



**Spiritual House Cleansing FOR  
CHILDREN & TEENS  
Freedom, Identity & Discipleship**

by

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## INTRODUCTION

Children are a blessing from the Lord. We are called to bring up children in the teachings and ways of the Lord (See Deut 6) Whether your child is biological or adopted, they are yours to nurture, love, protect and disciple.

We live in a world that is inundated with sin. Spiritual strongholds and attachments are a reality and sometimes our children can be affected in various ways. Whether they are affected by familial strongholds or curses, trauma or exposure to something ungodly, spiritual torment or influence can occur.

The good news is that Jesus has given his disciples spiritual authority over all the power of the enemy. We have the responsibility and right to defend, nurture and claim freedom for our children. Jesus holds a special place for children and those with a childlike faith. See Luke 18.

It is suggested for parents to pre-read biblical spiritual warfare at [www.forthisveryreason.net](http://www.forthisveryreason.net) to familiarize themselves with the authority that has been given to Christians (disciples of Jesus, the Messiah) to claim victory and walk in freedom for themselves and their children. We are honored and blessed to be able to walk besides families as they take spiritual authority for their children in families trusting in the one who grants freedom - Jesus Christ. To him be the glory now and forever.

## PRE- SESSION TIME WITH CHILD AND PARENTS

- **Relational Time:** Getting to know the child in their environment to foster trust and sense of comfort.
- **Discernment & Discovery Time:** Discern root causes of Spiritual attachments such as fear, anxiety, generational pride etc. Find out what the child is experiencing and details.
- **Jesus absolutely loves children!** Jesus wants to bless and protect children  
Jesus & children *Luke 18:15-17* *“People were also bringing babies to Jesus for him to place his hands on them. When the disciples saw this, they rebuked them. But Jesus called the children to him and said, **“Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these. Truly I tell you, anyone who will not receive the kingdom of God like a little child will never enter it.”***
- **Parental Role to disciple children** in the ways of the Lord  
*Shema Deuteronomy 6:4-9* *“Hear, O Israel: The LORD our God, the LORD is one. Love the LORD your God with all your heart and with all your soul and with all your strength. These commandments that I give you today are to be on your hearts. **Impress them on your children.** Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up. Tie them as symbols on your hands and bind them on your foreheads. Write them on the doorframes of your houses and on your gates.”*

## HOW TO USE THIS GUIDE

The directions for each section are in a box. During your session the sections in **green** will be spoken by the **leader** of the session. The words in **red** will be spoken by the **parents**. If it is an **older child or teen**, then they will read the words in **orange**. The scriptures are in **blue**.

## MAIN SESSION

**READ** Ephesians: 6:10-17

*Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore, put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God. (The Holy Bible, New International Version®, NIV®, 2011, v. Eph 6:10-17)*

**STATEMENTS OF FAITH** - Have the parents and child, if able, repeat the following statements.

1. We believe in and trust Jesus.
2. We believe Jesus can and will provide freedom.
3. After today, we will try our best to pray to Jesus and read our bibles daily.

**PRAYER:** Father in heaven, we thank you that you are a loving father who takes delight in your children when we come to you for help and deliverance. You are the one true and powerful almighty God. We thank you especially for sending your Son, Jesus of Nazareth, to live among us in the flesh, fully God and fully human, who died on the cross for the complete forgiveness of our sins. He was buried and was raised on the 3<sup>rd</sup> day according to the scriptures. He now sits at your right-hand side and intercedes for us. We thank you also for the Holy Spirit of God that lives within us as disciples in Christ. We now ask that the Holy Spirit's fire would be turned up in us as we seek deliverance from spiritual attachments. We state that we want nothing to do with Satan and his demons and renounce them and their influence. Our desire is that today there would be complete freedom for \_\_\_\_\_. We claim the covering of Christ over each person in this room. We ask now that you send your Holy angels, both warrior angels for protection and deliverance, and ministering angels for healing. We ask that you also protect our families and loved ones by putting a hedge of protection around them right now. We call on the Holy Spirit to guide every step of this session and each person in this room. We thank you for the victory you will give us in the mighty name of Jesus, our Lord, amen.

**STATE OUR AUTHORITY** (in unison): "We have the authority over every spirit in this room as Jesus gave us the authority in Luke chapter 10, to use his name and cast unclean spirits out as Jesus defeated the enemy at the cross and gave us that authority. Amen."

## DECLARATIONS OF TRUTH

- **Victory:** To all the powers of darkness, we declare our **Victory** through our head, the Lord Jesus Christ. We declare that the Lord Jesus Christ has smashed the authority of Satan at the cross of Calvary where He made an open spectacle of your master.  
**Colossians 2:13–15 states:** *And when you were dead in your transgressions and the uncircumcision of your flesh, He made you alive together with Him, having forgiven us all our transgressions, having canceled out the certificate of debt consisting of decrees against us and which was hostile to us; and He has taken it out of the way, having nailed it to the cross. When He had disarmed the rulers and authorities, He made a public display of them, having triumphed over them through Him.*
- **Authority:** We declare our authority over the powers of darkness through the Lord Jesus Christ. In **Luke 10:18–20**, Jesus told those who follow Him: *And He said to them, I was watching Satan fall from heaven like lightning. Behold I have given you authority to tread upon serpents and scorpions, and over all the power of the enemy, and nothing shall injure you. Nevertheless, do not rejoice in this, that the spirits are subject to you, but rejoice that your names are recorded in heaven.*  
We are aware that our joy is in the fact that our names are recorded in heaven. But we also understand that Jesus Christ has delegated authority to us over all the power of the enemy, subjecting the spirits to us through Him.
- **Protection:** From the same Luke 10 passage, we declare our protection from the powers of darkness through our head, the Lord Jesus Christ. Jesus said, *“And nothing shall injure you.”* We declare this to be true through our Lord Jesus Christ and we stand upon this truth.
- **Position:** We declare our position over the powers of darkness in Jesus Christ. Jesus Christ is our head, and we make up His body. **Ephesians 1:18–23 says:** *I pray that the eyes of your heart may be enlightened, so that you may know what is the hope of His calling, what are the riches of the glory of His inheritance in the saints, and what is the surpassing greatness of His power toward us who believe. These are in accordance with the working of the strength of His might which He brought about in Christ, when He raised Him from the dead, and seated Him at His right hand in the heavenly places, far above all rule and authority and power and dominion, and every name that is named, not only in this age, but also in the one to come. And He put all things in subjection under His feet and gave Him as head over all things to the church, which is His body, the fullness of Him who fills all in all.*  
Jesus Christ is over all authority, and He is our head. God has put all authority in this age and the one to come under His feet. As Christians, we are members of His body, seated positionally in the heavens with Him now. Whether we represent the soles of His feet or the hair on the top of His head, we are still positionally above anything placed underneath His feet. (Payne, 2020, pp. 132–134)

## Laying Down the Ground Rules in the Spiritual Realm

- The following ground rules are addressed to the Spiritual Realm
- “Christians have authority! Spirits will submit whether they like it or not as they understand delegated authority of disciples of Jesus Christ, so we now come against the spiritual forces of evil in the heavenly realms by the power and delegated authority of the Lord Jesus.”

1 - **In the name of the Lord Jesus Christ, we bind the strong men.** You will not be allowed to interfere in this process in any way. There will be no outside reinforcement of any kind from other strongmen, principalities, or your master.

