

VSS 2026 PROGRAMME

**Vilnius
Surgical
Symposium**
for Young Surgeons

FRIDAY, MARCH 13, 2026



Vilnius University Faculty of Medicine
M. K. Čiurlionis street 21, Vilnius,
Lithuania

SATURDAY, MARCH 14, 2026



Vilnius Park Plaza Hotel
M. K. Čiurlionis street 84, Vilnius, Lithuania

PROGRAMME OVERVIEW

FRIDAY, MARCH 13, 2026



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M. K. Čiurlionis street 21, Vilnius, Lithuania

WORKSHOP ROOM 310

WORKSHOP ROOM 317

MAIN AUDITORIUM

	WORKSHOP ROOM 310	WORKSHOP ROOM 317	MAIN AUDITORIUM
11:30	REGISTRATION OPENS		
12:00	<u>HANDS-ON WORKSHOP A</u> 12:00 - 16:00 <i>FROM SCRUB TO STERILE PRACTICAL OPERATING ROOM ESSENTIALS</i>	<u>HANDS-ON WORKSHOP D</u> 13:00 - 17:00 <i>MED ED POLYTRAUMA VR</i>	
13:00			
14:00			
15:00	<u>HANDS-ON WORKSHOP B</u> 16:00 - 17:45 <i>MASTERING PRECISION AND TECHNIQUE IN VASCULAR SURGERY</i>	<u>HANDS-ON WORKSHOP E</u> 18:00 - 19:45 <i>BASIC SURGICAL SKILLS: MASTERING THE ESSENTIALS</i>	16:00 - 16:50 Lecture I: Taras Kobza <i>Navigating Complex War Injuries in Modern Conflict</i>
16:00			
17:00	<u>HANDS-ON WORKSHOP C</u> 18:15 - 20:00 <i>PRECISION IN MOTION: TRAINING IN CARDIAC PROCEDURES</i>		17:00 - 17:50 Lecture II: Ona Lapteva <i>Burnout in Surgery: Recognizing the Warning Signs and Rebuilding Resilience</i>
18:00			
19:00			18:00 - 18:30 Lecture III: Saulė Bernotienė <i>Doctors on Social Media: Ethics, Law and Practice</i>
20:00			19:00 - 19:50 Lecture IV: Mykolas Udrys <i>Peripheral Nerve Surgery: Where Science Meets Creativity</i>

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	MAIN OPERATING THEATRE (ROOM A)	POST-OP WARD (ROOM B)	SKILLS LAB I (ROOM C)	SKILLS LAB II (ROOM D)
08:00	REGISTRATION OPENS			
09:00	<u>OPENING CEREMONY & ORAL SESSION A</u> 09:00 - 10:50 <i>Structural and Reconstructive Surgery: Oral, Maxillofacial, ENT, Orthopedics & Plastic surgery</i>	<u>HANDS-ON WORKSHOP F</u> 09:30 - 10:50 <i>ESSENTIALS OF MAKING INTIMATE LIFE EASIER FOR OSTOMATES</i>	<u>HANDS-ON WORKSHOP G</u> 09:30 - 10:50 <i>FUNDAMENTALS OF BATTLEFIELD MEDICINE</i>	<u>HANDS-ON WORKSHOP H</u> 09:30 - 10:30 <i>INTELLIGENT ULTRASOUND</i>
10:00				
10:50 - 11:20 Caffeine Infusion Break				
11:00	<u>ORAL SESSION B</u> 11:20 - 13:10 <i>Abdominal Surgery I: Upper GI & Hepatopancreatobiliary system</i>	<u>E-POSTER SESSION 1</u> 11:50 - 13:10 <i>VISCERAL, VASCULAR AND GENERAL SURGERY</i>	<u>HANDS-ON WORKSHOP G</u> 11:50 - 13:10 <i>FUNDAMENTALS OF BATTLEFIELD MEDICINE</i>	<u>HANDS-ON WORKSHOP H</u> 11:50 - 12:50 <i>INTELLIGENT ULTRASOUND</i>
12:00				
13:00	13:00 - 14:00 FUELING THE SURGEONS			
14:00	(LUNCH BREAK)			

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	MAIN OPERATING THEATRE (ROOM A)	POST-OP WARD (ROOM B)	SKILLS LAB I (ROOM C)	SKILLS LAB II (ROOM D)
14:00	ORAL Session C: 14:00 - 15:40 <i>Abdominal Surgery II: Colorectal, HPB & Abdominal Wall</i>	ORAL Session D: 14:20 - 15:40 <i>Reproductive Systems and Early Development: Gynecology, Urology & Pediatric Surgery</i>	HANDS-ON WORKSHOP G 14:20 - 15:40 <i>FUNDAMENTALS OF BATTLEFIELD MEDICINE</i>	HANDS-ON WORKSHOP J 14:20 - 15:40 <i>PRINCIPLES OF FRACTURE INTERNAL FIXATION</i>
15:00				
15:40 - 16:00 <i>Caffeine Infusion Break</i>				
16:00	ORAL Session E: 16:00 - 17:40 <i>Vital Systems: Neurosurgery, Cardiac & Vascular Surgery</i>	E-POSTER SESSION 2: 16:20 - 17:40 <i>Specialized and Structural Surgical Disciplines</i>		
17:00				
18:00 - 19:00 THE FINAL STITCH: AWARDS & CLOSING CEREMONY				
19:00 - 20:00 MOVING TO THE HOTEL BAR... SCALPEL SHOWDOWN ✂				
20:00 SOCIAL EVENING				

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CONFERENCE VENUE MAP

R - REGISTRATION POINT

**A - MAIN OPERATING THEATRE
(ROOM A)**

B - POST-OP WARD (ROOM B)

C - SKILLS LAB I (ROOM C)

D - SKILLS LAB II (ROOM D)

