

Allied PRO Hair Removal Course

Allied Pro Hair Removal Training: 3-Day Advanced Hair Removal Techniques Course

This 3-day specialized course covers a range of professional hair removal techniques, including hot/cold wax, hard wax, sugar wax, wax stick application, and threading. Designed for beauty professionals who want to expand their hair removal services, this hands-on course provides essential skills and expertise in various methods to suit different client needs and skin types.

Course Overview:

Day 1: Introduction to Hair Removal & Waxing Fundamentals

- **Skin Anatomy & Hair Growth:**
 - Understanding the hair growth cycle and skin types
 - How hair removal affects the skin
 - Contraindications and safety precautions
- **Waxing Basics:**
 - The science of waxing: How different types of wax work
 - Overview of hot, cold, hard wax, and sugar wax
 - Preparing the skin and client for treatment
- **Waxing with Wax Stick:**
 - Proper use of a wax stick for precise application
 - Techniques for smooth, even application
 - Safe removal methods and client aftercare

Day 2: Advanced Hair Removal Techniques

- **Hot & Cold Waxing:**
 - Differences between hot and cold wax and when to use each
 - Step-by-step hot waxing technique (application, removal, and aftercare)
 - Cold waxing application and best practices for sensitive areas
- **Hard Wax:**
 - Understanding hard wax and its benefits for sensitive skin
 - Techniques for applying hard wax to small areas like the eyebrows and bikini line
 - Removal techniques and minimizing discomfort
- **Sugar Waxing:**
 - Introduction to sugar waxing: Benefits and eco-friendly aspects
 - Step-by-step technique for sugar waxing (application, removal, and aftercare)
 - How to customize sugar waxing for different skin types

Day 3: Threading & Practical Application

- **Threading Technique:**
 - Introduction to threading: How it works and when to choose it
 - Step-by-step guide to threading for eyebrows, upper lip, and face
 - Practicing threading on different areas of the face and body
- **Practical Application:**
 - Hands-on practice with hot/cold wax, hard wax, sugar wax, and threading
 - Supervised demonstrations and practice on models
 - Troubleshooting common waxing issues (e.g., skin irritation, ingrown hairs)
- **Exam & Certification:**
 - Theory exam covering waxing techniques, safety protocols, and anatomy
 - Practical exam where students demonstrate proficiency in multiple hair removal methods
 - Certification of completion awarded upon successful completion of the course

Course Features:

- **Duration:** 3 Days (Day 1: Waxing Fundamentals, Day 2: Advanced Waxing & Sugar Wax, Day 3: Threading & Practical Application)
- **Mode:** Available both online (theory) and in-person (practical sessions)
- **Materials Provided:** Course manuals, product samples, and professional tools for hands-on training
- **Support:** Access to instructors for post-course guidance

Ideal For:

- Aspiring estheticians and beauty professionals
- Those looking to expand their hair removal services and offer a variety of techniques
- Experienced professionals wanting to refine their skills or add new methods to their repertoire

This 3-day comprehensive course equips you with the expertise to provide a wide range of professional hair removal treatments, helping you meet the diverse needs of your clients with precision and confidence.