2 - **In the name of the Lord Jesus Christ, there will be one-way traffic only,** from \_\_\_\_\_ to the feet of Jesus. When you leave, you will take all of your works and effects and all of your associates and their works and effects with you. You will not be free to affect \_\_\_\_\_ or anyone else in the room.

3 - **In the name of the Lord Jesus Christ, I will give commands stating “We command”** because we claim God-given spiritual authority over this child. The Holy Spirit of God is within us. We stand as a majority, and we stand together against you. We state that \_\_\_\_\_ is a protected child of God who stands against you. You are an unwanted intruder who is going to have to leave upon command. Likewise, \_\_\_\_\_’s parents stand and speak in authority for this child and speak for him/her by their God given authority as disciples of Jesus Christ.

4 - **In the name of the Lord Jesus Christ, there will be no hiding, duplicating, or changing of authority and rank** and you are bound by your current authority structure. You are not permitted to hold on to other spirits and must turn loose when commanded to come out.

5 - **Lastly, in the name of the Lord Jesus Christ, we ask the Holy Spirit of God to enforce all of the ground rules** and to severely punish any spirits who attempt to step outside of the ground rule box.

### **READ 1 John 4** ICB (International Children’s Bible)

*My dear friends, many false prophets are in the world now. So do not believe every spirit. But test the spirits to see if they are from God. <sup>2</sup> This is how you can know God’s Spirit: One spirit says, “I believe that Jesus is the Christ who came to earth and became a man.” That Spirit is from God. <sup>3</sup> Another spirit refuses to say this about Jesus. That spirit is not from God but is the spirit of the Enemy of Christ. You have heard that the Enemy of Christ is coming. And now he is already in the world.*

*<sup>4</sup> My dear children, you belong to God. So, you have defeated them because God’s Spirit, who is in you, is greater than the devil, who is in the world. <sup>5</sup> And they belong to the world. What they say is from the world, and the world listens to them. <sup>6</sup> But we are from God, and those who know God listen to us. But those who are not from God do not listen to us. That is how we know the Spirit that is true and the spirit that is false.*

**(Payne, 2020, p. 130)** \*modified ground rules by Eagle/Robinson

## ROOM 1 (THE FOYER) - ANCESTRAL (FAMILIAL) SIN & CURSES, STRONGHOLDS

### Confess & Cancel The Legal Rights

#### Generational Sins & Curses (older child or teen repeat)

Heavenly Father, I say NO to any spirits who are attached to me because of parent's or grandparent's sins going back all generations. I ask you to **please forgive these sins and cancel any hold** the enemy has on me. I ask you to bless all my ancestors. I want to only trust and follow Jesus. I pray this in Jesus' name. Amen.

#### Generational Sins & Curses (parents - blood related)

Heavenly Father, if there are any spirits who have anything to do with me and my child; body, soul, or spirit because of ancestral or familial sins or curses,, I ask you to **please forgive these sins and cancel any permission** held against us because of ancestral sin back to Adam and Eve. We want nothing to do with ancestral sin or curses. I (we) reject and disown them, and I give this entire area to you. Likewise, if I or my family have been cursed, we return those curses back to where they came from and ask that you cancel the curses upon us or our family. We forgive those who have placed a curse on us and ask that you bless them. I cover myself and my child and family in the blood of Jesus. We pray this in Jesus' name. Amen.

#### Generational Sins & Curses (adoptive parents)

Heavenly Father, As the adoptive parents and legal guardians, we stand in the gap for our child. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of ancestral sin or curses,, we ask you to **please forgive these sins and cancel any permission** held against him/her because of ancestral sin back to Adam and Eve. We renounce all ancestral spirits. Likewise, if my child has been cursed, we return those curses back to where they came from and ask that you cancel the curses upon him/her. We forgive those who have placed a curse on him/her and ask that you bless them. We cover ourselves, our child, and this family in the blood of Jesus. We pray this in Jesus' name. Amen.

### Command

In the name of the Lord Jesus Christ, I address any and all **generational or familiar spirits** in (name)\_\_\_\_\_ who have attached through generational sin and curses to come forward, up and out. These parents have stated their God given authority and designated protection over this child in the name of Jesus. We command that you leave \_\_\_\_\_ with all of your works and effects and go to the place Jesus designates as far as from the east is from the west. You are not permitted to ever return. We command this through the name of the most-high – the name above all names and authorities – the name of the Lord Jesus Christ.

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## ROOM 2 (THE LIVING ROOM) - THE OCCULT AND FALSE BELIEF SYSTEMS

Heavenly Father, I ask that you bring to my mind and my parents mind any, and all false religious beliefs, that I believed, or play with. Please also bring to my mind any ways in which I may have been tricked or cursed.

**Parents: Help your older child or teen circle or highlight any boxes of potential exposure.**

False Religion	Ouija board	Witchcraft, sorcery	Magic 8 ball	Light as a feather, stiff as a board	Dark/Violent Video games	Horror movies	Anti Christian tv shows, movies	Fortune telling	Palm reading
Horoscopes, sigs of zodiac	Hypnosis	Tarot cards	Imaginary friends	Potions, spells	Astrology	Curses placed on others	Crystal s, crystal balls	Dungeons & Dragons	Dark anime, Pokémon
E.S.P, mind control	Inviting in spirits	Charms, amulets	False religious tattoos	Tea leaf reading	Coffee grounds	Contact from aliens	Psychic readings	Hearing voices, nagging thoughts	Spirit Guides
Un-Godly or satanic music	Automatic writing	Mental telepathy	Blood pacts or vows with others	Family History of Free-Masonry	Missionary Family	Monsters	Other		

### Confess & Cancel the Legal Rights

#### **False Religions/Occult (child or teen)**

Heavenly Father, I say NO to any bad things or false beliefs that are not from you. Please forgive me for any bad games or activities that I have played. Please cleanse my mind from bad movies or books or anything else not taught in your Word of truth. I ask you to cancel any permission that the enemy has against me in this area. In Jesus name Amen.

#### **Loosing of Curses (child or teen)**

Heavenly Father, I say NO to any curses that have been placed on me and I return them back to where they came from. I cancel them by the work of Jesus on the cross. I ask you to cancel any permission the enemy has on me in this area. In Jesus name Amen.

### **False Religions/Occult** (parents/guardians)

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all occult and false religious spirits. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of false religions & the occult, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

**History of Free-Masonry in family** (check if anyone in your family line has been involved) (parents read)

1. I declare my allegiance to Jesus, & I renounce all other allegiances.
2. I renounce false blessings (such as the promise of power, money, etc.) and curses against myself or others as well as vows & covenants to the Masonic Lodge and I cover myself in the blood of Jesus.
3. I repent on behalf of my ancestors for their sins & iniquities for their participation and involvement in freemasonry. (Be specific as possible regarding names).
4. I renounce the spirit of Jahbulon and any other Spirits connected to Free-Masonry and command him to release me and my family in the name of Jesus.
5. I renounce and evict the spirits of death and infirmity.
6. I commit to destroy and dispose of all objects in my possession connected to Free-Masonry.

(Ken Fish, 2023, edited MFE)

**Breaking of Word Curses** (check if you have been wounded by words from others) (Child or teen)

Heavenly Father, I have been hurt by words and I choose to say No to any spirits using words against me. I forgive those who hurt me, and I ask that you cancel any permission the enemy has against me in this area. Jesus, please heal my hurt feelings and memory. In Jesus name, Amen.

