

rected on Sunday the first day of the week. Christ was crucified and buried on Friday, He rested in the grave on the Sabbath and resurrected on Sunday.

The trial, crucifixion, burial and resurrection of Jesus Christ took place over three days, from Friday the sixth day of the week, Saturday, the seventh day of the week to Sunday, the first day of the week.

OBJECT LESSON

Apostles Luke, Mark, Matthew and John, all give account that Jesus died and was buried on **FRIDAY** the sixth day which is the preparation day, He rested in the grave on **SATURDAY** (the seventh day Sabbath), and resurrected from the dead on **SUNDAY**, the first day of the week.

Therefore, counting from Sunday as the first day of the week will bring the inquirer to no other day but to **SATURDAY** as the seventh day of the week. Therefore, **SATURDAY** (not Sunday) is the seventh day Sabbath of the Lord. Some Christians apply the word Sabbath to Sunday or any other day. Here what Moses has to say.

“Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: But the seventh day [is] the sabbath of the LORD thy God: [in it] thou shalt not do any work, thou, nor thy son, nor thy daughter, thy man-servant, nor thy maidservant, nor thy cattle, nor thy stranger that [is] within thy gates: For [in] six days the LORD made heaven and earth, the sea, and all that in them [is], and rested the seventh day: wherefore the LORD blessed the sabbath day, and hallowed it.” (Exodus 20:8-11).

Please note that the word Sabbath and seventh day are synonymous and do apply to the same day. It cannot be applied to Sunday because Sunday is the first day of the week.

None of the existing denominations today disputes the fact that Jesus Christ died on Friday which they call Good Friday and resurrected on Sunday, which they call Easter Sunday. It is true that Christ died on Friday, the sixth day of the week, and resurrected on Sunday, the first day of the week. What is not true is that Sunday is the Sabbath.

The days of the week start with Sunday, the first day of the week, and end with Saturday, the seventh day of the week.

The weekly cycle ends with Saturday, the seventh day of the week and begins on Sunday, the first day of the week. Thus, Sunday the day Jesus rose from the dead is the first day of the week.

The Bible refers to Sunday as the first day of the week and the Sabbath as the seventh and last day of the week. This is the Bible truth of the Christian faith that, if we be honest, to hearken to the Bible, God’s Word, we shall hearken to His word that Saturday, not Sunday, is the seventh-day Sabbath.

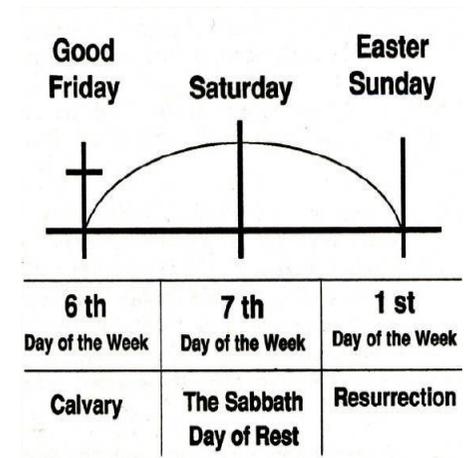
Further information on the Sabbath question is included in the following tracts that are freely available and can be downloaded from the address below.

- Sabbath not for the Jews
- The Sabbath a Christian faith
- The Sabbath truth
- Who changed the Sabbath from Saturday to Sunday?
- Why keep the Sabbath?
- Sabbath question and Answers
- Ceremonial Sabbath
- Sunday observance
- Confessions of the change



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Which day is the Sabbath Saturday or Sunday?



This tract examines with close scrutiny the question, which the majority of Christians are asking, *whether the Sabbath is Saturday or Sunday*. The tract provides indisputable evidence to settle the Bible student in the truth as it is in the law and the testimonies (*Isa. 8:20*).

We attempt to settle this question by critically examining the books of Luke, Mark, Matthew and John and especially the events that transpired before, during and after the crucifixion of Jesus Christ. Every true Christians, ought to know whether the day on which he worships or go to church is indeed the correct day of worship. We cannot afford to be ignorant on this matter which has a grave consequence to our salvation.

“Six days may work be done; but in the seventh is the sabbath of rest, holy to the LORD: whosoever doeth any work in the sabbath day, he shall surely be put to death. Wherefore the children of Israel shall keep the sabbath, to observe the sabbath throughout their generations, for a perpetual covenant. It is a sign between me and the children of Israel for ever: for in six days the LORD made heaven and earth, and on the seventh day he rested, and was refreshed.” (*Exodus 31:15-17*).

“And hallow my sabbaths; and they shall be a sign between me and you, that ye may know that I am the LORD your God.” (*Ezek. 20:20*).

