

MUSIC NOTES AS THEY RELATE TO THE HUMAN BODY:

C: Personal power, female sexuality, caring for the self, caring for others, eye muscles (C and C#) blood problems, the heart muscle, cancer, circulation, large body muscle strength.

D and D#: cell oxygenation of digestion, liver, anger, emotions, mineral transport, constipation when note is full — digestion of food, male and female hormones, oxygen to eyes and muscles. **D#:** Food allergies; Parkinson's Disease, Lack of D: Multiple Sclerosis.

E: Lungs, dairy allergies, overabundant E for catarrh, bronchitis, asthma (congested kind), emotionally represents the heart; too much WE can mean being stuck in a situation that you don't like but don't know what to do about it or can't change – lack of E = no joy in your life or asthma (nervous kind) or hay fever & sinusitis (D# & E).

F: Kidneys, bladder, prostate, sexuality (male); Lack of F/F# in a man can mean possible low sex drive or not enough sexual activity. Procrastination or workaholic. Inability to integrate perception and action.

G: Neurotransmitters, minerals, the "happy" note. G is the color of the sky. Lack of G/G# = depression (apathetic) too much G/G#/A = manic depression and mental disorders.

A: Eye problems, knees. Together with A#, it represents the immune system. A = degeneration of the body functions, calf muscles, lower legs, degeneration of eyesight (missing A).

B: Represents the body electric, ears, hearing, deafness, and without B minerals, don't work so well. You lose your body electric balance when you have too much computer radiation. This can be helped with a daily shower.