### **Command**

In the name of the Lord Jesus Christ, I address all spirits of **false religion or the occult** in \_\_\_\_\_ I command you to come forward with all your associates. I bind you all together. I break your yoke in the name of Jesus and command you to come up and out. This child of God and parents have said NO to you and you have no legal right to affect them anymore. We command that you leave \_\_\_\_\_ with all of your works and effects and go to the place Jesus designates as far as from the east is from the west. You are not permitted to ever return. We command this through the name of the most-high – the name above all names and authorities – the name of the Lord Jesus Christ.

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**ROOM 3 (THE KITCHEN) - BONDAGE & STRONGHOLDS, JEALOUSY, ANGER, DESTRUCTION**

Heavenly Father, Help show me my sins and help me see where I have ignored the Bible. Thank you for your forgiveness. In Jesus’ name. Amen.

**Parents: Please help your child to circle any boxes that are strongholds below**

Anger	Rage and destroying objects	Disrespect for parents or teachers	Jealousy	Impure Thoughts	Wanting what others have (envy)	Being selfish	Being greedy by not sharing	Finding fault with others (judgmentalism)	Harmful thoughts against others or self
Gossip or Hurting others with words	Having idols	Sneaking pills or alcohol	Having Arguments	Bigotry (Judging other by their skin color, race, sex)	Being Sarcastic	Bad language	Misuse of food	Depression	Cutting
Lying	Cheating	Stealing	Fighting	Hurting animals	Other				

**Confess & Cancel the Legal Rights (Older child or teen)**

Heavenly Father, I confess that I have sinned by [name each of the sins above] \_\_\_\_\_ . Lord Jesus, I thank you for your work on the cross for the complete forgiveness of my sins. I now ask you, Lord, to forgive me of all these sins. I ask that you now cancel the permission that the enemy has against me in these areas. In Jesus’ name, Amen.

**Parents, help read through and check any boxes that pertain to your child**

**Specific Renouncements**

**Jealousy (child or teen)**

Heavenly Father, I say NO to being jealous for attention against my brothers & sisters or friends. I ask you to please forgive me and bless those that I have been jealous of. I ask you to cancel any permission the enemy has against me in this area. In Jesus name Amen.

### **Jealousy (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of jealousy. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of jealousy, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

### **Anger/Rage/Destruction/Unforgiveness (child or teen)**

Heavenly Father, I say NO to anger and holding a grudge against anyone. The bible tells me to love others and forgive others quickly. Please forgive me for being angry, being destructive and not forgiving others. I do not want to be angry anymore. I ask you to cancel any permission the enemy has against me in this area. Please help me be full of love and joy. In Jesus name Amen.

### **Anger/Rage/Destruction/Unforgiveness (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of anger/rage/destruction and unforgiveness. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of anger/rage or unforgiveness, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

### **Finding Fault or Judgements against others (child or teen)**

Heavenly Father, I say no to finding fault or making judgements of others like my friends, teachers, mother, father, relatives, & others. I ask you to forgive me and I now ask you to bless all the people I have ever judged. I ask you Jesus and cancel all permission to related and connected spirits. In Jesus' name, amen.

### **Finding Fault or Judgements against others (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of judgmentalism and fault finding. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of judgmentalism, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

### **Heaviness/Depression (child or teen)**

Heavenly Father, I confess that I have believed the lies that you do not care for me and that you do not want to give me your joy. I say no to any form of depression. I thank you for your forgiveness. I ask that you cancel any permission that the enemy has against me in this area. I thank you that my joy is made complete in Christ. In Jesus' Name, Amen.

**Heaviness/Depression (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of heaviness or depression. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of heaviness or depression, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

**Impurity: Looking at Bad Internet Pictures or magazines (child or teen)**

Heavenly Father, I confess that I have looked at pictures that I should not have seen on the computer or magazine. I am sorry and ask you to forgive me and ask that you cancel the permission the enemy has against me. Thank you for your forgiveness. In Jesus' name, Amen.

**Impurity (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of Impurity or Unclean Spirits. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of Impurity, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

**Self-Harm or Harming Others (child or teen)**

Heavenly Father, I confess that I have thought about harming myself or others. Please forgive me as I know that I am beautifully and wonderfully made in God's image. I say no to the enemy who lies and tells me that I am worthless or not valuable. I am loved by you God, and I now ask you to cancel the permission the enemy has against me. In Jesus' name. Amen.

**Self-Harm or Harming Others (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of self-harm or harm of others. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of self-harm or harm of others, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

**Substance Abuse including Eating Disorders (child or teen)**

Heavenly Father, I confess that I have abused food or medications I should not have. I say no to trying to find joy in anything but you Jesus. I say no to the abuse or misuse of food or medications/drugs. I ask that you forgive me and cancel the permission the enemy has against me. In Jesus' name, name.

**Substance Abuse/Eating Disorders (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of substance abuse and eating disorders including anorexia and bulimia. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of substance abuse or eating disorders, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

**Self-Mutilation/Cutting (child or teen)**

Heavenly Father, I confess that I have mistreated my body by cutting or self-harming. Please forgive me. I say no to this. I ask you to forgive me and help me find my joy in you. I ask that you cancel the permission the enemy has against me in this area. In Jesus' name, Amen.

**Self-Mutilation/Cutting (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of Self-Mutilation & Cutting. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of Self-Mutilation or Cutting, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

**Other (name stronghold(s) that come to mind not already listed (child or teen)**

Heavenly Father, I confess that I have sinned against you by \_\_\_\_\_. I ask you to forgive me. I renounce this and ask that you cancel any permission the enemy has against me in this area. I ask you to bless me in Jesus' name. Amen.

**Other (name stronghold(s) (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of \_\_\_\_\_. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of \_\_\_\_\_, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

**Command**

In the name of the Lord Jesus Christ, I address any **spirit of Anger, Rage, Destruction, Jealousy, Envy, Self-Harm, Harm to Others, Substance Abuse, Depression, Impurity, Jealousy and any other Bondage Spirits**, I command you to come forward with all your associates. I bind you all together. I break your yoke in the name of Jesus and command you to come up and out. This child of God and parents have said NO to you, and you have no legal right to affect them anymore. We command that you leave \_\_\_\_\_ with all of your works and effects and go to the place Jesus designates as far as from the east is from the west. You are not permitted to ever return. We command this through the name of the most-high – the name above all names and authorities – the name of the Lord Jesus Christ.

## ROOM 4 (THE FAMILY ROOM) – LYING, DECEPTION

### **Lying/Deceit (child or teen)**

Heavenly Father, I say NO to lying. The bible tells me to always tell the truth. Please forgive me for lying. Please help me be truthful and love others more than myself. I ask you to cancel any permission the enemy has on me in this area. In Jesus name Amen.

### **Lying/Deceit (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all lying and deceitful spirits. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of lying or deceit, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

### **Command**

In the name of the Lord Jesus Christ, I address any **spirit of Falsehood or Deception** in \_\_\_\_\_ I command you to come forward with all your associates. I bind you all together. I break your yoke in the name of Jesus and command you come up and out. This child of God and parents have said NO to you, and you have no legal right to affect them anymore. We command that you leave \_\_\_\_\_ with all of your works and effects and go to place Jesus designates as far as from the east is from the west. You are not permitted to ever return. We command this through the name of the most-high – the name above all names and authorities – the name of the Lord Jesus Christ.