A sign is a mark of distinction. For example, the mark of distinction for Namibia as a country is its flag. It is a symbol of identification which belongs to no other country but Namibia alone. For Christians, the sabbath is the sign that identifies the true God of the Bible, hence the expression “*that ye may know that I am the LORD your God*.” Therefore, the Sabbath identifies the true God and His true religion. “For the Son of man is Lord even of the sabbath day.” (*Matt. 12:8*).

The Sabbath is the only memorial of the work of creation. There is only one God who created the heavens and the earth and sabbath observance points to Him alone, it identifies Him as the only true God. The God of the Bible is the God of creation. No created being can claim this title but Him alone.

“And this is life eternal, that they might know thee the only true God, and Jesus Christ, whom thou hast sent.” (*John 17:3*).

“But the LORD is the true God, he is the living God, and an everlasting king: at his wrath the earth shall tremble, and the nations shall not be able to abide his indignation.” (*Jer. 10:10*).

The majority of Christians apply carelessly the word Sabbath to Sunday. This creates confusion which every God-fearing Christian must eschew for “...God is not the author of confusion, but of peace, as in all churches of the saints.” (*1 Cor. 14:33*).

Therefore, to remain ignorant on this important subject when all evidence has been provided, can never be an excuse. Now let’s examine this important subject and settle ourselves in the present truth.

THE CRUCIFIXION

LUKE TESTIMONY

“And, behold, [there was] a man named Joseph, a counsellor; [and he was] a good man, and a just: (The same had not consented to the counsel and deed of them;) [he was] of Arimathea, a city of the Jews: who also himself waited for the kingdom of God. This [man] went unto Pilate, and begged the body of Jesus. And he took it down, and wrapped it in linen, and laid it in a sepulchre that was hewn in stone, wherein never man before was laid. And that day was the preparation, and the Sabbath drew on.” (*Luke 23:50-54*).

MARK TESTIMONY

“And now when the even was come, because it was the preparation, that is, the day before the Sabbath. Joseph of Arimathea, an honourable counsellor, which also waited for the kingdom of God, came, and went in boldly unto Pilate, and craved the body of Jesus. And Pilate marvelled if he were already dead: and calling [unto him] the centurion, he asked him whether he had been any while dead. And when he knew [it] of the centurion, he gave the body to Joseph. And he bought fine linen, and took him down, and wrapped him in the linen, and laid him in a sepulchre which was hewn out of a rock, and rolled a stone unto the door of the sepulchre. And Mary Magdalene and Mary [the mother] of Jesus beheld where he was laid.” (*Mark 15:42-47*).

THE OBJECT LESSON

Apostles Luke and Mark all testify that Christ was crucified and died on Friday, the preparation day. They provide evidence that the day followed was the Sabbath. *Therefore, Jesus was crucified and died on the day before the Sabbath.*

THE RESURRECTION

MATTHEW TESTIMONY

In the end of the Sabbath, as it began to dawn toward the first [day] of the week, came Mary Magdalene and the other Mary to see the sepulchre. And, behold, there was a great earthquake: for the angel of the Lord descended from heaven, and came and rolled back the stone from the door, and sat upon it. His countenance was like lightning, and his raiment white as snow: And for fear of him the keepers did shake, and became as dead [men]. And the angel answered and said unto the women, Fear not ye: for I know that ye seek Jesus, which was crucified. He is not here: for he is risen, as he said. Come, see the place where the Lord lay.” (*Matt. 28:1-6*).

MARK TESTIMONY

And when the Sabbath was past, Mary Magdalene, and Mary the mother of James, and Salome, had bought sweet spices, that they might come and anoint him. And very early in the morning, the first day of the week, they came unto the sepulchre at the rising of the sun.” Now when Jesus was risen early the first day of the week, he appeared first to Mary Magdalene, out of whom he had cast seven devils” (*Mark 16:1, 2, 9*).

JOHN TESTIMONY

The first [day] of the week cometh Mary Magdalene early, when it was yet dark, unto the sepulchre, and seeth the stone taken away from the sepulchre. Then the same day at evening, being the first [day] of the week, when the doors were shut where the disciples were assembled for fear of the Jews, came Jesus and stood in the midst, and saith unto them, Peace [be] unto you. And when he had so said, he showed unto them [his] hands and his side. Then were the disciples glad, when they saw the Lord.” (*John 20:1, 19*).

THREE DAYS EVENT

Three of the Apostles Luke, Mark and John, all give accurate account of what transpired from the time Jesus Christ was crucified to His resurrection. With painful accuracy, they testify that (a) Christ was crucified and buried on Friday, the preparation day. (b) He rested in the grave on Saturday the seventh day of the week and so did the women who came to see where he was buried (*Luke 23:56*). (c) Finally, Christ resur-