


A night sky with a large yellow crescent moon in the upper left, several yellow five-pointed stars of varying sizes, and layers of dark blue and purple clouds. The title text is centered in the sky.

Adam  
&

Maryam's  
First fast

A silhouette of a mosque with multiple domes and minarets, rendered in shades of brown and tan. The mosque is set against a dark blue night sky with a crescent moon and stars. The authors' names are written in a dark blue script at the bottom.

Atiya Hasan & Ummu Mariam Minha




Adam and Maryam are very excited! It's a little after Maghrib and they are at their window searching for the Ramadan Moon. Adam saw an owl in the sky. But where is the Moon?





Maryam saw a bat  
fly by. But where is  
the Moon?



And then they spotted it! A  
thin sliver of a Moon smiling at  
them above the Semul tree.  
The month of Ramadan had  
begun!



Adam and Maryam announced to their family that they were going to fast tomorrow. They had a quick dinner. They brushed their teeth all by themselves, and jumped into their beds without any protests.





When their mother  
woke them up for  
Suhoor before Fajr,  
it was pitch black  
outside and  
peacefully quiet.



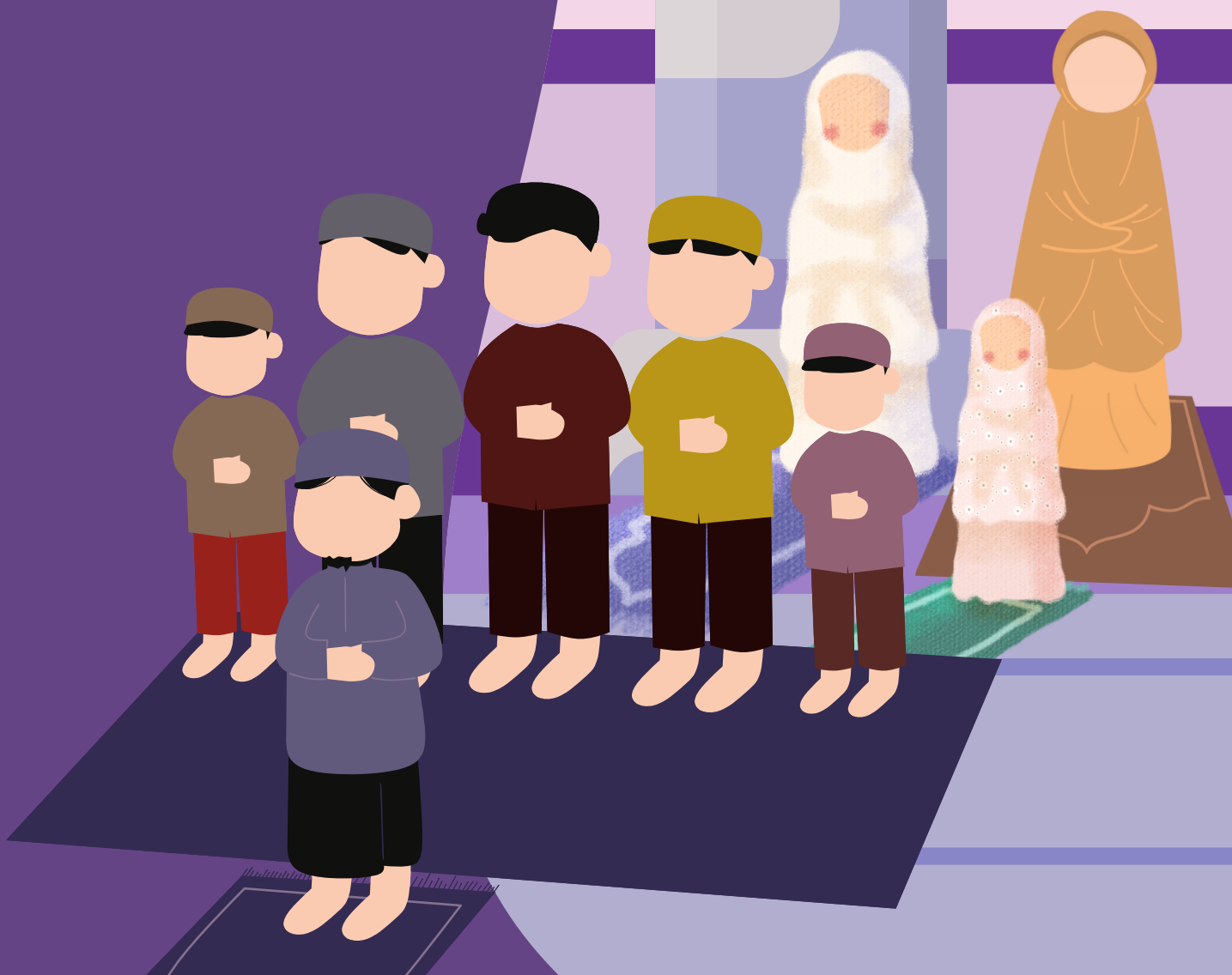


They didn't feel like eating anything at all. But their grandmother said, "Adam and Maryam, remember Rasulullah,

said صلى الله عليه وسلم  
تَسَحَّرُوا فَإِنَّ فِي السَّحُورِ بَرَكَهً

"Take Suhur as there is a blessing in it."  
So they had some dates, milk and eggs.

Then they heard the Fajr  
Athaan from the Masjid  
behind their house and  
stopped eating. They  
prayed Salat Fajr in  
Jama'ah.