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## ROOM 5 (THE BASEMENT) - FEAR & ANXIETY

### **Fear/Anxiety (child or teen)**

Heavenly Father, I say NO to fear. You have given me a spirit of love and power and self-discipline and perfect love drives away fear. Please forgive me for not trusting you. Please cancel any permission the enemy has against me in this area. Please help me be strong and courageous and look to Jesus for strength.

### **Fear/Anxiety (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of fear and anxiety. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of fear or anxiety, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

## **Command**

In the name of the Lord Jesus Christ, I address any **spirit of Fear, or Anxiety** in \_\_\_\_\_ I command you to come forward with all your associates. I bind you all together. I break your yoke in the name of Jesus and command you to come up and out. This child of God and parents have said NO to you, and you have no legal right to affect them anymore. We command that you leave \_\_\_\_\_ with all of your works and effects and go to the place Jesus designates as far as from the east is from the west. You are not permitted to ever return. We command this through the name of the most-high – the name above all names and authorities – the name of the Lord Jesus Christ

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## **ROOM 6 (THE ATTIC) - UNFORGIVENESS**

*On a sheet of paper, write the names of people you would like to forgive. Write what they did or failed to do. You may include places such as a school or program you were part of. Write how it made you feel. For example, It made me sad or angry or jealous, etc.*

### **Unforgiveness (child or teen)**

Heavenly Father, I say NO to anger and holding a grudge against anyone. The bible tells me to love others and forgive others quickly. Please forgive me for not forgiving others. I do not want to feel hurt anymore. I ask you to cancel any permission the enemy has against me in this area. Please help me be full of love and joy. In Jesus name Amen.

### **Unforgiveness (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of unforgiveness, and we forgive those listed as well. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of unforgiveness, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

## **Command**

In the name of the Lord Jesus Christ, I address any **spirit of unforgiveness** in \_\_\_\_\_ I command you to come forward with all your associates. I bind you all together. I break your yoke in the name of Jesus and command you to come up and out. This child of God and parents have said NO to you, and you have no legal right to affect them anymore. We command that you leave \_\_\_\_\_ with all of your works and effects and go to the place Jesus designates as far as from the east is from the west. You are not permitted to ever return. We command this through the name of the most-high – the name above all names and authorities – the name of the Lord Jesus Christ.

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## ROOM 7 (THE BEDROOM) - PRIDE (INCLUDING, SABOTAGE, CHAOS, MOCKERY)

### **Disrespecting authority /Pride (child or teen)**

Heavenly Father, I say NO to disrespect and doing things my way when you tell me to honor those in authority such as my parents, my elders, and teachers. Please forgive me. Please help me be humble and love others more than myself and always be respectful. I ask you to cancel any permission the enemy has against me in this area. In Jesus name Amen.

### **Disrespecting authority/Pride (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of pride and disrespect for authority. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of pride or disrespect, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

### **Chaos/Sabotage/Mayhem/Mockery (child or teen)**

Heavenly Father, I say NO to any spirit of chaos, sabotage, mayhem or mockery affecting me or my family. I ask you to cancel any permission the enemy has against me in this area. In Jesus name Amen.

### **Chaos/Sabotage /Mayhem (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of chaos or sabotage & mayhem linked to our family or this child. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of chaos or sabotage or mayhem, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

### **Command**

In the name of the Lord Jesus Christ, I address any **spirit of pride, disrespect for authority, sabotage, chaos, mockery or mayhem** in \_\_\_\_\_ I command you to come forward with all your associates. I bind you all together. I break your yoke in the name of Jesus and command you to come up and out. This child of God and parents have said NO to you, and you have no legal right to affect them anymore. We command that you leave \_\_\_\_\_ with all your works and effects and go to the place Jesus designates as far as from the east is from the west. You are not permitted to ever return. We command this through the name of the most-high – the name above all names and authorities – the name of the Lord Jesus Christ.

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## ROOM 8 (THE GARAGE) – REBELLION, DISRESPECTING AUTHORITY

### **Rebellion (child or teen)**

Heavenly Father, I say NO to my rebellion and doing things my way when you tell me to honor my parents and to respect those in authority. Please forgive me. Please help me be humble and love others more than myself. I ask you to cancel any permission that the enemy has against me in this area. In Jesus name, Amen.

### **Rebellion (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of rebellion. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of rebellion, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

### **Command**

In the name of the Lord Jesus Christ, I address any **spirit of Rebellion** in \_\_\_\_\_ I command you to come forward with all your associates. I bind you all together. I break your yoke in the name of Jesus and command you to come up and out. This child of God and parents have said NO to you, and you have no legal right to affect them anymore. We command that you leave \_\_\_\_\_ with all of your works and effects and go to the place Jesus designates as far as from the east is from the west. You are not permitted to ever return. We command this through the name of the most-high – the name above all names and authorities – the name of the Lord Jesus Christ.

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## ROOM9 (BATHROOM) - ABUSE/SHAME/REJECTION/HOPELESSNESS/DEPRESSION

Loving father, I confess that I have believed the lies of the enemy that tell me that I am not good enough, or worthless. Father, please forgive me for believing these lies and I accept your love and your truth that I am your precious child. I ask you to cancel the permission that the enemy has gained in my life In Jesus' name, Amen. (Child or teen prayer)

### **Specific Renouncements**

#### **Abuse (child or teen)**

Heavenly Father, I say NO to any wrong that people have done to harm me, either physical or verbal. I ask you to please forgive them and bless them. I ask you to cancel any permission the enemy has against me in this area. In Jesus name Amen.

**Abuse (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of abuse. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of abuse – verbal, mental, or physical, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

**Guilt/Shame (child or teen)**

Heavenly Father, I confess that I have shame, and I now want you to help me. I am loved and forgiven by Jesus. I say no to shame. I am a new creation in Christ and have been washed clean. I thank you Lord Jesus. I now ask that you cancel any permission the enemy has against me in this area. I pray that your Holy Spirit fill me with joy, and peace. In Jesus Name, Amen.

**Guilt/Shame (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of shame. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of shame, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

**Rejection (from Parents or an Unwanted Pregnancy) Adoption (child or teen)**

Heavenly Father, I ask you to forgive me for judging my parents for not feeling wanted. I say no to a Spirit of rejection. I know that I am loved and a child of God. I forgive my birth parents and ask that you bless them. I ask that you cancel any permission the enemy may have against me. I thank you, for those who love me and care for me. In Jesus' name, Amen.

**Rejection (parents/guardians)**

Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of rejection. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of rejection, we ask you to **please forgive these sins and permission any ground** held against him/her. We pray this in Jesus' name. Amen.

**Heaviness/Loneliness/Hopelessness/Discouragement/Depression (child or teen)**

Heavenly Father, I confess to you that I have felt alone, hopeless and sad. I know you tell me that I am never alone and that you are always with me. I say no to any spirits of heaviness, loneliness, hopelessness, discouragement, and depression and their family of spirits. I thank you Jesus for being my friend, and great shepherd. God, I ask you to cancel any permission that the enemy has against me. In Jesus name, Amen.

