

STRENGTH EQUIPMENT

WESTSIDE BENCH WITH SPOTTER DECK
HAMMER STRENGTH LAT PULL OVER
BELLS OF STEEL BELT SQUAT
ROGUE DEADLIFT PLATFORM WITH BAND PEGS
ROGUE YOKE
SANDBAGS (100LBS 150LBS, 200LBS)
DUMBBELLS UP TO 130LBS
200LBS OF CHAINS
GRIP/FOREMAN MACHINE
ADJUSTABLE KETTLE BELL 25 LBS - 70 LBS
BOS HEAVY DUTY FLAT BENCH W/LEG EXTENSION/CURL

MMA / Boxing / CONDITIONING

2X HEAVY BAGS
ROGUE ECHO BIKE
PLYO BOXES
WESTSIDE SLEDS
MMA EXTRA THICK MATS 120" X 144"

3X SPEED BAGS
CONCEPT 2 SKIER
BATTLE ROPES
6FT GRAPPLING DUMMY

REHABILITATION / INJURY PREVENTION

TEETER INVERSION TABLE
TIBIA DORIS CALF MACHINE
WESTSIDE REVERSE HYPER
ROGUE FLOOR GHD
DONNIE THOMPSON BODY TEMPERING AND TABLE
KABUKI STRENGTH BODY TEMPERING
KABUKI STRENGTH SHOULDEROC
AB/BACK HYPER BENCH
SLANT BOARD
MASSAGE GUN

MISC

SPECIALITY BARS
ROGUE SQUAT BOX
BOS HERO FLAT BENCH
ROGUE 3.0 ADJUSTABLE BENCH
CEILING MOUNTED CHIN UP BAR
T-ROW ATTACHMENT
MULE PRESS ATTACHMENT
ROGUE CHALK BOWL
MASSAGE GUN
SMELLING SALTS
FRACTIONAL PLATES BY 0.5LBS
2X CEILING MOUNTED CABLE PULL DOWNS

LANDMINE
20LBS MACE
OLYMPIC RINGS
2X SMART TVS
BLUETOOTH SPEAKER
INDUSTRIAL FAN
2X DIP BELTS
CHIN UP BAR W/
ANGLED GRIPS