LIFE FORCE FIELD LTD LIS' ENERGY CENTRE/CHAKRA CHART ©

CHAKRA	BLOCKED	BALANCED	OVERACTIVE
CROWN	Depression, Learning Difficulties, Lack of Faith, Anger, Brain Fog	Peace, Love, Joy, Appreciation, Empowerment	Dogmatic, Judgemental, Spiritual Addiction, Ungrounded
THIRD EYE	Poor Judgement, Lack Focus, Poor Imagination, Can't see beyond physical.	Imaginative, Intuitive, Clear Thinking, See Beyond Physical, In Flow	Nightmares, Delusions, Hallucinations, Obsessive, See too many Spirits
THROAT	Can't Express Self or Speak out, Misunderstood, Secretive, Not a good Listener, Frustrated	Confident, Expressive and Articulate, Creative, Diplomatic, Kind	Judgemental, Loud, Critical, Gossipy, Yell or talk over others, Harsh language, Impatient, Rage
HEART	Lack of Empathy, Bitter, Trust Issues, Intolerant, Bored, Angry, Vengeful	Peaceful, Loving, Compassionate, Tolerant, Warm, Open	Jealous, Co-dependent, Self-Sacrificing, Over-giving
SOLAR PLEXUS	Low Self Esteem, Feeling Powerless, Inferiority Complex, Pessimistic, Overwhelmed	Confident, Positive, Enthusiastic, Good Self Image, Hopeful	Power Hungry, Domineering, Perfectionist, Critical, Superiority Complex
SACRAL	Low Libido, Fear of Intimacy, No Creativity, Isolated, Disappointed, Unworthy, Guilt	Passionate, Creative, Healthy Libido, Optimistic, Open	Over Emotional, Fixated on Sex, Hedonistic, Manipulative
ROOT	Fearful, Anxious, Insecure, Financial Instability, Ungrounded, Discouraged	Safe, Secure, Centred, Grounded, Contented, Grateful	Greedy, Lust for Power, Aggressive, Materialistic, Cynical, Irritated, Hateful