**Heaviness/Loneliness/Hopelessness/Discouragement/Depression (parents/guardians)**  
Heavenly Father, As parents & legal guardians, we stand in the gap for our child. We renounce all spirits of Heaviness, loneliness, hopelessness, discouragement, and depression and any related spirits. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of rejection, we ask you to **please forgive these sins and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

### Command

In the name of the Lord Jesus Christ, I address any **spirit of Abuse, Shame, Rejection, Hopelessness, Depression, Despair, Discouragement, Heaviness, or related family** in \_\_\_\_\_ I command you to come forward with all your associates. I bind you all together. I break your yoke in the name of Jesus and command you to come up and out. This child of God and parents have said NO to you, and you have no legal right to affect them anymore. We command that you leave \_\_\_\_\_ with all of your works and effects and go to the place Jesus designates as far as from the east is from the west. You are not permitted to ever return. We command this through the name of the most-high – the name above all names and authorities – the name of the Lord Jesus Christ.

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## ROOM 10 (THE BONUS ROOM) - INFIRMITY/SICKNESS/MENTAL ILLNESS/ALTERED DEVELOPMENT

### **Infirmary/Sickness (child or teen)**

Heavenly Father, I want to be healthy. I say no to any spirit of sickness. I say no to: [Name illnesses] \_\_\_\_\_

I ask you to cancel any permission that the enemy may have against me in these areas of sickness and I ask you to **heal me and bless me** in the name of Jesus Christ. Amen.

### **Infirmary/Sickness (parents/guardians)**

Heavenly Father, as parents & legal guardians, we stand in the gap for our child. We renounce all spirits of infirmity that have passed onto or into our child. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of infirmity, we ask you to **please forgive any associated sins or curses back to Adam and Eve that may have brought this on and cancel any permission** held against him/her. We pray this in Jesus' name. Amen.

**Mental Illness/ Psychic Heredity (child or teen)**

Heavenly Father, I want to have a healthy mind. I say no to any spirits of mind sickness. I ask you to cancel any permission the enemy has against me. I ask you to heal my mind and bless me. In Jesus' Name, Amen.

**Mental Illness/ Psychic Heredity (parents) (parents/guardians)**

Heavenly Father, I now renounce, break and loose our family and my child from all psychic powers, bondages, or bonds of mental illness as the result of the actions of myself or my ancestors. I ask that you cancel any generational curses in the area of mental illness going back to Adam and Eve. I ask that you bind the strong man spirits and cut the silver chords and severe any astral projections that are affecting my child's mind and that you free up his/her mind to think clearly.

I ask you to break away any spirits causing seizures, cloudy thinking, tremors, headaches, visual disturbances, altered perception, spasms, paranoia, Obsessive compulsive disorder, depression, anxiety, panic attacks, mania, bipolar, dyslexia, schizophrenia, or other mental strongholds. I ask you to cancel any permission the enemy has against him/her in this area. I ask you, Holy Spirit to heal his/her mind and restore its full functionality. We thank you for your healing power, In Jesus name.

**Arrested or Altered Development (child or teen)**

Heavenly Father, I want to be healthy in my body and mind. I say no to any spirits of sickness of altered development. I ask you to cancel any permission the enemy has against me. I ask you to heal my body, my mind and bless me with full healing. In Jesus' Name, Amen.

**Arrested or Altered Development (parents/guardians)**

Heavenly Father, as parents & legal guardians, we stand in the gap for our child. We renounce all spirits of Arrested Development that have passed onto or into our child. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of arrested development, we ask you to **please forgive any associated sins or curses back to Adam and Eve that may have brought this on and cancel any ground held against him/her**

We now renounce, break and loose our family and my children from Insanity, Schizophrenia, PTSD, Trauma, Alzheimer's, Dementia, Bed Wetting, Autism, Multiple Personality Disorder, DID, Bipolar Disorder, ADHD, Dyslexia, Double-Mindedness, Madness, Hallucinations, Numbness, Obsessive-Compulsive Disorder, Hysteria, Irrationality, Codependency and Chaos Disorder.

I ask you God to cancel the permission that any demonic spirits have on me or my family line and I ask you to bring full healing by the powerful name of Jesus Christ. Thank you for your healing power, in Jesus' name, Amen

**Confusion** (Trouble concentrating in school, worship or reading God's Word) (child or teen)  
Heavenly Father, I want to think clearly. I say no to any spirits that cloud my thinking. I ask you to cancel any permission the enemy has against me. I ask you to clear my mind to think clearly and bless me. In Jesus name, Amen.

**Confusion/Mind Control** (Trouble concentrating in school, worship or reading God's Word) (parents/guardians)

Heavenly Father, as parents & legal guardians, we stand in the gap for our child. We renounce all spirits of infirmity that have passed onto or into our child. If there are any spirits who have anything to do with our (my) child; body, soul, or spirit because of confusion or mind control, we ask you to **please forgive any associated sins or curses back to Adam and Eve that may have brought this on and cancel any permission held against him/her.**

We renounce the enemy and any satanic influence or control over my child's mind which would confuse, cloud, or prevent him/her from having clear thoughts. We renounce confusion, frustration, forgetfulness, and incoherence. We ask that you bind the enemy in the name of Jesus Christ and that you free his/her mind to experience the full power and voice of the Holy Spirit. We ask you to break any generational curses back to Adam and Eve that would prevent them from thinking clearly. We also ask you to break any curses placed against them and we return them back to where they came from in Jesus' name. We now ask that you now bless him/her by healing their thought patterns to give them crisp, clear thinking. We ask that you flood their mind with whatever is true, good, noble, pure, excellent, & praiseworthy. We thank you in the name of Jesus. Amen.

### **Command**

In the name of the Lord Jesus Christ, I address any **spirit of Infirmity, Mental Illness, or Altered Development** in \_\_\_\_\_ I command you to come forward with all your associates. I bind you all together. I break your yoke in the name of Jesus and command you to come up and out. This child of God and parents have said NO to you, and you have no legal right to affect them anymore. We command that you leave \_\_\_\_\_ with all of your works and effects and go to the place Jesus designates as far as from the east is from the west. You are not permitted to ever return. We command this through the name of the most-high – the name above all names and authorities – the name of the Lord Jesus Christ.

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## ROOM 11 (THE MASTER CLOSET) - NIGHTMARES/RESTLESSNESS

### **Nightmares and Bad Dreams (child or teen)**

Jesus, I have had bad dreams. I know that you love me and protect me. I do not want bad dreams. I now say no to any spirits that may be causing bad dreams. I ask you to cancel any permission the enemy has against me. I ask you to give me peaceful rest and sleep and bless me. I ask you to assign angels to protect me at night. In Jesus name, Amen.

### **Nightmares and Bad Dreams (parents/guardians)**

Heavenly Father, as parents & legal guardians, we stand in the gap for our child. We renounce all spirits of nightmares that have been harassing our child. If there are any spirits causing nightmares, we ask you to **please forgive any associated sins or curses back to Adam and Eve that may have brought this on and cancel any permission** held against our child.

We repent of all iniquities and judgements operating that allow demons to operate in their unconscious and subconscious mind We renounce all spirits causing terror or fear and we cancel their authority to operate in the name of Jesus. We cover our family and child with the blood of Jesus. We ask you, Holy Spirit to fill his/her mind with peaceful sleep. We ask for warrior angels to be assigned to protect our child. We thank you in Jesus' name, Amen.

