**Lesson 1 Instructional Materials**

Whiteboard Content:

* Pickleball Court Diagram (rectangle split by a net, labeled "Baseline," "Sideline," and "Non-Volley Zone/Kitchen")
* Key Terms: Forehand, Backhand, Rally, Court Boundaries
* Essential Question: How can we control our shots to keep a rally going?

Handout: Pickleball Quick Tips for Groundstrokes:

* Watch the ball all the way to your paddle.
* Swing low to high for more control.
* Step toward the ball as you swing.
* Follow through after making contact.
* Stay balanced and ready for the next shot.

Poster: Rally Challenge Rules:

* Find a partner.
* Hit the ball back and forth as many times as possible.
* Use forehand and backhand strokes.
* Encourage your partner after each shot.
* Focus on control, not speed.

Language Supports:

* Vocabulary Definitions:
  + Forehand: Hitting the ball on your dominant side.
  + Backhand: Hitting the ball on your non-dominant side.
  + Rally: A series of shots hit back and forth.
* Sentence Starters:
  + "I used my forehand to..."
  + "One thing I did well was..."

PowerPoint Slides:

* Slide 1: Pickleball Lesson 1: Groundstrokes
* Slide 2: Today We Are Learning: How to control our forehand and backhand shots.
* Slide 3: What is a Forehand? (Picture of a player hitting a forehand)
* Slide 4: What is a Backhand? (Picture of a player hitting a backhand)
* Slide 5: Quick Tips for Success: Watch the ball, step into the shot, follow through.
* Slide 6: Rally Challenge Instructions: Work with a partner and keep it going!
* Slide 7: Reflection Question: What helped you keep the rally alive today?

**Lesson 2 Instructional Materials**

Whiteboard Content:

* Pickleball Court Diagram (highlight "Service Box" areas)
* Key Terms: Serve, Return, Double Bounce Rule
* Essential Question: How do we serve legally and prepare for the return?

Handout: Serving Tips:

* Start with paddle below your waist.
* Hit the ball before it bounces.
* Aim cross-court into the service box.
* Use a smooth motion.

Poster: Serving Success:

* Aim high and deep.
* Step forward.
* Focus on hitting the target area.

Language Supports:

* Vocabulary Definitions:
  + Serve: Starting a point by hitting the ball into the other team's service box.
  + Return: Hitting the ball back after the serve.
  + Double Bounce Rule: The ball must bounce once on each side before players can volley.
* Sentence Starters:
  + "My best serve today was when I..."
  + "Next time I want to work on..."

PowerPoint Slides:

* Slide 1: Pickleball Lesson 2: Serving and Returning
* Slide 2: Today We Are Learning: How to serve and return properly.
* Slide 3: What Makes a Legal Serve? (List of key points)
* Slide 4: How to Serve: Picture and steps.
* Slide 5: Double Bounce Rule Explained with a picture.
* Slide 6: Serving Practice Instructions.
* Slide 7: Reflection Question: What helped you improve your serve today?

**Lesson 3 Instructional Materials**

Whiteboard Content:

* Review of Terms: Forehand, Backhand, Serve, Rally, Strategy, Communication, Sportsmanship
* Essential Question: How can we work with a partner to keep the rally alive and win points?

Handout: Game Play Reminders:

* Serve cross-court.
* Move to the net after serving or returning.
* Stay out of the kitchen unless the ball bounces.
* Communicate clearly with your partner.
* Call "out" balls loudly and respectfully.

Poster: Rally Quest and Rally Royale Rules:

* Rally Quest: Rally as many hits as possible with a partner, focus on consistency and teamwork.
* Rally Royale: Winning team stays, losing team rotates off, focus on communication and shot placement.

Language Supports:

* Vocabulary Definitions:
  + Strategy: Planning where and how you hit the ball.
  + Communication: Talking or signaling with your partner during play.
  + Sportsmanship: Being respectful and fair during games.
* Sentence Starters:
  + "Our best rally happened when..."
  + "One thing we communicated well was..."

PowerPoint Slides:

* Slide 1: Pickleball Lesson 3: Rallying and Game Play
* Slide 2: Today We Are Learning: How to work with a partner in real game situations.
* Slide 3: Strategy Basics: Aiming and Moving Together.
* Slide 4: Communication Tips: Calling "Mine" and "Yours."
* Slide 5: Rally Quest Instructions.
* Slide 6: Rally Royale Rules.
* Slide 7: Reflection Question: What made your partnership successful today?