# Volleyball Unit Assessment Rubric

Total: 20 Points

## Section 1: Psychomotor Skills (12 points total)

Score each skill out of 3 points based on the criteria observed during the assessments. Students can earn 1 point for each correctly demonstrated component.

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| Skill | Criteria | Points (0–3) |
| Setting | Wide base Contact above shoulders Pushes the ball (no slapping) | \_\_\_ / 3 |
| Bumping | Wide base Flat forearms No swinging | \_\_\_ / 3 |
| Spiking | Contact mid-air Overhead hit Downward angle | \_\_\_ / 3 |
| Serving | Opposite foot step Contact with heel of palm Ball held like a tee | \_\_\_ / 3 |

## Section 2: Cognitive Assessment – Exit Ticket (8 points total)

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| Component | Criteria | Points |
| Definitions (3 pts) | Student clearly and correctly defines bump, set, and spike. • 3 = All 3 definitions correct and clear • 2 = 2 mostly accurate definitions • 1 = 1 accurate definition or vague responses • 0 = No clear answers | \_\_\_ / 3 |
| Strategy (2 pts) | Student explains why teams use bump-set-spike. • 2 = Clear explanation of purpose and sequence • 1 = Partial explanation • 0 = Incomplete or inaccurate | \_\_\_ / 2 |
| Game Rules (1 pt) | Correctly identifies who serves after winning a point. • 1 = Correct (Team A) • 0 = Incorrect | \_\_\_ / 1 |
| Teamwork (2 pts) | Student provides a clear example of teamwork and explains how teammates help each other. • 2 = Specific and relevant response • 1 = Vague or partial answer • 0 = No example or off-topic | \_\_\_ / 2 |

Total Score: \_\_\_ / 20

## Scoring Suggestions

• 17–20 points = Exceeds expectations  
• 13–16 points = Meets expectations  
• 9–12 points = Approaching expectations  
• Below 9 = Needs improvement