### **Command**

In the name of the Lord Jesus Christ, I address any **spirit of Nightmares** in \_\_\_\_\_ I command you to come forward with all your associates. I bind you all together. I break your yoke in the name of Jesus and command you to come up and out. This child of God and parents have said NO to you, and you have no legal right to affect them anymore. We command that you leave \_\_\_\_\_ with all of your works and effects and go to the place Jesus designates as far as from the east is from the west. You are not permitted to ever return. We command this through the name of the most-high – the name above all names and authorities – the name of the Lord Jesus Christ.

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## ROOM 12 (THE GUEST ROOM & REMAINING ROOMS) - MOP UP

Father in heaven, I am asking You in the name of the Lord Jesus Christ, to forgive all of the sin and cancel all of the permission associated with that spirit holding highest authority in my life, OTHER than the Holy Spirit. I want only the Holy Spirit controlling every area of my life, but I do not want anything to do with demonic spirits. I thank you in the name of the Lord Jesus Christ. (Older child or teen)

Father in heaven, I am asking You in the name of the Lord Jesus Christ, to forgive all of the sin and cancel all of the permission associated with that spirit holding highest authority in my child's life, OTHER than the Holy Spirit. I want only the Holy Spirit controlling every area of their life, We declare in our God given authority to spiritually protect our child and state clearly that our family does not want anything to do with demonic spirits. I thank you in the name of the Lord Jesus Christ. (parents/guardians)

### **FINAL COMMAND PRAYER**

In the name of the Lord Jesus Christ, I address any remaining spirits left affecting\_\_\_\_\_ I command you to come forward with all your associates. I now bind any remaining spirits all together. I break your yoke in the name of Jesus and command you to come up and out. This child of God and parents have said NO to you, and you have no legal right to affect them anymore. We command that you leave \_\_\_\_\_ with all of your works and effects and go to the place Jesus designates as far as from the east is from the west. You are not permitted to ever return. We command this through the name of the most-high – the name above all names and authorities – the name of the Lord Jesus Christ.

### **Commit: Filling Prayer ENTIRE HOUSE**

Holy Spirit, we now ask you to come and fully fill each room just emptied and fill this child's entire house and that your power would rule ALL areas of their life and these family members.. May they only hear your voice and your truth. Amen.

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## THE GARDEN - REAL PRAYER & OR ABIDING PRAYERS

*Time of healing and abiding with Jesus- prayer by leader. Pick a place of peace and paint a picture asking the child to help fill in details. Invite Jesus into the scene. Spend time abiding with Jesus to further heal.*

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## CLOSING & SEALING PRAYER

In the name of Jesus Christ, I forbid any backlash, retaliation, retribution, revenge, torment, harassment, or punishment to come against \_\_\_\_\_, his/her family, me, or my family, or our ministries. We break every strategy of the enemy to come against us under the blood of Jesus. Heavenly Father, I asked you to cover each of us, and we will bring all that concerns us under your divine protection. I claim the promises of Psalm 91 over all of us. I ask you to assign a heavenly angel to protect each of us after this session.

We now ask you God to shut any open doors and seal what has been done which cannot be undone. I ask you to cleanse this room and bring your peace over each of us. I ask you to give us good and healthy rest and healing that we may awaken refreshed and renewed to be effective and productive disciples of King Jesus to proclaim the wonders of your Love. In Jesus name. Amen.

(Kay Elise Tolman, 2016, p. 124 modified by Eagle)

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## THE FOUNDATION - THE TRUTH ABOUT GOD, JESUS, THE HOLY SPIRIT & MYSELF

### I Embrace The Good News Concerning Jesus

#### I Believe in God and Jesus Christ, the Messiah

- **One True and Living God:** I believe there is one true and living God who is the Father, Son, and Holy Spirit. He deserves all honor and praise because He made everything and keeps everything together. (See Exodus 20:2-3; Colossians 1:16-17)
- **Jesus Christ the Savior:** I believe Jesus Christ is the Savior who became human and lived among us. He came to stop the devil and defeated evil rulers. (See John 1:1,14; Colossians 2:15; 1 John 3:8)
- **The Authority of Jesus:** I believe Jesus has all authority in heaven and on earth. He is in charge of everything, and I am complete in Him. I believe Satan and his demons are subject to me in Christ because I am part of Christ's body. Therefore, I submit to God and resist the devil. (See Matthew 28:18; Ephesians 1:19-23; Colossians 2:10; James 4:7)

## In Christ, I Have Salvation and Forgiveness

- **God's Love and Salvation:** I believe God showed His love for me by letting Christ die for me while I was still a sinner. He saved me from darkness and brought me into His kingdom, giving me forgiveness. (See Romans 5:8; Colossians 1:13-14)
- **Child of God:** I believe I am now a child of God and seated with Christ in heaven. I was saved by grace through faith, which is a gift and not because of anything I did. (See Ephesians 2:6, 8-9; 1 John 3:1-3)

## God Grants Me Spiritual Strength and Protection

- **Strength in the Lord:** I choose to be strong in the Lord. I do not rely on my own strength but use God's power to fight against evil. I put on the full armor of God and stand firm in my faith. (See 2 Corinthians 10:4; Ephesians 6:10-20; Philippians 3:3)
- **Guidance of the Holy Spirit:** By faith, I choose to be filled with the Holy Spirit to be guided into all truth. I walk by the Spirit to avoid sinful desires. (See John 16:13; Galatians 5:16; Ephesians 5:18)

## I am Dependent on Christ

- **My Complete Dependence on Christ:** I believe I can do nothing without Christ, so I depend completely on Him. I stay close to Christ to bear good fruit and glorify God. I reject any false gifts or works of Satan. (See John 15:5,8; 1 Corinthians 12:3)
- **Truth and Freedom in Christ:** I believe the truth will set me free, and Jesus is the truth. Walking in the light is the only way to have true fellowship with God and others. I stand against Satan's lies by following Christ and declaring that the Bible is the true guide for life. (See John 8:32, 8:36, 14:6; 2 Corinthians 10:5; 2 Timothy 3:15-17; 1 John 1:3-7)

## I Choose Transformation and Renewal

- **A Living Sacrifice:** I choose to offer my body to God as a living and holy sacrifice and use my body for good. I renew my mind with God's Word to know His good, acceptable, and perfect will. I put off my old sinful self and become a new creation in Christ. (See Romans 6:13, 12:1-2; 2 Corinthians 5:17; Colossians 3:9-10)

## I Choose Love and Obedience

- **The Greatest Commandments:** I give up selfish goals and choose to love. I follow the greatest commandments: to love God with all my heart, soul, mind, and strength, and to love my neighbor as myself. (See Matthew 22:37-39; 1 Timothy 1:5)

## Believe The Truths About God's Nature

### God is Always Present and Interested

- I give up believing the lie that You, Father God, are far away and don't care about me. **I choose to believe the truth** that You, Father God, are always with me, have good plans for me, and have good things for me to do. (Psalm 139:1-18; Jeremiah 29:11; Matthew 28:20; Ephesians 2:10)

### God Knows and Cares About Me

- I give up believing the lie that You, Father God, don't know or care about me. **I choose to believe the truth** that You, Father God, are kind and know everything about me. (Psalm 103:8-14; Hebrews 4:12-13; 1 John 3:1-3)

