

## Allied PRO Skincare Training

### Allied Pro Skincare Training: 3-Day Specialized Skincare Course

This 3-day intensive skincare training program offers students the option to specialize in **Dermaplaning, Mesotherapy, Advanced Facials, or Chemical Peels**. Each course is designed to provide in-depth theoretical knowledge and hands-on practice, ensuring students gain the confidence and expertise to offer advanced skincare treatments professionally.

#### Course Overview:

#### Day 1: Skincare Foundations

- **Introduction to Skincare:**
  - Skin anatomy and physiology
  - Skin types and conditions: Identifying and tailoring treatments
  - Safety, hygiene, and client consultation protocols
- **Product Knowledge:**
  - Overview of products used in each specialization
  - Understanding active ingredients and their effects on the skin
- **Preparation and Aftercare:**
  - Pre-treatment preparation
  - Client education on aftercare and follow-up

#### Day 2: Specialization Training (Choose One)

1. **Dermaplaning**
  - a. Overview of dermaplaning and its benefits
  - b. Safety techniques and proper blade handling
  - c. Step-by-step procedure for exfoliating and removing peach fuzz
  - d. Combining dermaplaning with other facial treatments
2. **Mesotherapy**
  - a. Introduction to mesotherapy and its benefits for skin rejuvenation
  - b. Techniques for delivering serums to deeper skin layers (manual or mechanical)
  - c. Selecting the right serums for different skin concerns
  - d. Safe application techniques and contraindications
3. **Advanced Facials with Facial Tools**
  - a. Overview of advanced facial techniques using tools like LED therapy, ultrasonic scrubbers, microcurrent, and high-frequency devices
  - b. Incorporating tools into a tailored facial treatment plan
  - c. Client consultation and treatment customization

d. Maintenance and proper usage of equipment

#### 4. Chemical Peels

- a. Types of chemical peels (superficial, medium depth) and their applications
- b. Step-by-step process for safe peel application
- c. Choosing the right peel for different skin concerns (e.g., acne, hyperpigmentation, aging)
- d. Post-treatment care and managing skin reactions

### Day 3: Practical & Exam Day

- **Practical Session:**
  - Full hands-on practice for the chosen specialization
  - Students perform the procedure on models under instructor supervision
  - Detailed feedback on techniques and best practices
- **Practical Exam:**
  - Demonstration of the chosen procedure in a professional setting
  - Assessment based on technique, precision, and client care
- **Certification:**
  - Certification of completion awarded for the chosen specialization upon successful exam results
  - Option to add additional specializations in future courses

### Course Features:

- **Duration:** 3 Days (Day 1: Foundations, Day 2: Specialization, Day 3: Practical & Exam)
- **Mode:** Available both online (theory) and in-person (practical sessions)
- **Materials Provided:** Course manuals, product samples, and access to professional tools during training
- **Support:** Post-course access to instructors for guidance

### Ideal For:

- Aspiring aestheticians or beauty professionals looking to enhance their skills
- Current skincare specialists seeking to expand their service offerings

This course equips you with advanced techniques tailored to meet the needs of modern clients and elevate your skincare practice.