are now excellent directories that list accessible hotels, transport services, and inclusive experiences across Australia. These platforms highlight features like step-free entry, roll-in showers, or vehicle lift access so you can book with confidence.

ACCESSIBLE ACCOMODATION

#### PLANNING FOR EMERGENCIES

Keep emergency contact information handy and familiarise yourself with local services at your destination. A bit of preparation goes a long way in keeping you safe and supported during unexpected situations.

**EMERGENCY NUMBERS** 

# SUPPORT WHILE YOU TRAVEL

WanderAble provides one-on-one travel support throughout Australia for NDIS participants, older travellers, and anyone needing tailored assistance. From airport navigation to personal care and medication management, we're here to support your journey every step of the way.

WANDERABLE

#### LET'S MAKE TRAVEL POSSIBLE

Have questions or want to chat about an upcoming trip? hello@wanderable.com.au 0473 758 630 wanderable.com.au