### God is Accepting and Supportive

- I give up believing the lie that You, Father God, are strict and expect too much from me. **I choose to believe the truth** that You, Father God, accept and support me. (Romans 5:8-11; Romans 15:7)

### God is Warm and Loving

- I give up believing the lie that You, Father God, are cold and don't care about me. **I choose to believe the truth** that You, Father God, are warm and love me. (Isaiah 40:11; Hosea 11:3-4)

### God is Always Here and Eager to Help

- I give up believing the lie that You, Father God, are too busy for me. **I choose to believe the truth** that You, Father God, are always here and want to help me be my best. (Philippians 1:6; Hebrews 13:5)

### God is Patient and Loving, Even in Discipline

- I give up believing the lie that You, Father God, are angry or don't love me. **I choose to believe the truth** that You, Father God, are patient and loving, and discipline me because You care. (Exodus 34:6; Romans 2:4; Hebrews 12:5-11)

### God is Loving and Protective

- I give up believing the lie that You, Father God, are mean or hurtful to me. **I choose to believe the truth** that Satan is mean, but You, Father God, are loving and protective. (Psalm 18:2; Matthew 11:28-30; Ephesians 6:10-18)

## God Created Life for Love, Joy, and Peace

- I give up believing the lie that You, Father God, don't want me to have fun. **I choose to believe the truth** that You, Father God, created life and want me to have love, joy, and peace. (Galatians 5:22-24; Philippians 4:11-13; 1 Timothy 6:6)

## God Gives Freedom and Growth

- I give up believing the lie that You, Father God, control and manipulate me. **I choose to believe the truth** that You, Father God, set me free to make choices and grow in Your love. (Galatians 5:1; Hebrews 4:15-16)

## God Has Forgiveness All My Sins

- I give up believing the lie that You, Father God, have not forgiven me. **I choose to believe the truth** that You, Father God, have forgiven all my sins and won't hold them against me. (Jeremiah 31:31-34; Romans 8:1)

## God is Patient and Forgiving

- I give up believing the lie that You, Father God, reject me when I make mistakes. **I choose to believe the truth** that You, Father God, are patient and forgive me when I mess up. (Proverbs 24:16; 1 John 1:7-2:2)

## God Values Me

I accept the truth that I am the apple of Your eye and I am precious in Your sight! (Deuteronomy 32:9-10; Psalm 17:8; Isaiah 43:4)

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## I Accept Who I am Because of Jesus

## I Declare that I am Accepted because of Jesus

- I have been forgiven and my sins are gone. (Colossians 1:14)
- I belong to God because I was bought with a price. (1 Corinthians 6:19-20)
- I have been made right with God. (Romans 5:1)
- I am God's child. (John 1:12, Ephesians 1:5)
- I am Christ's friend. (John 15:14-15)
- I am united with the Lord and one spirit with Him. (1 Corinthians 6:17)
- I am a member of Christ's body. (1 Corinthians 12:27)
- I am a saint, which means I am holy. (Hebrews 2:11; Hebrews 10:14)
- I can talk directly to God through the Holy Spirit. (Ephesians 2:18)
- I am complete in Christ. (Colossians 2:10)

## I am Secure because of Jesus

- I am no longer condemned. (Romans 8:1-2)
- Everything works out for my good because of God. (Romans 8:28)
- If God is with us, no one can blame or harm us because Jesus is helping us. (Romans 8:31-34)
- Nothing can separate me from God's love. (Romans 8:35-39)
- God has made me strong, chosen, and marked by Him. (2 Corinthians 1:21-22)
- The good work God started in me will be finished. (Philippians 1:6)
- I am a citizen of heaven. (Philippians 3:20)
- I am hidden with Christ in God. (Colossians 3:3)
- I have a spirit of power, love, and self-control, not fear. (2 Timothy 1:7)
- I can find help from God when I need it. (Hebrews 4:16)
- I am born of God, and the evil one cannot harm me. (1 John 5:18)

## I Accept God's Grace

- I am covered by God's grace and mercy. (Exodus 3:14; John 8:24, 28, 58; 1 Corinthians 15:10)
- I am saved by the free gift of grace through my faith in Jesus (Eph 2:8-9)

## I am Significant Because of Jesus

- I am the salt of the earth and the light of the world. (Matthew 5:13-14)
- I am a branch of Jesus, who gives me life. (John 15:1, 5)
- God has chosen me to bear good fruit. (John 15:1-8, 16, Galatians 5:22-23))
- I am a witness of Christ with the power of the Spirit. (Acts 1:8)
- I am a temple of God & the Holy Spirit resides in me. (1 Corinthians 3:16, 6:19))
- I help bring people back to God. (2 Corinthians 5:17-21)
- I work together with God. (2 Corinthians 6:1)

- I am seated with Christ in heaven. (Ephesians 2:6)
- I am God's creation, made to do good things. (Ephesians 2:10)
- I can come to God with freedom and confidence. (Ephesians 3:12)
- I can do everything with Christ's strength. (Philippians 4:13)

## I Accept My Freedom & Identity Because of Jesus

- I am no longer a prisoner and have been set free (Luke 4:16-19)
- The light of Jesus overcomes any and all darkness (John 1:1-5)
- Jesus is above all power, authority, ruler and dominion (Ephesians 1:20-21)
- Jesus rescued me from the darkness and brought me into his kingdom (Colossians 1:12-14)
- The truth in Christ has set me free (John 8:31-32)
- I am healed through my confessions (James 5:16)
- Jesus constantly purifies me of my sin (1 John 1:5-7)
- I am a disciple of Jesus to do his will and obey his teachings (Matthew 28:16-20)
- God's wisdom is revealed through me to heavenly beings (Ephesians 3:20)
- I am part of the body of Christ and he is my master (Ephesians 1:18-23)
- In Jesus, I am complete and placed above spiritual beings (Colossians 2:10)
- Jesus disarmed the enemy and canceled my debt on the cross (Colossians 2:13-15)
- Jesus gave me (a disciple) authority & power to cast out demons and heal the sick using his name (Luke 10:18-19, Mark 16:15-20)
- The enemy can not injure me (Luke 10:18-19, Psalm 91)
- Jesus calls me to do great works for him (John 14:12-14, Ephesians 2:10)
- God gives me battle armor to protect me. (Ephesians 6:10-13)
- God equips me with weapons to defeat the enemy (Ephesians 6:13-18)
- God gives me spiritual weapons to demolish strongholds (2 Corinthians 10:3-5)
- I destroy all obstacles in the way of knowing God (2 Corinthians 10:5)
- When I ask, God draws near to me and the devil flees (James 4:7-10)
- I have victory over the accuser by the blood of the Lamb & the word of my testimony (Revelation 12:10-11)
- I have the same power in me that rose Jesus from the dead (Ephesians 1:18-23)
- God's Word is powerful and helps mold me (Hebrews 4:12-13)
- Jesus came to give me a full life (John 10:10)
- I am part of a royal priesthood (1 Peter 2:9)
- I am being transformed into the image of Jesus (2 Corinthians 3:18)
- Jesus constantly transforms and renews my mind (Romans 12:2)
- God gives me incredible peace and takes away my anxiety (Philippians 4:6-7)
- Anything is possible for one who believes (Mark 9:21-22)
- Where the Spirit of the Lord is, there is freedom! (2 Corinthians 3:17-18)