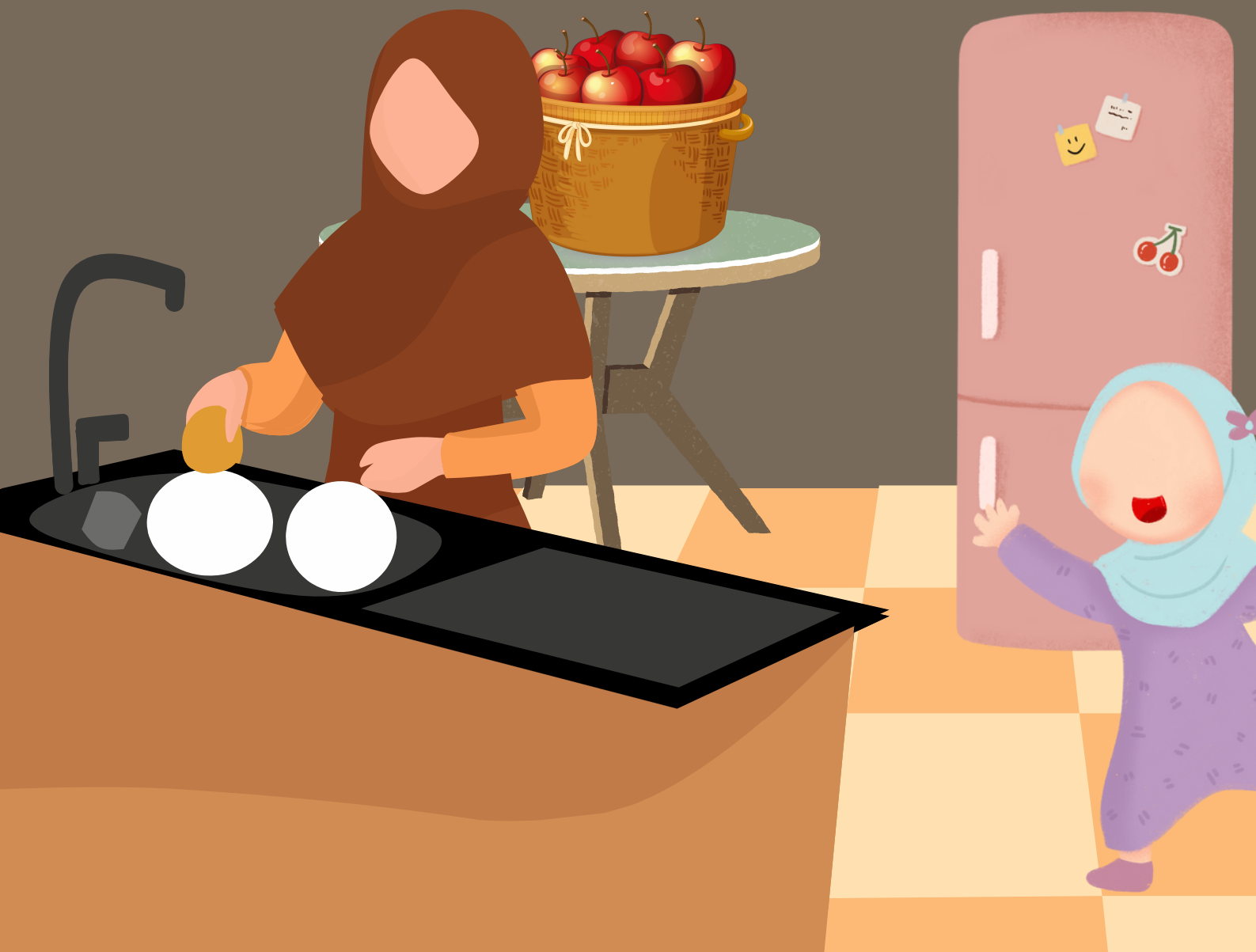




Their mother was reciting the Qur'an after Salah so they too took out their colourful Juz Amma and recited a couple of Suwar. Then they slept for a while.



When Maryam woke up she went to her mother and asked for breakfast. Her mother smiled and reminded her that she was fasting. Maryam's stomach was grumbling. She saw a basket full of bright red apples kept on the table. She looked towards the left, she looked towards the right, She glanced behind her back , there was no one in sight.



Nobody could see her. One tiny bite wouldn't hurt, she thought. She reached towards the apple. Suddenly, she remembered that there was Someone Who could see her right now- Allah, Al-Baseer. And who was Maryam fasting for? For the sake of Allaah alone. She pulled her hand back and went to play with her wooden kitchen set.





Adam was cycling outside. When he came back home, he was hot and thirsty. He saw a cool bottle of water glistening on the table. He looked towards his left, he looked towards his right, he looked behind his back, there was no one in sight.



Nobody could see him. Just one sip of water, he thought. He reached towards the bottle.

Then, he remembered that there was someone Who could see him right now, - Allaah, Al Baseer. And who was Adam fasting for? For the sake of Allaah alone. So he pulled his hand back and went to play with his Lego instead.

