

NEW FREQUENCY DYNAMICS

There are many new symptoms 10 signs of our increasing vibration. There are big perceptual shifts at hand as well as futuristic energetic skills and phenomena.

Frequency increases when you align, attune, and resonate with the soul. When frequency increases, you realize you actually are the soul. Your level of vibration affects the quality of your thoughts; the higher the frequency, the more accurate, wise, innovative, fluid, and full of truth and love they are. It's easier to remember how life in the spiritual realm works and that the spiritual is both beyond and within our 3D earth reality.

When you take time to be still and feel/listen for the soul's insights, curiosities, and deep motives, the result is appropriateness, right motivation, trust, lack, appreciation, generosity, and smooth sailing. Aligning with the soul and realizing you are the soul only occurs in the present moment, and quiet spaciousness; It's revealed by the alpha, theta, and delta brain waves that guide you into and through the right-brain. These brain waves may seem slow but they're taking you, like superhighways, into high frequency spiritual realms where you remember that love is more than just an overused word.

Breathe in and say, "I have arrived." Breathe out, and say, "I am home." Do this a little while then stop the words and quietly feel. It's the start of realizing you are the soul. This quiet, ultra-sensitive place is where true high-frequency consciousness finds freedom to flow through you.

With increased frequency, linear thinking is much too slow. Left-brain, analytical, linear thinking is a lower frequency than right-brain, intuitive, everything-at-once perception. Linear thinking sees me-you, Here-over-there, past-present-future, beginning-middle-end, putting gaps between each defined position or place. Moving across the gaps takes willpower and time. Perception is gradual, which slows it down.

It seems just the opposite, though, because the left- brain perception feels speedy; It's buzzy beta waves help with quick, abstract, and personal, intellectual activity, outward focus, and analysis and detail—but they also tend to create hyperactivity. Too much beta can correlate with anxiety, agitation, and even OCD. An emphasis on willpower can make you feel isolated, overly responsible, pressured, ahead of yourself, and out of sync with magic, miracles, and heart.

A dominant left-brain can be narrowly focused and motivated by what is not wanted: the avoidance of failure, fear, rejection, discomfort, or abuse, for example. While waiting for the worse, the best has trouble breaking through to you. The left-brain has little patience; It wants answers! End results! Spelled out in detail! Right away! You think you've got it, then the yes-butts begin! All of this creates misalignment with soul, and there can be breakdowns, stalls, and disconnects in your creativity and materialization process.

With higher-frequency, intuitive right brain perception, which brings direct knowing and smooth, accurate, just- right answers, you don't waste time—you receive and so it's immediately. Your sense of appropriateness by the deep comfort in your body and let the information flow to your left brain to be defined and translated into form and process. Or sometimes the perfect response and result just occur, seemingly without a process!

The eye with which I see God is the same eye with which God sees me.