*\*These statements have been adopted, added to, and modified by Eagle & Robinson assisted by Chat GPT. A large percentage of above material is gleaned from from Neil Anderson's "Steps to Freedom".\* [Freedom in Christ Ministries](<https://www.ficm.org>)*

*Then, read this prayer aloud in every room of your home and claim those spaces for God. We also recommend walking and praying over your property perimeter outside.*

## HOME CLEANSING PRAYERS

### Possession of Occult Objects in Home

Heavenly Father, I **confess** as sin, my obtaining and possessing objects, art, crafts and jewelry that were made or were originated by anyone who has been or is presently involved in the occult including voodoo, witchcraft or other occult practices or false religions that are forbidden in Your Word. I renounce all involvement, whether knowingly or in ignorance, with the occult and demonic spirits or Satan. If any evil spirits have gained access to my home, my life, my mind or even my family members, I now renounce and resist them. I cover myself with the blood of Jesus. I ask You to forgive me and I ask You to **cancel** any ground that the enemy has against me in this area. I command any such spirits to leave me, my children, my adopted children, my house and property, my pets or animals and all my possessions. I pray this in the name of Jesus Christ, amen.

(Anderson, 2017, p.25 modified by Eagle)

### Spiritual Cleansing of Home, Room or Apartment

Dear Heavenly Father, I acknowledge and **confess** that You are the Lord of heaven and earth. In Your sovereign power and love, You have entrusted many things to me. Thank You for this place to live. I claim my home as a place of spiritual safety for me and my family and ask for Your protection from all the attacks of the enemy. I ask you to **cancel** any permission the enemy has against myself, our family or this place. As a child of God, raised up and seated with Christ in the heavenly places, I **command** every evil spirit claiming ground in this place, based on the activities of past or present occupants, including me and my family, to leave and never return. I renounce all demonic assignments directed against this place. I ask You, Heavenly Father, to post Your holy angels around this place to guard it from any and all attempts of the enemy to enter and disturb Your purposes for me and my family. I thank You, Lord, for doing this in the name of the Lord Jesus Christ. Amen. (Anderson, 2017, p. 25 modified by Eagle)

## **APPENDIX 1 - REAL PRAYER & ABIDING PRAYER**

## R.E.A.L. Prayer

The **R.E.A.L** prayer exercise is an opportunity for the participant to experience healing from painful memories. When we talk about healing memories, we are talking about helping people connect with Jesus in such a way that *He* heals the pain of the past. The focus in your session is to deal with only ONE memory, with the participant's understanding that in the future they can apply this exercise to any and all memories which need to be healed. The following are the prayers which the participant will pray, taken from Dr. Marcus Warner's book, *A Deeper Walk* (p.70):

Have the participant repeat this prayer as you guide them through it:

**R - Father, help me to REMEMBER / whatever memory You want to heal.**

Give them a moment, and then ask them if they've been shown the memory which needs to be healed. When they have the memory, continue to guide them through the next prayer.

**E - Father, EXPLORE this memory with me. / What do I need to remember about it?**

This often includes the deep emotions involved, physical setting and who is present. Other details may include how old they are, what people are wearing, time of day, etc. Once they have explored the memory, guide them through the next prayer.

**A - Father, I ASK you/ to do whatever you need to do/ to heal this memory.**

Give them some time to focus on what's happening. When you sense the time is right, proceed with the next step.

**L - LISTEN** - Ask the participant to revisit the memory in their mind and see if anything is different. You can ask if anything feels different or if they have any new thoughts.

Often the response will be that they feel peace, the Lord's presence and the pain of the memory fading.

Take some time afterwards to guide them through the following prayer:

**Lord Jesus, thank You for the miracle You have performed in my life at this moment. I acknowledge that You are the Healer and the one who brings me freedom. Thank You for the ways You show me how much You love me. I pray this in the name of Jesus Christ, amen.**

Be sure to remind the participant that R.E.A.L. Prayer is something that they are able to do on their own with any memory that needs to be healed. You can encourage them to journal each time they do this. Journaling these miraculous times with Jesus will provide an account for just

how *real* and *intimate* He is! It's wonderful to go back through your own journal and look at the ways He's been faithful!

## ABIDING PRAYER

An abiding prayer in the context of this freedom and deliverance session should be conducted as follows:

- 1) Explain the following to the participant: We are now going to enter into a time of abiding with Jesus. During this time, we'll invite Jesus to join you in your own "place of peace."
- 2) Now ask the participant: Where is a place where you feel most at peace? These places are often called "thin places," where the distance between God and us seems very thin. For some, it's the beach, for others it can be the mountains and for others it can be a familiar room or home. Wherever it may be for you, imagine it now. Do you have this place in mind? Where is it?
- 3) Have the participant close their eyes and describe the details of where they are. You can ask questions like the following:
  - a) What time of day is it?
  - b) What's the weather like?
  - c) What do you see around you?
- 4) Invite Jesus into the setting. You can say something like the following: As you are there in this place which feels safe and gives you a feeling of peace, you see a figure approaching. At first, it's hard to make out who it might be, but as they get closer you realize that it's Jesus. He's come to join you.
- 5) Have the participant describe Jesus as best they can. You can ask questions like the following:
  - a) What is He wearing?
  - b) Can you see His face?
  - c) What does He look like?
- 6) Next, explain that Jesus is now standing right next to them—close enough to touch. Then ask them, Is there anything that Jesus is saying to you at this moment? You may want to write down what they hear so that they are able to reference it later.
  
- 7) At this point, you have the option to speak truth over them regarding their identity as if Jesus himself were speaking. This might seem strange, but it's simply a way for them to hear the reality of how they're seen by Jesus. You could say something like the following: As Jesus is with you, close enough to touch, He reminds you that:

- a) You're His child who has been washed clean, white as snow.
  - b) He has taken your sin and shame and nailed it to the cross.
  - c) He has set you free from sin and conquered death.
  - d) He is thankful for you and proud of you.
  - e) He has a plan for you. He wants you to join Him in His mission to set the captives free.
- 8) Now say the following: Now is the time to deal with spirits which have been commanded to leave during this session. Jesus asks you, "(Participant's name), what would you like Me to do with all of spirits sent to my feet?" Once the participant answers, continue by describing the way in which Jesus disposes of them. The important thing in this description is to make it clear that these spirits are no longer able to torment the participant any longer. They have been defeated and sent back to where they came from. For example, some people ask that the spirits be thrown into a pit. One way of describing this would be that Jesus causes a pit to open up, one which seems to have no bottom to it. It just keeps going forever. Jesus casts all of the boxes into the pit and then he causes it to disappear completely, like it was never there.
- 9) Say the following to the participant: Now Jesus reaches out, takes a hold of your hand, and tells you how much He loves you. Is there anything you want to tell Him at this moment?
- 10) To conclude this time of prayer, you can say something like this: Jesus looks at you and says that He's so thankful for the time the two of you spent together. As He turns to leave, He reminds you that He is always with you, as He promised He would be. And through the Holy Spirit, He is always accessible. All you have to do is ask. He says that He'll meet you here anytime you like. Just call on His name. And with that, Jesus walks into the distance and you are filled with a peace that passes understanding.
- 11) Finish the session with closing prayer, thanking God for the work that has been accomplished and the freedom and deliverance which now belongs to the participant.