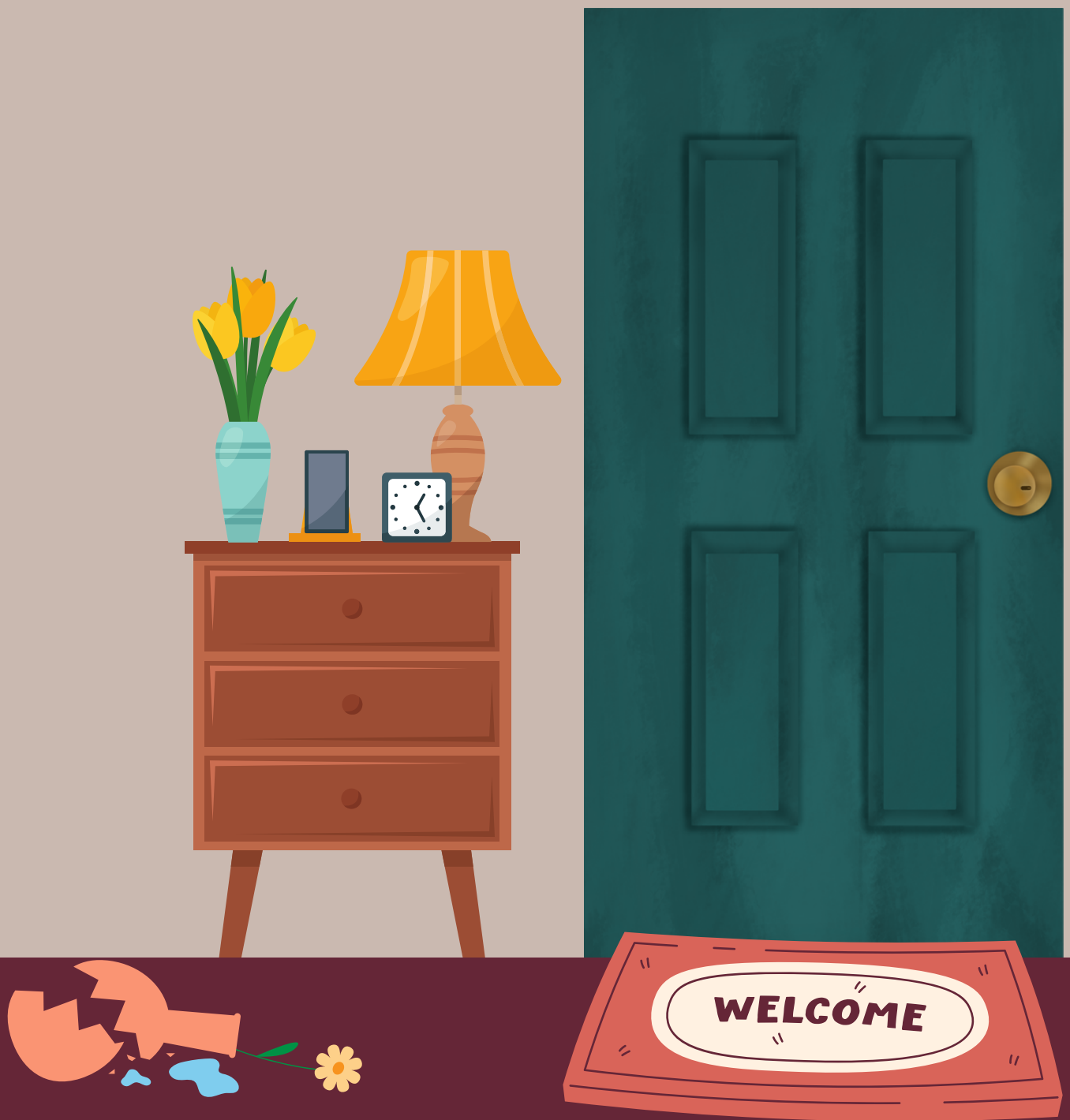




Adam build a huge Lego tower. Maryam came running to him to show him a fallen flower. BANG! Maryam accidentally knocked down Adam's Lego tower. Adam turned red with anger, he was just about to burst out on Maryam when she raised her hand and said "إني<sup>أنا</sup> صَائِمٌ, I am fasting, I am fasting, don't fight with me.

I am sorry about your tower. Can I help you build another one?" Adam too remembered he must not get angry while fasting. He changed his position to calm down and then took Maryam's help to build another tower.





The bell rang. Adam ran towards the door.


CRASH! He accidentally knocked over his mother's favourite vase. His mother, who had just returned from grocery shopping, stepped in through the open door and saw shattered glass strewn across the hallway. She turned towards Adam.



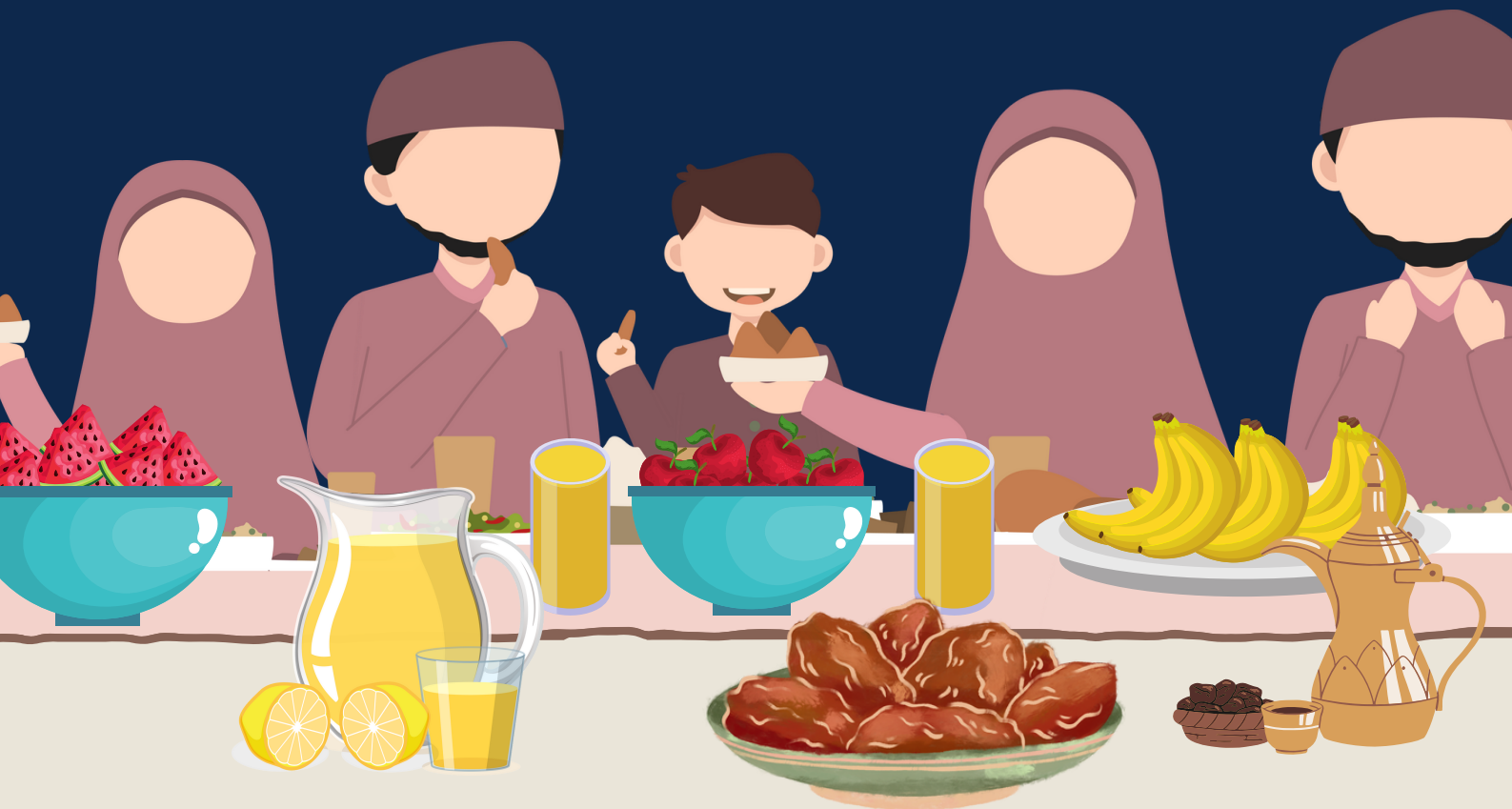
For a moment Adam thought of blaming their cat, Hurairah, for the mess. Then, he remembered that he should not lie because he was fasting. He hung his head and blurted out that it was his fault. He helped to clear up the mess and promised his mother that he would buy her a new vase with his Eidi money

It was almost Iftaar time.  
Maryam peeled the bananas and  
Adam sliced them to make fruit  
salad. Adam squeezed lemons and  
Maryam added ice cubes to make  
a cool jug of lemonade. They  
helped to set the table.



Two ornate, golden hanging lanterns with intricate patterns and tassels are positioned in the upper left corner of the page.

Their whole family sat together for Iftaar. Adam and Maryam's grandfather reminded them to make Du'aa, for it would surely be accepted right now. They squeezed their eyes shut. Adam prayed for a bow and arrow. Maryam prayed for a pet rabbit. The Maghrib Athaan could be heard now. Adam and Maryam's first Fast was complete.





# Eid Mubarak

